



ST. ELIZABETH ANN SETON CATHOLIC CHURCH

www.seasparishlo.org

2050 Palisades Avenue, Los Osos, CA Office Cell (805) 235-8803

FIFTH SUNDAY IN ORDINARY TIME

4 FEBRUARY 2024

FEBRUARY 2024 POPE'S INTENTION: FOR THE TERMINALLY ILL

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

"Everyone is looking for you."
He told them, "Let us go on to the nearby villages
that I may preach there also.
For this purpose have I come."

"Todos te andan buscando."
Él les dijo: "Vamos a los pueblos cercanos para pred-
icar también allá el Evangelio, pues para eso he
venido."

Mk 1 :37-38



VISION-MISSION STATEMENT

We are an **all-welcoming Christ-centered** commu-
nity celebrating our deeply rooted **Catholic tradi-
tions**, respectful & appreciative of our **multicultur-
al diversity**, journeying together to share **family
values** and **commitment to service**.

DECLARACIÓN DE NUESTRA VISION y MISION

Somos una comunidad **totalmente acogedora y
centrada en Cristo** que celebrando nuestras **tradi-
ciones Católicas** profundamente arraigadas, res-
petamos y apreciamos **nuestra diversidad multi-
cultural**, caminamos juntos para compartir los **valo-
res de la familia y el compromiso al servicio**.

PRAYER OF SAINT ELIZABETH ANN SETON

O Father, the first rule of our dear Savior's life was
to do Your Will. Let His Will of the present moment
be the first rule of our daily life & work, with no other
desire but for its most full and complete accomplish-
ment. Help us to follow it faithfully, so that doing
what You wish we will be pleasing to You. Amen.

ORACIÓN DE SANTA ELIZABETH ANN SETON

Oh Padre, la primera regla de la vida de nuestro
querido Salvador fue hacer tu voluntad. Dejar que tu
Voluntad en el momento presente sea la primera
regla de nuestra vida cotidiana y nuestro trabajo, sin
ninguna otra voluntad sino hacer tu voluntad plena
y completa. Ayúdanos a seguir con fidelidad, para
que haciendo lo que deseas seamos más agrada-
bles a Ti. Amén.

Weekend Masses

Saturday: 4:00 p.m. (ENGLISH)
Sunday: 9:00 a.m. (ENGLISH)
11:30 a.m. (SPANISH)

Weekday Masses / La Misa Enteré Semana

9:00 a.m. Monday through Friday (ENGLISH)
7:00 p.m. Viernes (ESPAÑOL)
9:00 a.m. 1st Saturday Mass (ENGLISH)

Adoration/Adoración (See pg 8, Adoration Chapel Hours)

9:45 a.m. Wednesday (ENGLISH)
Divine Mercy, Adoration, Benediction
6:00 p.m. Viernes (ESPAÑOL) y
La Coronilla de la Divina Misericordia

Sacrament of Reconciliation / Reconciliación

Tuesdays, from 2-3 pm, by appointment. Walk-ins are wel-
come but will be received after the last person on appoint-
ment./ Los Martes solo con cita previa

Anointing of the Sick / Unción de los Enfermos

9:00 a.m. (ENGLISH) First Friday/
7:30 p.m. (ESPAÑOL) Primer Viernes

**Parish Services
see page 3**

Bulletins online at seasparishlo.org

Mass Intentions online at seasparishlo.org

Secure online donations or financial transactions
for the parish, use our QR code or seasparishlo.org



Tel:(805) 528-5319

Fax:(805) 528-8893

Office Cell: (805) 235-8803

24/7 Anointing of the Sick or Last Rites:
(805) 235-8803

Email: seaschurchlo@gmail.com

Appointment with Pastor on ZOOM or
in person: Tues., Fri.

PARISH STAFF

REV. JOEY R. BUENA
Pastor
Music Coordinator
frjoeyseasparishlo@gmail.com

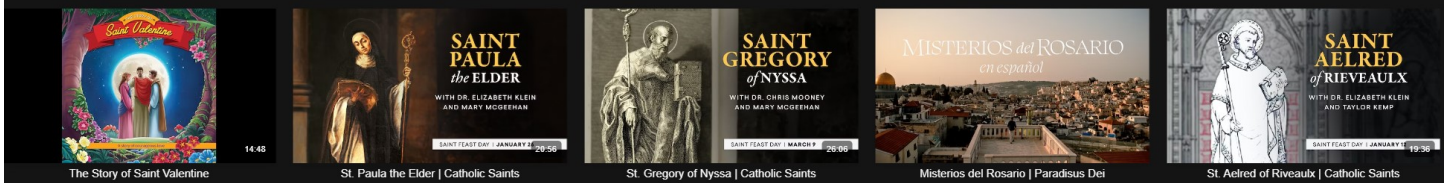
JAVIER SOTO OSORIO
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Bookkeeper
javi.s.seaschurchlo@gmail.com

HEATHER HURLEY
Receptionist,
English & Spanish DRE, RCIA,
Liturgies Coordinator
heatherh.seas.7@gmail.com

Office Open: Tues & Fri 10:00AM to 1:00PM

FORMED is a resource that our parish uses for classes and last year used for our parish afternoon movies. FORMED is free for your use because our parish has a subscription. There are audio books, live programs, prayer helps, seasonal Church programs, movies (with subtitles and language preference options), and targeted informational videos and audio books featuring topics such as the Eucharist, the Creed, how to read the Bible, about Saints, how to deepen prayer life, how to infuse Catholic teaching into family or single life, the bridge between Faith and mental health, and so much more! Simply visit www.formed.org, click on 'FORMED FOR INDIVIDUALS' and sign-in, or register as a parishioner of St. Elizabeth Ann Seton in Los Osos. It is free for your use. You simply need an email address to set your password.

Recently Added



Pray with FORMED



Audio Content on FORMED



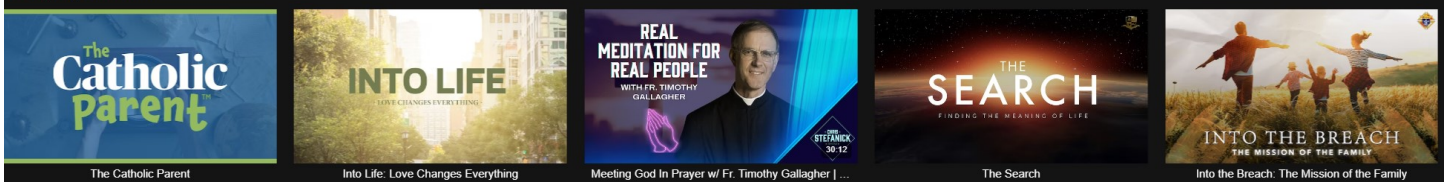
Audio Dramas



The Bible Project



Everyday Catholic



Evangelización



ST. ELIZABETH ANN SETON PARISH SCHEDULE OF SERVICES

MASSES, ADORATION	See pages 1, 6 and 14
CONFESSION	Tuesdays, from 2-3 pm, by appointment. Walk-ins are welcome but will be received after the last person on appointment. Please call parish office cell phone or email.
INFANT BAPTISM (newborn to 6 y/o)	Appt. with pastor 3 months before intended date. Emergency baptism (for recipient in danger of death: parent/s call pastor asap [805] 235-8803).
7 y/o & above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION	Email Heather or call office cell 1(805)235-8803
KIDS' FIRST HOLY COMMUNION	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
TEENS' CONFIRMATION	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
QUINCEAÑERA	6 months before, call parish office 1 (805) 235-8803, to set appointment for interview & requirements: attend Monterey Diocese Quinceañera Class; at least enrolled in our Confirmation Program.
PRESENTACIÓN	Contact 1(805) 235-8803
WEDDING	Set an appointment with pastor 6 months before intended date.
ANNULMENT	Call parish for appointment with pastor.
ANOINTING OF THE SICK	Contact 1(805) 235-8803. First Fridays after English & Spanish Masses
LAST RITES	24/7 Contact asap 1(805) 235-8803.
FUNERAL	Contact 1(805) 235-8803.
BLESSING of NEW VEHICLE, RELIGIOUS ITEMS	Contact 1(805) 235-8803.
BLESSING of NEW HOUSE, NEW SHOP	Contact 1(805) 235-8803.
VISIT CHURCH for PERSONAL PRAYER & ADORATION	New Adoration Chapel now open for morning & afternoon for personal quiet prayer & adoration. Read schedule page 6
SPIRITUAL COUNSELING	Contact 1(805) 235-8803.
MINOR EXORCISM (Deliverance Prayer) NOT solemn exorcism	Contact 1(805) 235-8803.

THIS WEEKEND TAMALES SALES

Tamales are first come, first served. There is limited supply. Please see Javier for more information. Thanks!

Proceeds benefit our TARPS OFF! Capital Campaign.

11 FEB—TARPS OFF! BAKE SALE

BAKERS: We need your time and talents to make our upcoming bake sale a huge success. We are asking for homemade cookies, brownies, cupcakes or other confections as well as whole cakes and whole pies.

Please package your items so they are ready for sale and bring them to the Community Room before the 9 AM Mass. Saturday Vigil Mass attendees: Your contributions are most welcome! Please leave your baked items in the Community Room on Saturday evening.

EVERYONE: Bring your sweet tooth (teeth?) and your money to the Community Room after the 9AM Mass. You will be able to name your own price for each item! All proceeds will go to our Tarps Off! Capital Campaign and we know that we can count on you to be generous.

QUESTIONS? Call or text Ann Sciortino (714) 323-9167 (note corrected phone number).

14 FEB—ASH WEDNESDAY (LENT BEGINS)

Ashes will be distributed during the Masses.

9:00am Mass in English (followed by regular Wednesday Holy Hour)

7:00pm Mass in Spanish

10 MARCH—CONFIRMATION MASS

NO SPANISH MASS on March 10th. (Notice 3)

Instead we will have

1:30pm on March 10 Bilingual Spanish-English Mass with Bishop Danny as presider for Confirmation Mass

BINGO INTEREST?

Please speak with Javier (805)441-5428 if you are interested in Bingo from 4-5pm on Thursdays. Thank you.

PRAYER OF POPE FRANCIS TO MARY, HEALTH OF THE SICK

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick.

At the foot of the Cross you participated in Jesus' pain with steadfast faith.

You, Salvation of all, know what we need.

We are certain that you will provide, so that,

as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us:

He who took our sufferings upon Himself, and bore our sorrows to bring us,

through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and

blessed Virgin. Amen.

ST. ELIZABETH ANN SETON

START
December 23 & 24, 2023



END*
December 19 & 20, 2026

OUR GOAL
\$ 200, 000

(*Can end sooner if we meet our goal)

CAPITAL CAMPAIGN

WE NEED PLEDGES OF \$100 MONTHLY TO TARPS OFF! FOR AT LEAST 3 YEARS.

The Diocese of Monterey needs us to show that we can pay our loan over time. They are asking that we show them that we have

- 1) committed pledges of at least one full year, but more years up to three years are also welcome.
- 2) enough pledges that the committed amount will be able to pay off the 50% remainder of the loan

Thank you to everyone who has given a 1 time donation. It is greatly appreciated!

The release of the loan money from the Diocese has not been finalized. The Diocese of Monterey Finance Department has asked us to show with pledges that we can pay the other 50% of our loan that we have applied for.

We don't want to burden anyone, so a three year pledge would be really helpful.

To date the bulk of our donations have all been one-time donations with an estimated fewer than 5 signing-up for a pledge. (Online angel donors have not had enough time for pledging to be established fully, so this approximate number is from the donation envelopes.)

Thank you for your pledge!

TARPS OFF!			
Year 1 (All money to our parish)			
Date	Week	Donations	Running Balance
2-Jan-24	1	\$ 17,440.00	\$ 17,440.00
9-Jan-24	2	\$ 13,650.00	\$ 31,090.00
16-Jan-24	3	\$ 5,168.00	\$ 36,258.00
23-Jan-24	4	\$ 2,190.00	\$ 38,448.00
30-Jan-24	5	Sorry, Not available at submission	

FREQUENTLY ASKED QUESTIONS:

Q: Is S.E.A.S. a nonprofit?

A: Yes! St. Elizabeth Ann Seton is a church and is a 501 (c)(3). Donations are tax deductible.

Q: Do you accept stocks?

A: Yes. We can accept stocks and bonds as donation.

Q: Can I ask my employer to be a matching donor?

A: Yes. Often businesses are willing to match their employee contributions to different causes.

Q: May I give a small amount now, and more later?

A: Absolutely! Your direct donations are being recorded for tax purposes. Your accrued total donations determine the tier for which you will be recognized.

Q: What are some of the fundraising events for this coming year to support TARPS OFF!

A: Tentative ideas are Tamale sales, Dinner & Dance, Live Auctions, Ballroom Dance, Kermes, etc. Some are already in the planning stages, some not yet.

Q: Could you share with us the funds that we collected last year?

A: The following were published in our bulletin, website and announced at Masses last year:

\$ 28, 611	Collected as of March 20, 2023
\$ 19, 082	Wall Cross Fundraiser
\$ 20, 690	Insurance Payment (for walls)

Q: What happened to that money collected?

A: That money is still set aside for the roof replacement. The Diocese requires parishes to have half the loan amount needed before giving a parish a loan. The Diocese waived the full amount needed to acquire the loan as we have \$68, 383 (see above) and need is great.

Q: Did the amount needed for the roof change from 2023 to 2024?

A: Yes. With the 2023 rise in prices for building materials and labor, the roofing companies said this is an increased cost to us. 'Surprises' due to wood rot and other issues were NOT factored into bids; we are told to prepare.

Q: If the parish collects more than is needed to repay the loan, where will that money go?

A: Any money collected beyond the \$200,000 to repay the loan will be placed into our parish savings account for the months when annually Sunday collections, especially the summer months and holiday breaks when parishioners travel, are lean and we barely receive enough funding, and sometimes don't, for parish operations.

Q: How much does the parish hope to keep in savings?

A: It is recommended that the parish keep at least \$50,000 in savings for lean months and unexpected expenses. The more of course is better.

TARPS OFF!

Goal \$ 200,000

\$ 200,000

\$ 180,000

\$ 160,000

\$ 140,000

\$ 120,000

\$ 100,000

\$ 80,000

\$ 60,000

\$ 40,000

\$ 20,000

\$ 0

THANK YOU

FOR FUNDING THE NEW CHURCH ROOF!
Each of you, our 'Angels,' are appreciated!

Photo from 2022

"DONOR CHOIR OF ANGELS"

TIER 1	TIER 2	TIER 3
SERAPHIM \$10,000 +	DOMINIONS \$1,000 to \$2,499	PRINCIPALITIES \$200 to \$299
CHERUBIM \$5,000 to \$9,999	VIRTUES \$500 to \$999	ARCHANGEL \$100 to \$199
THRONES \$2,500 to \$4,999	POWERS \$300 to \$499	ANGEL \$50 to \$99

"CIRCLE OF HEAVENLY JOY"

The "Circle of Heavenly Joy" are donations that are not in the above suggested donations groups, but are likewise greatly appreciated for the needed repairs.

S.E.A.S.
TARPS OFF!
Capital Campaign

Start:
Dec. 23/24, 2023
End:
Dec. 19/20, 2026

Current Amount
\$ 36,258

Amount as of 1/18/2024
Does not include VANCO

ONLINE GIVING TO S.E.A.S.

Did you know that when you sign-up for online giving for our parish toward the Sunday Collections, you give our parish a steady stream of income for our parish operations. This especially helps during months when parishioners travel and our parish income naturally falls. Online giving provides a regular source of funding that is consistent and efficient.

To sign-up, there are forms available or you may simply sign-up through our parish website: seasparishlo.org

ADORATION CHAPEL SCHEDULE

MONDAY TO THURSDAY	OPEN after the 9 am Mass Until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm
FRIDAY	OPEN after the 9 am Mass until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm CLOSED 5 pm to 6 pm OPEN 6 pm to 7:30 pm for Spanish Liturgies
SATURDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil 5 pm to 6 pm
SUNDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil, after 9am Mass, after 11:30 Mass 4 pm to 5 pm

Do you like to spend a quiet time with Jesus, adoring Him in the Most Blessed Sacrament, outside our scheduled open hours? Please call (805) 441-5428 at least a day ahead. We'll be delighted to open the chapel for you.

¿Te gusta pasar un momento de tranquilidad con Jesús, adorándolo en el Santísimo Sacramento, fuera de nuestro horario de atención? Llame al (805) 441-5428 con un día de anticipación. Estaremos encantados de abrir la capilla para ti.

27/28 JAN COLLECTION

Sunday Collection	\$ 1,020.00
Parish Operations	\$ 110.00
Building Fund	\$ 50.00
Hospitality	\$ 22.00
St. Joseph's Fund	\$ 0.00
People's Kitchen	\$ 0.00
Mass Intentions	\$ 0.00
_____	\$ 0.00
_____	\$ 0.00
_____	\$ 0.00
_____	\$ 0.00
TOTAL (from above)	\$ 1,202.00
Church in Latin America	\$ 60.00

PLEASE REMEMBER ST. ELIZABETH'S IN YOUR WILL

A great way to **help our parish become financially stable** is to remember your parish church in your **Will** or **Trust**. To make sure the entire amount (100%) will go to St. Elizabeth's, please word the bequest like this:

"I leave a bequest of \$_____ to ST. ELIZABETH ANN SETON CATHOLIC CHURCH at 2050 Pali-sades Avenue, Los Osos, CA 93402."

If you wish to privately discuss this matter with Fr. Joey, please call parish cell 805-235-8803 to set-up an appointment, or email him at frjoeyseasparishlo@gmail.com.

Thank you for considering SEAS for your final distribution.

NEED ASSISTANCE IN YOUR ADVANCE HEALTH CARE DIRECTIVE, FUTURE CATHOLIC FUNERAL & ESTATE PLANNING?

Fr. Joey can help you. or confidential discussion, please email him at frjoeyseasparishlo@gmail.com or leave message at (805) 235-8803

MYPARISHAPP

Catholic Life Every Day
— with the St. Elizabeth App —

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Events, Locations, RSVP
- Readings
Daily Readings from USCCB
- Prayers
Set Reminders, Send Requests
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eucharisticrevival.org



es.eucharisticrevival.org

Lord Jesus Christ,
you give us your flesh and blood for the life of the world, and you desire that all people come to the Supper of the Sacrifice of the Lamb.
Renew in your Church the truth, beauty, and goodness contained in the Most Blessed Eucharist.

Jesus living in the Eucharist, come and live in me.
Jesus healing in the Eucharist, come and heal me.
Jesus sacrificing yourself in the Eucharist, come and suffer in me.
Jesus rising in the Eucharist, come and rise to new life in me. Jesus loving in the Eucharist, come and love in me.

Lord Jesus Christ, through the paschal mystery of your death and resurrection made present in every Holy Mass, pour out your healing love on your Church and on our world.
Grant that as we lift you up during this time of Eucharistic Revival, your Holy Spirit may draw all people to join us at this Banquet of Life.
You live and reign with the Father and the Holy Spirit, God forever and ever.

**Our Lady of Guadalupe, Mother of the Eucharist,
Pray for us.**

Señor Jesucristo,
nos das tu carne y tu sangre para la vida del mundo, y deseas que todos los hombres vengan a la Cena del Sacrificio del Cordero. Renueva en tu Iglesia la verdad, la belleza y la bondad contenidas en la Santísima Eucaristía.

Jesús que vives en la Eucaristía, ven y vive en mí.
Jesús, que sanas en la Eucaristía, ven y sáname.
Jesús, que te sacrificas en la Eucaristía, ven y sufres en mí. Jesús, resucitado en la Eucaristía, ven y resucita a una nueva vida en mí.
Jesús, amando en la Eucaristía, ven y ama en mí.

Señor Jesucristo, por el misterio pascual de tu muerte y resurrección, hecho presente en cada Santa Misa, derrama tu amor sanador sobre tu Iglesia y sobre nuestro mundo. Concédenos que, mientras te elevamos durante este tiempo de Avivamiento Eucarístico, tu Espíritu Santo atraiga a todas las personas a unirse a nosotros en este Banquete de la Vida. Tú vives y reinas con el Padre y el Espíritu Santo, Dios por los siglos de los siglos.

**Nuestra Señora de Guadalupe, Madre de la Eucaristía,
ruega por nosotros.**



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How far outside of your comfort zone are you willing to go? Have you every just followed Christ to see what would happen?

Our world if filled with individuals and sometimes families who listen and discern where God is calling them. Catholic Magazines like Maryknoll, and there are others, share with us these types of witnessing and the beautiful gifts of grace.

Annually parishes across the nation participate in their Annual Ministry Appeal or AMA. There was one woman whom we will call Emma for her privacy, who in the mid to late 2010s who had recently joined the Catholic Church. Emma was so excited to fully live her Catholic faith that when she heard about the AMA, she did something that most people would think twice about. She took and gave all her money that she had saved up and donated it for the ministry appeal to help both her parish and her diocese. Later Emma would admit to friends that she could not believe that she had done that, she was not sure where she was going to get money for food until the end of the month when she would receive her Social Security payment. Emma was offered her money back, but she refused. She said that she felt compelled to give everything just like the woman at the temple offering the small coin which was all she had. That was special for her to be like that woman and to have Jesus knowing what she had given was out of love and obedience to the Father. Emma loves Jesus very much. She wanted to follow Jesus' example and helping others. This was one way.

Emma never went hungry. Somehow, she also had enough money for all her bills when they came due. Somehow friends whom she had not told would invite her for meals or drop something off. She was also surprised too that she found some money on the ground at one place. She discovered she had a little money stashed away that

she had forgotten about. By the end of the month, even though things got tight, she was financially okay. That surprised her. Emma thought about it. She realized that she had put her faith in Jesus, and he had not let her down. He had carried her and lifted her up and instilled within her hope and joy.

Jesus calls us each in diverse ways to come and follow him. It can be in a time that we choose, or it may be through an experience that we or someone close are going through.

Wouldn't it be amazing to follow Jesus in such the way of our early Church who had known Jesus? In the Acts of the Apostles we hear, "*They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Awe came upon everyone, and many wonders and signs were done through the apostles. All who believed were together and had all things in common; they would sell their property and possessions and divide them among all according to each one's need.*" Acts 2: 42-45

To sell our excess material goods and share the proceeds equally is a foreign concept in our day and age. But these stories can help us as we move into Lent to consider what material goods we are holding onto? Is it money? Our pride? It is not easy to let go of the things of this world and reconfigure our hearts toward Jesus. St John Bosco is quoted as saying, "Be brave and try to detach your heart from worldly things."

Can we, because of the infinite goodness of the Lord detach ourselves from the things that hold our souls back from flying to the Lord on his rays of love? God's love transforms us as we are called to love and serve him. Can we give that little bit more at church? Can we help feed the poor? Can we offer a sacrifice of our time to meet and see Jesus in those around us? Cuz we love, we give.



"Always remain close to the Catholic Church, because it alone can give you true peace, since it alone possesses Jesus in the Blessed Sacrament, the true Prince of Peace."

~St. Padre Pio of Pietrelcina (1887-1967)

STAY WITH ME LORD: PRAYER OF PADRE PIO AFTER HOLY COMMUNION

Stay with me, Lord, because I am weak and I need Your strength, that I may not fall so often.

Stay with me, Lord, for You are my life, and without You, I am without meaning and hope.

Stay with me, Lord, for You are my light, and without You, I am in darkness.

Stay with me, Lord, to show me Your will.

Stay with me, Lord, so that I can hear Your voice and follow you.

Stay with me, Lord, for I desire to love You ever more, and to be always in Your company.

Stay with me, Lord, if You wish me to be always faithful to You.

Stay with me, Lord, for as poor as my soul is, I wish it to be a place of consolation for You, a dwelling of Your love.

Stay with me, Jesus, for it is getting late; the days are coming to a close and life is passing. Death, judgement and eternity are drawing near. It is necessary to renew my strength, so that I will not stop along the way, for that I need You. It is getting late and death approaches. I fear the darkness, the temptations, the dryness, the cross, the sorrows. O how I need you, my Jesus, in this night of exile!

Stay with me, Jesus, because in the darkness of life, with all its dangers, I need You.

Help me to recognize You as Your disciples did at the Breaking of the Bread, so that the Eucharist Communion be the light which disperses darkness, the power which sustains me, the unique joy of my heart.

Stay with me, Lord, because at the hour of my death I want to be one with You, and if not by Communion, at least by Your grace and love.

Stay with me, Jesus, I do not ask for divine consolations because I do not deserve them, but I only ask for the gift of Your Presence. Oh yes! I ask this of You.

Stay with me, Lord, for I seek You alone, Your Love, Your Grace, Your Will, Your Heart, Your Spirit, because I love You and I ask for no other reward but to love You more and more, with a strong active love.

Grant that I may love You with all my heart while on earth, so that I can continue to love you perfectly throughout all eternity, dear Jesus.

~St. Padre Pio of Pietrelcina (1887-1967)

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul.

Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart.

I embrace you as if you were already there And unite myself wholly to you.

Never permit me to be separated from you. Amen.

Jesús mío, creo que estás realmente presente en el Santísimo Sacramento,

te amo sobre toda las cosas, y te deseo en el interior de mi alma.

Ya que en este momento no puedo recibirte sacramentalmente, ven al menos espiritualmente a mi corazón; estando dentro de mí, yo te abrazo y me uno todo a Ti.

No permitas nunca que me separe de Ti. Amen.

PRAYER AFTER COMMUNION: ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me. Within your wounds hide me.
Separated from you, let me never be.
From the evil one, protect me.
At the hour of my death, call me.
And close to you bid me;
That with your Saints, I may be, praising you
For ever and ever. Amen.

Alma de Cristo, santifícame.

Cuerpo de Cristo, sálvame.

Sangre de Cristo, embriágame.

Agua del costado de Cristo, lávame.

Pasión de Cristo, confórtame.

¡Oh, buen Jesús!, óyeme.

Dentro de tus llagas, escóndeme.

No permitas que me aparte de Ti.

Del maligno enemigo, defiéndeme

En la hora de mi muerte, llámame.

Y mándame ir a Ti. Para que con tus santos te alabe.

Por los siglos de los siglos. Amén.

LET US PRAY FOR THE FOLLOWING / OREMOS POR

* Timothy Ketcherside	* Robert Green Sr.	* Delores Doyle	* Cerelina Natividad	* Tooker & Sutcliffe Families
* John LeNoue	* Susi Reich	* Russell Wells	* Jacque Murray	* Richard Tucker
* Peter Hewitt	* Elisa Fajardo	* John Miller	* James Patrick Little	* Tanya Cody
* Fely Platou	* Irene Castaneda	* Barbara Pinedo	* Margaret 'Peg' Mirolla	* Robin Braly
* Mary Cavagnaro	* Mary de Angelo	* Pancho Pinedo	* Judy Crawford-Murillo	* Cathy Anderson
* Bonifacio Garcia	* Jessica Ketcherside	* Ann Harris	* Norma Landry	* Barbara Stevens
* Michael Culbertson	* Fr. Derek Hughes	* Brian Hampton	* Lavinia Trapani	* Jack Hofstra
* Steven Greenville	* Dolores R. Buena	* Madeljne Bozena	* Dana Warren	* Avila Rose Helm
* Rafael & Margarita Garcia	* Rosemarie Greenville	* Meekayla Bejarano	* Brian Kautz	* Jodi Tooker
* Frances Meehan	* Aaron Kondziela	* Freddie Fernandez	* Mia Bacarella	* Ben & Ethan Sutcliffe
* Emily Sumner	* Donna Nichols	* Albert Calizo	* Ralph Iliff	* Harvey and Jennifer Smith
* David Wright	* Colleen Clark	* Ann Farrelly	* Jaxson Rivera	* Rose Spaulding
* Aurea Cruz	* Leonora Eublera	* Lori Manfredi	* Karen Pedigo	* Kathy Lamond
* Nathan Berry	* Daniel Quintana	* Lois Thompson	* The Kautz Family	* Ray Tooker
* Robert Ruiz	* Mark Woehrl	* Diane Wright	* The Munds Family	* Yadira Massengill
* Sylvia Radford	* The Rivers Family	* The Wright Family	* Karleen Quintana	* Harry Lambert
* Eleanor Brown	* Daniel Nunez	* The Kunemoto Family	* Kara Stewart	* Mary Rubalcava
* Sarah & Josh Matthews	* Nola, Nick, Louis, Dolores, Estrella, Jaelynn Soto	* Jose Leyva	* Sherry Mnarik	
* Michael Vella	* Brian Pedigo & family	* Daniel Gallardo	* Phil Radford	
* Lila Martinez	* Shawn Clarke	* Clare Rankin	* Tara Arnold	
* Carolyn Lemos	* Regina Helm	* Amelia Osorio	* Laurie Peterson	

ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM. MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.

†Helen Penwell	†Gullemmo dela Cruz	†Melecia Garcia	†Mary Friedman	†Cecilia Deines	†Loren Ketcherside	†William B. Pedigo, III
†Charles Penwell	†Serafin Sepulveda	†Felicitas Castillo	†Shirley Rustria	†Doris Stanley	†Toshi Meehan	†Hayden Sutcliffe
†Harold Platou	†Hermilia Arguello	†Antonio Medrano	†Gerry Weltman	†Aric Clarke	†Ruby Sohler	†Emilio Erice
†Larry Mischel	†Anatalia Ortiz	Tambo	†Evelyn Pellaton	†Clifford Newgard	†Gabriel Caliboso	†Sidney Dunton
†Dwight Mobley	†ULolita dela Cruz	†William (Bill) Kemble	†Chuck Ice	†Regina Newgard	†Ernestine Beevers	†Salomon Brito
†Gertrude Stimson	†Mason & Simon Brito	†Diana Nishiura	†Mary Jo Semonsen	†Gregory Newgard	†Harold Wyatt	†Eugen Simánek
†John D. Walsh	†Pat Wright	†Grace Tevis	†Kevin Lynch	†Marciano Ingan	†Giovanni G. Santos	†Jacque Lohmeier
†Elizabeth Martinez	†Joseph Cavagnaro	†Jerica Alaine Harris	†John Greenville	†Candido D. Buena Jr.	†Lita Aguilar	†Mary Fraga
†Ofelia Labra	†Manuel John Reis	†Paul Landry	†Norman Charette	†Jaime Manuel	†Loren Hamlin	†Domelita Laurencio
†Severino Repollo	†Lawrence Uthe	†Casamira Asuncion	†John de Angelo	†Medallana Patague	†Toshi Meehan	†Narciso Galinato Sr.
†Justo Yasay	†Margaret Uthe	†Carol Ann Burns	†Pat Klenc	†Margaret Lucero	†Brigida Eublera	†Angelita Galinato
†Joe Greene	†Joe Fraga	†Andy Boy de la Cruz, Jr.	†Beverly Jean Rocha	†Tiburcio Castillo	†Roberta Ozanich	†Wenceslao Garcia, Sr.
†Cristina Patterson	†Msgr Joseph Stieger	†Fr. Harry Freiermuth	†Adelaida Gabatin	†Martin Hernandez	†Mario Rodriguez	†Melecia Garcia
†Filippo Mazzulla	†Fr. Ken Brown	†Fr. Michael Bell	†Guadalupe Haugh	†Edwin Quintana	†Mildred Quinn	†Kenneth Duke Pace
†Elena Aurelio	†Fr. Michael Bell	†Lyn Ketcherside	†Julia Keefe	†Alfred Castaneda	†Margherita 'Rita' Davis	†Rufina Garcia
†Homer Paredes	†Lyn Ketcherside	†Ismael Ibat Tomboc	†Bishop Richard Garcia	†Jose Guadalupe Toral	†Robert Cramer	†Gorgonio Garcia
†Fermina Manuel	†Robert Beevers	†Maria Carmen Zaragoza	†William K. Lander	†Liliana Isabell Clark	†Fr. Larry Schanberger	†Pete Carganillo
†Deacon Jim Cooper	†Arcadio Tambo	†Ruth Casper	†Kathleen Patricia Crawford	†Rodney Maciel	†Susan Tuttle	†Concordia Sanchez
†Emma Nieman	†Cleta Tambo	†Fr. Ray Roh	†Joseph Carlson	†Candido Orlino Aurelio, Sr.	†Dorsey Dunton	†Adelina Pascua
†Rodrigo Martinez	†Dionisio Acain	†Joyce O'Brien	†Martin Basti	†Hugo Conti	†June Vivianne	†Guido Palermo
†Reyna Gomez	†Aurelia Acain	†Mariano Rustria	†Manuel Ayala Arroyo	†Sheila	†Hercy Martinez	
†Lourdes Lepisto	†Dick O'Melveny	†Robert Townsend	†Shirley Matthews	†Pouraghabagher	†Jere Bresnan	
†James Emely	†Jim Stewart	†Sherman Lemos	†Otilia Cruz	†Claudette Steenberg	†Jane Jaeger	
†Simonne Townsend	†Jaime Repollo	†Sherman Lemos	†Otilia Cruz	†Frank Wasley	†Laurie Borello	
†Fernando Marcos	†Paulina Y. Andres	†Wenceslao Garcia	†David Bresnan	†Nenet Suyat	†Charlie Menendez	
†Cecilia Marcos	†Gabriel Osorio	†Erich Reich	†Lydia Caloca Green	†Cindy Castillo	†Darlene Krouse	
†William Schanberger	†Dennis A. O'Brien	†Michael Brito	†Myrna Oliveros	†Helen Maciel	†Fr. Mark Stetz	
†Umartha Smith	†Venustiana Rodriguez	†Selentino Salgado	†Remy Lejeune	†Elvira Ceballos	†Joseph O'Brien	
†Eusebio Gale	†Melinda Rose	†Julia Ortiz	†Anthony Sperlazzo	†Kenneth Duke Pace	†Janice Helm	
†Melinda Rose	†Mary Prendergast			†Jeanette Thomsen	†Dee Mace	



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SEASLOBSERVER

VISITING PRIESTS



Our parish was blessed this past week with the presence of Fr. Paul Farrelly, O.S.B., Fr. Russ Brown, and Fr. Pedro Espinoza for our weekend Masses on Jan 27 and 28. Fr. Edwin was scheduled for our weekday Masses, but coordinated with the office for Fr. Rafael Reniva and Fr. Roy Shelley to preside at our weekday Masses too.
Photos: Fr. Rafael (left); Nellie Corrales and Fr. Roy (right)

STOLEN SIGN REPLACED



Many thanks to Becky McFarland, Pat West, and the members of the Knights of Columbus who helped to build a new sign for the Stations of the Cross Prayer garden right in time for Lent. There is also work being

ing done for a frame for a wisteria plant in the garden near the office door.

FR. JOEY REPORTS



Fr Joey sent a message on MyParishApp on January 30th at 3:33pm. If you did not read it, it is reprinted for you here.

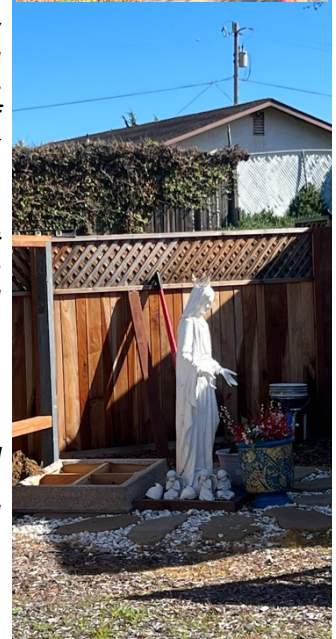
Good afternoon parishioners & friends, I miss you already. This is my first personal message of this app.

I arrived in Manila, Philippines, on January 30 for business errands and to visit my ill Mom, Dolores. She sends her love to you. She's stable but has a low appetite, is challenging to feed, and prefers to sleep. My wooing her to eat helps a bit. She's due for a colonoscopy, but high COVID-19 infections and deaths at her hospital made us delay the procedure. Yes, COVID is still bringing deaths to this part of the world. Please include her in your prayers. Rest assured of my prayers for all of you, especially our sick and elderly parishioners.

Oh, I got to see our beloved Bill Griffiths at a Burbank care facility during my layover at LAX. We gave each other a long, tight hug and shared stories! He sends his love to all! He may join us soon as he prepares to move to a care facility in our county. Thanks be to God he's near us for his 93rd birthday in March!

Let us continue to pray for one another. I'll be back in Los Osos on February 8. See you very soon! Take care and stay safe! Rains are coming due to atmospheric rivers.

*Love and prayers,
Fr Joey*



SEASLOBSERVER

—EXTENDED CUT—

CONGRATULATIONS MR & MRS HARTWELL!



Many congratulations to Briana and Clayton who were married in the Church on Friday, February 2nd.

FEAST OF THE PRESENTATION OR CANDLEMAS



The Presentation of the Lord at the temple was celebrated on Friday. Blessing of candles is also part of the tradition surrounding this Feast.



1ST FRIDAY MASSES & ANOINTING OF THE SICK

The Anointing of the Sick is offered after the 1st Friday Masses at both our 9:00am Mass in English and our 7:00pm Mass in Spanish.

Both Masses and Anointing of the Sick were well attended. Due to the number of people who come for the Anointing of the Sick, it is necessary to hold these 1st Friday Masses in the main church.



PEOPLE'S KITCHEN NEWS



People's Kitchen is hosted at the 40 Prado Center in San Luis Obispo. Our parish has a team who volunteer monthly on behalf of all of us to prepare and cook a meal that is then taken to the 40 Prado Center and served to the many fiscally and economically challenged persons that attend the daily meals offered. Many thanks to our People's Kitchen volunteers who will be preparing and serving this Monday, Feb. 5th! If interested in helping, please contact Sharon Kroll: sharonkroll1@sbcglobal.net

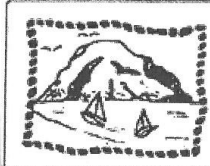
A group of Cal Poly Students have been working with People's Kitchen to record the number of clients served through the meal program. In their most recent report it is shared that 2,899 meals were served in Dec. 2023, an increase and a record! These meals are needed. Total meals served in 2023 are 32,799. It equates to about 90 people helped per day. Rains bring more clients. Updates are available on the People's Kitchen Facebook page: <https://www.facebook.com/peopleskitchenslo/>

SCHEDULE OF MASSES, READINGS & INTENTIONS

DATE	TIME	INTENTIONS	READINGS YEAR A
Vigil of FIFTH SUNDAY IN ORDINARY TIME 3 February 2023	<i>Saint Blaise, Bishop and Martyr</i> 9:00 am English Mass & Rosary Tentative Blessing of the Throats by Fr. Edwin Limpiado 4:00 pm English Sunday Mass by Fr. Edwin Limpiado	9:00am †Mary Reis 4:00pm †Mary Reis	1 Kgs 3:4-13 Ps 119:9, 10, 11, 12, 13, 14 <u>Mk 6:30-34</u> Jb 7:1-4, 6-7 Ps 147:1-2, 3-4, 5-6 1 Cor 9:16-19, 22-23 Mk 1:29-39
FIFTH SUNDAY IN ORDINARY TIME 4 February 2023	9:00 am English Mass by Fr. Edwin Limpiado 11:30am Spanish Mass by Fr. Pedro Espinoza	9:00am †Mary Reis 11:30am	Jb 7:1-4, 6-7 Ps 147:1-2, 3-4, 5-6 1 Cor 9:16-19, 22-23 Mk 1:29-39
Monday Fifth Week in Ordinary Time 5 February 2023	<i>Saint Agatha, Virgin and Martyr</i> 9:00 am English Mass by Fr. Edwin Limpiado	9:00am	1 Kgs 8:1-7, 9-13 Ps 132:6-7, 8-10 Mk 6:53-56
Tuesday Fifth Week in Ordinary Time 6 February 2023	<i>Saint Paul Miki and Companions, Martyrs</i> 9:00 am English Mass by Fr. Edwin Limpiado	9:00am †Sheila Pouraghabagher; †Aric Clarke, †Newgard Family; †Vincent Miranda	1 Kgs 8:22-23, 27-30 Ps 84:3, 4, 5 and 10, 11 Mk 7:1-13
Wednesday Fifth Week in Ordinary Time 7 February 2023	9:00 am English Mass by Fr. Edwin Limpiado 9:45 am Eng. Divine Mercy & Adoration	9:00am	1 Kgs 10:1-10 Ps 37:5-6, 30-31, 39-40 Mk 7:14-23
Thursday Fifth Week in Ordinary Time 8 February 2023	9:00 am English Mass by Fr. Edwin Limpiado	9:00am	1 Kgs 11:4-13 Ps 106:3-4, 35-36, 37 and 40 Mk 7:24-30
Friday Fifth Week in Ordinary Time 9 February 2023	9:00 am English Mass by Fr. Edwin Limpiado 6:00 pm Spanish Divina Misericordia, Adoration y Bendición 7:00 pm Spanish Mass by Fr. Edwin Limpiado	9:00am 7:00pm	1 Kgs 11:29-32; 12:19 Ps 81:10-11ab, 12-13, 14-15 Mk 7:31-37
Vigil of SIXTH SUNDAY IN ORDINARY TIME 10 February 2023	11:00 am Baptism of Yasmin Ballesteros 4:00 pm English Sunday Mass	4:00pm	Lv 13:1-2, 44-46 Ps 32:1-2, 5, 11 1 Cor 10:31—11:1 Mk 1:40-45
SIXTH SUNDAY IN ORDINARY TIME 11 February 2023	9:00 am English Mass 11:30am Spanish Mass	9:00am 11:30am	Lv 13:1-2, 44-46 Ps 32:1-2, 5, 11 1 Cor 10:31—11:1 Mk 1:40-45

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