



ST. ELIZABETH ANN SETON CATHOLIC CHURCH

www.seasparishlo.org

2050 Palisades Avenue, Los Osos, CA Office Cell (805) 235-8803

FIRST SUNDAY OF LENT

18 FEBRUARY 2024

FEBRUARY 2024 POPE'S INTENTION: FOR THE TERMINALLY ILL

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

"God said to Noah and to his sons with him:
"See, I am now establishing my covenant with you
and your descendants after you"."

*"En aquellos días, dijo Dios a Noé y a sus hijos: "Ahora
establezco una alianza con ustedes y con sus de-
scendientes."*

Gn 9: 9



VISION-MISSION STATEMENT

We are an **all-welcoming Christ-centered** community celebrating our deeply rooted **Catholic traditions**, respectful & appreciative of our **multicultural diversity**, journeying together to share **family values** and **commitment to service**.

DECLARACIÓN DE NUESTRA VISION y MISION

Somos una comunidad **totalmente acogedora y centrada en Cristo** que celebrando nuestras **tradiciones Católicas** profundamente arraigadas, respetamos y apreciamos **nuestra diversidad multicultural**, caminamos juntos para compartir los **valores de la familia y el compromiso al servicio**.

PRAYER OF SAINT ELIZABETH ANN SETON

O Father, the first rule of our dear Savior's life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

ORACIÓN DE SANTA ELIZABETH ANN SETON

Oh Padre, la primera regla de la vida de nuestro querido Salvador fue hacer tu voluntad. Dejar que tu Voluntad en el momento presente sea la primera regla de nuestra vida cotidiana y nuestro trabajo, sin ninguna otra voluntad sino hacer tu voluntad plena y completa. Ayúdanos a seguir con fidelidad, para que haciendo lo que deseas seamos más agradables a Ti. Amén.

Weekend Masses

Saturday: 4:00 p.m. (ENGLISH)
Sunday: 9:00 a.m. (ENGLISH)
11:30 a.m. (SPANISH)

Weekday Masses / La Misa Enteré Semana

9:00 a.m. Monday through Friday (ENGLISH)
7:00 p.m. Miércoles (ESPAÑOL)
9:00 a.m. 1st Saturday Mass (ENGLISH)

Adoration/Adoración (See pg 8. Adoration Chapel Hours)

9:45 a.m. Wednesday (ENGLISH)
Divine Mercy, Adoration, Benediction
6:00 p.m. Miércoles (ESPAÑOL) y
La Coronilla de la Divina Misericordia

Sacrament of Reconciliation / Reconciliación

Tuesdays, from 2-3 pm, by appointment. Walk-ins are welcome but will be received after the last person on appointment./ Los Martes solo con cita previa

Anointing of the Sick / Unción de los Enfermos

9:00 a.m. (ENGLISH) First Friday/
7:30 p.m. (ESPAÑOL) Primer Viernes

**Parish Services
see page 2**

Bulletins online at seasparishlo.org

Mass Intentions online at seasparishlo.org

Secure online donations or financial transactions for the parish, use our QR code or seasparishlo.org



Tel:(805) 528-5319

Fax:(805) 528-8893

Office Cell: (805) 235-8803

24/7 Anointing of the Sick or Last Rites:
(805) 235-8803

Email: seaschurchlo@gmail.com

Appointment with Pastor on ZOOM or
in person: Tues., Fri.

PARISH STAFF

REV. JOEY R. BUENA

Pastor
Music Coordinator
frjoeyseasparishlo@gmail.com

JAVIER SOTO OSORIO

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HEATHER HURLEY

Receptionist,
English & Spanish DRE, RCIA,
Liturgies Coordinator
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Office Open: Tues & Fri 10:00AM to 1:00PM

ST. ELIZABETH ANN SETON PARISH SCHEDULE OF SERVICES

MASSES, ADORATION	See pages 1, 21, and 28
CONFESSION	Tuesdays, from 2-3 pm, by appointment. Walk-ins are welcome but will be received after the last person on appointment. Please call parish office cell phone or email.
INFANT BAPTISM (newborn to 6 y/o)	Appt. with pastor 3 months before intended date. Emergency baptism (for recipient in danger of death: parent/s call pastor asap [805] 235-8803).
7 y/o & above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION	Email Heather or call office cell 1(805)235-8803
KIDS' FIRST HOLY COMMUNION	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
TEENS' CONFIRMATION	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
QUINCEAÑERA	6 months before, call parish office 1 (805) 235-8803, to set appointment for interview & requirements: attend Monterey Diocese Quinceañera Class; at least enrolled in our Confirmation Program.
PRESENTACIÓN	Contact 1(805) 235-8803
WEDDING	Set an appointment with pastor 6 months before intended date.
ANNULMENT	Call parish for appointment with pastor.
ANOINTING OF THE SICK	Contact 1(805) 235-8803. First Fridays after English & Spanish Masses
LAST RITES	24/7 Contact asap 1(805) 235-8803.
FUNERAL	Contact 1(805) 235-8803.
BLESSING of NEW VEHICLE, RELIGIOUS ITEMS	Contact 1(805) 235-8803.
BLESSING of NEW HOUSE, NEW SHOP	Contact 1(805) 235-8803.
VISIT CHURCH for PERSONAL PRAYER & ADORATION	New Adoration Chapel now open for morning & afternoon for personal quiet prayer & adoration. Read schedule page 21
SPIRITUAL COUNSELING	Contact 1(805) 235-8803.
MINOR EXORCISM (Deliverance Prayer) NOT solemn exorcism	Contact 1(805) 235-8803.

INSIDE & SPECIAL TO THE BULLETIN

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23 FEB—STATIONS OF THE CROSS

Friday Bilingual Lenten Stations of the Cross 5:30pm
 To be followed by "Fish and Chips sale."

23 FEB—FISH & CHIPS SALE

Our parish is offering fish & chips every Friday evening this Lent after Stations of the Cross with seating in the community room. See Javier for more information.

SP WEEKDAY MASS MOVES TO WEDNESDAY

With consideration of our Friday Sp. Mass attendees, the Friday Spanish Mass and Adoration are being moved to Wednesdays during Lent at the same current time.

10 MARCH—CONFIRMATION MASS, 1:30PM

NO Spanish Mass on March 10th, Sunday (Notice 5)
 Instead we will have
 1:30pm on March 10 Bilingual Spanish-English Mass with Bishop Danny as presider for Confirmation Mass

10 MARCH—PARISH POTLUCK 2:30PM AFTER CONFIRMATION MASS WITH BISHOP DANNY

Everyone is invited to the Confirmation Mass and potluck reception that follows on the back patio and in the community room of our parish. Food may be brought to the Community Room before the Mass. Thanks!

LIVESTREAM CHANGES

Starting this First Sunday of Lent, our parish will livestream only one English Mass and one Spanish Mass. We are also discontinuing the livestream of our weekday and feast day liturgies. We encourage everyone to attend our holy liturgies in person. We love to see you and praise God together!

PRAYER OF POPE FRANCIS TO MARY, HEALTH OF THE SICK

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick.

At the foot of the Cross you participated in Jesus' pain with steadfast faith.

You, Salvation of all, know what we need.

We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us:

He who took our sufferings upon Himself, and bore our sorrows to bring us,

through the Cross, to the joy of the Resurrection. Amen.
 We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

**Message of His Holiness Pope Francis
for Lent 2024**

Through the Desert God Leads us to Freedom

Dear brothers and sisters!

When our God reveals himself, his message is always one of freedom: “I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery” (*Ex 20:2*). These are the first words of the Decalogue given to Moses on Mount Sinai. Those who heard them were quite familiar with the exodus of which God spoke: the experience of their bondage still weighed heavily upon them. In the desert, they received the “Ten Words” as a thoroughfare to freedom. We call them “commandments”, in order to emphasize the strength of the love by which God shapes his people. The call to freedom is a demanding one. It is not answered straightaway; it has to mature as part of a journey. Just as Israel in the desert still clung to Egypt – often longing for the past and grumbling against the Lord and Moses – today too, God’s people can cling to an oppressive bondage that it is called to leave behind. We realize how true this is at those moments when we feel hopeless, wandering through life like a desert and lacking a promised land as our destination. Lent is the season of grace in which the desert can become once more – in the words of the prophet Hosea – the place of our first love (cf. *Hos 2:16-17*). *God shapes his people, he enables us to leave our slavery behind* and experience a Passover from death to life. Like a bridegroom, the Lord draws us once more to himself, whispering words of love to our hearts.

The exodus from slavery to freedom is no abstract journey. If our celebration of Lent is to be concrete, the first step is to desire to *open our eyes to reality*. When the Lord calls out to Moses from the burning bush, he immediately shows that he is a God who sees and, above all, hears: “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed I know their sufferings, and I have come down to deliver

them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey” (*Ex 3:7-8*). Today too, the cry of so many of our oppressed brothers and sisters rises to heaven. Let us ask ourselves: Do we hear that cry? Does it trouble us? Does it move us? All too many things keep us apart from each other, denying the fraternity that, from the beginning, binds us to one another.

During my visit to Lampedusa, as a way of countering the globalization of indifference, I asked two questions, which have become more and more pressing: “Where are you?” (*Gen 3:9*) and “Where is your brother?” (*Gen 4:9*). Our Lenten journey will be concrete if, by listening once more to those two questions, we realize that even today we remain under the rule of Pharaoh. A rule that makes us weary and indifferent. A model of growth that divides and robs us of a future. Earth, air and water are polluted, but so are our souls. True, Baptism has begun our process of liberation, yet there remains in us an inexplicable longing for slavery. A kind of attraction to the security of familiar things, to the detriment of our freedom.

In the Exodus account, there is a significant detail: it is God who sees, is moved and brings freedom; Israel does not ask for this. Pharaoh stifles dreams, blocks the view of heaven, makes it appear that this world, in which human dignity is trampled upon and authentic bonds are denied, can never change. He put everything in bondage to himself. Let us ask: Do I want a new world? Am I ready to leave behind my compromises with the old? The witness of many of my brother bishops and a great number of those who work for peace and justice has increasingly convinced me that we need to combat a deficit of hope that stifles dreams and the silent cry that reaches to heaven and moves the heart of God. This “deficit of hope” is not unlike the nostalgia for slavery that paralyzed Israel in the desert and prevented it from moving forward. An exodus can be interrupted: how else can we explain the fact that humanity has arrived at the threshold of universal fraternity and at levels of scientific, technical, cultural, and juridical development capable of

guaranteeing dignity to all, yet gropes about in the darkness of inequality and conflict.

God has not grown weary of us. Let us welcome Lent as the great season in which he reminds us: "I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery" (*Ex 20:2*). Lent is *a season of conversion, a time of freedom*. Jesus himself, as we recall each year on the first Sunday of Lent, was driven into the desert by the Spirit in order to be tempted in freedom. For forty days, he will stand before us and with us: the incarnate Son. Unlike Pharaoh, God does not want subjects, but sons and daughters. The desert is the place where our freedom can mature in a personal decision not to fall back into slavery. In Lent, we find new criteria of justice and a community with which we can press forward on a road not yet taken.

This, however, entails *a struggle*, as the book of Exodus and the temptations of Jesus in the desert make clear to us. The voice of God, who says, "You are my Son, the Beloved" (*Mk 1:11*), and "You shall have no other gods before me" (*Ex 20:3*) is opposed by the enemy and his lies. Even more to be feared than Pharaoh are the idols that we set up for ourselves; we can consider them as his voice speaking within us. To be all-powerful, to be looked up to by all, to domineer over others: every human being is aware of how deeply seductive that lie can be. It is a road well-travelled. We can become attached to money, to certain projects, ideas or goals, to our position, to a tradition, even to certain individuals. Instead of making us move forward, they paralyze us. Instead of encounter, they create conflict. Yet there is also a new humanity, a people of the little ones and of the humble who have not yielded to the allure of the lie. Whereas those who serve idols become like them, mute, blind, deaf and immobile (cf. *Ps 114:4*), the poor of spirit are open and ready: a silent force of good that heals and sustains the world.

It is time to act, and in Lent, *to act also means to pause*. To pause *in prayer*, in order to receive the word of God, to pause like the Samaritan *in the presence of a wounded brother or sister*. Love of God and love of neighbour are one love. Not to have other gods is to

pause in the presence of God beside the flesh of our neighbour. For this reason, prayer, almsgiving and fasting are not three unrelated acts, but a single movement of openness and self-emptying, in which we cast out the idols that weigh us down, the attachments that imprison us. Then the atrophied and isolated heart will revive. Slow down, then, and pause! The contemplative dimension of life that Lent helps us to rediscover will release new energies. In the presence of God, we become brothers and sisters, more sensitive to one another: in place of threats and enemies, we discover companions and fellow travelers. This is God's dream, the promised land to which we journey once we have left our slavery behind.

The Church's synodal form, which in these years we are rediscovering and cultivating, suggests that Lent is also *a time of communitarian decisions*, of decisions, small and large, that are countercurrent. Decisions capable of altering the daily lives of individuals and entire neighbourhoods, such as the ways we acquire goods, care for creation, and strive to include those who go unseen or are looked down upon. I invite every Christian community to do just this: to offer its members moments set aside to rethink their lifestyles, times to examine their presence in society and the contribution they make to its betterment. Woe to us if our Christian penance were to resemble the kind of penance that so dismayed Jesus. To us too, he says: "Whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting" (Mt 6:16). Instead, let others see joyful faces, catch the scent of freedom and experience the love that makes all things new, beginning with the smallest and those nearest to us. This can happen in every one of our Christian communities.

To the extent that this Lent becomes a time of conversion, an anxious humanity will notice a burst of creativity, a flash of new hope. Allow me to repeat what I told the young people whom I met in Lisbon last summer: "Keep seeking and be ready to take risks. At this moment in time, we face enormous risks; we hear the painful plea of so many people. Indeed, we are experiencing a third world war fought piecemeal. Yet let us find the courage to see our world,

not as being in its death throes but in a process of giving birth, not at the end but at the beginning of a great new chapter of history. We need courage to think like this” (*Address to University Students*, 3 August 2023). Such is the courage of conversion, born of coming up from slavery. For faith and charity take hope, this small child, by the hand. They teach her to walk, and at the same time, she leads them forward.^[1]

I bless all of you and your Lenten journey.

Rome, Saint John Lateran, 3 December 2023, First Sunday of Advent.

¹ Cf. CH. PÉGUY, *The Portico of the Mystery of the Second Virtue*.

**MENSAJE DEL SANTO PADRE FRANCISCO
para la Cuaresma 2024**

A través del desierto Dios nos guía a la libertad

Queridos hermanos y hermanas:

Cuando nuestro Dios se revela, comunica la libertad: «Yo soy el Señor, tu Dios, que te hice salir de Egipto, de un lugar de esclavitud» (Ex 20,2). Así se abre el Decálogo dado a Moisés en el monte Sinaí. El pueblo sabe bien de qué éxodo habla Dios; la experiencia de la esclavitud todavía está impresa en su carne. Recibe las diez palabras de la alianza en el desierto como camino hacia la libertad. Nosotros las llamamos “mandamientos”, subrayando la fuerza del amor con el que Dios educa a su pueblo. La llamada a la libertad es, en efecto, una llamada vigorosa. No se agota en un acontecimiento único, porque madura durante el camino. Del mismo modo que Israel en el desierto lleva todavía a Egipto dentro de sí —en efecto, a menudo echa de menos el pasado y murmura contra el cielo y contra Moisés—, también hoy el pueblo de Dios lleva dentro de sí ataduras opresoras que debe decidirse a abandonar. Nos damos cuenta de ello cuando nos falta esperanza y vagamos por la vida como en un páramo desolado, sin una tierra prometida hacia la cual encaminarnos juntos. La Cuaresma es el tiempo de gracia en el que el desierto vuelve a ser —como anuncia el profeta Oseas— el lugar del primer amor (cf. Os 2,16-17). *Dios educa a su pueblo para que abandone sus esclavitudes* y experimente el paso de la muerte a la vida. Como un esposo nos atrae nuevamente hacia sí y susurra palabras de amor a nuestros corazones.

El éxodo de la esclavitud a la libertad no es un camino abstracto. Para que nuestra Cuaresma sea también concreta, el primer paso es querer *ver la realidad*. Cuando en la zarza ardiente el Señor atrajo a Moisés y le habló, se reveló inmediatamente como un Dios que ve y sobre todo escucha: «Yo he visto la opresión de mi pueblo, que está en Egipto, y he oído los gritos de dolor, provocados por sus capataces. Sí, conozco muy bien sus sufrimientos. Por eso he bajado a librarlo del poder de los egipcios y a hacerlo subir,

desde aquel país, a una tierra fértil y espaciosa, a una tierra que mana leche y miel» (*Ex 3,7-8*). También hoy llega al cielo el grito de tantos hermanos y hermanas oprimidos. Preguntémonos: ¿nos llega también a nosotros? ¿Nos sacude? ¿Nos conmueve? Muchos factores nos alejan los unos de los otros, negando la fraternidad que nos une desde el origen.

En mi viaje a Lampedusa, ante la globalización de la indiferencia planteé dos preguntas, que son cada vez más actuales: «¿Dónde estás?» (*Gn 3,9*) y «¿Dónde está tu hermano?» (*Gn 4,9*). El camino cuaresmal será concreto si, al escucharlas de nuevo, confesamos que seguimos bajo el dominio del Faraón. Es un dominio que nos deja exhaustos y nos vuelve insensibles. Es un modelo de crecimiento que nos divide y nos roba el futuro; que ha contaminado la tierra, el aire y el agua, pero también las almas. Porque, si bien con el bautismo ya ha comenzado nuestra liberación, queda en nosotros una inexplicable añoranza por la esclavitud. Es como una atracción hacia la seguridad de lo ya visto, en detrimento de la libertad.

Quisiera señalarles un detalle de no poca importancia en el relato del Éxodo: es Dios quien ve, quien se conmueve y quien libera, no es Israel quien lo pide. El Faraón, en efecto, destruye incluso los sueños, roba el cielo, hace que parezca inmodificable un mundo en el que se pisotea la dignidad y se niegan los vínculos auténticos. Es decir, logra mantener todo sujeto a él. Preguntémonos: ¿deseo un mundo nuevo? ¿Estoy dispuesto a romper los compromisos con el viejo? El testimonio de muchos hermanos obispos y de un gran número de aquellos que trabajan por la paz y la justicia me convence cada vez más de que lo que hay que denunciar es un déficit de esperanza. Es un impedimento para soñar, un grito mudo que llega hasta el cielo y conmueve el corazón de Dios. Se parece a esa añoranza por la esclavitud que paraliza a Israel en el desierto, impidiéndole avanzar. El éxodo puede interrumpirse. De otro modo no se explicaría que una humanidad que ha alcanzado el umbral de la fraternidad universal y niveles de desarrollo científico, técnico, cultural y jurídico, capaces de garantizar la dignidad de todos, camine en la oscuridad de las desigualdades y los conflictos.

Dios no se cansa de nosotros. Acojamos la Cuaresma como el tiempo fuerte en el que su Palabra se dirige de nuevo a nosotros: «Yo soy el Señor, tu Dios, que te hice salir de Egipto, de un lugar de esclavitud» (Ex 20,2). *Es tiempo de conversión, tiempo de libertad.* Jesús mismo, como recordamos cada año en el primer domingo de Cuaresma, fue conducido por el Espíritu al desierto para ser probado en su libertad. Durante cuarenta días estará ante nosotros y con nosotros: es el Hijo encarnado. A diferencia del Faraón, Dios no quiere súbditos, sino hijos. El desierto es el espacio en el que nuestra libertad puede madurar en una decisión personal de no volver a caer en la esclavitud. En Cuaresma, encontramos nuevos criterios de juicio y una comunidad con la cual emprender un camino que nunca antes habíamos recorrido.

Esto implica *una lucha*, que el libro del Éxodo y las tentaciones de Jesús en el desierto nos narran claramente. A la voz de Dios, que dice: «Tú eres mi Hijo muy querido» (Mc 1,11) y «no tendrás otros dioses delante de mí» (Ex 20,3), se oponen de hecho las mentiras del enemigo. Más temibles que el Faraón son los ídolos; podríamos considerarlos como su voz en nosotros. El sentirse omnipotentes, reconocidos por todos, tomar ventaja sobre los demás: todo ser humano siente en su interior la seducción de esta mentira. Es un camino trillado. Por eso, podemos apegarnos al dinero, a ciertos proyectos, ideas, objetivos, a nuestra posición, a una tradición e incluso a algunas personas. Esas cosas en lugar de impulsarnos, nos paralizarán. En lugar de unirnos, nos enfrentarán. Existe, sin embargo, una nueva humanidad, la de los pequeños y humildes que no han sucumbido al encanto de la mentira. Mientras que los ídolos vuelven mudos, ciegos, sordos, inmóviles a quienes les sirven (cf. Sal 115,8), los pobres de espíritu están inmediatamente abiertos y bien dispuestos; son una fuerza silenciosa del bien que sana y sostiene el mundo.

Es tiempo de actuar, y en Cuaresma *actuar es también detenerse*. Detenerse en *oración*, para acoger la Palabra de Dios, y detenerse como el samaritano, *ante el hermano herido*. El amor a Dios y al prójimo es un único amor. No tener otros dioses es detenerse ante la presencia de Dios, en la carne del prójimo. Por eso

la oración, la limosna y el ayuno no son tres ejercicios independientes, sino un único movimiento de apertura, de vaciamiento: fuera los ídolos que nos agobian, fuera los apegos que nos aprisionan. Entonces el corazón atrofiado y aislado se despertará. Por tanto, desacelerar y detenerse. La dimensión contemplativa de la vida, que la Cuaresma nos hará redescubrir, movilizará nuevas energías. Delante de la presencia de Dios nos convertimos en hermanas y hermanos, percibimos a los demás con nueva intensidad; en lugar de amenazas y enemigos encontramos compañeras y compañeros de viaje. Este es el sueño de Dios, la tierra prometida hacia la que marchamos cuando salimos de la esclavitud.

La forma sinodal de la Iglesia, que en estos últimos años estamos redescubriendo y cultivando, sugiere que la Cuaresma sea también *un tiempo de decisiones comunitarias*, de pequeñas y grandes decisiones a contracorriente, capaces de cambiar la cotidianeidad de las personas y la vida de un barrio: los hábitos de compra, el cuidado de la creación, la inclusión de los invisibles o los despreciados. Invito a todas las comunidades cristianas a hacer esto: a ofrecer a sus fieles momentos para reflexionar sobre los estilos de vida; a darse tiempo para verificar su presencia en el barrio y su contribución para mejorarlo. Ay de nosotros si la penitencia cristiana fuera como la que entristecía a Jesús. También a nosotros Él nos dice: «No pongan cara triste, como hacen los hipócritas, que desfiguran su rostro para que se note que ayunan» (Mt 6,16). Más bien, que se vea la alegría en los rostros, que se sienta la fragancia de la libertad, que se libere ese amor que hace nuevas todas las cosas, empezando por las más pequeñas y cercanas. Esto puede suceder en cada comunidad cristiana.

En la medida en que esta Cuaresma sea de conversión, entonces, la humanidad extraviada sentirá un estremecimiento de creatividad; el destello de una *nueva esperanza*. Quisiera decirles, como a los jóvenes que encontré en Lisboa el verano pasado: «Busquen y arriesguen, busquen y arriesguen. En este momento histórico los desafíos son enormes, los quejidos dolorosos — estamos viviendo una tercera guerra mundial a pedacitos—, pero abrazamos el riesgo de pensar que no estamos en una agonía, sino

en un parto; no en el final, sino al comienzo de un gran espectáculo. Y hace falta coraje para pensar esto» (*Discurso a los universitarios*, 3 agosto 2023). Es la valentía de la conversión, de salir de la esclavitud. La fe y la caridad llevan de la mano a esta pequeña esperanza. Le enseñan a caminar y, al mismo tiempo, es ella la que las arrastra hacia adelante.¹

Los bendigo a todos y a vuestro camino cuaresmal.

Roma, San Juan de Letrán, 3 de diciembre de 2023, I Domingo de Adviento.

¹ Cf. CH. PÉGUY, *El pórtico del misterio de la segunda virtud*, Madrid 1991, 21-23.



Diocese of Monterey

Office of the Bishop

bishop@dioceseofmonterey.org
(831) 373-4345

February 14, 2024
Ash Wednesday

Dear brothers and sisters in the Church of Monterey:

The Cathedral of Notre Dame in Paris was nearly destroyed in a horrible fire about five years ago. Scheduled to be fully restored and rebuilt this year, the Archbishop of Paris has announced a six-month spiritual journey ahead of this new Cathedral's restoration and dedication.

The Lord, through his Church, gives us this liturgical season of Lent as just such a time: Lent also is a time of spiritual preparation, such as a greater focus on personal and family prayer, assisting the suffering, and almsgiving to the poor.

Lent also has the purpose of fully restoring us, and we might even say, "rebuilding" us into the People of God that He has called us to be.

This Lent, let us prepare with all our hearts for the joy of celebrating the Paschal Mystery of Easter! In that Mystery He conquers sin and death, and we too, like Notre Dame, are restored by His grace. Let's pray for each other as we embark on this Journey of Grace and Restoration.

Sincerely in Christ,

Most Reverend Daniel E. Garcia
Bishop of Monterey





Diocese of Monterey

Office of the Bishop

bishop@dioceseofmonterey.org
(831) 373-4345

14 de febrero de 2024
Miércoles de Ceniza

Estimados hermanos y hermanas de la Iglesia de Monterey:

La Catedral de Notre Dame de París quedó casi destruida en un horrible incendio hace unos cinco años. Programada para ser completamente restaurada y reconstruida este año, el Arzobispo de París ha anunciado una jornada espiritual de seis meses antes de completar la restauración y llevar a cabo la dedicación de esta nueva Catedral.

El Señor, a través de su Iglesia, nos da este tiempo litúrgico de Cuaresma como uno de esos tiempos, o sea, la Cuaresma es similarmente un tiempo de preparación espiritual, con un mayor enfoque en la oración personal y familiar, en dar la asistencia a los que sufren y dar la limosna a los pobres.

La Cuaresma también tiene el propósito de restaurarnos completamente, e incluso podríamos decir, “reconstruirnos” para convertirnos en el Pueblo de Dios al que Él nos ha llamado a ser.

¡Esta Cuaresma, preparémonos con todo nuestro corazón para llegar a tener la alegría de celebrar el Misterio Pascual de la Pascua de Resurrección! En ese Misterio, Él vence el pecado y la muerte, y nosotros también. Así como a Notre Dame, nosotros somos restaurados por Su gracia. Oremos los unos por los otros ahora que nos embarcamos en esta Jornada de Gracia y de Restauración.

Sinceramente en Cristo,

Monseñor Daniel E. García
Obispo de Monterey



FIRST SUNDAY OF LENT



In His Mercy

Loving Father,
you sent a rainbow
as a sign of your mercy
and of our relationship with you.
Soften our hardened hearts.
May the mercy that we show others

be a sign that through the waters of baptism
you live in us and that we are your
adopted children.
May our Lenten prayer and sacrifice
fortify us to continue your mission on earth.
Through Christ our Lord. Amen.

Sunday, February 18, 2024

Abundant Mercy



Today's readings: Genesis 9:8–15; Psalm 25:4–5, 6–7, 8–9; 1 Peter 3:18–22; Mark 1:12–15. “See, I am now establishing my covenant with you and your descendants after you and with every little creature.” With these words, God shows his love as he promises anew to be in relationship with creation. In the reading from the First Letter of Peter, we hear that God saved the eight who were aboard the ark through the waters of the flood and now saves us through the waters of baptism. God, whose love brought us into being, seeks relationship and communion with us. To reconcile us with him, he sent his Son, who prepared for his mission by fasting for forty days in the desert.

During the forty days of Lent, many of us give in to temptation and find ourselves repenting time and again. Knowing that God is merciful and understands our shortcomings, we can always resolve to begin anew. God yearns for relationship with us and does not give up on us.

As one of your Lenten practices, you may have chosen to read the day's Scriptures attentively. Try to approach the readings with fresh eyes willing to allow the text to relate to your life today. Familiar texts can speak to us in the new circumstances, challenges, joys, and sorrows of our lives. All we need is an openness to the Word. God's Word is always relevant.



THIS WEEK AT HOME

Monday, February 19

The Neighbor

In Matthew 22:36–39, Jesus tells the scholar about the two greatest commandments: loving God and loving neighbor. Today's passage from Matthew depicts how our actions show love for both God and neighbor. Inviting the sheep on his right to the kingdom, the Son of Man recounts that their feeding the hungry, clothing the naked, and welcoming the stranger also fed, clothed, and welcomed Christ. When a reminder is needed on how God expects us to treat our neighbor, return to this passage. *Today's readings: Leviticus 19:1–2, 11–18; Psalm 19:8–10, 15; Matthew 25:31–46.*

Tuesday, February 20

Patiently Waiting

Both the psalm and Gospel show us how to pray. Portraying the need for trust, the psalmist sings, "I sought the LORD and he answered me, / delivered me from all my fears." In the Gospel, Jesus tells his followers that they need to come to God with humility as they pray that his will be done. Instead of expecting instant gratification from prayer requests, keep in mind that God acts in his time, not ours. Be patient and trust; God will not leave you alone. *Today's readings: Isaiah 55:10–11; Psalm 34:4–7, 16–19; Matthew 6:7–15.*

Wednesday, February 21

Grateful Hearts

Jesus comments in today's Gospel on the generation's desire for a sign. How many times have you prayed and asked for a sign? Many of us want proof that God will come through for us. Remember that God knows what is best for each of us. During this Lent, seek to discern and appreciate what you have been given and thank God for what he has provided. *Today's readings: Jonah 3:1–10; Psalm 51:3–4, 12–13, 18–19; Luke 11:29–32.*

Thursday, February 22

The Chair of St. Peter the Apostle

Upon Peter's assertion that Jesus is the Messiah, we hear Jesus tell Peter that he is the rock upon which the Church shall be built. As Christ's followers, we too must voice that Jesus is our Savior. Our faith can be the foundation upon which others' faith can grow. Pope Francis implores us to go out in mission so that through encounters with others, the Church will grow. Our faith is not a secret but a wonderful gift. This Lent, how will you contribute to strengthening the foundation of the Church? *Today's readings: 1 Peter 5:1–4; Psalm 23:1–3a, 4–6; Matthew 16:13–19.*

Friday, February 23

Continuing the Mission

On the optional Memorial of St. Polycarp, Bishop and Martyr, the Church recalls a second-generation Christian who was a disciple of the apostle John. Before St. Polycarp was burned at the stake, he put his trust in God. He was unafraid of what would happen to him. Pray to be able to trust that God is with you, no matter the trial you face. *Today's readings: Ezekiel 18:21–28; Psalm 130:1–2, 3–4, 5–7a, 7bc–8; Matthew 5:20–26.*

Saturday, February 24

Learning to Love

"If you love those who love you, what recompense will you have?" we hear in today's Gospel. To love without conditions can be difficult. Yet this is what Jesus asks from us. When we have been wronged, it is tempting to seek revenge. Yet, Jesus shows us a higher path. Instead of revenge, Jesus loves everyone and instructs us to forgive. What would it mean for you to love your enemy and to forgive someone who has hurt you? *Today's readings: Deuteronomy 26:16–19; Psalm 119:1–2, 4–5, 7–8; Matthew 5:43–48.*



PRIMER DOMINGO DE CUARESMA



La merced de Dios

Amado Padre,
nos diste un arcoiris en señal de
tu misericordia
y de tu alianza con nosotros.
Suavízanos el corazón.
Que la compasión que mostramos
a los demás

sea señal de que por las aguas
del bautismo
tú vives en nosotros
y que somos tus hijos adoptivos.
Que la oración y el sacrificio de Cuaresma
nos fortalezcan para perpetuar tu señal
sobre la tierra.
Por Cristo nuestro Señor. Amén.

Domingo, 18 de febrero de 2024

Compasión en abundancia



Lecturas del día: Génesis 9:8–15; Salmo 25:4–5, 6–7, 8–9; 1 Pedro 3:18–22; Marcos 1:12–15. “Yo hago una alianza con ustedes y con sus descendientes, con todos los animales que los acompañaron”. Así Dios muestra su amor al prometer de nuevo estar en buenos términos con la creación. En la Primera carta de Pedro, Dios salva a los ocho a bordo del arca “atravesando el agua” y ahora nos salva con el agua del bautismo. Dios, cuyo amor nos dio el ser, quiere estar en comunión con nosotros. Para reconciliarnos con él, nos envió a su Hijo, quien se preparó para su misión ayunando en el desierto.

Durante la Cuaresma muchos caemos en la tentación sólo para arrepentirnos una y otra vez. Conscientes de la misericordia de Dios y de que comprende nuestras flaquezas, siempre tenemos la posibilidad de volver a empezar. Dios desea una relación con nosotros y no claudica.

Esta Cuaresma, haga las lecturas bíblicas del día a conciencia. Acérquese a ellas con otros ojos y con la disposición de permitir que el texto se relacione con su vida actual, o sea los retos, las dichas y las penas. Basta abrirnos a la Palabra. La Palabra de Dios siempre es relevante.



ESTA SEMANA EN CASA

Lunes, 19 de febrero

El vecino

En Mateo 22:36–39, Jesús habla al doctor de la ley sobre los dos preceptos principales: amar a Dios y amar al prójimo. El pasaje mateano deja en claro que las obras de uno muestran el amor a Dios y al prójimo. Al invitar al reino a las ovejas a su derecha, el Hijo del Hombre les recuerda que cuando alimentaron y vistieron al necesitado y recibieron al extranjero, también alimentaron, vistieron y recibieron a Cristo. Cuando haga falta recordar cómo espera Dios que tratemos al prójimo, volvamos a este pasaje. *Lecturas del día: Levítico 19:1–2, 11–18; Salmo 19:8–10, 15; Mateo 25:31–46.*

Martes, 20 de febrero

Aguardar con paciencia

El salmo y el evangelio nos muestran cómo hay que orar. Ante la necesidad de confianza, el salmista canta, “Consulté al Señor y me respondió / librándome de todos mis temores”. En el evangelio, Jesús dice a sus seguidores que tienen que acercarse a Dios con humildad al pedir que se haga la voluntad de él. En lugar de esperar una gratificación instantánea a nuestras peticiones, hay que tener en cuenta que Dios actúa a su tiempo, no al tiempo nuestro. Seamos pacientes y confiemos; Dios jamás nos dejará solos. *Lecturas del día: Isaías 55:10–11; Salmo 34:4–7, 16–19; Mateo 6:7–15.*

Miércoles, 21 de febrero

Corazones agradecidos

En el evangelio de hoy, Jesús comenta el deseo generacional de una señal. Cuántas veces uno ha rezado y pedido una señal. Muchos de nosotros quisiéramos una prueba de que Dios nos cumplirá. Hay que recordar que Dios sabe lo que más nos conviene. Durante esta Cuaresma, discernamos y agradezcamos lo que tenemos y demos gracias a Dios por los que nos ha proveído. *Lecturas del día: Jonás 3:1–10; Salmo 51:3–4, 12–13, 18–19; Lucas 11:29–32.*

Jueves, 22 de febrero

La Cátedra de san Pedro apóstol

Al afirmar Pedro que Jesús es el Mesías, oímos a Jesús decir a Pedro que éste es la roca sobre la cual se edificará la Iglesia. Nosotros, los seguidores de Cristo, también debemos afirmar que Jesús es nuestro Salvador. La fe de uno sería la base sobre la cual la fe de otros crecería. El papa Francisco nos insiste en que emprendamos la misión de suerte que al encontrarnos con los demás la Iglesia crezca. Nuestra fe no es un secreto sino un don maravilloso. Esta Cuaresma, ¿cómo contribuirá usted a fortalecer la base de la Iglesia? *Lecturas del día: 1 Pedro 5:1–4; Salmo 23:1–3a, 4–6; Mateo 16:13–19.*

Viernes, 23 de febrero

Continuar la misión

En la memoria opcional de san Policarpo, obispo y mártir, la Iglesia recuerda a un cristiano de segunda generación que fue discípulo del apóstol Juan. Cuando iba a ser quemado en la hoguera, el santo se encomendó a Dios. No tenía miedo de lo que pudiera pasarle. Oremos para poder confiar en que Dios está con nosotros, no importa la adversidad. *Lecturas del día: Ezequiel 18:21–28; Salmo 130:1–2, 3–4, 5–7a, 7bc–8; Mateo 5:20–26.*

Sábado, 24 de febrero

Aprender a amar

“Si ustedes aman sólo a quienes los aman, ¿qué premio merecen?”, oímos en el evangelio de hoy. Amar incondicionalmente sería difícil. Empero, eso es lo que Jesús nos pide. Cuando nos han hecho mal, es tentador querer vengarnos. Jesús, sin embargo, nos muestra que hay que amar a todos y nos instruye a perdonar. ¿Qué le significaría amar al enemigo y perdonar a alguien que le hizo daño? *Lecturas del día: Deuteronomio 26:16–19; Salmo 119:1–2, 4–5, 7–8; Mateo 5:43–48.*



ST. ELIZABETH ANN SETON

START
December 23 & 24, 2023



END*
December 19 & 20, 2026

OUR GOAL
\$ 200, 000

(*Can end sooner if we meet our goal)

CAPITAL CAMPAIGN

**WE NEED PLEDGES OF
\$100 MONTHLY TO TARPS OFF!
FOR AT LEAST 3 YEARS.**

The Diocese of Monterey needs us to show that we can pay our loan over time. They are asking that we show them that we have

- 1) committed pledges of at least one full year, but more years up to three years are also welcome.
- 2) enough pledges that the committed amount will be able to pay off the 50% remainder of the loan

Thank you to everyone who has given a 1 time donation. It is greatly appreciated!

The release of the loan money from the Diocese has not been finalized. The Diocese of Monterey Finance Department has asked us to show with pledges that we can pay the other 50% of our loan that we have applied for.

We don't want to burden anyone, so a three year pledge would be really helpful.

To date the bulk of our donations have all been one-time donations with an estimated fewer than 5 signing-up for a pledge. (Online angel donors have not had enough time for pledging to be established fully, so this approximate number is from the donation envelopes.)

Thank you for your pledge!

TARPS OFF!			
Year 1 (All money to our parish)			
Date	Week	Donations	Running Balance
2-Jan-24	1	\$ 17,440.00	\$ 17,440.00
9-Jan-24	2	\$ 13,650.00	\$ 31,090.00
16-Jan-24	3	\$ 5,168.00	\$ 36,258.00
23-Jan-24	4	\$ 2,190.00	\$ 38,448.00
30-Jan-24	5		\$ 38,448.00
6-Feb-24	6		\$ 38,448.00
13-Feb-24	7	\$ 12,552.00	
*(Bake sale: \$910; reg. \$11, 252)			\$ 51,000.00 *
*1st Fish Fry Sale: \$390			

FREQUENTLY ASKED QUESTIONS:

Q: Is S.E.A.S. a nonprofit?

A: Yes! St. Elizabeth Ann Seton is a church and is a 501 (c)(3). Donations are tax deductible.

Q: Do you accept stocks?

A: Yes. We can accept stocks and bonds as donation.

Q: Can I ask my employer to be a matching donor?

A: Yes. Often businesses are willing to match their employee contributions to different causes.

Q: May I give a small amount now, and more later?

A: Absolutely! Your direct donations are being recorded for tax purposes. Your accrued total donations determine the tier for which you will be recognized.

Q: What are some of the fundraising events for this coming year to support TARPS OFF!

A: Tentative ideas are Bake/Tamale sales, Dinner & Dance, Live Auctions, Ballroom Dance, Kermes, etc. Some are already in the planning stages, some not yet.

Q: Could you share with us the funds that we collected last year?

A: The following were published in our bulletin, website and announced at Masses last year:

\$ 28, 611	Collected as of March 20, 2023
\$ 19, 082	Wall Cross Fundraiser
\$ 20, 690	Insurance Payment (for walls)

Q: What happened to that money collected?

A: That money is still set aside for the roof replacement. The Diocese requires parishes to have half the loan amount needed before giving a parish a loan. The Diocese waived the full amount needed to acquire the loan as we have \$68, 383 (see above) and need is great.

Q: Did the amount needed for the roof change from 2023 to 2024?

A: Yes. With the 2023 rise in prices for building materials and labor, the roofing companies said this is an increased cost to us. 'Surprises' due to wood rot and other issues were NOT factored into bids; we are told to prepare.

Q: If the parish collects more than is needed to repay the loan, where will that money go?

A: Any money collected beyond the \$200,000 to repay the loan will be placed into our parish savings account for the months when annually Sunday collections, especially the summer months and holiday breaks when parishioners travel, are lean and we barely receive enough funding, and sometimes don't, for parish operations.

Q: How much does the parish hope to keep in savings?

A: It is recommended that the parish keep at least \$50,000 in savings for lean months and unexpected expenses. The more of course is better.

TARPS OFF!

Goal
\$ 200,000

\$ 200,000

\$ 180,000

\$ 160,000

\$ 140,000

\$ 120,000

\$ 100,000

\$ 80,000

\$ 60,000

\$ 40,000

\$ 20,000

\$ 0

THANK YOU

FOR FUNDING THE NEW CHURCH ROOF!

Each of you, our 'Angels,' are appreciated!

Photo from 2022

"DONOR CHOIR OF ANGELS"

TIER 1	TIER 2	TIER 3
SERAPHIM \$10,000 +	DOMINIONS \$1,000 to \$2,499	PRINCIPALITIES \$200 to \$299
CHERUBIM \$5,000 to \$9,999	VIRTUES \$500 to \$999	ARCHANGEL \$100 to \$199
THRONES \$2,500 to \$4,999	POWERS \$300 to \$499	ANGEL \$50 to \$99

"CIRCLE OF HEAVENLY JOY"

The "Circle of Heavenly Joy" are donations that are not in the above suggested donation groups, but are likewise greatly appreciated for the needed repairs.

S.E.A.S.
TARPS OFF!
Capital Campaign

Start:
Dec. 23/24, 2023
End:
Dec. 19/20, 2026

Current Amount
\$ 51,000.00

Amount as of 2/13/2024
Does not include VANCO

PIANIST NEEDED

Our parish needs a pianist for the weekend English Masses. Applicants please call Javier at 1(805)441-5428

DIocese HOSTING 'JESUS HEALS' EVENTS

The Diocese of Monterey is hosting the "Jesus Heals" program at several parishes (Aptos, Santa Cruz, and Capitola) with Fr. Roy Palatty, CMI, Spiritual Director of Shalom World as guest speaker. For more information please call Julie Holser 1(831)334-9778 or use the link: [Shalom World Events Jesus Heals](#) to view promo video.

ADORATION CHAPEL SCHEDULE

MONDAY TO THURSDAY	OPEN after the 9 am Mass Until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm
FRIDAY	OPEN after the 9 am Mass until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm
SATURDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil 5 pm to 6 pm
SUNDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 9am Mass, after 11:30 Mass, 4 pm to 5 pm

Do you like to spend a quiet time with Jesus, adoring Him in the Most Blessed Sacrament, outside our scheduled open hours? Please call (805) 441-5428 at least a day ahead. We'll be delighted to open the chapel for you.

¿Te gusta pasar un momento de tranquilidad con Jesús, adorándolo en el Santísimo Sacramento, fuera de nuestro horario de atención? Llame al (805) 441-5428 con un día de anticipación. Estaremos encantados de abrir la capilla para ti.

10/11 FEBRUARY COLLECTION

Sunday Collection	\$ 1,660.00
Parish Operations	\$ 1,180.00
Building Fund	\$ 105.00
Hospitality	\$ 0.00
St. Joseph's Fund	\$ 200.00
People's Kitchen	\$ 0.00
Mass Intentions	\$ 100.00
Ash Wednesday	\$ 55.00
Initial Offering	\$ 5.00
Tamale Sale	\$ 386.00
_____	\$ 0.00
TOTAL (from above)	\$ 3,691.00
Church in Latin America	\$ 5.00

FEB 18—2ND COLLECTION BLACK AND INDIAN MISSIONS

Black and Indian Mission Collection exists to help local African American and Native American Diocesan Communities throughout the United States spread the Good News of Jesus Christ and respond to real and pressing needs on the ground.

FILLED EASTER EGGS NEEDED

We could use your help with pre-filled Easter eggs for the children's 'Easter Egg Hunt' on Easter Sunday after the bilingual Mass at 9:00am. Eggs may be left in the boxes on the back table in the church. If you would like to help set eggs out during Mass, please see Heather.

EASTER ORCHIDS

Many parishioners are allergic to lilies so we continue our use of white orchids this Easter. How can you help?
OPTION 1) If you'd like to make a donation in honor of a loved one:

Step 1: place donation in an envelope marked "Easter Flowers". Please include either on the envelope or note inside:

A) your name printed, B) your loved one's name printed and C) amount enclosed

Step 2: Drop it into the white lock box, parish mailbox, or online donation before **MARCH 15**.

OPTION 2) Bring a white orchid in bloom to the church on Good Friday (March 29) with the printed name of your loved one attached.

Names of your loved ones will be listed in the Easter bulletin and on our website's Virtual Easter Memorial.

PLEASE REMEMBER ST. ELIZABETH'S IN YOUR WILL

A great way to **help our parish become financially stable** is to remember your parish church in your **Will** or **Trust**. To make sure the entire amount (100%) will go to St. Elizabeth's, please word the bequest like this:

"I leave a bequest of \$ _____ to ST. ELIZABETH ANN SETON CATHOLIC CHURCH at 2050 Pali-sades Avenue, Los Osos, CA 93402."

If you wish to privately discuss this matter with Fr. Joey, please call parish cell 805-235-8803 to set-up an appointment, or email him at frjoeyseasparish-lo@gmail.com.

Thank you for considering SEAS for your final distribution.

NEED ASSISTANCE IN YOUR ADVANCE HEALTH CARE DIRECTIVE, FUTURE CATHOLIC FUNERAL & ESTATE PLANNING?

Fr. Joey can help you.
 or confidential discussion, please email him at frjoeyseasparishlo@gmail.com
 or leave message at (805) 235-8803



eucharisticrevival.org



es.eucharisticrevival.org

Lord Jesus Christ,
you give us your flesh and blood for the life of the world, and you desire that all people come to the Supper of the Sacrifice of the Lamb.
Renew in your Church the truth, beauty, and goodness contained in the Most Blessed Eucharist.

Jesus living in the Eucharist, come and live in me.
Jesus healing in the Eucharist, come and heal me.
Jesus sacrificing yourself in the Eucharist, come and suffer in me.
Jesus rising in the Eucharist, come and rise to new life in me. Jesus loving in the Eucharist, come and love in me.

Lord Jesus Christ, through the paschal mystery of your death and resurrection made present in every Holy Mass, pour out your healing love on your Church and on our world.
Grant that as we lift you up during this time of Eucharistic Revival, your Holy Spirit may draw all people to join us at this Banquet of Life.
You live and reign with the Father and the Holy Spirit, God forever and ever.

**Our Lady of Guadalupe, Mother of the Eucharist,
Pray for us.**

Señor Jesucristo,
nos das tu carne y tu sangre para la vida del mundo, y deseas que todos los hombres vengan a la Cena del Sacrificio del Cordero. Renueva en tu Iglesia la verdad, la belleza y la bondad contenidas en la Santísima Eucaristía.

Jesús que vives en la Eucaristía, ven y vive en mí.
Jesús, que sanas en la Eucaristía, ven y sáname.
Jesús, que te sacrificas en la Eucaristía, ven y sufres en mí. Jesús, resucitado en la Eucaristía, ven y resucita a una nueva vida en mí.
Jesús, amando en la Eucaristía, ven y ama en mí.

Señor Jesucristo, por el misterio pascual de tu muerte y resurrección, hecho presente en cada Santa Misa, derrama tu amor sanador sobre tu Iglesia y sobre nuestro mundo. Concédenos que, mientras te elevamos durante este tiempo de Avivamiento Eucarístico, tu Espíritu Santo atraiga a todas las personas a unirse a nosotros en este Banquete de la Vida. Tú vives y reinas con el Padre y el Espíritu Santo, Dios por los siglos de los siglos.

**Nuestra Señora de Guadalupe, Madre de la Eucaristía,
ruega por nosotros.**



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The rainbow has come to symbolize many things in our culture today. We hear about rainbow and double rainbow babies, those children born after their mothers have suffered a miscarriage. Then there are many types of LGBTQ+ rainbow-colored flags and other items to represent persons in segments of our population. For some the rainbow is a symbol of the diverse spectrum of human experiences and identities, while some may see it as a symbol of diversity and inclusion. Some may see a rainbow as sunlight entering droplets of water which then cause the light to slow down and bend creating those colors we see in the sky on rainy days. Others may yet see it as a symbol of hope and new beginnings. All things considered, a rainbow is special and has therefore become a symbol of things that are important. In Holy Scriptures this, the important things that a rainbow was a sign or symbol of is the covenant that God made with Noah, his descendants, and every living creature. (Gn 9: 8-15)

This covenant was the third one recorded in Holy Scripture between God and mankind. It is special for three reasons. First, it was an unconditional covenant. Second, it was between God and man as well as every living creature. Lastly, this covenant was sealed with a sign, an outward symbol: the rainbow.

There was nothing Noah and his descendants had to do to fulfill this covenant. The promise was based on God's faithfulness alone.

During this Lenten season, perhaps we will look at the rains and see rainbows. Perhaps we will remember Noah and the Ark and how God swept mighty waters over the earth and spared only Noah and the animals on the ark that he had placed in there two by two until the dove brought back the twig with leaves and Noah knew there was dry land and this covenant was made with the rainbow in the sky to seal God's promise that the waters shall never again

become a flood to destroy all mortal beings." Will we also think about God's love and faithfulness to us?

God will exist even if we do not think about him. He doesn't need us for him to exist. Ironically, if we were to consider what would happen if our God, creator of the universe was to not exist, we would find that we do not exist. (see CCC 49 and Gaudium et Spes 36) In *Gaudium et Spec*, by Pope Paul VI, there is a discussion of mankind's activity throughout the world which invites the idea that our modern society fosters individual independence from one another and from God. The idea that temperance, temperance being a gift of the Holy Spirit helping us with moderation in action, thought, and feeling, should be employed by all of us when looking at the things of the world, especially progress forward in science and technology, and asking if their use in particular topics is eroding the bonds that unite us to God and one another. Science and technology are tools and are neither bad nor good. It is how they are used that makes a difference. However, it is important to continuously stop and reflect on those balances between the pursuit of progress and our relationships with each other and our Lord. What can we do to strengthen those relationships?

Text messaging is good, but how much better an in-person conversation? Maybe a TikTok video of a cat climbing into a box is fun to watch, but maybe there is a need you can fill to spend time with animals at the shelter and make new friends? A credit card could give money to help feed the hungry, but what if you volunteered time at a food bank or serve at a shelter? These are just some ways that we can reflect and re-evaluate how technology and science have been beneficial, and how we may still need to recenter our lives around God and sharing his love during this Lenten season. May those rainbows always remind us of God and his love. 'cuz we love, we give.



“Jesus told us, ‘Everything I have comes from the Father.’ He pours all that love into Jesus; that’s always from all eternity. Now, the holy Eucharist is the food that keeps that love alive.

“I have noticed in my life as a priest, that if I am in love with Jesus, the people will be one degree less than me. If I’m on fire, they are warm. If I am warm, they’ll be moderate. If I’m just moderate and I do everything correctly, but I don’t have that fervor, our people are cold. And if I am cold—and this is where I think we are with so many priests and bishops—the people are fallen away. Lately, we have seen why so many have failed to respond.

“The small number of Catholics who believe in the Eucharist is because there is a small number of priests and bishops that believe in the way that Jesus taught it. If I really believe, when I say over the bread, “This is my Body,” then I believe that I am Christ; he is me and I am him. The priest does not say, ‘This is Jesus’ Body.’ He says, ‘This is *my* Body; this is *my* Blood.’ So that my willingness to die as he suffered and died and to give myself to my people to consume me and live off of me, is the degree of my faith.

“Our unwillingness to lay down our life for our people is where I see the failure of the leadership of our bishops and priests. You cannot any longer govern our people unless you lead them by being what you claim to be. And that is to be Christ for your people.

“I and the Eucharist are one. So when the priest and bishops say, ‘This is my Body, this is my Blood,’ he is saying, ‘I have given myself totally to him.’ The words we say over the Eucharist are very convicting. The conviction and the convincing come from how we celebrate the Eucharist.”

~Msgr. John Esseff, M.S., D. Min (30 May 1953-present)
of Scranton, Pennsylvania Spiritual director of St. Mother Teresa, and exorcist

From an interview and article written by Patti McGuire Armstrong about the Eucharist that appeared in the National Catholic Register on October 31, 2019
[Exorcist Blames Bishops and Priests for Loss of Faith in Eucharist National Catholic Register \(ncregister.com\)](https://www.ncregister.com/Exorcist-Blames-Bishops-and-Priests-for-Loss-of-Faith-in-Eucharist)

“Our lives must be woven around the Eucharist. Ask Jesus to be with you, to work with you that you may be able to pray the work. You must really be sure that you have received Jesus. After that, you cannot give your tongue, your thoughts, or your heart to bitterness.”

“Our hours of adoration will be special hours of reparation for sins, and intercession for the needs of the whole world, exposing the sin-sick and suffering humanity to the healing, sustaining and transforming rays of Jesus, radiating from the Eucharist.”

~Saint Mother Teresa of Calcutta
(26 August 1910—5 September 1997)

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul.

Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart.

I embrace you as if you were already there And unite myself wholly to you.

Never permit me to be separated from you. Amen.

Jesús mío, creo que estás realmente presente en el Santísimo Sacramento,

te amo sobre toda las cosas, y te deseo en el interior de mi alma.

Ya que en este momento no puedo recibirte sacramentalmente, ven al menos espiritualmente a mi corazón; estando dentro de mí, yo te abrazo y me uno todo a Ti.

No permitas nunca que me separe de Ti. Amen.

PRAYER AFTER COMMUNION: ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me. Within your wounds hide me.
Separated from you, let me never be.
From the evil one, protect me.
At the hour of my death, call me.
And close to you bid me;
That with your Saints, I may be, praising you
For ever and ever. Amen.

Alma de Cristo, santifícame.

Cuerpo de Cristo, sálvame.

Sangre de Cristo, embriágame.

Agua del costado de Cristo, lávame.

Pasión de Cristo, confórtame.

¡Oh, buen Jesús!, óyeme.

Dentro de tus llagas, escóndeme.

No permitas que me aparte de Ti.

Del maligno enemigo, defiéndeme

En la hora de mi muerte, llámame.

Y mándame ir a Ti. Para que con tus santos te alabe.

Por los siglos de los siglos. Amén.

LET US PRAY FOR THE FOLLOWING / OREMOS POR

* Timothy Ketcherside	* Robert Green Sr.	* Delores Doyle	* Cerelina Natividad	* Tooker & Sutcliffe Families
* John LeNoue	* Susi Reich	* Russell Wells	* Jacque Murray	* Richard Tucker
* Peter Hewitt	* Elisa Fajardo	* John Miller	* James Patrick Little	* Tanya Cody
* Fely Platou	* Irene Castaneda	* Barbara Pinedo	* Margaret 'Peg' Mirolla	* Robin Braly
* Mary Cavagnaro	* Mary de Angelo	* Pancho Pinedo	* Judy Crawford-Murillo	* Cathy Anderson
* Bonifacio Garcia	* Jessica Ketcherside	* Ann Harris	* Norma Landry	* Barbara Stevens
* Michael Culbertson	* Fr. Derek Hughes	* Brian Hampton	* Lavinia Trapani	* Jack Hofstra
* Steven Greenville	* Dolores R. Buena	* Madeljne Bozena	* Dana Warren	* Avila Rose Helm
* Rafael & Margarita Garcia	* Rosemarie Greenville	* Meekayla Bejarano	* Brian Kautz	* Jodi Tooker
* Frances Meehan	* Aaron Kondziela	* Freddie Fernandez	* Mia Bacarella	* Ben & Ethan Sutcliffe
* Emily Sumner	* Donna Nichols	* Albert Calizo	* Ralph Iliff	* Harvey and Jennifer Smith
* David Wright	* Colleen Clark	* Ann Farrelly	* Jaxson Rivera	* Rose Spaulding
* Aurea Cruz	* Leonora Eublera	* Lori Manfredi	* Karen Pedigo	* Kathy Lamond
* Nathan Berry	* Daniel Quintana	* Lois Thompson	* The Kautz Family	* Ray Tooker
* Robert Ruiz	* Mark Woehrl	* Diane Wright	* The Munds Family	* Yadira Massengill
* Sylvia Radford	* The Rivers Family	* The Wright Family	* Karleen Quintana	* Harry Lambert
* Eleanor Brown	* Daniel Nunez	* The Kunemoto Family	* Kara Stewart	* Mary Rubalcava
* Sarah & Josh Matthews	* Nola, Nick, Louis, Dolores, Estrella, Jaelynn Soto	* Jose Leyva	* Sherry Mlnarik	
* Michael Vella	* Brian Pedigo & family	* Daniel Gallardo	* Phil Radford	
* Lila Martinez	* Shawn Clarke	* Clare Rankin	* Tara Arnold	
* Carolyn Lemos	* Regina Helm	* Amelia Osorio	* Laurie Peterson	

ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM. MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.

†Helen Penwell	†Gullermmo dela Cruz	†Melecia Garcia	†Mary Friedman	†Cecilia Deines	†Loren Ketcherside	†William B. Pedigo, III
†Charles Penwell	†Serafin Sepulveda	†Felicitas Castillo	†Shirley Rustria	†Doris Stanley	†Toshi Meehan	†Hayden Sutcliffe
†Harold Platou	†Hermilia Arguello	†Antonio Medrano	†Gerry Weltman	†Aric Clarke	†Ruby Sohler	†Emilio Erice
†Larry Mischel	†Anatalia Ortiz	Tambo	†Evelyn Pellaton	†Clifford Newgard	†Gabriel Caliboso	†Sidney Dunton
†Dwight Mobley	†ULolita dela Cruz	†William (Bill) Kemble	†Chuck Ice	†Regina Newgard	†Ernestine Beevers	†Salomon Brito
†Gertrude Stimson	†Mason & Simon Brito	†Diana Nishiura	†Mary Jo Semonsen	†Gregory Newgard	†Harold Wyatt	†Eugen Simánek
†John D. Walsh	†Pat Wright	†Grace Tevis	†Kevin Lynch	†Marciano Ingan	†Giovanni G. Santos	†Jacque Lohmeier
†Elizabeth Martinez	†Joseph Cavagnaro	†Jerica Alaine Harris	†John Greenville	†Candido D. Buena Jr.	†Lita Aguilar	†Mary Fraga
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†Severino Repollo	†Lawrence Uthe	†Casamira Asuncion	†John de Angelo	†Medallana Patague	†Toshi Meehan	†Narciso Gallinato Sr.
†Justo Yasay	†Margaret Uthe	†Carol Ann Burns	†Pat Klenc	†Margaret Lucero	†Harold Wyatt	†Angelita Gallinato
†Joe Greene	†Joe Fraga	†Andy Boy de la Cruz, Jr.	†Beverly Jean Rocha	†Tiburcio Castillo	†Roberta Ozanich	†Wenceslao Garcia, Sr.
†Cristina Patterson	†Msgr Joseph Stieger	†Fr. Harry Freiermuth	†Adelaida Gabatin	†Martin Hernandez	†Mario Rodriguez	†Melecia Garcia
†Filippo Mazzulla	†Fr. Ken Brown	†Fr. Michael Bell	†Guadalupe Haugh	†Edwin Quintana	†Mildred Quinn	†Kenneth Duke Pace
†Elena Aurelio	†Fr. Michael Bell	†Lyn Ketcherside	†Julia Keefe	†Alfred Castaneda	†Margherita 'Rita' Davis	†Rufina Garcia
†Homero Paredes	†Lyn Ketcherside	†Ismael Ibat Tomboc	†Bishop Richard Garcia	†Jose Guadalupe Toral	†Robert Cramer	†Gorgonio Garcia
†Fermina Manuel	†Robert Beevers	†Maria Carmen Zaragoza	†William K. Lander	†Liliana Isabell Clark	†Fr. Larry Schanberger	†Pete Carganillo
†Deacon Jim Cooper	†Arcadio Tambo	†Ruth Casper	†Kathleen Patricia Crawford	†Rodney Maciel	†Susan Tuttle	†Concordia Sanchez
†Emma Nieman	†Cleta Tambo	†Fr. Ray Roh	†Joseph Carlson	†Candido Orlino Aurelio, Sr.	†Dorsey Dunton	†Adelina Pascua
†Rodrigo Martinez	†Dionisio Acain	†Joyce O'Brien	†Martin Basti	†Hugo Conti	†June Vivianne	†Guido Palermo
†Reyna Gomez	†Aurelia Acain	†Mariano Rustria	†Manuel Ayala Arroyo	†Sheila	†Hercy Martinez	
†Lourdes Lepisto	†Dick O'Melveny	†Robert Townsend	†Shirley Matthews	†Pouraghabagher	†Jere Bresnan	
†James Emely	†Jim Stewart	†Sherman Lemos	†Otilia Cruz	†Claudette Steenberg	†Jane Jaeger	
†Simonne Townsend	†Jaime Repollo	†Otilia Cruz	†Wenceslao Garcia	†Frank Wasley	†Laurie Borello	
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†Eusebio Gale	†Mary Prendergast			†Elvira Ceballos	†Adela Patague	
†Melinda Rose				†Kenneth Duke Pace	†Remy Lejeune	
†Julia Ortiz				†Jeanette Thomsen	†Anthony Sperlazzo	



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BALLESTEROS BAPTISMAL BLESSING



Congratulations to the Ballesteros Family on the Baptism of their youngest daughter, Yasmin, last Sat., Feb 10th, 2024.

For many families COVID was a setback for Baptism and other Sacraments. We are joyful to have Yasmin as a sister in Christ.



THANK YOU 1ST FISH FRY VOLUNTEERS!

Many thanks to everyone who helped make the 1st Fish Fry a success from those who planned, partook of the this meal, and especially our volunteers!



TASTY TAMALES

Our parish enjoyed tamales sales again last Sunday. Many thanks to those who spend a few days during the week to make the sauces and prepare the meats before they could be made. Our cooks were at the church very early to have them ready to be sold after the 9:00am Sunday Mass. Many thanks to Lupe Lopez, Mago Arroyo, Lupe Torres Gonzales, Estela Roman, and everyone involved in making the tamales! Most especially thank you for buying the work of their hands and for your support of our parish! May God bless all of you.



TARPS OFF! BAKE SALE



Many thanks to the TARPS OFF! Ann Sciortino for organizing, bakers, and all volunteers for the bake sale last Sunday to benefit our anticipated new roof. It was scheduled for only after the English Mass, but with the outpouring of donations of baked goods, it was continued outside in the beautiful weather after the Spanish Mass.

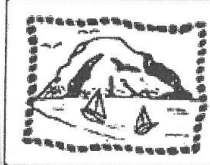


SCHEDULE OF MASSES, READINGS & INTENTIONS

DATE	TIME	INTENTIONS	READINGS YEAR A
Vigil of FIRST SUNDAY OF LENT 17 February 2023	4:00 pm English Sunday Mass	4:00pm	Gn 9:8-15 Ps 25:4-5, 6-7, 8-9 1 Pt 3:18-22 Mk 1:12-15
FIRST SUNDAY OF LENT 18 February 2023	9:00 am English Mass 11:30am Spanish Mass	9:00am †Emma Contreras; †Ernesto J. Pulido, MD 11:30am †Rafael Hernandez Calzada	Gn 9:8-15 Ps 25:4-5, 6-7, 8-9 1 Pt 3:18-22 Mk 1:12-15
Monday Lenten Weekday 19 February 2023	9:00 am English Mass	9:00am Ramon & Maria de Jesus Ramirez (30th anniversary)	Lv 19:1-2, 11-18 Ps 19:8, 9, 10, 15 Mt 25:31-46
Tuesday Lenten Weekday 20 February 2023	9:00 am English Mass	9:00am †Thomas Cahill	Is 55:10-11 Ps 34:4-5, 6-7, 16-17, 18-19 Mt 6:7-15
Wednesday Lenten Weekday 21 February 2023	9:00 am English Mass 9:45 am Eng. Divine Mercy & Adoration 6:00 pm Spanish Divina Misericordia, Adoration y Bendición 7:00pm Spanish Mass	9:00am 7:00pm	Jon 3:1-10 Ps 51:3-4, 12-13, 18-19 Lk 11:29-32
Thursday Lenten Weekday 22 February 2023	<i>The Chair of Saint Peter the Apostle</i> 9:00 am English Mass	9:00am	1 Pt 5:1-4 Ps 23:1-3a, 4, 5, 6 Mt 16:13-19
Friday Lenten Weekday 23 February 2023	9:00 am English Mass	9:00am	Ez 18:21-28 Ps 130:1-2, 3-4, 5-7a, 7bc-8 Mt 5:20-26
Vigil of SECOND SUNDAY OF LENT 24 February 2023	4:00 pm English Sunday Mass	4:00pm	Gn 22:1-2, 9a, 10-13, 15-18 Ps 119:1-2, 4-5, 7-8 Rom 8:31b-34 Mk 9:2-10
SECOND SUNDAY OF LENT 25 February 2023	9:00 am English Mass 11:30am Spanish Mass	9:00am 11:30am †Joseph Carlson	Gn 22:1-2, 9a, 10-13, 15-18 Ps 119:1-2, 4-5, 7-8 Rom 8:31b-34 Mk 9:2-10

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