

ST. ELIZABETH ANN SETON CATHOLIC CHURCH

www.seasparishlo.org 2050 Palisades Avenue, Los Osos, CA Office Cell (805) 235-8803 SECOND SUNDAY IN ORDINARY TIME

14 JANUARY 2024 JANUARY 2024 POPE'S INTENTION: FOR THE GIFT OF DIVERSITY IN THE CHURCH We pray that the Holy Spirit may help us to recognize the gift of different charisms within the Christian community and to discover the richness of different traditions and rituals in the Catholic Church.

"Do you not know that your bodies are members of Christ? But whoever is joined to the Lord becomes one Spirit with him... Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore glorify God in your body."

"¿No saben ustedes que sus cuerpos son miembros de Cristo? Y el que se une al Señor, se hace un solo es-píritu con él... ¿O es que no saben ustedes que su cuerpo es templo del Espíritu Santo, que han recibido de Dios y habita en ustedes? No son ustedes sus propios dueños, porque Dios los ha comprado a un precio muy caro. Glorifiquen, pues, a Dios con el cuerpo.'

1 Cor 6: 15a, 17, 19-20

VISION-MISSION STATEMENT

We are an all-welcoming Christ-centered community celebrating our deeply rooted Catholic traditions, respectful & appreciative of our multicultural diversity, journeying together to share family values and commitment to service.

PRAYER OF SAINT ELIZABETH ANN SETON

O Father, the first rule of our dear Savior's life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

Weekend Masses

Saturday: Sunday:	4:00 p.m. (ENGLISH) 9:00 a.m. (ENGLISH) 11:30 a.m. (SPANISH)

Weekday Masses / La Misa Enteré Semana9:00 a.m.7:00 p.m.Viernes (ESPANOL) 1st Saturday Mass (ENGLISH) 9:00 a.m.

Adoration/Adoración (See pg 8, Adoration Chapel Hours) 9:45 a.m. Wednesday (ENGLISH)

Divine Mercy, Adoration, Benediction Viernes (ESPANOL) y 6:00 p.m. La Coronilla de la Divina Misericordia

Tel:(805) 528-5319 Fax:(805) 528-8893 Office Cell: (805) 235-8803 24/7 Anointing of the Sick or Last Rites: (805) 235-8803 Email: seaschurchlo@gmail.com Appointment with Pastor on ZOOM or

in person: Tues., Fri.

Pastor Music Coordinator frjoeyseasparishlo@gmail.com

JAVIER SOTO OSORIO Office Manager, Bookkeeper javi.s.seaschurchlo@gmail.com

HEATHER HURLEY Receptionist,

English & Spanish DRE, RCIA, Liturgies Coordinator heatherh.seas.7@gmail.com

Office Open: Tues & Fri 10:00AM to 1:00PM



DECLARACIÓN DE NUESTRA VISION y MISIÓN

Somos una comunidad totalmente acogedora y centrada en Cristo que celebrando nuestras tradiciones Católicas profundamente arraigadas, respetamos y apreciamos nuestra diversidad multicultural, caminamos juntos para compartir los valores de la familia y el compromiso al servicio.

ORACIÓN DE

SANTA ELIZABETH ANN SETON Oh Padre, la primera regla de la vida de nuestro querido Salvador fue hacer tu voluntad. Dejar que tu Voluntad en el momento presente sea la primera regla de nuestra vida cotidiana y nuestro trabajo, sin ninguna otra voluntad sino hacer tu voluntad plena y completa. Ayúdanos a seguir con fidelidad, para que haciendo lo que deseas seamos más agradables a Ti. Amén.

<u>Sacrament of Reconciliation / Reconciliación</u> Tuesdays by appointment only/Los Martes solo con cita previa

Anointing of the Sick / Unción de los Enfermos 9:00 a.m. (ENGLISH) First Friday 7:30 p.m. (ESPAÑOL) Primer Viernes

For donations or other online **Parish Services** financial transactions for the see page 3

回避 parish, our OR code:

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Bulletins online at seasparishlo.org

PARISH STAFF

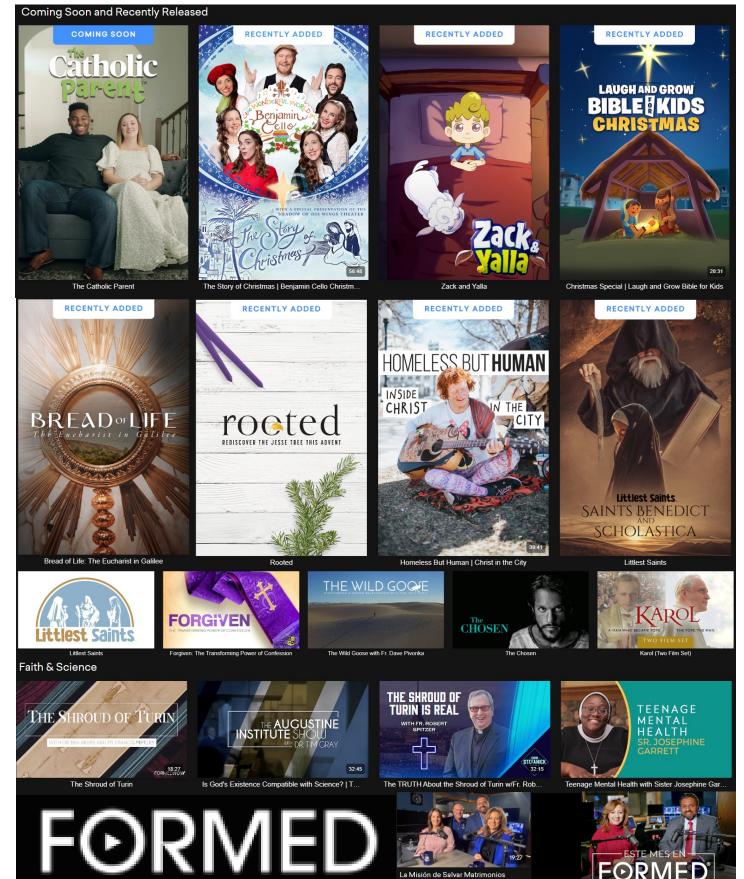
REV. JOEY R. BUENA

Mass Intentions online at

seasparishlo.org

FORMED.ORG

Our parish has a subscription to FORMED.org which is free for you to use for podcasts, movies, daily spiritual messages, children's programming, and even audio books. Don't have an account yet? Simply to the FORMED website and register as a parishioner of St. Elizabeth Ann Seton in Los Osos. It is completely free to you as our parishioners.



(Primera Parte)

ST. ELIZABETH ANN SETON PARISH SCHEDULE OF SERVICES

CONED	
MASSES, ADORATION	See pages 1, 6 and 17
CONFESSION	Available on Tuesdays by appointment only. Please call parish office cell phone or email.
INFANT BAPTISM (newborn to 6 y/o)	Appt. with pastor 3 months before intended date. Emergency baptism (for recipient in danger of death: parent/s call pastor asap [805] 235-8803).
7 y/o & above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION	Email Heather or call office cell 1(805)235-8803
KIDS' FIRST HOLY COMMUNION	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
TEENS' CONFIRMATION	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
QUINCEAÑERA	6 months before, call parish office 1 (805) 235-8803, to set appointment for interview & requirements: attend Monterey Diocese Quinceañera Class; at least enrolled in our Confirmation Program.
PRESENTACÍON	Contact 1(805) 235-8803
WEDDING	Set an appointment with pastor 6 months before intended date.
ANNULMENT	Call parish for appointment with pastor.
ANOINTING OF THE SICK	Contact 1(805) 235-8803. First Fridays after English & Spanish Masses
LAST RITES	24/7 Contact asap 1(805) 235-8803.
FUNERAL	Contact 1(805) 235-8803.
BLESSING of NEW VEHICLE, RELIGIOUS ITEMS	Contact 1(805) 235-8803.
BLESSING of NEW HOUSE, NEW SHOP	Contact 1(805) 235-8803.
VISIT CHURCH for PERSONAL PRAYER & ADORATION	New Adoration Chapel now open for morning & afternoon for personal quiet prayer & adoration. Read schedule page 6
SPIRITUAL COUNSELING	Contact 1(805) 235-8803.
MINOR EXORCISM (Deliverance Prayer) NOT solemn exorcism	Contact 1(805) 235-8803.

16 & 19 JAN—OFFICE INFO

This coming week our office staff will be working at the church campus, but not in the church office itself. Please feel free to stop by, but when you arrive, please call Heather at 805-235-8803 and a member of our office staff will meet you. You may also set-up an appointment. Thanks for understanding!

FEBRUARY TAMALE SALES

This February our parish plans to sell tamales to raise money for our TARPS OFF! Capital Campaign. There is limited supply. Please contact Javier for more information.

We are sometimes asked if donations for tamale sales are tax deductible. Because money is given for a service or item, it is not tax deductible nor will it be included in your giving for the Capital Campaign because we cannot track that information. It is a true gift of love and enjoyment of talents of other parishioners.

TAX LETTERS

When we have printed tax letters in the past, we were often told by parishioners that they do not itemize and did not want their tax letters, to throw them away.

To circumvent the waste it was suggested that we ask parishioners to contact our office manager-bookkeeper: JAVIER (805)441-5428 or email the Parish Office at seaschurchlo@gmail.com

Please know that there may have been some technical glitches this year and that you may need to work with our office to verify amounts.

Our office can mail your statements by January 31st or you can have us hold them until the Feb 3rd/4th weekend Masses for you to pick-up. Please let Javier know your preference. Thanks!

PRAYER OF POPE FRANCIS TO MARY, HEALTH OF THE SICK

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain with steadfast faith.

You, Salvation of all, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

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ST. ELIZABETH ANN SETON

START December 23 & 24, 2023



CAPITAL CAMPAIGN

END* December 19 & 20, 2026

(*Can end sooner if we meet our goal)

OUR GOAL **\$ 200, 000**

Yes! You make a difference!

Thank you to everyone who has made a donation or pledge to our TARPS OFF! Capital Campaign to replace our church roof. It is needed! Every time it rains tarps are needed to cover the pews because rain seeps through cracks and rotting wood into the ceiling.

Here is the catch: If you regularly contribute to our weekly donation, we need for you to continue contributing to that. We need to have a continued weekly income from donations for parish operations, utilities, and other expenses of running a parish.

Donations given for the Tarps Off Capital Campaign cannot be shared with other funds at the parish. That is why your continued donation to the weekly collection is so important. Donations to the Tarps Off Capital Campaign must be made in addition to the regular donation you may give our parish.

We humbly ask you to pray about what you and your family may be able to contribute to our Capital Campaign this year when all donations for the roof go directly to the roof replacement and the Diocesan assessment is waived for this fund. One time donations are welcome. Monthly pledges are also available. Please join our "Donor Choir of Angels" today!

Checks should be written to St. Elizabeth Ann Seton with **TARPS OFF!** in the memo line. You may also use credit card on our parish website's secured giving page. See website or brochure for more information about the campaign: <u>seasparishlo.org</u>

ALL FUNDING for 1st Year STAYS AT OUR PARISH. (2nd & 3rd year a portion goes to the Diocese of Monterey)

We thank God for all of you! Thank you for your kindness & generosity!

TARPS OFF!

Year 1 (All money to our parish)					
Date	Week	Donations	Running Balance		
2-Jan-24	1	\$ 17,440.00	\$	17,440.00	
9-Jan-24	2	\$ 13,650.00	\$	31,090.00	
16-Jan-24	3				

FREQUENTLY ASKED QUESTIONS:

Q: Is S.E.A.S. a nonprofit? **A:** Yes! St. Elizabeth Ann Seton is a church and is a 501 (c)(3). Donations are tax deductible.

Q: Do you accept stocks?

A: Yes. We can accept stocks and bonds as donation.

Q: Can I ask my employer to be a matching donor?

A: Yes. Often businesses are willing to match their employee contributions to different causes.

Q: May I give a small amount now, and more later?

A: Absolutely! Your direct donations are being recorded for tax purposes. Your accrued total donations determine the tier for which you will be recognized.

Q: What are some of the fundraising events for this coming year to support TARPS OFF!

A: Tentative ideas are Tamale sales, Dinner & Dance, Live Auctions, Ballroom Dance, Kermes, etc. Some are already in the planning stages, some not yet.

Q: Some funds were collected for the roof in 2023. What happened to that money?

A: That money is still set aside for the roof replacement. The Diocese requires parishes to have half the loan amount needed before giving a parish a loan. This money was what was required to receive the loan for the roof.

Q: Did the amount needed for the roof change from 2023 to 2024?

A: Yes. With the 2023 rise in costs for building materials the companies who gave bids readjusted their proposals. 'Surprises' due to wood rot were also factored into bids.

Q: If the parish collects more than is needed to repay the loan, where will that money go?

A: Any money collected beyond the \$200,000 to repay the loan will be placed into our parish savings account for the months when annually Sunday collections, especially the summer months and holiday breaks when parishioners travel, are lean and we barely receive enough funding, and sometimes don't, for parish operations.

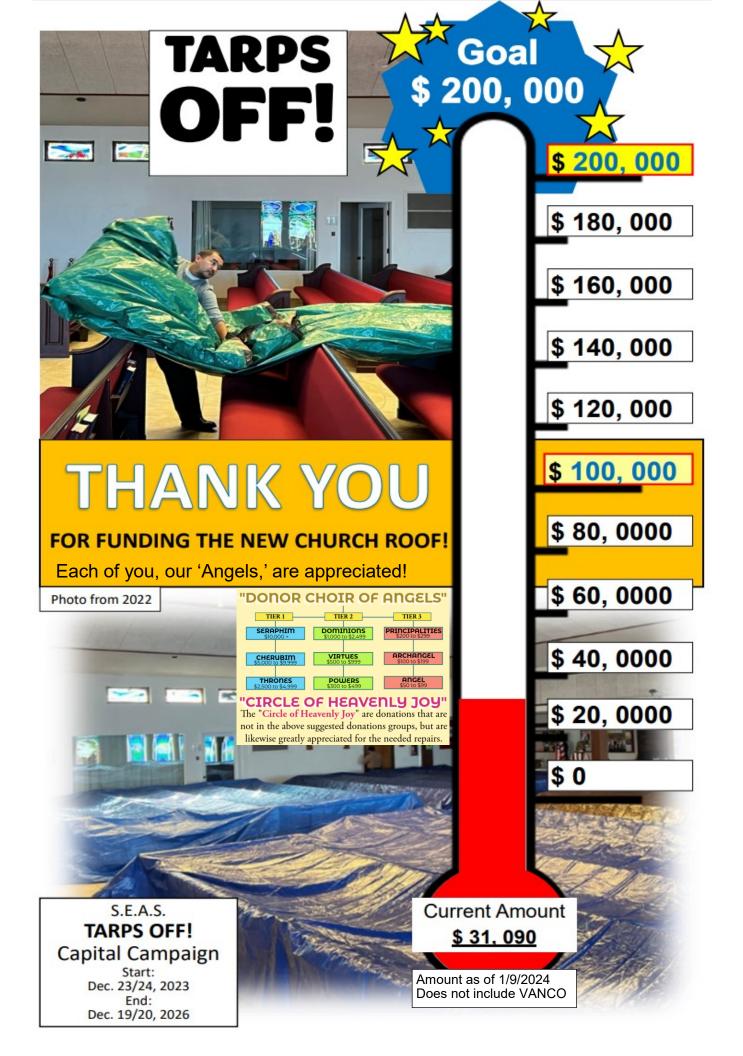
Q: How much does the parish hope to keep in savings?

A. It is recommended that the parish keep at least \$50,000 in savings for lean months and unexpected expenses. The more of course is better.

Let's go

TARPS OFF!

We CAN meet our goal!



ONLINE GIVING TO S.E.A.S.

Did you know that when you sign-up for online giving for our parish toward the Sunday Collections, you give our parish a steady stream of income for our parish operations. This especially helps during months when parishioners travel and our parish income naturally falls. Online giving provides a regular source of funding that is consistent and efficient.

To sign-up, there are forms available or you may simply sign-up through our parish website: <u>seasparishlo.org</u>

ADORATION CHAPEL SCHEDULE			
MONDAY TO THURSDAY	OPEN after the 9 am Mass Until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm
	OPEN after the 9 am Mass until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm CLOSED 5 pm to 6 pm OPEN 6 pm to 7:30 pm for Spanish Liturgies
SATURDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil 5 pm to 6 pm
SUNDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil, after 9am Mass, after 11:30 Mass 4 pm to 5 pm

Do you like to spend a quiet time with Jesus, adoring Him in the Most Blessed Sacrament, outside our scheduled open hours? Please call (805) 441-5428 at least a day ahead. We'll be delighted to open the chapel for you.

¿Te gusta pasar un momento de tranquilidad con Jesús, adorándolo en el Santísimo Sacramento, fuera de nuestro horario de atención? Llame al (805) 441-5428 con un día de anticipación. Estaremos encantados de abrir la capilla para ti.

6/7 JAN COLLECTION		
Sunday Collection	\$ 1, 160. 00	
Parish Operations	\$ 295. 00	
Building Fund	\$ 100. 00	
Hospitality	\$ 0. 00	
St. Joseph's Fund	\$ 0. 00	
People's Kitchen	\$ 0. 00	
Mass Intentions	\$ 0. 00	
Initial Offering	\$ 135. 00	
	\$ 0. 00	
	\$ 0. 00	
	\$ 0. 00	
TOTAL (from above)	\$ 1, 690. 00	
	\$ 0. 00	

PLEASE REMEMBER ST. ELIZABETH'S IN YOUR WILL

A great way to **help our parish become financially stable** is to remember your parish church in your **Will** or **Trust**. To make sure the entire amount (100%) will go to St. Elizabeth's, please word the bequest like this:

"I leave a bequest of \$_____ to <u>ST. ELIZABETH</u> <u>ANN SETON CATHOLIC CHURCH at 2050 Pali-</u> <u>sades Avenue, Los Osos, CA 93402."</u>

If you wish to privately discuss this matter with Fr. Joey, please call parish cell 805-235-8803 to set-up an appointment, or email him at *frjoeyseasparish-lo@gmail.com*.

Thank you for considering SEAS for your final distribution.

NEED ASSISTANCE IN YOUR ADVANCE HEALTH CARE DIRECTIVE, FUTURE CATH-OLIC FUNERAL & ESTATE PLANNING?

Fr. Joey can help you. or confidential discussion, please email him at frjoeyseasparishlo@gmail.com or leave message at (805) 235-8803

MYPARISHAPP





eucharisticrevival.org





es.eucharisticrevival.org

Lord Jesus Christ,

you give us your flesh and blood for the life of the world, and you desire that all people come to the Supper of the Sacrifice of the Lamb. Renew in your Church the truth, beauty, and goodness contained in the Most Blessed Eucharist.

Jesus living in the Eucharist, come and live in me. Jesus healing in the Eucharist, come and heal me. Jesus sacrificing yourself in the Eucharist, come and suffer in me. Jesus rising in the Eucharist, come and rise to new life in me. Jesus loving in the Eucharist, come and love in me.

Lord Jesus Christ, through the paschal mystery of your death and resurrection made present in every Holy Mass, pour out your healing love on your Church and on our world. Grant that as we lift you up during this time of Eucharistic Revival, your Holy Spirit may draw all people to join us at this Banquet of Life. You live and reign with the Father and the Holy Spirit, God forever and ever.

Our Lady of Guadalupe, Mother of the Eucharist, Pray for us.

moto \$

Señor Jesucristo,

nos das tu carne y tu sangre para la vida del mundo, y deseas que todos los hombres vengan a la Cena del Sacrificio del Cordero. Renueva en tu Iglesia la verdad, la belleza y la bondad contenidas en la Santísima Eucaristía.

Jesús que vives en la Eucaristía, ven y vive en mí. Jesús, que sanas en la Eucaristía, ven y sáname. Jesús, que te sacrificas en la Eucaristía, ven y sufre en mí. Jesús, resucitado en la Eucaristía, ven y resucita a una nueva vida en mí. Jesús, amando en la Eucaristía, ven y ama en mí.

Señor Jesucristo, por el misterio pascual de tu muerte y resurrección, hecho presente en cada Santa Misa, derrama tu amor sanador sobre tu Iglesia y sobre nuestro mundo. Concédenos que, mientras te elevamos durante este tiempo de Avivamiento Eucarístico, tu Espíritu Santo atraiga a todas las personas a unirse a nosotros en este Banquete de la Vida. Tú vives y reinas con el Padre y el Espíritu Santo, Dios por los siglos de los siglos.

Nuestra Señora de Guadalupe, Madre de la Eucaristía, ruega por nosotros.

SECURED DONATION USERS

Our Secured Online users have alerted us that VANCO donations for 'Roof Repair' fund have been relabeled to the TARPS OFF Capital Campaign on their statements from VANCO. If you choose to keep this setting, thank you. If you prefer donations be directed for the regular building upkeep fund, please stop your payments, and then re-sign up through our parish website or you may fill out the forms for electronic giving. Thank you for automated donations, it helps our parish tremendously!

Our Secured Online Giving page has a button for both TARPS OFF! and the Building Fund. Know too that the Building Fund may be renamed to make its purpose clearer.

11 FEB — WORLD MARRIAGE DAY

Over the last two years, the National Eucharistic Revival has ushered the Catholic faithful into a greater faith and appreciation for the amazing sacramental gift of our Lord, who draws us to himself through our communion in his Body and Blood. As a practical way to incarnate the grace of the Revival into our families and communities, the bishops of California are dedicating the 2024-2025 pastoral year to helping the Catholic faithful renew and deepen our lived experience of the Sacrament of Marriage – which is modeled on the irrevocable covenantal love of God for his people expressed in the Eucharist.



Por Tu Matrimonio ofrece información, consejos y recursos para novios, parejas comprometidas y matrimonios con o sin hijos. Contenido católico confiable para el matrimonio y la familia.

Por si no conoces nuestra página web, te animamos a explorarla y correr la voz con familiares y amigos.

*Por ejemplo, si tú o alguna pareja que conoces está pasando por momentos dolorosos y desafiantes, te invitamos a leer nuestro artículo ¿<u>Cómo salvamos nuestro matrimonio</u>?

*También ofrecemos un retiro gratuito que las parejas pueden hacer desde sus casas. Es de siete días y el tema es "Siete hábitos para construir un matrimonio eucarístico". Se puede descargar en español o en inglés, en formato PDF, o pueden leer las reflexiones, oraciones y preguntas de cada día aquí: <u>Retiro en</u> <u>casa para parejas</u>

*Consulten nuestra sección sobre cómo planear una boda católica: portumatrimonio.org/bodas

*¿Quieren aprender a ser misioneros en su familia y en su vecindario? Visiten <u>portumatrimonio.org/fdm</u> para descargar gratis la guía *Familias de Discípulos Misioneros* en inglés y español. La guía está basada en el proceso del V Encuentro, *Evangelii Gaudium y Amoris Laetitia*.

27/28 JANUARY — 2ND COLLECTION CHURCH IN LATIN AMERICA

The 2nd Collection for the Church in Latin America is a collection by the USCCB promoting solidarity throughout the hemisphere by providing support for pastoral projects in Latin America and the Caribbean through contributions to an annual collection.

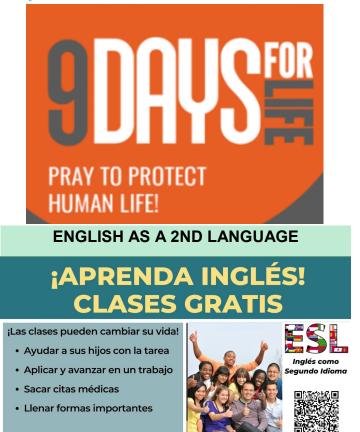
Please mark your check memo lines 'Church in Latin America'. Thanks!

16 JAN—ANNUAL RESPECT LIFE MASS WITH BISHOP DANIEL GARCIA

16 Jan (Tues) at 7:00pm— The annual Respect Life Mass celebrated by Most Reverend Bishop Daniel E. Garcia will be at Madonna del Sasso Pro-Cathedral, 320 E. Laurel Dr, Salinas.

16-24 Jan—9 DAYS FOR LIFE

Nine Days for Life is the U.S. Catholic bishops' annual novena in January surrounding the Day of Prayer for the Legal Protection of the Unborn, which this year is January 22nd. The novena will be January 16-24. This is an opportunity to join the bishops and Catholics across the country in praying for protection of all unborn babies.

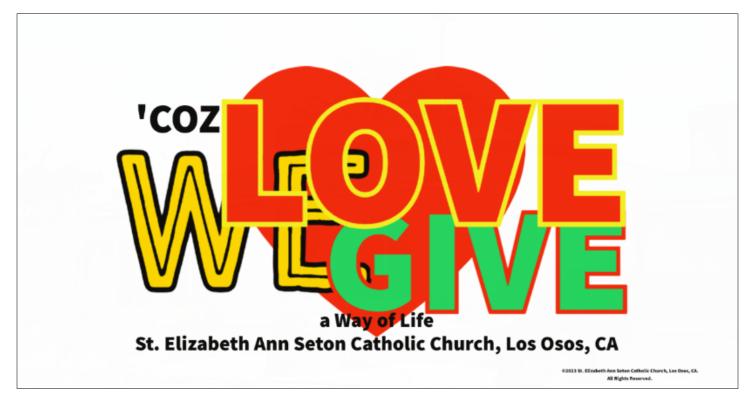


INSCRIPCIÓNES SE INICIAN EL 17 DE ENERO, DE 2024. CLASES: LUNES & MIERCOLES. <u>HORARIO</u>: 6:00 - 8:30 PM. <u>SITIO</u>: ESCUELA PRIMARIA BAYWOOD. INSCRÍBASE EN CUALQUIER MOMENTO

805-549-1222 linea telefonica español: 805-549-1278



ae.slcusd.org



Ordinary Time is our opportunity to hear through Sacred Mother Church asks us to take a step back and into our-Scripture about the works of Jesus. Throughout the Sundays of Ordinary Time, we are invited to participate in the life and ministry of Jesus and contemplate him. Ordinary that the temple of the Holy Spirit is within us. (1 Cor 6: 19) Time calls us to ponder on the Paschal Mystery and our call to discipleship and sharing in Christ's ministry throughout the year. It is also a time of growing and maturing in the Benedictine Monastery, a Brother Peter Zhou Bangjiu, our faith life.

the world has been shown images of space: stars, nebulae, Breaks in the East: One Spiritual Warrior's Thirty-three and planets with better focus and refinement than in the Year Struggle in Defense of the Church, that he composed past. Similarly, we are called to refocus and refine and grow our faith lives. How do we do this? We can live the only memorized Scripture passages to help him through seasons of the Church, hear the Scripture, and follow Je- the difficulties of his torture. Decades of meditation upon sus' life during the ordinary times and how he lived during Scripture allowed Brother Peter's faith to mature and devel-Easter, the Nativity. We can also learn more about the op. When he was freed and able to come to the United Saints and how they matured in their faith to be inspired States this guiet man was encouraged to share his story and given an example. We can do this by reading about and his love for God through his beautiful poetry composed them, through audio recordings, movies, books and even in his mind while in the darkness of his prison cell. In his their own words. Being part of a Scripture study group or later years at the monastery Brother Peter was considered faith sharing group can be helpful. Perhaps we can take a quiet prayerful humble man who was conscientiously classes from universities to 'go deep.' Some folks receive mindful of serving others. Many today consider his maturity Catholic magazine subscriptions while others receive daily of faith and outpouring of love through his life the reason he text messages with Scripture readings. Maybe we can at- was considered a living Saint. Brother Peter died in May of tend Mass to be nourish by Christ and hear the Holy Scrip- 2022 at the age of ninety-five. tures broken open and related to our own lives. These are ways we can mature in our faith. Reflecting upon Church take his lessons of praying daily, of learning Holy Scripture teaching and Scripture and being challenged can makes us and meditating on them, and living the faith by sharing stronger in faith and can solidify what we believe as Catholics. As Christians our lives and the way we live them that temple of the Holy Spirit alive within him during his difshould point to Jesus Christ Our Lord and Savior.

tion that many struggle with. With the potential for war, guide us in our daily lives to bring about that joy and love disease, famine, and wildfires, our thoughts may be on the that God sets in our hearts. Let us refocus our hearts and challenges the world around us bring into our lives. Holy lives back on Christ. 'cuz we love, we give!

selves, into that place within us where God dwells. The Church through Sacred Scripture and Tradition reminds us That is our Sacred Space away from the world.

There was at St. Andrew's Abbey in Valyermo, CA, at O.S.B. Brother Peter suffered under the horrors of com-Since the launch of the James Webb Space Telescope munist China for many years. He wrote a book, Dawn while he lived in prison often in solitary confinement with

We do not need to live what Brother Peter lived, but to God's love with others. Like Brother Peter who retained ficulties, let us visit God interiorly as well on a regular basis. Can we live a Christ-centric life today? That is a ques- We are called to be Saints. Let us ask the Holy Spirit to

SACRIS SOLEMNIIS

At this our solemn feast let holy joys abound, and from the inmost breast let songs of praise resound; let ancient rites depart, and all be new around, in every act, and voice, and heart.

Remember we that eve, when, the Last Supper spread, Christ, as we all believe, the Lamb, with leavenless bread, among His brethren shared, and thus the Law obeyed, of all unto their sire declared.

The typic Lamb consumed, the legal Feast complete, the Lord unto the Twelve His Body gave to eat; the whole to all, no less the whole to each did mete with His own hands, as we confess.

He gave them, weak and frail, His Flesh, their Food to be; on them, downcast and sad, His Blood bestowed He: and thus to them He spake, "Receive this Cup from Me, and all of you of this partake."

So He this Sacrifice to institute did will, and charged His priests alone that office to fulfill: to them He did confide: to whom it pertains still to take, and the rest divide.

Thus Angels' Bread is made the Bread of man today: the Living Bread from heaven with figures dost away: O miraculous gift indeed! the poor and lowly may upon their Lord and Master feed.

Thee, therefore, we implore, O Godhead, One in Three, so may Thou visit us as we now worship Thee; and lead us on Thy way, That we at last may see the light wherein Thou dwellest aye.

St. Thomas Aquinas (1225-1274)

Sacris Solemniis is a hymn written by St. Thomas Aquinas for the Solemnity of Corpus Christi, also known as the Solemnity of the Most Holy Body and Blood of Christ. Other popular songs frequently used at Adoration were also written by St. Thomas Aquinas and are part of longer hymns also written for the Solemnity of Corpus Christi.

The second to last or penultimate stanza of *Sacris Solemniis* in Latin is famously known as the hymn *Panis Angelicus (Bread of Angels)*, which has been frequently been set to music and sung as its own hymn by musicians starting in the 1800s to our current era.

Eucharistic

Vational

Reviva

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul.

Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart.

I embrace you as if you were already there And unite myself wholly to you.

Never permit me to be separated from you. Amen.

Jesús mío, creo que estás realmente presente en el Santísimo Sacramento.

te amo sobre toda las cosas, y te deseo en el interior de mi alma.

Ya que en este momento no puedo recibirte sacramentalmente, ven al menos espiritualmente a mi corazón; estando dentro de mí, yo te abrazo y me uno todo a Ti.

No permitas nunca que me separe de Ti. Amen.

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PRAYER AFTER COMMUNION: ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O Good Jesus, hear me. Within your wounds hide me. Separated from you, let me never be, From the evil one, protect me. At the hour of my death, call me. And close to you bid me; That with your Saints, I may be, praising you For ever and ever. Amen.

Alma de Cristo, santifícame. Cuerpo de Cristo, sálvame. Sangre de Cristo, embriágame. Aqua del costado de Cristo, lávame. Pasión de Cristo, confórtame. ¡Oh, buen Jesús!, óyeme. Dentro de tus llagas, escóndeme. No permitas que me aparte de Ti. Del maligno enemigo, defiéndeme En la hora de mi muerte, llámame. Y mándame ir a Ti. Para que con tus santos te alabe. Por los siglos de los siglos. Amén.

LET US PRAY FOR THE FOLLOWING / OREMOS POR

- Robert Green Sr.
- * Susi Reich *
- Elisa Faiardo
- Irene Castaneda *
- Mary de Angelo Jessica Ketcherside
- *
- Fr. Derek Hughes Dolores R. Buena
- * Rosemarie Greenville
- * Aaron Kondziela
- Donna Nichols
- Colleen Clark
- Leonora Eublera
- Daniel Quintana
- Mark Woehrle
- * The Rivers Family
- Daniel Nunez *
- Nola, Nick, Louis, Dolores, Estrella, Jaelynn Soto
- *
 - Brian Pedigo & family

 - Shawn Clarke
- * * Regina Helm

- * Russell Wells
 - Ann Harris
 - *
 - Brian Hampton Madeline Bozena
 - * Meekayla Bejarano
 - * Freddie Fernandez
 - * Albert Calizo
 - * Ann Farrelly

 - *
 - Diane Wright *
 - The Wright Family * The Kunemoto Family
 - * Jose Leyva
 - * Daniel Gallardo
 - * Clare Rankin
 - * Amelia Osorio

* Judy Crawford-Murillo *

Cerelina Natividad

Jacque Murray James Patrick Little

Margaret 'Peg' Mirolla

- Norma Landry *
- Lavinia Trapani Dana Warren
- Brian Kautz
- Mia Bacarella
- Ralph Iliff * Jaxson Rivera
- * Karen Pedigo
 - The Kautz Family
- * The Munds Family
- * Karleen Quintana
- Kara Stewart
- * Sherry MInarik
- * Phil Radford
- Tara Arnold *
 - Laurie Peterson
- ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM. MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.

⊕Harold Platou ⊕Larry Mischel ⊕Dwight Mobley ⊕Gertrude Stimson ⊕.lohn D Walsh ⊕Elizabeth Martinez Severino Repollo ⊕Justo Yasay ⊕Joe Greene Cristina Patterson ⊕Filippo Mazzulla ⊕Elena Aurelio **Homero** Paredes **Permina Manuel** Deacon Jim Cooper Emma Nieman Rodrigo Martinez Reyna Gomez +Lourdes Lepisto ⊕James Emély ⊕Simonne Townsend ⊕Fernando Marcos ⊕UMartha Smith ⊕Eusebio Galo ⊕Julia Ortiz

Timothy Ketcherside

John LeNoue

Mary Cavagnaro

Bonifacio Garcia

Michael Culbertson

Rafael & Margarita Garcia

Steven Greenville

Frances Meehan

Emily Sumner David Wright

Aurea Cruz

Robert Ruiz

Nathan Berry

Sylvia Radford

Eleanor Brown

Michael Vella

Lila Martinez

Carolyn Lemos

Sarah & Josh Matthews

Peter Hewitt

Fely Platou

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Serafin Sepúlveda Anatalia Ortiz ⊕ULolita dela Cruz Mason & Simon Brito I awrence Uthe ⊕Joe Fraga
 ⊕Msgr Joseph Stieger
 ⊕Fr. Ken Brown ⊕Fr. Michael Bell ⊕Lvn Ketcherside **PRobert Beevers** 骨Arcadio Tambo骨Cleta Tambo ⊕Dionisio Acain ⊕Dick O'Melveny ⊕Jim Stewart ⊕Jaime Repollo Dennis A. O'Brien

Tambo ⊕William (Bill) Kemble ⊕Diana Nishiura ⊕Paul Landry ⊕Casamira Asuncion ⊕Carol Ann Burns ⊕Fr. Harry Freiermuth ⊕Cresenciana Gaila ⊕Ismael Ibat Tomboc Maria Carmen Zarago-⊕Ruth Casper ⊕Fr. Ray Roh⊕Joyce O'Brien ⊕Mariano Rustria ⊕Wenceslao Garcia
⊕Erich Reich ⊕General Mason

⊕Mary Friedman⊕Shirley Rustria ⊕Gerry Weltman ⊕Evelyn Pellaton
⊕Chuck Ice Mary Jo Semonsen ⊕John de Angelo ⊕Beverly Jean Rocha⊕Adelaida Gabatin ⊕Guadalupe Haugh ⊕Julia Keefe Garcia ⊕William K. Lander
⊕Kathleen Patricia Crawford
 [⊕]Manuel Ayala Arroyo
 [⊕]Shirley Matthews
 [⊕]David Bresnan
 ⊕Lydia Caloca Green
⊕Myrna Oliveros ⊕Mina Cantorna **Adela** Patague Remv Leieune

Cecilia Deines ⊕Doris Stanley Clifford Newgard +Gregory Newgard ⊕Marciano Ingan ⊕Candido D. Buena Jr. Medallana Pataque
 ⊕Tiburcio Castillo ⊕Martin Hernandez ⊕Edwin Quintana +Liliana Isabell Clark ⊕Rodney Maciel ⊕Candido Orlino Aurelio, Sr. Interior, Sr.
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⊕Toshi Meehan Gabriel Caliboso ⊕Ernestine Beevers ⊕Harold Wyatt Giovanni G Santos ⊕Lita Aguilar ⊕Loren Hamlin ⊕Toshi Meehan Mario Rodriguez ⊕Fr. Larry Schanberger
 ⊕Susan Tuttle Dorsey Dunton
 ⊕June Viviannie ⊕Jere Bresnan ⊕Jane Jaeger Darlene Krouse
⊕Fr. Mark Stetz ⊕Janice Helm

⊕Dee Mace

Robin Braly * * Cathy Anderson

Tooker & Sutcliffe Families

Barbara Stevens

Richard Tucker

Tanya Cody

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- Jack Hofstra
- Avila Rose Helm
- Jodi Tooker *
- Ben & Ethan Sutcliffe
- Harvey and Jennifer Smith Rose Spaulding
- Kathy Lamond
- * Ray Tooker
- * Yadira Massengill
- * Harry Lambert

Emilio Erice
 Sidney Dunton
 Salomon Brito
 Fugen Simanek,
 Jacque Lohmeier
 Mary Fraga
 Domeliat aurencio
 Narciso Galinato Sr.
 Angelia Galinato
 Mecesa Garcia, Sr.
 Melecia Garcia
 Sr.
 Melecia Garcia
 Serte Carganilo
 Fidel Cargani
 Fidel Carganilo
 Fidel Carganilo
 Fidel Carganilo



John Miller * Barbara Pinedo * Pancho Pinedo *

Delores Doyle

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- * Lori Manfredi
- * Lois Thompson

The Year of the Eucharist



"Choosing to Trust Jesus in Life's Turbulent Times" St. Williams Catholic Church, Atascadero, invites you to a two-day Mission January 19th & 20th 2024

- Friday 1/19: 6:00 PM Italian Dinner & Talk, prepared and hosted by Fr. Josh and Fr. Justin
- Saturday 1/20: 9:00AM Coffee and donuts in church hall followed by conference talks. Ending with 4:30PM Holy Mass

<u>Guest Speakers</u> Fr. Justin Waltz

(Tribulation & Prophecy)



Fr. Josh Waltz (Faith vs. Fear)



(For further information 805-440-2794 or 805-610-8846)

Vol. 2, Issue 2 St. Elizabeth Ann Seton, Los Osos, CA 14 January 2024 SEASLOBSERVER

TARPS ON... AGAIN

LOCKS ON GATES

You may have noticed last week that the locks for the pedestrian entry into the office courtyard were moved to the inside of the gated area because of 'friends' who tried to break the locks and/or remove them other ways. The same type of vandalism happened this last week to lock on the large gate used by us for tractors when cutting the back



lawn and for festival children's area set-up. With the rain and the wind this week, the gate was wide open when staff arrived at 8am. The lock and latch will be replaced very soon.

With the intermittent days of rain here and there, our staff are continuing to put tarps on the pews to protect them like they have these last few years. Pictured above are Javier Soto and Christopher Hurley applying the tarps after last Saturday's Mass.

EPHIPHANY FESTIVITIES

The Epiphany was celebrated last weekend by parishioners at Hospitality after the 9am Mass and also by impromptu after the 11:30 Mass. It was rumored that those receiving the baby Jesus in the Rosco de Reyes (3 Kings Cake) should bring tamales for everyone on February 2nd (Candlemas). Don't worry—see Javier Soto to get connected with tamales! Left: Russell Stimson, Tim Prendergast, Carolyn Lemos, and Marie Robertson.

Right: Our Hispanic Choir with Javier Soto, Lupe Lopez, Jaime Aranda, and Fr. Joey



ELECTION POLL INSPECTION

For years our parish has been an election poll site. It is a source of funding for our parish. Only the community room is used and the sacred space in the church is cordoned off by stanchions to prohibit entry into the sanctuary by poll volunteers.

This last Friday county officials came to inspect our church property to ensure it remains compliant to the needed standards for voter poll integrity and ADA compliancy. They measured a great deal including distance between the community room side door to the ramp run in the large parking lot as well as the height of the curbs, doorways, and more. If you drove through the parking lot and saw the county vehicle, this is what they were doing.

SORTING RECYCLING/GARBAGE

This last week we had representatives from the County's waste management authority come to speak to us about the new state laws that have come into effect as of January 1st, 2024.

There are new rules and things to remember for all of use to follow at the church for those helping clean after Hospitality, People's Kitchen, food sales, the parish festival, parish social gatherings, those involved with general cleaning, and other gatherings.

The next three pages have the letter that we were given to share with all of you and also our guide for sorting recycling, compost, and trash. In the coming weeks you will also see new green waste containers around the church.



SAN LUIS OBISPO COUNTY INTEGRATED WASTE MANAGEMENT AUTHORITY

Connecting the Community to Waste Solutions

Greetings Residents,

The new California state mandate SB 1383 applies to all persons and entities that generate organic material such as food scraps and plant trimmings. *Everyone* is required to divert their organic material from the garbage into a green/organics cart, which is now on site as part of your garbage service. Please look over the provided informational flyers explaining the state mandate and how to sort and dispose of different types of waste.

The Integrated Waste Management Authority (IWMA) provides free kitchen food waste containers for residents, available either at your Management Office on site or at our SLO office at 870 Osos Street.

The following organic materials are to be placed in the green cart:

- All food waste, including bones and shells
- Food soiled paper towels and napkins
- Yard/plant waste
- Craft brown paper bags, newspaper or other plain uncoated paper used to line green waste containers or carts

Items NOT allowed in the green cart:

- NO plastic liners/bags or packaging, including compostable bags
- NO paper, bamboo or other commercially compostable food containers, tableware or flatware with plastic, waxy or shiny coating of any kind (including paper coffee cups)
- NO liquids
- NO plastic, Styrofoam, glass, or metal items

As a reminder, a blue recycle receptacle can be found on site. Our local recycling facility has requested that **NO PLASTIC BAGS or FILM** of any kind go into the recycling. Please dispose of your recyclable items (all rigid plastic, glass, cans, paper and flattened cardboard) directly into the blue bin **with NO bags**.

Thank you for your assistance,

San Luis Obispo County Integrated Waste Management Authority Staff 870 Osos Street, San Luis Obispo, CA 93401 (805) 782-8530 www.iwma.com



SAN LUIS OBISPO COUNTY INTEGRATED WASTE MANAGEMENT AUTHORITY

Connecting the Community to Waste Solutions

Queridos inquilinos,

La nueva ley estatal en California, SB 1383, afecta a todos aquellos que generan desperdicios orgánicos, tales como restos de comida y restos de poda. Todas las personas están obligadas a desviar los materiales orgánicos de la basura y depositar en el contenedor verde/de orgánicos. Los archivos adjuntos son folletos sobre la ley SB 1383 y un diagrama que le ayudara a identificar en que contenedor depositar los diferentes tipos de desperdicios.

Integrated Waste Management Authority (IWMA) proporciona contenedores para los restos de comida para los residentes interesados sin consto alguno. Están disponibles en la oficina de su apartamento o en nuestra oficina, 870 Osos Street en San Luis Obispo. Los desechos orgánicos que pertenecen en el contenedor verde son los siguientes:

- Desperdicios de comida, incluyendo huesos y conchas
- Servilletas de papel usadas con comida
- Restos de poda
- Bolsas de papel usadas con restos de comida

Artículos que NO son permitidos en el contenedor verde:

- NO bolsas de plástico o plástico de empacar, incluyendo plástico compostable
- NO contenedores de papel para comida que contenga plástico, cera o capa brillosa (incluyendo vasos de papel para café)
- NO líquidos
- NO plásticos, poliestireno, vidrio, o metales

Recuerde, hay reciclaje en este sitio. Nuestro centro de reciclaje **NO permite BOLSAS de PLASTICO O PLASTICO DE EMPACAR**. Favor de tirar su reciclaje como, todo plástico rígido, vidro, latas, papel limpio, y cartón aplanado, directamente en el contenedor azul **sin bolsa**.

Gracias por su asistencia,

Equipo de San Luis Obispo County Integrated Waste Management Authority 870 Osos Street, San Luis Obispo, CA 93401 (805) 782-8530 www.iwma.com



SCHEDULE OF MASSES, READINGS & INTENTIONS			
DATE	TIME	INTENTIONS	READINGS YEAR A
Vigil of SECOND SUNDAY IN ORDINARY TIME 13 January 2023	4:00 pm English Sunday Mass	4:00pm Delma Delantar (Bday), John Rustria (Bday); Carson & Perfecto Soriano; Thanksgiving offered by Dory McDonald	1 Sm 3:3b-10, 19 Ps 40:2, 4, 7-8, 8-9, 10 1 Cor 6:13c-15a, 17-20/Jn 1:35-42
SECOND SUNDAY IN ORDINARY TIME 14 January 2023	9:00 am English Mass	9:00am Ford Family; Carson & Perfecto Soriano	1 Sm 3:3b-10, 19 Ps 40:2, 4, 7-8, 8-9, 10 1 Cor 6:13c-15a, 17-20/Jn 1:35-42
	11:30am Spanish Mass	11:30am	
Monday Second Week in Ordinary Time 15 January 2023	9:00 am English Mass	9:00am	1 Sm 15:16-23 Ps 50: 8-9, 16bc-17, 21 and 23 Mk 2:18-22
Tuesday Second Week in Ordinary Time 16 January 2023	9:00 am English Mass	9:00am	1 Sm 16:1-13 Ps 89: 20, 21-22, 27-28 Mk 2:23-28
Wednesday Second Week in Ordinary Time 17 January 2023	Saint Anthony, Abbot 9:00 am English Mass 9:45 am Eng. Divine Mercy & Adoration	9:00am	1 Sm 17:32-33, 37, 40-51 Ps 144: 1b, 2, 9-10 Mk 3:1-6
Thursday Second Week in Ordinary Time 18 January 2023	9:00 am English Mass	9:00am	1 Sm 18:6-9; 19:1-7 Ps 56: 2-3, 9-10a, 10b-11, 12-13 Mk 3:7-12
Friday Second Week in	9:00 am English Mass	9:00am	1 Sm 24:3-21 Ps 57:2, 3-4, 6 and 11
Ordinary Time 19 January 2023	6:00 pm Spanish Divina Misericordia, Adoration y Bendición	7:00pm	Mk 3:13-19
	7:00 pm Spanish Mass		
Vigil of THIRD SUNDAY IN ORDINARY TIME 20 January 2023	4:00 pm English Sunday Mass	4:00pm	Jon 3:1-5, 10 Ps 25: 4-5, 6-7, 8-9 1 Cor 7:29-31 Mk 1:14-20
THIRD SUNDAY IN	9:00 am English Mass	9:00am	Jon 3:1-5, 10
ORDINARY TIME 21 January 2023	11:30am Spanish Mass	11:30am	Ps 25: 4-5, 6-7, 8-9 1 Cor 7:29-31 Mk 1:14-20

