



ST. ELIZABETH ANN SETON CATHOLIC CHURCH

www.seasparishlo.org

2050 Palisades Avenue, Los Osos, CA Office Cell (805) 235-8803

THE TRANSFIGURATION OF THE LORD

6 AUGUST 2023

AUGUST 2023 POPE'S INTENTION: FOR WORLD YOUTH DAY

We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives.

PARISH STAFF

REV. JOEY R. BUENA

Pastor
Music Coordinator
frjoeyseasparishlo@gmail.com

JAVIER SOTO OSORIO

Office Manager
javi.s.seaschurchlo@gmail.com

HEATHER HURLEY

Receptionist,
English & Spanish DRE, RCIA,
Liturgies Coordinator
heatherh.seas.7@gmail.com

CRISTINA CURZI

Interim Bookkeeper

OFFICE INFO:

Tel: (805) 528-5319

Fax: (805) 528-8893

Office Cell:
(805) 235-8803

Email:
seaschurchlo@gmail.com

Open:
Tues & Fri
10:00AM to 1:00PM

24/7 Anointing of
the Sick or Last
Rites:
(805) 235-8803

Appointment with
Pastor on ZOOM or
in person:
Tues., Fri.

For donations or other
online financial trans-
actions for the parish,
our QR code:



Parish Services
see page 2

Bulletins online at
seasparishlo.org

"The heavens proclaim his justice,
and all peoples see his glory."

"Los cielos pregonan su justicia,
su inmensa gloria ven todos los pue-
blos."

Ps 97:6



VISION-MISSION STATEMENT

We are an **all-welcoming Christ-centered** community celebrating our deeply rooted **Catholic traditions**, respectful & appreciative of our **multicultural diversity**, journeying together to share **family values** and **commitment to service**.

DECLARACIÓN DE NUESTRA VISION y MISION

Somos una comunidad **totalmente acogedora y centrada en Cristo** que celebrando nuestras **tradiciones Católicas** profundamente arraigadas, respetamos y apreciamos **nuestra diversidad multicultural**, caminamos juntos para compartir los **valores de la familia y el compromiso al servicio**.

PRAYER OF SAINT ELIZABETH ANN SETON

O Father, the first rule of our dear Savior's life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

ORACIÓN DE SANTA ELIZABETH ANN SETON

Oh Padre, la primera regla de la vida de nuestro querido Salvador fue hacer tu voluntad. Dejar que tu Voluntad en el momento presente sea la primera regla de nuestra vida cotidiana y nuestro trabajo, sin ninguna otra voluntad sino hacer tu voluntad plena y completa. Ayúdanos a seguir con fidelidad, para que haciendo lo que deseas seamos más agradables a Ti. Amén.

Weekend Masses

Saturday: 4:00 p.m. (ENGLISH)
Sunday: 9:00 a.m. (ENGLISH)
11:30 a.m. (SPANISH)

Weekday Masses / La Misa Enteré Semana

9:00 a.m. Monday through Friday (ENGLISH)
7:00 p.m. Viernes (ESPAÑOL)
9:00 a.m. 1st Saturday Mass (ENGLISH)

Adoration / Adoración (See pg 6 for Adoration Chapel Hours)

9:45 a.m. Wednesday (ENGLISH)
Divine Mercy, Adoration, Benediction
6:00 p.m. Viernes (ESPAÑOL) y La Coronilla de la Divina Misericordia

Sacrament of Reconciliation / Reconciliación

Tuesdays by appointment only/Los Martes solo con cita previa

Anointing of the Sick / Unción de los Enfermos

9:00 a.m. (ENGLISH) First Friday
7:30 p.m. (ESPAÑOL) Primer Viernes

Our office
is
open.

Office Hours:

Tues
10:00-1:00
&
Fri
10:00-1:00

ST. ELIZABETH ANN SETON PARISH SCHEDULE OF SERVICES

MASSES, ADORATION	See pages 1, 4, and 9
CONFESSION	Available on Tuesdays by appointment only. Please call parish office cell phone or email.
INFANT BAPTISM (newborn to 6 y/o)	Appt. with pastor 3 months before intended date. Emergency baptism (for recipient in danger of death: parent/s call pastor asap [805] 235-8803).
7 y/o & above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION	Email Heather or call office cell 1(805)235-8803
KIDS' FIRST HOLY COMMUNION	Catechism 2023-2024 REGISTRATION CLOSING AUG 6 Questions, please contact Heather.
TEENS' CONFIRMATION	Catechism 2023-2024 REGISTRATION CLOSING AUG 6 Questions, please contact Heather.
QUINCEAÑERA	6 months before, call parish office 1 (805) 235-8803, to set appointment for interview & requirements: attend Monterey Diocese Quinceañera Class; at least enrolled in our Confirmation Program.
PRESENTACIÓN	Contact 1(805) 235-8803
WEDDING	Set an appointment with pastor 6 months before intended date.
ANNULMENT	Call parish for appointment with pastor.
ANointing OF THE SICK	Contact 1(805) 235-8803. First Fridays after English & Spanish Masses
LAST RITES	24/7 Contact asap 1(805) 235-8803.
FUNERAL	Contact 1(805) 235-8803.
BLESSING of NEW VEHICLE, RELIGIOUS ITEMS	Contact 1(805) 235-8803.
BLESSING of NEW HOUSE, NEW SHOP	Contact 1(805) 235-8803.
VISIT CHURCH for PERSONAL PRAYER & ADORATION	New Adoration Chapel now open for morning & afternoon for personal quiet prayer & adoration. Read schedule page 4
SPIRITUAL COUNSELING	Contact 1(805) 235-8803.
MINOR EXORCISM (Deliverance Prayer) NOT solemn exorcism	Contact 1(805) 235-8803.

AUG 6— B.O.F.C.A. BBQ

BOFCA (Bay-Of-Osos Filipino Community Association, many are parishioners) is hosting a Chicken BBQ Scholarship Fundraiser at Ralph's on Sun., Aug. 6, 11am to 2pm: 1/2 chicken, rice, beans, and salad.

2023-4 CATECHISM REGISTR. CLOSED

Catechism Registration is June 4th—August 6th. Catechism registration closes Sunday at 1pm. After that those not yet enrolled will need an appointment with Heather, whether they are new or returning families. Notice: Late fees will apply starting Aug 7th
Class start Aug. 20th for enrolled students. Announcement #10

15 AUG—ASSUMPTION OF THE BVM

Tuesday, August 15 is the Solemnity of the Blessed Virgin Mary. It is a holy day of obligation. Masses will be
15 Aug —9:00am English
—7:00pm Spanish

From the Ordo:

Because she belonged to Christ, Mary, our queen, is raised on high, a great sign for all who believe in her Son.

The *Natale or Dormitio/Dormition* ("Falling Asleep") of Mary came to be celebrated as early as the 5th century in the East and in Rome.

17 AUG—CATECHISM PARENT MEETING

Thurs., Aug 17th is our Catechism Parent Meeting to go over VIRTUS, schedules, expectations. All registered families will be notified by email or telephone as well.

17 AUG—VIEWING OF MARY FRAGA

Mary Fraga, long time parishioner, died July 23rd. Many thanks to all who joined in a spontaneous moment of prayer with her granddaughter, Emily, who had come to Hospitality after the 9am Mass to let us know of Mary's death. Thank you also for asking about services for Mary. A viewing is being held

Thurs Aug 17, 5-7pm at Los Osos Valley Mortuary

Fri Aug 18 the funeral Mass will be held in her hometown of Lemoore at St. Peter, Prince of the Apostles Church.

PRAYER OF POPE FRANCIS TO MARY, HEALTH OF THE SICK

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick.

At the foot of the Cross you participated in Jesus' pain with steadfast faith.

You, Salvation of all, know what we need.

We are certain that you will provide, so that,

as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us:

He who took our sufferings upon Himself, and bore our sorrows to bring us,

through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

Our parish had a subscription to FORMED and uses it for adult Faith Formation. Because the subscription is for the entire parish, it is open to all our parishioners for your use. Simply register as a parishioner of our parish. It is free to you.

Support Families as the Domestic Church

The Parish FORMED subscription can help families build holy habits and create new prayer routines at home.

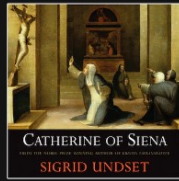
- [FORMED Daily Reflections](#) – short daily videos, subscribe to a daily email here
- [Pray at Home](#)
- [Rosary](#)
- [Praying the Rosary Like Never Before](#) audio talk by Dr. Edward Sri
- [Divine Mercy Chaplet](#) pray at 3pm daily
- [Way of the Cross](#) pray especially on Fridays
- [Children's Cartoons](#)
- [Movie Night](#)



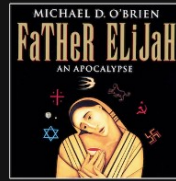
What's Trending



Saint Ignatius of Loyola: Soldier for Christ



Catherine of Siena by Sigrid Undset



Father Elijah: An Apocalypse by Michael D. O'Brien

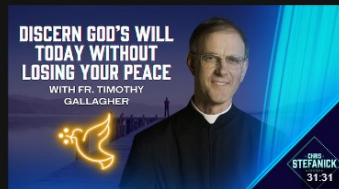


Saint Mary Magdalene

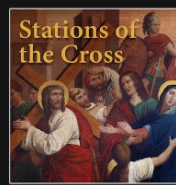
This Week on FORMED



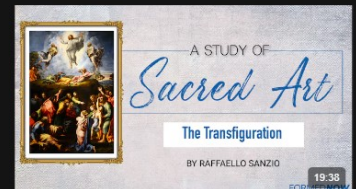
This Week on FORMED (July 31, 2023)



What does God want?! Rules for discernment | C...



Stations of the Cross by Saint Alphonsus Liguori



The Transfiguration | Sacred Art

Kids



Christine in Action



Adventure Catechism



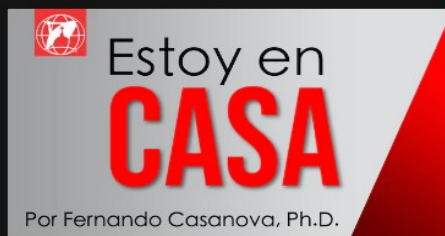
The Jesus Stories



The Witnesses Trilogy



The Sanctuary Course para Católicos



Estoy en Casa



Cristonautas


Catholic Life Every Day
— with the St. Elizabeth App —

- Messages
Easily connect all week
- Calendar
Events, Locations, RSVP
- Readings
Daily Readings from USCCB
- Prayers
Set Reminders, Send Requests
- Bulletin
Convenient mobile access

And Much More!

Download our app today!
Available for Apple and Android devices.

Text App to phone number 88202, or visit myparishapp.com to download

ADORATION CHAPEL SCHEDULE

MONDAY TO THURSDAY	OPEN after the 9 am Mass until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm
FRIDAY	OPEN after the 9 am Mass until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm CLOSED 5 pm to 6 pm OPEN 6 pm to 7:30 pm for Spanish Liturgies
SATURDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil 5 pm to 6 pm
SUNDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil, after 9am Mass, after 11:30 Mass 4 pm to 5 pm

Do you like to spend a quiet time with Jesus, adoring Him in the Most Blessed Sacrament, outside our scheduled open hours? Please call (805) 441-5428 at least a day ahead. We'll be delighted to open the chapel for you.

¿Te gusta pasar un momento de tranquilidad con Jesús, adorándolo en el Santísimo Sacramento, fuera de nuestro horario de atención? Llame al (805) 441-5428 con un día de anticipación. Estaremos encantados de abrir la capilla para ti.

MANY THANKS

Many thanks to those Liturgical Ministers who came this last Monday for the showing of **La Explicación de la Misa: Explorando la Sagrada Liturgia.**

14 AUG—S.E.A.S. MOVIE AFTERNOON

14 Aug at 2pm in the Community Room, our parish is showing "Soldiers of the Pope" for our monthly afternoon movie. Hope to see you there!



WITNESSING CHRIST IN THE EUCHARIST



During this year of Eucharistic Renewal we have a section of the bulletin dedicated to **your** stories of how the Blessed Eucharist has touched your life. Submissions ...

- may be in English or Spanish and emailed to the parish office at seaschurchlo@gmail.com or placed in the collection basket/white lock box
- Should be your **own personal account** of how Jesus in the Eucharist has touched your heart in some way, NOT something cut and pasted from the internet, and NOT a made-up story, and NOT a reiteration of church teaching about the Eucharist.
- Handwritten, not a problem, just make sure it is printed neatly.

We could use some more submissions. Thank you to everyone who has participated so far!

29/30 JULY COLLECTION; AUG 3 AMOUNTS

Sunday Collection	\$ 1,068
Parish Operations	\$ 195
Building Fund	\$ 200
Wedding	\$ 200
Catechism	\$ 100
Mass Intentions	\$ 107
Hospitality	\$ 11
Festival Sponsorship and Ticket	\$ 525
Candles	\$ 8
Special: for spray bottles	\$ 26
Mission Appeal (not ours)	\$ 330
Aged & Infirm Priests (not ours)	\$ 335
TOTAL	\$ 3,105
TOTAL sans 'not ours': \$665	\$ 2,440

A.M.A. UPDATE THIS WEEK: 7/24/2023*

Collected: \$ 12,100 (given only)

Total Promised: \$15,825 (given & pledges)

If you have pledge to contribute, please make sure to fulfill your pledges.

* Last update from the Diocese of Monterey



eucharisticrevival.org



es.eucharisticrevival.org

Lord Jesus Christ,
you give us your flesh and blood for the life of the world, and you desire that all people come to the Supper of the Sacrifice of the Lamb.
Renew in your Church the truth, beauty, and goodness contained in the Most Blessed Eucharist.

Jesus living in the Eucharist, come and live in me.
Jesus healing in the Eucharist, come and heal me.
Jesus sacrificing yourself in the Eucharist, come and suffer in me.
Jesus rising in the Eucharist, come and rise to new life in me. Jesus loving in the Eucharist, come and love in me.

Lord Jesus Christ, through the paschal mystery of your death and resurrection made present in every Holy Mass, pour out your healing love on your Church and on our world.
Grant that as we lift you up during this time of Eucharistic Revival, your Holy Spirit may draw all people to join us at this Banquet of Life.
You live and reign with the Father and the Holy Spirit, God forever and ever.

**Our Lady of Guadalupe, Mother of the Eucharist,
Pray for us.**

Señor Jesucristo,
nos das tu carne y tu sangre para la vida del mundo, y deseas que todos los hombres vengan a la Cena del Sacrificio del Cordero. Renueva en tu Iglesia la verdad, la belleza y la bondad contenidas en la Santísima Eucaristía.

Jesús que vives en la Eucaristía, ven y vive en mí.
Jesús, que sanas en la Eucaristía, ven y sáname.
Jesús, que te sacrificas en la Eucaristía, ven y sufre en mí. Jesús, resucitado en la Eucaristía, ven y resucita a una nueva vida en mí.
Jesús, amando en la Eucaristía, ven y ama en mí.

Señor Jesucristo, por el misterio pascual de tu muerte y resurrección, hecho presente en cada Santa Misa, derrama tu amor sanador sobre tu Iglesia y sobre nuestro mundo. Concédenos que, mientras te elevamos durante este tiempo de Avivamiento Eucarístico, tu Espíritu Santo atraiga a todas las personas a unirse a nosotros en este Banquete de la Vida. Tú vives y reinas con el Padre y el Espíritu Santo, Dios por los siglos de los siglos.

**Nuestra Señora de Guadalupe, Madre de la Eucaristía,
ruega por nosotros.**



©2023 St. Elizabeth Ann Seton Catholic Church, Los Osos, CA. All Rights Reserved.

"Jesus told us that He is "the Way, the Truth, and the Life" (Jn. 14:6). When we follow Jesus, we are following His Way, which is Love. We are able to love because Jesus loved us first (see 1 Jn. 4:10). From our love of God, we are able to give. Sometimes this can be a challenge, a sacrifice."

Mary, the Mother of God, knew about love and sacrifice. Mary sacrificed her entire life, configuring her will to the will of God and his salvific plan. Sacrificing her only son, Our Lord Jesus Christ, for the salvation of the whole world displays the greatness and magnanimity of Mary. She loved her son dearly and stayed with him even until his last breath. She loved God the Father so much that she gave this Sacrifice. When we reflect on Mary's life, we see an example of true Christian motherhood. Consider this:

"Those who have been called to be mothers have been blessed by God and called to fulfill a very important responsibility. Mothers are the vehicle through which God brings new life into this world. When we talk about Christian stewardship, we talk about sacrificially returning to God what we have been given...Although the relationship may change to some extent after the child is born, a mother's sacrifice for her child is far from over after birth. The role of the mother is critical in the child's development, both spiritually and physically throughout life. Mothers provide the comfort, nurture and support necessary for their children to become productive citizens and responsible Christians."

(from Catholicsteward.com, Mothers and Stewardship)

Isn't it interesting then, that the Catholic Church is considered our mother? St. Cyprian, a third-century bishop, famously said, "No one can have God as Father who does not have the Church as Mother." The idea of Church as Mother was used throughout the early Church Fathers and

continued during the Middle Ages and into the Reformation where it was also picked up by some Protestant reformers, like John Calvin. The concept of the Church as our mother is also stated in the Catechism of the Catholic Church, where it says: CCC #169 "Salvation comes from God alone; but because we receive the life of faith through the Church, she is our mother."

Tish Harrison Warren on May 21, 2015 wrote, *The Church Your Mom*, for Christianity Today:

"The historic symbol of the church as mother is replete (dare I say pregnant) with meaning: we receive the gospel through the church just as we receive life through our mother; in many traditions, word and sacrament are said to nourish and feed us just as mothers nourish infants through their very bodies; and, extending the Pauline metaphor, the church is historically addressed as the "bride-mother," through which the Spirit bears life to all the world. A French hymn proclaims, "Now Christ, the Model of what all may be, has taken Church, our mother, for his bride...His love is she."

Through her love for us, Our Mother the Church gives us life and we are spiritually reborn in her through our Baptism and nourished through the Eucharist and the rest of her Sacraments. Within her is the seed of life. Like a mother, the Church hopes for us, plans for us, for our future and wanting the best for us, which is salvation, and so she teaches us our faith, and fertilizing us with the gifts of grace. The most visible representation of the church for many is the Magisterium, that is the Pope and our Bishops, the Diocesan offices, and our priests at our parishes. We, the laity, are also the Church: in our Creed we profess that the Church is one, holy, catholic, and apostolic.

In light of that, do we emulate our Mother Mary and our Mother the Church in loving and giving? Do we acknowledge that all aspects of the Church are our Mother? Do we love and give to our Mother as much as we do for our neighbor and ourselves? 'Cuz we love, we give.



Mi Primer encuentro con Dios fue algo muy mágico, un mirado que nunca pensé que podía existir. Cuando pienso o hablo de Dios siento que es como un imán que me atrae hacia el.

La Santa Eucaristía ha hecho grandes cambios en mi vida, me hace sentir algo que no puedo explicar con palabras, siento que solo mi corazón lo explica y describe cada vez que lo siento.

Pase muchos años que no tomaba la Santa Eucaristía porque no estaba casada por la Iglesia, pero ahora que tengo el Sacramento me siento mas plena y llena de paz. Le doy gracias a Dios por permitirme tenerlo en mi familia y en mi vida.

Cada vez que tomo la Santa Eucaristía mi corazón se regocija y siento un poder grande y poderoso, una fuerza de amor tan grande que siento que sino la control exploto de alegría. La eucaristía es como el agua y aire para mi, que necesito para poder existir. Cuando la tomo en mi boca yo la acaricio con mis labios y mi boca y cuido cada movimiento porque no Quisiera maltratarla; y la disfruto tanto en mi boca, como el mejor manjar que alguna vez haya tiendo o probado mi boca.

Siento que entre mas conozco las cosas de Dios y me abandono a el, me doy cuenta de cosas muy hermosas que antes no sabia que existían

Doy gracias a Dios porque me ha permitido conocerlo y tenerlo en vida.

~Martha Esparza

My first encounter with God was something very magical, a look that I never thought could exist. When I think or talk about God I feel that he is like a magnet that attracts me towards him.

The Holy Eucharist has made great changes in my life, it makes me feel something that I cannot explain with words, I feel that only my heart explains and describes it every time I feel it.

I spent many years without receiving the Holy Eucharist because I was not married in the Church, but now that I have the Sacrament I feel fuller and full of peace. I thank God for allowing me to have him in my family and in my life.

Every time I take the Holy Eucharist my heart rejoices and I feel a great and powerful power, a force of love so great that I feel that if I don't control it I will explode with joy. The Eucharist is like water and air for me, which I need in order to exist. When I take the host in my mouth I caress it with my lips and my mouth and I take care of each movement because I don't want to mistreat my Lord God; and I enjoy the Blessed Eucharist so much in my mouth, like the best delicacy that my mouth has ever had or tasted.

I feel that the more I know the things of God and I abandon myself to him, I realize very beautiful things that I did not know existed before.

I thank God because he has allowed me to know him and have him in my life.

~Martha Esparza

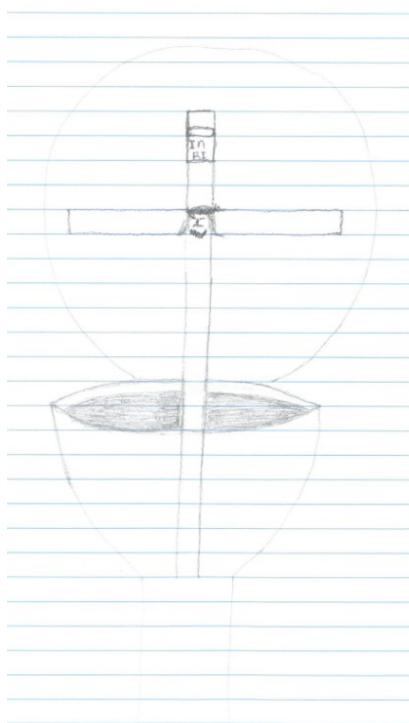


Illustration by Anonymous

(part of our 2022-23 Catechism class)

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul.

Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart.

I embrace you as if you were already there And unite myself wholly to you.

Never permit me to be separated from you. Amen.

Jesús mío, creo que estás realmente presente en el Santísimo Sacramento,

te amo sobre toda las cosas, y te deseo en el interior de mi alma.

Ya que en este momento no puedo recibirte sacramentalmente, ven al menos espiritualmente a mi corazón; estando dentro de mí, yo te abrazo y me uno todo a Ti.

No permitas nunca que me separe de Ti. Amen.

PRAYER AFTER COMMUNION: ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me. Within your wounds hide me.
Separated from you, let me never be.
From the evil one, protect me.
At the hour of my death, call me.
And close to you bid me;
That with your Saints, I may be, praising you
For ever and ever. Amen.

*Alma de Cristo, santifícame.
Cuerpo de Cristo, sálvame.
Sangre de Cristo, embriágame.
Agua del costado de Cristo, lávame.
Pasión de Cristo, cóntórtame.
¡Oh, buen Jesús!, óyeme.
Dentro de tus llagas, escóndeme.
No permitas que me aparte de Ti.
Del maligno enemigo, defiéndeme
En la hora de mi muerte, llámame.
Y mándame ir a Ti. Para que con tus santos te alabe.
Por los siglos de los siglos. Amén.*

LET US PRAY FOR THE FOLLOWING / OREMOS POR

* Timothy Ketcherside	* Carolyn Lemos	* Brian Pedigo & family	* The Kunemoto Family	* Karleen Quintana
* John LeNoue	* Robert Green Sr.	* Shawn Clarke	* Jose Leyva	* Kara Stewart
* Peter Hewitt	* Susi Reich	* Regina Helm	* Daniel Gallardo	* Sherry Mnarik
* Fely Platou	* Elisa Fajardo	* Guido Palermo	* Clare Rankin	* Phil Radford
* Mary Cavagnaro	* Irene Castaneda	* Delores Doyle	* Amelia Osorio	* Tara Arnold
* Bonifacio Garcia	* Mary de Angelo	* Russell Wells	* Cerelina Natividad	* Laurie Peterson
* Michael Culbertson	* Jessica Ketcherside	* John Miller	* Jacque Murray	* Tooker & Sutcliffe Families
* Steven Greenville	* Fr. Derek Hughes	* Barbara Pinedo	* James Patrick Little	* Richard Tucker
* Rafael & Margarita Garcia	* Dolores R. Buena	* Pancho Pinedo	* Margaret 'Peg' Mirolla	* Tanya Cody
* Frances Meehan	* Rosemarie Greenville	* Ann Harris	* Judy Crawford-Murillo	* Robin Braly
* Emily Sumner	* Aaron Kondziela	* Brian Hampton	* Norma Landry	* Cathy Anderson
* David Wright	* Donna Nichols	* Madeline Bozana	* Lavinia Trapani	* Barbara Stevens
* Aurea Cruz	* Colleen Clark	* Meekayla Bejarano	* Dana Warren	* Jack Hofstra
* Nathan Berry	* Leonora Eublera	* Freddie Fernandez	* Brian Kautz	* Avila Helm
* Robert Ruiz	* Daniel Quintana	* Albert Calizo	* Mia Bacarella	* Jodi Tooker
* Sylvia Radford	* Mark Woehrl	* Ann Farrelly	* Ralph Iliff	* Ben & Ethan Sutcliffe
* Eleanor Brown	* The Rivers Family	* Lori Manfredi	* Jaxson Rivera	
* Sarah & Josh Matthews	* Daniel Nunez	* Lois Thompson	* Karen Pedigo	
* Michael Vella	* Nola, Nick, Louis, Dolores, Estrella, Jaelynn Soto	* Diane Wright	* The Kautz Family	
* Lila Martinez		* The Wright Family	* The Munds Family	

ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM. MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.

✠Helen Penwell	✠Gullermmo dela Cruz	✠Melecia Garcia	✠Mary Friedman	✠Cecilia Deines	✠Loren Ketcherside	✠William B. Pedigo, III
✠Charles Penwell	✠Serafin Sepulveda	✠Felicitas Castillo	✠Shirley Rustria	✠Doris Stanley	✠Toshi Meehan	✠Hayden Sutcliffe
✠Harold Platou	✠Hermilia Arguello	✠Antonio Medrano	✠Gerry Weltman	✠Aric Clarke	✠Ruby Sohler	✠Emilio Erice
✠Larry Mischel	✠Anatalia Ortiz	Tambo	✠Evelyn Pellaton	✠Clifford Newgard	✠Gabriel Caliboso	✠Sidney Dunton
✠Dwight Mobley	✠ULolita dela Cruz	✠William (Bill) Kemble	✠Chuck Ice	✠Regina Newgard	✠Ernestine Beevers	✠Salomon Brito
✠Gertrude Stimson	✠Mason & Simon Brito	✠Diana Nishiura	✠Mary Jo Semonsen	✠Gregory Newgard	✠Harold Wyatt	✠Eugen Simánek
✠John D. Walsh	✠Pat Wright	✠Grace Tevis	✠Kevin Lynch	✠Marciano Ingan	✠Giovanni G. Santos	✠Jacque Lohmeier
✠Elizabeth Martinez	✠Joseph Cavagnaro	✠Jerica Alaine Harris	✠John Greenville	✠Candido D. Buena Jr.	✠Lita Aguilar	
✠Ofelia Labra	✠Manuel John Reis	✠Paul Landry	✠Norman Charette	✠Jaime Manuel	✠Loren Hamlin	
✠Severino Repollo	✠Lawrence Uthe	✠Casamira Asuncion	✠John de Angelo	✠Medallana Patague	✠Toshi Meehan	
✠Justo Yasay	✠Margaret Uthe	✠Carol Ann Burns	✠Pat Klenc	✠Margaret Lucero	✠Brigida Eublera	
✠Joe Greene	✠Joe Fraga	✠Andy Boy de la Cruz, Jr.	✠Beverly Jean Rocha	✠Tiburcio Castillo	✠Roberta Ozanich	
✠Cristina Patterson	✠Msgr Joseph Stieger	✠Fr. Harry Freiermuth	✠Adelaida Gabatin	✠Martin Hernandez	✠Mario Rodriguez	
✠Filippo Mazzulla	✠Fr. Ken Brown	✠Cresciana Gaila	✠Guadalupe Haugh	✠Edwin Quintana	✠Mildred Quinn	
✠Elena Aurelio	✠Fr. Michael Bell	✠Ismael Ibat Tomboc	✠Lulia Keefe	✠Alfred Castaneda	✠Margherita 'Rita' Davis	
✠Homer Paredes	✠Lyn Ketcherside	✠Maria Carmen Zaragoza	✠Bishop Richard Garcia	✠Jose Guadalupe Toral	✠Robert Cramer	
✠Fermina Manuel	✠Robert Beevers	✠Ruth Casper	✠William K. Lander	✠Liliana Isabell Clark	✠Fr. Larry Schanberger	
✠Deacon Jim Cooper	✠Arcadio Tambo	✠Fr. Ray Roh	✠Kathleen Patricia Crawford	✠Rodney Maciel	✠Susan Tuttle	
✠Emma Nieman	✠Cleta Tambo	✠Joyce O'Brien	✠Joseph Carlson	✠Candido Orlino Au- relio, Sr.	✠Dorsey Dunton	
✠Rodrigo Martinez	✠Dionisio Acain	✠Mariano Rustria	✠Martin Basti	✠Hugo Conti	✠June Vivianne	
✠Reyna Gomez	✠Aurelia Acain	✠Robert Townsend	✠Manuel Ayala Arroyo	✠Sheila	✠Joyce Martinez	
✠Lourdes Lepisto	✠Dick O'Melveny	✠Sherman Lemos	✠Shirley Matthews	✠Pouraghabagher	✠Jere Bresnan	
✠James Emely	✠Jim Stewart	✠Otilia Cruz	✠David Bresnan	✠Claudette Steenberg	✠Jane Jaeger	
✠Simonne Townsend	✠Jaime Repollo	✠Wenceslao Garcia	✠Lydia Caloca Green	✠Frank Wasley	✠Laurie Borello	
✠Fernando Marcos	✠Paulina Y. Andres	✠Erich Reich	✠Myrna Oliveros	✠Nenet Suyat	✠Charlie Menendez	
✠Cecilia Marcos	✠Gabriel Osorio	✠Mike Wright	✠Mina Cantorna	✠Cindy Castillo	✠Darlene Krouse	
✠William Schanberger	✠Dennis A. O'Brien	✠Fr. Lawrence Betrozoff	✠Adela Patague	✠Helen Maciel	✠Fr. Mark Stetz	
✠UMartha Smith	✠Michael Brito	✠Nicky Miller	✠Remy Lejeune	✠Elvira Ceballos	✠Brigida Randise	
✠Eusebio Galo	✠Venustiana Rodriguez	✠General Mason	✠Anthony Sperlazzo	✠Kenneth Duke Pace	✠Joseph O'Brien	
✠Melinda Rose	✠Selestino Salgado			✠Janice Helm	✠Dee Mace	
✠Julia Ortiz	✠Mary Prendergast					

SCHEDULE OF MASSES, READINGS & INTENTIONS

DATE	TIME	INTENTIONS	READINGS YEAR A
Vigil of THE TRANSFIGURATION OF THE LORD 5 August 2023	9:00 am English 1st Saturday Mass and Rosary 4:00 pm English Sunday Mass	9:00am 4:00pm †Jacque Lohmeier; †Christian Hiro; †Candido D. Buena Jr	Lv 25:1, 8-17 Ps 67: 2-3, 5, 7-8 Mt 14:1-12 Dn 7:9-10, 13-14 Ps 97: 1-2, 5-6, 9 2 Pt 1:16-19 Mt 17:1-9
THE TRANSFIGURATION OF THE LORD 6 August 2023	9:00 am English Sunday Mass 11:30 am Spanish Sunday Mass	9:00am †Christian Hiro; †Annie Canevascini; †Lauri Borello; †Candido D. Buena Jr 11:30am	Dn 7:9-10, 13-14 Ps 97: 1-2, 5-6, 9 2 Pt 1:16-19 Mt 17:1-9
Monday 18th Week in Ordinary Time 7 August 2023	9:00 am English Mass by Fr. Edwin Limpiado	9:00am Kathleen O'Cahill and Mary Elizabeth Smith; †Gloria V. Garcia	Nm 11:4b-15 Ps 81: 12-17 Mt 14:13-21
Tuesday 18th Week in Ordinary Time 8 August 2023	<i>Saint Dominic, Priest</i> 9:00 am English Mass	9:00am Hirona Tambo & family	Nm 12:1-13 Ps 51: 3-7, 12-13 Mt 14:22-36 or 15:1-2, 10-14
Wednesday 18th Week in Ordinary Time 9 August 2023	9:00 am English Mass 9:45 am Eng. Divine Mercy, Adoration, and Benediction	9:00am †Justa & Agustin Ybarra; †Jacque Lohmeier; †Christian Hiro	Nm 13:1-2, 25—14:1, 26-29a, 34-35 Ps 106: 6-7, 13-14, 21-23 Mt 15:21-28
Thursday 18th Week in Ordinary Time 10 August 2023	<i>Saint Lawrence, Deacon and Martyr</i> 9:00 am English Mass by Fr. Edwin Limpiado	9:00am Sean & Heather Hurley	2 Cor 9:6-10 Ps 112: 1-2, 5-9 Jn 12:24-26
Friday 18th Week in Ordinary Time 11 August 2023	<i>Saint Clare, Virgin</i> 9:00 am English Mass 6:00 pm Spanish Divina Misericordia, Adoration y Bendición 7:00 pm Spanish Mass	9:00am †Keith Murphy 7:00pm	Dt 4:32-40 Ps 77: 12-16, 21 Mt 16:24-28
Vigil of NINETEENTH SUNDAY IN ORDINARY TIME 12 August 2023	10:00 am Wedding of Leonel Lopez and Marilyn Amores 1:00 pm Wedding Anniversary of Mario and Blanca Villalba 4:00 pm English Sunday Mass	4:00pm †Jacque Lohmeier; †Christian Hiro;	1 Kgs 19:9a, 11-13a Ps 85: 9-14 Rom 9:1-5 Mt 14:22-33
NINETEENTH SUNDAY IN ORDINARY TIME 13 July 2023	9:00 am English Sunday Mass 11:30 am Spanish Sunday Mass	9:00am Plato Sterios; †Vincent Quines; †Christian Hiro 11:30am	1 Kgs 19:9a, 11-13a Ps 85: 9-14 Rom 9:1-5 Mt 14:22-33

SEASLOBSERVER

MASS & ANOINTING OF THE SICK



On Friday, August 4th our parish held its usual 1st Friday Anointing of the Sick at both the 9am English and 7pm Spanish Masses.

The turnout for these Masses has been growing steadily over the last few months causing our 1st Friday Masses to be held in the church in stead of the Adoration Chapel.

Fr. Joey reminded everyone at the Friday evening Mass that those who should be Anointed are those who are chronically ill, like people with Diabetes, the elderly, and children with fever. The Sacrament of the Anointing of the Sick is not meant for those who are healthy. Those who are preparing for surgery, those afflicted with serious injury or illness, the weakened elderly, and the ill children may receive the Anointing of the Sick.

Catholic Answers includes: *The fact is that the effect of the anointing of the sick is precisely the removal of the remains of sin (the fomes, or "kindling") in the soul in view of death and final judgment.*

MUCH APPRECIATION FOR FR. PAUL



Fr. Paul Farrelly, O.S.B., son of parishioner Ann Farrelly, has been very gracious these last few weeks presiding at our Monday and Thursday Masses, and sometimes others, while Fr. Edwin Limpiado, regular presider for those days, has been away. Thank you, Fr. Paul!

**"BECAUSE I COULD NOT STOP FOR DEATH,
HE KINDLY STOPPED FOR ME..." ~Emily Dickinson**

Long time parishioner, Mary Fraga, died last Sunday. Her granddaughter, Emily, came to Hospitality last Sunday to share the sad news with her friends at S.E.A.S. Mary so loved our parish and all here.

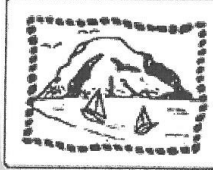
At 97 Mary was ever ready to help our parish in whatever way we needed. For many consecutive years, she provided all the prizes for the children's prize room at the Int'l Festival. If we needed landscaping rocks; or if she thought watermelons could be used for Hospitality (and she would drive to Lemoore for them!); or if she thought the staff needed TLC she would make it happen. Even in the last few weeks, Mary would ask about the parish and offer ideas, & asked about friends from 9am Mass.

The photo is of our office staff with Mary.



PLEASE SUPPORT OUR BULLETIN SPONSORS / ADVERTISERS

WE DO DRYER VENT CLEANING!



Morro Bay Appliance
805-772-2755

**Sales - New & Reconditioned
Service & Repairs On All Major Brands**

**Freezers • Refrigerators • Washers • Dryers • Microwaves
Dishwashers • Ranges • Cooktops • Wall Ovens • Hoods**

**Serving Los Osos, Morro Bay, Cayucos, Cambria & San Simeon Since 1971
935 Main Street, Morro Bay**

D & D Floral Design
Custom floral design for any occasion

Debbie Deis

*1958 Los Osos Valley Road
Los Osos, CA 93402
(805) 528-4230
debbie@danddfloral.com
www.danddfloral.com
facebook.com/danddfloral*



Aimee Aquino
Owner / Manager
Ocean Plaza Cleaners

2060 9th St Suite C
Los Osos, CA 93402
Business Ph (805) 528-6639
Cell Number: (805)-878-3409

- Cleaners and Alterations
- Quick turn around service

"We deliver your clothes as Fresh as a Daisy"



COSTA GALLERY

2087 10th St.
Los Osos, CA, CA 93402
(559) 799-9632

805.430.6242
clayton@localgraphics.com



LifeTouch In Home Health Care Agency

Aimee Aquino
Owner/ Manager
(805) 878 - 3409
Lic # 39859

*Providing exceptional in Home Health Care
with compassions, innovation & trust.*



*LifeTouch In Home Health
Care Agency*
Aimee Aquino
Owner/ Manager
LIC # 39859
(805) 878 - 3409
"Because Life Matters"

JANICE REPOLLO

mjrepollo@gmail.com

805.235.0679



Cherlyn Craddock, Owner/Administrator
Cell# (805) 704-6283

*Pacific Heights Residential Home & Orchid Garden Residential Care
24 hour board and care homes for the elderly*

Thank you for your
continued support of
our parish!

**MDL
Events**

Mark Dillon
Luna

[EVENT PLANNER]
[FLORIST]

Phone: 1-805-704-0450

Email: mark.luna32@yahoo.com



BAY AUTO & TIRE

COMPLETE AUTOMOTIVE REPAIR

CONTACT US:

MORRO BAY (805) 772-2296

LOS OSOS (805) 528-2101



La Katrina
AUTHENTIC MEXICAN COCINA

La Katrina
AUTHENTIC MEXICAN COCINA

500 Embarcadero
Morro Bay, CA 93442

(805)225-1570