



ST. ELIZABETH ANN SETON CATHOLIC CHURCH

www.seasparishlo.org
2050 Palisades Avenue, Los Osos, CA Office Cell (805) 235-8803
THIRD SUNDAY IN ADVENT

17 DECEMBER 2023

DECEMBER 2023 POPE'S INTENTION: FOR PERSONS WITH DISABILITIES

We pray that people living with disabilities may be at the center of attention in society, and that institutions may offer inclusive programs which value their active participation.

"My soul rejoices in my God."

"Mi espíritu se alegra en Dios, mi salvador."

Lk 1: 46



VISION-MISSION STATEMENT

We are an **all-welcoming Christ-centered** community celebrating our deeply rooted **Catholic traditions**, respectful & appreciative of our **multicultural diversity**, journeying together to share **family values** and **commitment to service**.

DECLARACIÓN DE NUESTRA VISION y MISION

Somos una comunidad **totalmente acogedora y centrada en Cristo** que celebrando nuestras **tradiciones Católicas** profundamente arraigadas, respetamos y apreciamos **nuestra diversidad multicultural**, caminamos juntos para compartir los **valores de la familia y el compromiso al servicio**.

PRAYER OF SAINT ELIZABETH ANN SETON

O Father, the first rule of our dear Savior's life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

ORACIÓN DE SANTA ELIZABETH ANN SETON

Oh Padre, la primera regla de la vida de nuestro querido Salvador fue hacer tu voluntad. Dejar que tu Voluntad en el momento presente sea la primera regla de nuestra vida cotidiana y nuestro trabajo, sin ninguna otra voluntad sino hacer tu voluntad plena y completa. Ayúdanos a seguir con fidelidad, para que haciendo lo que deseas seamos más agradables a Ti. Amén.

Weekend Masses

Saturday: 4:00 p.m. (ENGLISH)
Sunday: 9:00 a.m. (ENGLISH)
11:30 a.m. (SPANISH)

Weekday Masses / La Misa Enteré Semana

9:00 a.m. Monday through Friday (ENGLISH)
7:00 p.m. Viernes (ESPAÑOL)
9:00 a.m. 1st Saturday Mass (ENGLISH)

Adoration/Adoración (See pg 8, Adoration Chapel Hours)

9:45 a.m. Wednesday (ENGLISH)
Divine Mercy, Adoration, Benediction
6:00 p.m. Viernes (ESPAÑOL) y
La Coronilla de la Divina Misericordia

Sacrament of Reconciliation / Reconciliación

Tuesdays by appointment only/Los Martes solo con cita previa

Anointing of the Sick / Unción de los Enfermos

9:00 a.m. (ENGLISH) First Friday
7:30 p.m. (ESPAÑOL) Primer Viernes

**Parish Services
see page 6**

For donations or other online financial transactions for the parish, our QR code:



Bulletins online at
seasparishlo.org

Mass Intentions online at
seasparishlo.org

PARISH STAFF

REV. JOEY R. BUENA
Pastor
Music Coordinator
frjoeyseasparishlo@gmail.com

JAVIER SOTO OSORIO
Office Manager,
Bookkeeper
javi.s.seaschurchlo@gmail.com

HEATHER HURLEY
Receptionist,
English & Spanish DRE, RCIA,
Liturgies Coordinator
heatherh.seas.7@gmail.com

Office Open: Tues & Fri 10:00AM to 1:00PM

Tel:(805) 528-5319
Fax:(805) 528-8893
Office Cell: (805) 235-8803
24/7 Anointing of the Sick or Last Rites:
(805) 235-8803
Email: seaschurchlo@gmail.com
**Appointment with Pastor on ZOOM or
in person: Tues., Fri.**

THIRD SUNDAY OF ADVENT



Rejoice! Rejoice!

God of all Names,
you are our hope and guide on the path
to holiness.
O Wisdom, come and lead us to the path
of truth.
O Lord of Lords, come and teach
us reverence.
O Root of Jesse, come and show us the way
of salvation.

O Key of David, come and open for us
heaven's door.
O Radiant Dawn, come and point us to your
healing light.
O King of Nations, come and shower us with
mercy and grace.
O Emmanuel, come into our hearts and
make us one with you.
Through Christ our Lord.
Amen.

Sunday, December 17, 2023

O Come, O Come



Today's readings: Isaiah 61:1-2a, 10-11; Luke 1:46-48, 49-50, 53-54; 1 Thessalonians 5:16-24; John 1:6-8, 19-28. Infused with a spirit of joy, the Scriptures remind us to ready ourselves with hope and gratitude.

The "O" Antiphons offer a beautiful way to heighten our attention to Christ's coming in this last week of Advent. Based on Isaiah's prophecies, the antiphons echo ancient titles given to the long-awaited messiah.

Daily reflection on the "O" Antiphons helps us prepare the manger of our hearts to welcome the infant. The Christ

child is Wisdom itself; he is our Lord; he descends from the Root of Jesse; he is the Radiant Dawn, the King of Nations, he is truly Emmanuel, God-with-us.

With today's antiphon, we recall that the prophet Isaiah ascribed the quality of wisdom to the messiah, saying, "Wonderful is his counsel and great his wisdom" (Isaiah 28:29). This prophecy is fulfilled in Jesus, the incarnation of divine wisdom, transmitted through the power of his words, and poured out in his daily living with us.



THIS WEEK AT HOME

Monday, December 18

O Adonai (Lord)

The Hebrew people used the title *Adonai* as a substitute for the unutterable name of God. Today's "O" Antiphon calls us to attention and reminds us that when we invoke the name of the Lord, we should do so with the utmost reverence. Today's readings: *Jeremiah 23:5-8; Psalm 72: 1-2, 12-13, 18-19; Matthew 1:18-25.*

Tuesday, December 19

O Root of Jesse

Today's prophetic invocation for Jesus hearkens to the source of his human ancestry: "A shoot shall sprout from the stump of Jesse, / and from his roots a bud shall blossom" (Isaiah 11:1). Jesse was the father of King David and is designated as the first person in the genealogy of Jesus. From the Root of Jesse, comes a branch, Jesus, from whom we graft life. Today's readings: *Judges 13:2-7, 24-25a; Psalm 71:3-4a, 5-6ab, 16-17; Luke 1:5-25.*

Wednesday, December 20

O Key of David

The genealogy of Jesus locates him in the line of King David. The prophet Isaiah foretells, "I will place the key of the House of David on his shoulder" (Isaiah 22:22). Thus, Jesus carries the power to liberate us from sin with the exquisite grace of forgiveness and to open the doors for all those asleep in the underworld. Jesus, the key to the kingdom of God, shows us the way to salvation. Today's readings: *Isaiah 7:10-14; Psalm 24:1-2, 3-4ab, 5-6; Luke 1:26-38.*

Thursday, December 21

O Radiant Dawn

Today's "O" Antiphon stems from the celebrated prophecy "The people who walked in darkness / have seen a great light; / Upon those who dwelt in the land of gloom / a light has shone" (Isaiah 9:1). In praying "O Radiant Dawn," we call for Jesus, the light, to break through the darkness of our lives like the dawn transforming the night sky. Christians often plan to line their sidewalks and front entryways with lights on Christmas Eve as a testimony of their joy at the arrival of the Light of the world. Today's readings: *Songs 2:8-14 or Zephaniah 3:14-18a; Psalm 33:2-3, 11-12, 20-21; Luke 1:39-45.*

Friday, December 22

O King of Nations

The Hebrew people eagerly awaited a messiah to relieve them from oppression and restore justice to the land. In her canticle in the Gospel of Luke, Mary paints a picture of their savior as one who will "scatter the proud in their conceit, cast down the mighty from their thrones, fill the hungry with good things" (Luke 1:51-53). Even though the prophet Isaiah foretold that this longed for "King of Nations" would come as a child, no one could imagine the messiah entering the world as a homeless infant. Jesus upended expectations forevermore. Today's readings: *1 Samuel 1:24-28; 1 Samuel 2:1, 4-5, 6-7, 8abcd; Luke 1:46-56.*

Saturday, December 23

O Emmanuel

As we turn the page from Advent to Christmas, we invoke our final "O" Antiphon, calling the child Jesus *Emmanuel*, which means "God-with-us." Herein meld the most unlikely truths: the infant born in a manger is truly God dwelling among us. The infant, completely dependent upon the care and protection of his parents, is indeed the Savior of the world. Today's readings: *Malachi 3:1-4, 23-24; Psalm 25:4-5ab, 8-9, 10, 14; Luke 1:57-66.*



TERCER DOMINGO DE ADVIENTO



¡Regocíjense! ¡Regocíjense!

Dios de toda invocación,
esperanza y guía nuestra,
camino de santidad.

Oh, Sabiduría, ven e indícanos la senda
de la verdad.

Oh, Señor de Señores, ven y enséñanos
reverencia.

Oh, Raíz de Jesé, ven e indícanos la vía
de la salvación.

Oh, Llave de David, ven y ábrenos las
puertas del cielo.

Oh, Sol radiante, ven y señálanos tu luz
sanadora.

Oh, Rey de Naciones, ven y cólmanos
de misericordia y gracia.

Oh, Emmanuel, ven a nuestro corazón
y haz que seamos uno contigo.

Por Cristo nuestro Señor.

Amén.

Domingo, 17 de diciembre de 2023

Oh ven, oh ven



Lecturas del día: Isaías 61:1-2a, 10-11; Lucas 1:46-48, 49-50, 53-54; 1 Tesalonicenses 5:16-24; Juan 1:6-8, 19-28.
En el Tercer Domingo de Adviento las lecturas, plenas de gozo, nos recuerdan prepararnos con esperanza y gratitud.

Las antífonas O nos hacen estar más atentos a la venida de Cristo. Del 17 al 23 de diciembre, nos inician el Magnificat en la oración vespertina y forman el verso a la proclamación del evangelio en la misa diaria. Conviene incorporarlas a nuestra oración en Adviento. Las antífonas O invocan títulos antiguos dados luego al Mesías esperado.

Tales invocaciones nos enfocan en aquél a quien esperamos con júbilo en medio de la abrumadora comercialización de la Navidad. Meditar a diario las antífonas O nos prepara el corazón para recibir al Niño. Jesús es la Sabiduría misma, Señor nuestro, Raíz de Jesé, Llave, Amanecer radiante, Rey de las naciones y Dios con nosotros.

En la antífona de hoy recordamos que el profeta Isaías atribuyó la calidad de sabiduría al Mesías al decir, "Su plan es admirable y es grande su destreza" (Isaías 28:29). Tal profecía se cumple en Jesús.



ESTA SEMANA EN CASA

Lunes, 18 de diciembre Oh, Adonai (Señor)

El pueblo hebreo usaba el título *Adonai* en lugar del indecible nombre de Dios. La antífona “O” de hoy nos hace recordar que, al invocar el nombre del Señor, debemos hacerlo con la mayor de las reverencias. *Lecturas del día: Jeremías 23:5-8; Salmo 72: 1-2, 12-13, 18-19; Mateo 1:18-25.*

Martes 19 de diciembre Oh, Raíz de Jesé

Hoy, la invocación profética de Jesús se remonta al primero de sus ancestros humanos: “Pero retoñará el tocón de Jesé, de su cepa brotará un vástago” (Isaías 11:1). Jesé fue el padre del rey David y se le considera el primero de los antepasados de Jesús. De la raíz de Jesé brota una rama, Jesús, de quien derivamos vida. *Lecturas del día: Jueces 13:2-7, 24-25a; Salmo 71:3-4a, 5-6ab, 16-17; Lucas 1:5-25.*

Miércoles, 20 de diciembre Oh, Llave de David

La genealogía de Jesús lo ubica en el linaje del rey David. El profeta Isaías augura, “Le pondré en el hombro la llave del palacio de David” (Isaías 22:22). Así pues, Jesús conlleva el poder de liberarnos del pecado con la gracia exquisita del perdón y de abrir las puertas a todos los dormidos en el inframundo. Jesús, la llave del reino de Dios, nos muestra el camino de la salvación. *Lecturas del día: Isaías 7:10-14; Salmo 24:1-2, 3-4ab, 5-6; Lucas 1:26-38.*

Jueves, 21 de diciembre Oh, Sol radiante

La antífona O de hoy proviene de esta celebrada profecía: “El pueblo que camina a oscuras vio una luz intensa, los que habitaban un país de sombras se inundaron de luz” (Isaías 9:1). Al rezar “Oh Sol” (*O Oriens*), llamamos a Jesús, la luz, para rasgar las tinieblas de nuestras vidas como el

amanecer que transforma el cielo nocturno. En Noche Buena a menudo los cristianos adornan las fachadas de sus casas con luces para dar testimonio de su dicha ante la llegada de la Luz del mundo. *Lecturas del día: Cantar de los Cantares 2:8-14 o Sofonías 3:14-18a; Salmo 33:2-3, 11-12, 20-21; Lucas 1:39-45.*

Viernes, 22 de diciembre Oh, Rey de las naciones

Los hebreos esperaban ansiosos a un mesías que los liberara de la opresión y que les restaurara justicia. En el canto de María, del Evangelio según Lucas, ella describe al Salvador que “dispersa a los soberbios en sus planes, derriba del trono a los poderosos y eleva a los humildes, colma de bienes a los hambrientos” (Lucas 1:51-53). Si bien el profeta Isaías auguró que este “Rey de naciones” vendría de niño, nadie se imaginaba que el Mesías llegaría al mundo en calidad de niño sin techo. Jesús volcó las expectativas para siempre. *Lecturas del día: 1 Samuel 1:24-28; 1 Samuel 2:1, 4-5, 6-7, 8abcd; Lucas 1:46-56.*

Sábado, 23 de diciembre Oh, Emmanuel

Al pasar del Adviento a la Navidad, invocamos la última antífona O y llamamos al Niño Jesús *Emmanuel*, que significa “Dios con nosotros”. Aquí se mezclan las verdades más improbables: el varoncito nacido en un pesebre en verdad es Dios que vive entre nosotros. El infante, dependiente de la protección de los padres, es de hecho el Salvador del mundo. Ven, ven Emmanuel. *Lecturas del día: Malaquías 3:1-4, 23-24; Salmo 25:4-5ab, 8-9, 10, 14; Lucas 1:57-66.*



© 2023 Liturgy Training Publications. 800-933-1800. Texto de Lisa M. Orchen. Ilustración de Mike Jaroszko. Texto bíblico conforme *La Biblia de nuestro pueblo: América Latina* © 2011, Ed. Mensajero (con el debido permiso). Aprobación canónica de la Arquidiócesis de Chicago.



ST. ELIZABETH ANN SETON PARISH SCHEDULE OF SERVICES

MASSES, ADORATION	See pages 1, 7 and 15
CONFESSION	Available on Tuesdays by appointment only. Please call parish office cell phone or email.
INFANT BAPTISM (newborn to 6 y/o)	Appt. with pastor 3 months before intended date. Emergency baptism (for recipient in danger of death: parent/s call pastor asap [805] 235-8803).
7 y/o & above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION	Email Heather or call office cell 1(805)235-8803
KIDS' FIRST HOLY COMMUNION	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
TEENS' CONFIRMATION	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
QUINCEAÑERA	6 months before, call parish office 1 (805) 235-8803, to set appointment for interview & requirements: attend Monterey Diocese Quinceañera Class; at least enrolled in our Confirmation Program.
PRESENTACIÓN	Contact 1(805) 235-8803
WEDDING	Set an appointment with pastor 6 months before intended date.
ANNULMENT	Call parish for appointment with pastor.
ANOINTING OF THE SICK	Contact 1(805) 235-8803. First Fridays after English & Spanish Masses
LAST RITES	24/7 Contact asap 1(805) 235-8803.
FUNERAL	Contact 1(805) 235-8803.
BLESSING of NEW VEHICLE, RELIGIOUS ITEMS	Contact 1(805) 235-8803.
BLESSING of NEW HOUSE, NEW SHOP	Contact 1(805) 235-8803.
VISIT CHURCH for PERSONAL PRAYER & ADORATION	New Adoration Chapel now open for morning & afternoon for personal quiet prayer & adoration. Read schedule page 7
SPIRITUAL COUNSELING	Contact 1(805) 235-8803.
MINOR EXORCISM (Deliverance Prayer) NOT solemn exorcism	Contact 1(805) 235-8803.

17 DEC—FUNERAL MASS FOR GUIDO PALERMO



The family of Guido Palermo invites us to share our mourning with them at the funeral Mass for Guido this Monday, December 18th at our church. Many of us remember Guido and wife, Angelina, for their delicious food as they initiated and annually helped to organize and prepare food for the St. Joseph's Table to help those in most need within our community, a tradition we continue.

Monday, December 18 at S.E.A.S.:

12:00pm Rosary
12:30pm Funeral Mass
2:00pm Graveside Service

Reception at their home following graveside service.

DONATION BOXES

For those who use donation boxes for your Sunday donations, they are ready for you on the back table at church. Thank you for your support! Alternately, many thanks to all who give electronically on a weekly or monthly bases!

PRAYER OF POPE FRANCIS TO MARY, HEALTH OF THE SICK

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain with steadfast faith.

You, Salvation of all, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

PLEASE REMEMBER ST. ELIZABETH'S IN YOUR WILL

A great way to help our parish become financially stable is to remember your parish church in your Will or Trust. To make sure the entire amount (100%) will go to St. Elizabeth's, please word the bequest like this:

"I leave a bequest of \$ _____ to ST. ELIZABETH ANN SETON CATHOLIC CHURCH at 2050 Palisades Avenue, Los Osos, CA 93402."

If you wish to privately discuss this matter with Fr. Joey, please call parish cell 805-235-8803 to set-up an appointment, or email him at frjoeyseasparishlo@gmail.com.

Thank you for considering SEAS for your final distribution.

NEED ASSISTANCE IN YOUR ADVANCE HEALTH CARE DIRECTIVE, FUTURE CATHOLIC FUNERAL & ESTATE PLANNING? Fr. Joey can help you.

For confidential discussion, please email him at frjoeyseasparishlo@gmail.com or leave message at (805) 235-8803

9/10 DEC PLATE COLLECTION

Sunday Collection	\$ 2, 421. 00
Parish Operations	\$ 230. 00
Building Fund	\$ 155. 00
Hospitality	\$ 0. 00
St. Joseph's Fund	\$ 75. 00
People's Kitchen	\$ 0. 00
Mass Intentions	\$ 195. 00
Immaculate Conception	\$ 275. 00
Christmas	\$ 210. 00
Other	\$ 0. 00
	\$ 0. 00
TOTAL (from above)	\$ 3, 561. 00
Retired Religious (not ours)	\$ 224. 00

A.M.A. UPDATE THIS WEEK: 12/11/2023*

Collected: \$ 15, 725 (given only)

Total Promised: \$15, 825 (given & pledges)

If you have pledge to contribute, please make sure to fulfill your pledges. Thank you!

* Last update from the Diocese of Monterey

MYPARISHAPP

Catholic Life Every Day
— with the St. Elizabeth App —

- Messages: Easily connect all week
- Calendar: Events, Locations, RSVP
- Readings: Daily Readings from USCCB
- Prayers: Set Reminders, Send Requests
- Bulletin: Convenient mobile access

And Much More!

Download our app today!
Available for Apple and Android devices

Text App to phone number 88202, or visit myparishapp.com to download

ADORATION CHAPEL SCHEDULE

MONDAY TO THURSDAY	OPEN after the 9 am Mass Until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm
	OPEN after the 9 am Mass until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm CLOSED 5 pm to 6 pm OPEN 6 pm to 7:30 pm for Spanish Liturgies
SATURDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil 5 pm to 6 pm
SUNDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil, after 9am Mass, after 11:30 Mass 4 pm to 5 pm

Do you like to spend a quiet time with Jesus, adoring Him in the Most Blessed Sacrament, outside our scheduled open hours? Please call (805) 441-5428 at least a day ahead. We'll be delighted to open the chapel for you.

¿Te gusta pasar un momento de tranquilidad con Jesús, adorándolo en el Santísimo Sacramento, fuera de nuestro horario de atención? Llame al (805) 441-5428 con un día de anticipación. Estaremos encantados de abrir la capilla para ti.



Estimado vecino:

ANUNCIO: Una nueva guía de WebMD Point Of Care En Español

Su negocio ha sido seleccionado para recibir la primera guía **Through Our Lens En Español** de WebMD que aborda el tema del **colesterol alto**. Las copias adjuntas son GRATUITAS y están diseñadas para que las pueda compartir con los miembros de su comunidad, amigos y sus familias.

La misión de WebMD es proporcionar información de salud confiable, educativa y precisa. Nuestros expertos médicos se enfocan en temas que informan a los consumidores para que puedan ser participantes activos no sólo de su propia atención médica, sino también del estilo de vida y las decisiones de salud de sus familiares y amigos.

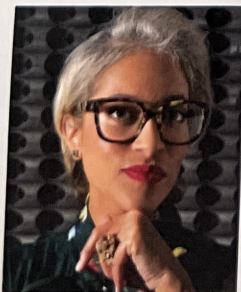
El tema de la guía es el **colesterol alto** e incluye información sobre:

- El impacto en la comunidad hispana
- Las noticias más actualizadas sobre el colesterol alto
- Los cambios son buenos, la historia inspiradora de una latina
- Cómo abogar por sí mismo
- Y formularios que usted puede rellenar y llevar a una clínica o la oficina de su médico para una cita en persona

En WebMD, sentimos que es nuestra responsabilidad brindar contenido de salud detallado y preciso a para ayudar a los latinos a superar los desafíos de navegar el sistema de atención médica actual.

Esperamos que lea y comparta **Through Our Lens En Español** como una herramienta que ayudará a sus amigos y familiares a abogar por su propia salud. Queremos que sepan que nos preocupamos y estaremos acompañándolos en cada paso de su camino hacia la salud y el bienestar.

Si su establecimiento necesita copias adicionales, puede comunicarse con nuestra Vicepresidenta de publicaciones, vcognard@webmd.net.



Atentamente,

Laura J. Downey
Editora ejecutiva

LDowney@webmd.net



eucharisticrevival.org



es.eucharisticrevival.org

Lord Jesus Christ,
you give us your flesh and blood for the life of the world, and you desire that all people come to the Supper of the Sacrifice of the Lamb. Renew in your Church the truth, beauty, and goodness contained in the Most Blessed Eucharist.

Jesus living in the Eucharist, come and live in me.
Jesus healing in the Eucharist, come and heal me.
Jesus sacrificing yourself in the Eucharist, come and suffer in me.
Jesus rising in the Eucharist, come and rise to new life in me. Jesus loving in the Eucharist, come and love in me.

Lord Jesus Christ, through the paschal mystery of your death and resurrection made present in every Holy Mass, pour out your healing love on your Church and on our world. Grant that as we lift you up during this time of Eucharistic Revival, your Holy Spirit may draw all people to join us at this Banquet of Life. You live and reign with the Father and the Holy Spirit, God forever and ever.

Our Lady of Guadalupe, Mother of the Eucharist, Pray for us.

Señor Jesucristo,
nos das tu carne y tu sangre para la vida del mundo, y deseas que todos los hombres vengan a la Cena del Sacrificio del Cordero. Renueva en tu Iglesia la verdad, la belleza y la bondad contenidas en la Santísima Eucaristía.

Jesús que vives en la Eucaristía, ven y vive en mí.
Jesús, que sanas en la Eucaristía, ven y sáname.
Jesús, que te sacrificas en la Eucaristía, ven y sufre en mí. Jesús, resucitado en la Eucaristía, ven y resucita a una nueva vida en mí.
Jesús, amando en la Eucaristía, ven y ama en mí.

Señor Jesucristo, por el misterio pascual de tu muerte y resurrección, hecho presente en cada Santa Misa, derrama tu amor sanador sobre tu Iglesia y sobre nuestro mundo. Concédenos que, mientras te elevamos durante este tiempo de Avivamiento Eucarístico, tu Espíritu Santo atraiga a todas las personas a unirse a nosotros en este Banquete de la Vida. Tú vives y reinas con el Padre y el Espíritu Santo, Dios por los siglos de los siglos.

Nuestra Señora de Guadalupe, Madre de la Eucaristía, ruega por nosotros.



©2023 St. Elizabeth Ann Seton Catholic Church, Los Osos, CA. All Rights Reserved.

The third candle of Advent is known as the Shepherd's Candle or Joy Candle. The candle reflects the joy that comes from Jesus' arrival and our salvation. We read in the Gospel of Luke that an angel came to the shepherds and said, *"Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people. For today in the city of David a savior has been born for you who is Messiah and Lord. And this will be a sign for you: you will find an infant wrapped in swaddling clothes and lying in a manger."* And suddenly there was a multitude of the heavenly host with the angel, praising God and saying: *"Glory to God in the highest and on earth peace to those on whom his favor rests."*

What is 'Great Joy'? In *Evangelii Gaudium (EG)*, available for free on the Vatican website Vatican.va, Pope Francis helps us to understand better what is meant. To begin, Pope Francis reminds us that it is so easy to fall into a *"great danger in today's world, pervaded as it is by consumerism, is the desolation and anguish born of a complacent yet covetous heart, the feverish pursuit of frivolous pleasures, and a blunted conscience. Whenever our interior life becomes caught up in its own interests and concerns, there is no longer room for others, no place for the poor. God's voice is no longer heard, the quiet joy of his love is no longer felt, and the desire to do good fades. This is a very real danger for believers too. Many fall prey to it, and end up resentful, angry and listless. That is no way to live a dignified and fulfilled life; it is not God's will for us, nor is it the life in the Spirit which has its source in the heart of the risen Christ."* (EG para. 2)

We are invited through *Evangelii gaudium* to renew our personal encounter with Jesus within our very hearts or at least being open to that encounter. He is our Savior. Through his self-giving sacrifice of love upon the Holy Cross. The glory of the Cross invites us to rejoice that though all mankind was plunged into the darkness of sin and death of Original Sin when our ancestors chose to disobey God, God made Man was born of a woman who chose God's will to be done, so that through the Son, the human race could be sanctified and receive salvation

through his life, death, and resurrection. This is the 'Good News.' This is what *Evangelii gaudium* means. This joy is what we celebrate this third week of Advent.

Evangelii gaudium also reminds us that we are all partakers in Christ's Mission to share this good news to others. As a people we are challenged to live our faith in a world which is not always welcome to the Good News of Christ, nor of God's love for us. How do we adapt to the ever changing fads of our society? How do we live our Christian faith with so much poverty, war, desolation, defeatism, and despair? How do we deal with spiritual sloth and sterile pessimism?

Pope Francis reminds us that we need to make sacred space within our lives, within our homes, and within our daily schedules so that we can take time with our Lord, be thankful, and be renewed. It is also important to keep the practice of our Holy Days of obligation, of which is the Sunday Mass.

At Mass, we begin with the penitential rite and acknowledge how great God is and prepare ourselves in our humility to be in the presence of God. We have sinned. We have turned away from God. However, we are watchful and penitent and united as the Body of Christ. We join our hearts with those of the angels as to the shepherds joyfully singing God's praise and thanksgiving as we sing the Gloria, *"Glory to God in the highest, and on earth peace to people of good will..."* This is the beginning of our act of celebration and adoration of the mystery of the Eucharist precisely because Christ first gave himself up on the Cross. This is a joy shared because of love reciprocated. We are called to share this joy not just at Mass, but at all times. *"The salvation which God has wrought, and the Church joyfully proclaims, is for everyone. God has found a way to unite himself to every human being in every age. He has chosen to call them together as a people and not as isolated individuals...God attracts us by taking into account the complex interweaving of personal relationships entailed in the life of a human community...He said: "Go and make disciples of all nations".* (EG para.113) God is love and we are called to live that love. 'cuz we love, we give.



BLESSINGS OF ADVENT



Passing through a space of grace
between the sycamores and the beech trees,
I was stopped in my tracks
by a cascade of blessings
each one a Beauty to behold.

Red, yellow, orange and ochre
all the hues of Autumn past.

This cascade . . .

This confetti of Nature
fell all about me in joy-filled profusion
and sang out a New Song
for this New Year at Advent.

“Emmanuel, Emmanuel!
God is with us.”

Stay awake, muse and remember
the blessings in the showers of yesterday
and be ready in faith and hope
to receive the blessings of Christ reborn
Reborn in our hearts
That place of Grace.

Amen.

—*Jackie Cooper*

~Jackie (Cooper) Sterios

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul.

Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart.

I embrace you as if you were already there And unite myself wholly to you.

Never permit me to be separated from you. Amen.

Jesús mío, creo que estás realmente presente en el Santísimo Sacramento,

te amo sobre toda las cosas, y te deseo en el interior de mi alma.

Ya que en este momento no puedo recibirte sacramentalmente, ven al menos espiritualmente a mi corazón; estando dentro de mí, yo te abrazo y me uno todo a Ti.

No permitas nunca que me separe de Ti. Amen.

PRAYER AFTER COMMUNION: ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me. Within your wounds hide me.
Separated from you, let me never be.
From the evil one, protect me.
At the hour of my death, call me.
And close to you bid me;
That with your Saints, I may be, praising you
For ever and ever. Amen.

Alma de Cristo, santificame.

Cuerpo de Cristo, sálvame.

Sangre de Cristo, embriágame.

Agua del costado de Cristo, lávame.

Pasión de Cristo, confórtame.

¡Oh, buen Jesús!, óyeme.

Dentro de tus llagas, escóndeme.

No permitas que me aparte de Ti.

Del maligno enemigo, defiéndeme

En la hora de mi muerte, llámame.

Y mándame ir a Ti. Para que con tus santos te alabe.

Por los siglos de los siglos. Amén.

LET US PRAY FOR THE FOLLOWING / OREMOS POR

* Timothy Ketcherside	* Carolyn Lemos	* Brian Pedigo & family	* The Kunemoto Family	* Karleen Quintana
* John LeNoue	* Robert Green Sr.	* Shawn Clarke	* Jose Leyva	* Kara Stewart
* Peter Hewitt	* Susi Reich	* Regina Helm	* Daniel Gallardo	* Sherry Mlnarik
* Fely Platou	* Elisa Fajardo	* Guido Palermo	* Clare Rankin	* Phil Radford
* Mary Cavagnaro	* Irene Castaneda	* Delores Doyle	* Amelia Osorio	* Tara Arnold
* Bonifacio Garcia	* Mary de Angelo	* Russell Wells	* Cerelina Natividad	* Laurie Peterson
* Michael Culbertson	* Jessica Ketcherside	* John Miller	* Jacque Murray	* Tooker & Sutcliffe Families
* Steven Greenville	* Fr. Derek Hughes	* Barbara Pinedo	* James Patrick Little	* Richard Tucker
* Rafael & Margarita Garcia	* Dolores R. Buena	* Pancho Pinedo	* Margaret 'Peg' Mirolla	* Tanya Cody
* Frances Meehan	* Rosemarie Greenville	* Ann Harris	* Judy Crawford-Murillo	* Robin Braly
* Emily Sumner	* Aaron Kondziela	* Brian Hampton	* Norma Landry	* Cathy Anderson
* David Wright	* Donna Nichols	* Madeline Bozena	* Lavinia Trapani	* Barbara Stevens
* Aurea Cruz	* Colleen Clark	* Meekayla Bejarano	* Dana Warren	* Jack Hofstra
* Nathan Berry	* Leonora Eublera	* Freddie Fernandez	* Brian Kautz	* Avila Rose Helm
* Robert Ruiz	* Daniel Quintana	* Albert Calizo	* Mia Bacarella	* Jodi Tooker
* Sylvia Radford	* Mark Woehrl	* Ann Farrelly	* Ralph Iliff	* Ben & Ethan Sutcliffe
* Eleanor Brown	* The Rivers Family	* Lori Manfredi	* Jaxson Rivera	* Harvey and Jennifer Smith
* Sarah & Josh Matthews	* Daniel Nunez	* Lois Thompson	* Karen Pedigo	* Rose Spaulding
* Michael Vella	* Nola, Nick, Louis, Dolores, Estrella, Jaelynn Soto	* Diane Wright	* The Kautz Family	* Kathy Lamond
* Lila Martinez		* The Wright Family	* The Munds Family	* Ray Tooker

ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM. MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.

†Helen Penwell	†Gullermmo dela Cruz	†Melecia Garcia	†Mary Friedman	†Cecilia Deines	†Loren Ketcherside	†William B. Pedigo, III
†Charles Penwell	†Serafin Sepulveda	†Felicitas Castillo	†Shirley Rustria	†Doris Stanley	†Toshi Meehan	†Hayden Sutcliffe
†Harold Platou	†Hermilia Arguello	†Antonio Medrano	†Gerry Weltman	†Aric Clarke	†Ruby Sohler	†Emilio Erice
†Larry Mischel	†Anatalia Ortiz	Tambo	†Evelyn Pellaton	†Clifford Newgard	†Gabriel Caliboso	†Sidney Dunton
†Dwight Mobley	†ULolita dela Cruz	†William (Bill) Kemble	†Chuck Ice	†Regina Newgard	†Ernestine Beevers	†Salomon Brito
†Gertrude Stimson	†Mason & Simon Brito	†Diana Nishiura	†Mary Jo Semonsen	†Gregory Newgard	†Harold Wyatt	†Eugen Simánek
†John D. Walsh	†Pat Wright	†Grace Tevis	†Kevin Lynch	†Marciano Ingan	†Giovanni G. Santos	†Jacque Lohmeier
†Elizabeth Martinez	†Joseph Cavagnaro	†Jerica Alaine Harris	†John Greenville	†Candido D. Buena Jr.	†Lita Aguilar	†Mary Fraga
†Ofelia Labra	†Manuel John Reis	†Paul Landry	†Norman Charette	†Jaime Manuel	†Loren Hamlin	†Domelita Laurencio
†Severino Repollo	†Lawrence Uthe	†Casamira Asuncion	†John de Angelo	†Medallana Patague	†Toshi Meehan	†Narciso Gallinato Sr.
†Justo Yasay	†Margaret Uthe	†Carol Ann Burns	†Pat Klencik	†Margaret Lucero	†Brigida Eublera	†Angelita Gallinato
†Joe Greene	†Joe Fraga	†Andy Boy de la Cruz, Jr.	†Beverly Jean Rocha	†Tiburcio Castillo	†Roberta Ozanich	†Wenceslao Garcia, Sr.
†Cristina Patterson	†Msgr Joseph Stieger	†Fr. Harry Freiermuth	†Adelaida Gabatin	†Martin Hernandez	†Mario Rodriguez	†Melecia Garcia
†Filippo Mazzulla	†Fr. Ken Brown	†Fr. Michael Bell	†Guadalupe Haugh	†Edwin Quintana	†Mildred Quinn	†Kenneth Duke Pace
†Elena Aurelio	†Fr. Michael Bell	†Lyn Ketcherside	†Julia Keefe	†Alfred Castaneda	†Margherita 'Rita' Davis	†Rufina Garcia
†Homero Paredes	†Lyn Ketcherside	†Ismael Ibat Tomboc	†Bishop Richard Garcia	†Jose Guadalupe Toral	†Robert Cramer	†Gorgonio Garcia
†Fermina Manuel	†Robert Beevers	†Maria Carmen Zaragoza	†William K. Lander	†Liliana Isabell Clark	†Fr. Larry Schanberger	†Pete Carganillo
†Deacon Jim Cooper	†Arcadio Tambo	†Ruth Casper	†Kathleen Patricia Crawford	†Rodney Maciel	†Susan Tuttle	†Concordia Sanchez
†Emma Nieman	†Cleta Tambo	†Fr. Ray Roh	†Joseph Carlson	†Candido Orlino Au- relio, Sr.	†Dorsey Dunton	†Adelina Pascua
†Rodrigo Martinez	†Dionisio Acain	†Joyce O'Brien	†Martin Basti	†Hugo Conti	†June Vivianne	
†Reyna Gomez	†Aurelia Acain	†Mariano Rustria	†Manuel Ayala Arroyo	†Sheila	†Hoyce Meehan	
†Lourdes Lepisto	†Dick O'Melveny	†Robert Townsend	†Shirley Matthews	†Pouraghabagher	†Jere Bresnan	
†James Emely	†Jim Stewart	†Sherman Lemos	†David Bresnan	†Claudette Steenberg	†Jane Jaeger	
†Simonne Townsend	†Jaime Repollo	†Otilia Cruz	†Lidia Caloca Green	†Frank Wasley	†Laurie Borello	
†Fernando Marcos	†Paulina Y. Andres	†Wenceslao Garcia	†Myrna Oliveros	†Charlie Menendez	†Frank Wasley	
†Cecilia Marcos	†Gabriel Osorio	†Erich Reich	†Mina Cantorna	†Nenet Suyat	†Darlene Krouse	
†William Schanberger	†Dennis A. O'Brien	†Michael Brito	†Adela Patague	†Fr. Mark Stetz	†Fr. Mark Stetz	
†Umartha Smith	†Venustiana Rodriguez	†Fr. Lawrence Betzozoff	†Remy Lejeune	†Helen Maciel	†Joseph O'Brien	
†Eusebio Galo	†Melinda Rose	†Nicky Miller	†General Mason	†Elvira Ceballos	†Janice Helm	
†Julia Ortiz	†Mary Prendergast			†Kenneth Duke Pace	†Dee Mace	

NSTRA. SÑRA. DE GUADALUPE

NOVENA THANKS

Many thanks to those who helped to plan for and hosted and led the different Novena days as well as the on Our Lady's feast day, December 12th, with celebrations including Mañanitas, aka 'little morning songs', Holy procession with Rosary, and Holy Mass to honor Our Lady of Guadalupe followed by a communal meal.

PARENT ORGANIZED CATECHISM POSADA



POSADA
17 December 2023, 12:30pm

Many thanks to our S.E.A.S. catechism parents for coordinating a Posada for the catechism children and families this Sunday after the Mass.

Muchas gracias a nuestros padres del catecismo S.E.A.S. por coordinar una Posada para los niños y sus familias de catecismo, este domingo después de la Misa.

Potluck / Comida para Compartir

Families, thank you for bringing a dish to share with others.

Familias, muchas gracias por traer comida para compartir con los demás.

4TH SUNDAY OF ADVENT MASS SCHEDULE

12-23-2023 Vigil Mass 4:00pm

12-24-2023 Sunday English Mass 9:00am

Misa in Español 11:30am

CHRISTMAS MASS SCHEDULE

12-24-23 8:00 pm Christmas "Midnight" Mass

12-25-23 9:00 am Christmas Day English Mass

11:30 am Christmas Day Misa en Español

JANUARY 2024 MASS SCHEDULE

New Year's Day is the Solemnity of Mary, the Holy Mother of God. In 2024, this Solemnity is not a holy day of obligation.

1-1-2024, Monday

9:00am—English Mass

11:30am—Spanish Mass

SIMBANG GABI 2023 SCHEDULE

(Nine evening Masses Before Christmas in honor of Our Blessed Mother Mary)

COUNTER	DATE	DAY	TIME	TIME MASS READING	CHURCH
1st Evening	Dec 15	Friday	5:00pm	Readings/Prayers of Saturday 12-16	SEAS
2nd Evening	Dec 16	Saturday	4:00pm	Readings/Prayers of Sunday 12-17	SEAS
3rd Evening	Dec 17	Sunday	5:00pm	Readings/Prayers of Monday 12-18	SEAS
4th Evening	Dec 18	Monday	5:00pm	Readings/Prayers of Tuesday 12-19	SEAS
5th Evening	Dec 19	Tuesday	5:00pm	Readings/Prayers of Wednesday 12-20	SEAS
6th Evening	Dec 20	Wednesday	5:00pm	Readings/Prayers of Thursday 12-21	Madonna del Sasso, 320 E Laurel Dr., Salinas
7th Evening	Dec 21	Thursday	5:00pm	Readings/Prayers of Friday 12-22	SEAS
8th Evening	Dec 22	Friday	5:00pm	Readings/Prayers of Saturday morning 12-23	SEAS
9th Evening	Dec 23	Saturday	4:00pm	Readings/Prayers of Sunday 12-24	SEAS

*n.b.: Sponsors serve as lector, psalmist, reader of Prayer of the Faithful, offer gifts of bread and wine.

**More information will be forthcoming as our Filipino community gathers and plans with Fr. Joey for these Masses.

SEASLOBSERVER

NUESTRA SENORA DE GUADALUPE NOVENA, MAÑANITAS, PROCESSION, AND MASS

December 12th is the month, for each night of Feast of Our Lady of Guadalupe. This year, as in prior years, our parish's Hispanic community celebrated her with a Rosary novena followed with a small reception in the community room. On the feast day itself, the community gathered early in the morning to sing songs of praise and love for Our Lady. Then in the evening the community gathered again for a Rosary procession wherein a statue of our lady was processed on a prescribed route with regular stops for a decade of the Rosary. The process ended within the church where a Mass followed. After everyone was able to partake in a community meal.

Many thanks to the hosts, as published in the bulletin during the last

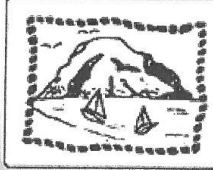


SCHEDULE OF MASSES, READINGS & INTENTIONS

DATE	TIME	INTENTIONS	READINGS YEAR A
Vigil of Third Sunday of Advent 16 December 2023	4:00 pm English Sunday Mass Simbang Gabi #2	4:00pm †Betty Godinho (3of5); Ed Coppola; †Nathan Schmidt	Is 61:1-2a, 10-11 (Ps) Lk 1:46-48, 49-50, 53-54 1 Thes 5:16-24 Jn 1:6-8, 19-28
Third Sunday of Advent 17 December 2023	9:00 am English Mass 11:30am Spanish Mass 5:00pm Simbang Gabi #3 (NOT a 3rd Sunday of Advent Mass)	9:00am Ed Coppola; †Guido Palermo; †Vicente Genaro Arambulo 11:30am †Maria Estela Echevarria Guerrer(5of8) †Luis Reyes; †Adelaido y †Gabriel Osorio	Is 61:1-2a, 10-11 (Ps) Lk 1:46-48, 49-50, 53-54 1 Thes 5:16-24 Jn 1:6-8, 19-28
Monday of the Third Week of Advent 18 December 2023	9:00 am English Mass 5:00pm Simbang Gabi #4	9:00am †Rose Sciortino; †Vicente Genaro Arambulo	Jer 23:5-8 Ps 72:1-2, 12-13, 18-19 Mt 1:18-25
Tuesday of the Third Week of Advent 19 December 2023	9:00 am Communion Service 5:00pm Simbang Gabi #5	9:00am (Mass Intentions moved to Wednesday)	Jgs 13:2-7, 24-25a Ps 71:3-4a, 5-6ab, 16-17 Lk 1:5-25
Wednesday of the Third Week of Advent 20 December 2023	9:00 am English Mass 9:45 am Eng. Divine Mercy & Adoration	9:00am †Guido Palermo; †David R. Shelly (1of3); †Betty Godinho (4of5)	Is 7:10-14 Ps 24:1-2, 3-4ab, 5-6 Lk 1:26-38
Thursday of the Third Week of Advent 21 December 2023	9:00 am English Mass 5:00pm Simbang Gabi #7	9:00am †David R. Shelly (2of3)	Sg 2:8-14 or Zep 3:14-18a Ps 33:2-3, 11-12, 20-21 Lk 1:39-45
Friday of the Third Week of Advent 22 December 2023	9:00 am English Mass 5:00pm Simbang Gabi #8 6:00 pm Spanish Divina Misericordia, Adoration y Bendición 7:00 pm Spanish Mass	9:00am †David R. Shelly (3of3) 7:00pm	1 Sm 1:24-28 (Ps) 1 Sm 2:1, 4-5, 6-7, 8abcd Lk 1:46-56
Vigil of Fourth Sunday of Advent 23 December 2023	4:00 pm English Sunday Mass Simbang Gabi #9	4:00pm †Betty Godinho (5of5)	2 Sm 7:1-5, 8b-12, 14a, 16 Ps 89:2-3, 4-5, 27, 29 Rom 16:25-27 Lk 1:26-38
Fourth Sunday of Advent 24 December 2023	9:00 am English Mass 11:30am Spanish Mass 8:00pm Christmas 'Midnight' Mass	9:00am 11:30am †Maria Estela Echevarria Guerrer(6of8) 8:00pm †Eugen Simanek	2 Sm 7:1-5, 8b-12, 14a, 16 Ps 89:2-3, 4-5, 27, 29 Rom 16:25-27 <u>Lk 1:26-38</u> Is 9:1-6 Ps 96: 1-2, 2-3, 11-12, 13 Ti 2:11-14 Lk 2:1-14

PLEASE SUPPORT OUR BULLETIN SPONSORS / ADVERTISERS

WE DO DRYER VENT CLEANING!



Morro Bay Appliance
805-772-2755

**Sales - New & Reconditioned
 Service & Repairs On All Major Brands**

**Freezers • Refrigerators • Washers • Dryers • Microwaves
 Dishwashers • Ranges • Cooktops • Wall Ovens • Hoods**

**Serving Los Osos, Morro Bay, Cayucos, Cambria & San Simeon Since 1971
 935 Main Street, Morro Bay**

D & D Floral Design
 Custom floral design for any occasion

Debbie Deis

1958 Los Osos Valley Road
 Los Osos, CA 93402
 (805) 528-4230
 debbie@danddfloral.com
 www.danddfloral.com
 facebook.com/danddfloral



Aimee Aquino
 Owner / Manager
Ocean Plaza Cleaners

2060 9th St Suite C
 Los Osos, CA 93402
 Business Ph (805) 528-6639
 Cell Number: (805)-878-3409

- Cleaners and Alterations
- Quick turn around service

"We deliver your clothes as Fresh as a Daisy"



COSTA GALLERY

2087 10th St.
 Los Osos, CA, CA 93402
 (559) 799-9632

805.430.6242
 clayton@localgraphics.com



LifeTouch In Home Health Care Agency

Aimee Aquino
 Owner/ Manager
 (805) 878 - 3409
 Lic # 39859

Providing exceptional in Home Health Care
 with compassion, innovation & trust.



*LifeTouch In Home Health
 Care Agency*
 Aimee Aquino
 Owner/ Manager
 LIC # 39859
 (805) 878 - 3409
 "Because Life Matters"

JANICE REPOLLO

mjrepollo@gmail.com

805.235.0679



Cherlyn Craddock, Owner/Administrator
 Cell# (805) 704-6283

Pacific Heights Residential Home & Orchid Garden Residential Care
 24 hour board and care homes for the elderly

Thank you for your
 continued support of
 our parish!

**MDL
 Events**

Mark Dillon
 Luna

[EVENT PLANNER]

[FLORIST]

Phone: 1-805-704-0450

Email: mark.luna32@yahoo.com



BAY AUTO & TIRE

COMPLETE AUTOMOTIVE REPAIR

CONTACT US:

MORRO BAY (805) 772-2296

LOS OSOS (805) 528-2101



La Katrina
 AUTHENTIC MEXICAN COCINA

La Katrina
 AUTHENTIC MEXICAN COCINA

500 Embarcadero
 Morro Bay, CA 93442

(805)225-1570