



# ST. ELIZABETH ANN SETON CATHOLIC CHURCH

www.seasparishlo.org  
2050 Palisades Avenue, Los Osos, CA Office Cell (805) 235-8803  
**SECOND SUNDAY IN ADVENT**

**10 DECEMBER 2023**

**DECEMBER 2023 POPE'S INTENTION: FOR PERSONS WITH DISABILITIES**  
We pray that people living with disabilities may be at the center of attention in society, and that institutions may offer inclusive programs which value their active participation.

“Prepare the way of the Lord, make straight his paths:  
All flesh shall see the salvation of God.”

“*Preparen el camino del Señor, hagan rectos sus senderos, y todos los hombres verán al Salvador.*”

Lk 3L: 4, 6



## VISION-MISSION STATEMENT

We are an **all-welcoming Christ-centered** community celebrating our deeply rooted **Catholic traditions**, respectful & appreciative of our **multicultural diversity**, journeying together to share **family values** and **commitment to service**.

## DECLARACIÓN DE NUESTRA VISION y MISION

Somos una comunidad **totalmente acogedora y centrada en Cristo** que celebrando nuestras **tradiciones Católicas** profundamente arraigadas, respetamos y apreciamos **nuestra diversidad multicultural**, caminamos juntos para compartir los **valores de la familia y el compromiso al servicio**.

## PRAYER OF SAINT ELIZABETH ANN SETON

O Father, the first rule of our dear Savior's life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

## ORACIÓN DE SANTA ELIZABETH ANN SETON

Oh Padre, la primera regla de la vida de nuestro querido Salvador fue hacer tu voluntad. Dejar que tu Voluntad en el momento presente sea la primera regla de nuestra vida cotidiana y nuestro trabajo, sin ninguna otra voluntad sino hacer tu voluntad plena y completa. Ayúdanos a seguir con fidelidad, para que haciendo lo que deseas seamos más agradables a Ti. Amén.

### Weekend Masses

Saturday: 4:00 p.m. (ENGLISH)  
Sunday: 9:00 a.m. (ENGLISH)  
11:30 a.m. (SPANISH)

### Weekday Masses / La Misa Enteré Semana

9:00 a.m. Monday through Friday (ENGLISH)  
7:00 p.m. Viernes (ESPAÑOL)  
9:00 a.m. 1st Saturday Mass (ENGLISH)

### Adoration/Adoración (See pg 8, Adoration Chapel Hours)

9:45 a.m. Wednesday (ENGLISH)  
Divine Mercy, Adoration, Benediction  
6:00 p.m. Viernes (ESPAÑOL) y  
La Coronilla de la Divina Misericordia

### Sacrament of Reconciliation / Reconciliación

Tuesdays by appointment only/Los Martes solo con cita previa

### Anointing of the Sick / Unción de los Enfermos

9:00 a.m. (ENGLISH) First Friday  
7:30 p.m. (ESPAÑOL) Primer Viernes

**Parish Services  
see page 6**

For donations or other online financial transactions for the parish, our QR code:



Bulletins online at  
[seasparishlo.org](http://seasparishlo.org)

Mass Intentions online at  
[seasparishlo.org](http://seasparishlo.org)

Tel:(805) 528-5319

Fax:(805) 528-8893

Office Cell: (805) 235-8803

**24/7 Anointing of the Sick or Last Rites:**  
(805) 235-8803

Email: [seaschurchlo@gmail.com](mailto:seaschurchlo@gmail.com)

**Appointment with Pastor on ZOOM or in person:** Tues., Fri.

## PARISH STAFF

**REV. JOEY R. BUENA**  
Pastor  
Music Coordinator  
[frjoeyseasparishlo@gmail.com](mailto:frjoeyseasparishlo@gmail.com)

**JAVIER SOTO OSORIO**  
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[javi.s.seaschurchlo@gmail.com](mailto:javi.s.seaschurchlo@gmail.com)

**HEATHER HURLEY**  
Receptionist,  
English & Spanish DRE, RCIA,  
Liturgies Coordinator  
[heatherh.seas.7@gmail.com](mailto:heatherh.seas.7@gmail.com)

Office Open: Tues & Fri 10:00AM to 1:00PM

# SECOND SUNDAY OF ADVENT



## Open Our Hearts

God of boundless love,  
you are the source of all blessings.  
Be our companion through these Advent days.  
Bless our nativity scene.  
Draw us into the circle of love  
that surrounds the newborn Christ child.

Help us prepare our hearts  
to welcome him home  
with a deep abiding love  
and with gratitude for his friendship.  
Through Christ our Lord.  
Amen.

## Sunday, December 10, 2023 Prepare a Home for the Lord



*Today's readings: Isaiah 40:1-5, 9-11; Psalm 85: 9-10, 11-12, 13-14; 2 Peter 3:8-14; Mark 1:1-8.* The Lord is always coming toward us, seeking a home in our lives. Advent mindfully prepares our hearts as a permanent dwelling place for the Lord. The letter of St. Peter urges us to "conduct ourselves with holiness and devotion, waiting for and hastening the day of God" (2 Peter 3:11-12). Time is precious during this year's short Advent as it competes with the secular frenzy of the season. Stay attuned to the spirit of Advent as you prepare for the coming of our Lord.

Adorn your surroundings with reminders to keep your focus on spiritual preparation. Religious imagery forms us in powerful ways. The practice of setting up a nativity scene

at home begins in Advent and continues through the celebration of the Epiphany. St. Francis of Assisi began this custom in 1223 when he celebrated Christmas with his brothers at Greccio with a staging of the stable in Bethlehem that included live animals. This tradition quickly spread, and people began to construct nativity scenes in their homes, churches, and public spaces. You might set up your entire scene all at once, leaving the crib empty for the Christ child to arrive on Christmas Eve. Or set up the scene slowly, placing the figures far from the scene and moving them closer day by day with the Magi arriving on Epiphany with gifts for the child Jesus.





## THIS WEEK AT HOME

### Monday, December 11 Christ Will Come Again

Today's readings paint a hope-filled picture of the way Christ comes to us at the end of time, often referred to as the *parousia*. At this time, illness, disability, drought, hunger, sin, conflict, and every source of discord will be wiped away and the full glory of the Lord will be revealed. Prayerfully, reflect on today's readings, resplendent with the promise that our God comes to save us. *Today's readings: Isaiah 35:1–10; Psalm 85: 9–10, 11–12, 13–14; Luke 5:17–26.*

### Tuesday, December 12 Our Lady of Guadalupe

Today we continue to celebrate Mary's radiant appearance to Juan Diego on Tepeyac Hill, Mexico, in 1531. Mary, whose features were those of a Mesoamerican Indian, offered hope to the oppressed native peoples, who in turn, named her *Nuestra Señora de Guadalupe*. The Feast of Our Lady of Guadalupe is widely celebrated around the world. Venerate our patron saint of the Americas in a special way today: place her image near the Advent wreath, prepare a special meal, pray the Rosary, recall the miraculous story of her apparition and all that followed. *Today's readings: Isaiah 11:1–10; Psalm 72:1–2, 7–8, 12–13, 17; Luke 10:21–24. Zechariah 2:14–17 or Revelation 11:19a; 12:1–6a, 10ab; Judith 13:18bcde, 19; Luke 1:26–38 or Luke 1:39–47.*

### Wednesday, December 13 St. Lucy

The Church remembers St. Lucy, a fourth-century martyr whose name means "light," as the patron saint for those with eye disease. Many cultures celebrate St. Lucy with festive customs. In Sweden, this day is called *Luciadagen*. The eldest daughter of the family dresses up as St. Lucy and greets the family with special breads. Legends tell of St. Lucy's handing out bread in the time of famine. Make or purchase two loaves of braided bread and adorn them with

candles. Enjoy one and surprise a neighbor with the other. *Today's readings: Isaiah 40:25–31; Psalm 103:1–2, 3–4, 8, 10; Matthew 11:28–30.*

### Thursday, December 14 St. John of the Cross

Today the Church commemorates this saint from sixteenth-century Spain: St. John of the Cross, whose spiritual writings continue to offer inspiration. Severe persecution and suffering in prison unlocked his poetic gifts. His memorial is placed in Advent because his writings so often highlight Christ as light penetrating the darkness. Light a candle to remember John of the Cross as a reminder that Christ, our light, illuminates our hearts especially in times of suffering. *Today's readings: Isaiah 41:13–20; Psalm 145:1, 9, 10–11, 12–13ab; Matthew 11:11–15.*

### Friday, December 15 Follow the Lord

The response of today's responsorial psalm proclaims, "Those who follow the Lord will have the light of life." Catholics often celebrate the sacrament of reconciliation each Advent as an essential element of their spiritual preparation for the celebration of Christmas. We need help to resist the temptation to sin and to grow in holiness. Do not delay. Seek reconciliation this Advent and make room in your heart to welcome Jesus. *Today's readings: Isaiah 48:17–19; Psalm 1:1–2, 3, 4, 6; Matthew 11:16–19.*

### Saturday, December 16 Las Posadas

*Las Posadas* (from Spanish meaning "the inns") is a widely observed Advent tradition celebrating Christian hospitality beginning December 16 and continuing for nine days until December 24. The *posadas* symbolize Mary and Joseph's difficult search for a place to stay. There are many creative ways to observe *Las Posadas*. Through the celebration we are reminded that by welcoming the poor and needy, we also welcome Jesus. *Today's readings: Sirach 48:1–4, 9–11; Psalm 80: 2ac, 3b, 15–16, 18–19; Matthew 17:9a, 10–13.*



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# SEGUNDO DOMINGO DE ADVIENTO



## Abre nuestros corazones

Dios de amor infinito,  
fuente de toda bendición.  
Sé nuestra compañía durante estos  
días de Adviento.  
Bendice nuestro pesebre.  
Acércanos al círculo amoroso  
que rodea al Niño recién nacido, Jesús.

Ayúdanos a preparar el corazón  
y recibirlo en casa  
con amor profundo y constante,  
agradecidos de su amistad.  
Por Cristo nuestro Señor.  
Amén.

**Domingo, 10 de diciembre de 2023**

**Preparar un hogar al Señor**



*Lecturas del día: Isaías 40:1-5, 9-11; Salmo 85: 9-10, 11-12, 13-14; 2 Pedro 3:8-14; Marcos 1:1-8.* En Adviento preparamos el corazón cual morada del Señor. La Segunda carta de san Pedro nos apremia: “¡Con cuánta santidad y devoción deben vivir [ustedes]!, esperando y apresurando la venida del día del Señor” (3:11-12). El Adviento es muy breve. Usted mantenga el espíritu de Adviento hasta la venida del Señor.

Decore su entorno con avisos de concentrarse en los preparativos espirituales. Las imágenes religiosas nos moldean. El nacimiento se monta en casa desde Adviento hasta

celebrar la Epifanía, aunque hay hogares que lo prolongan hasta el día de la Presentación. La costumbre la empezó san Francisco de Asís en 1223, en Greccio y representó el establo de Belén con animales vivos. Tal representación se propagó pronto y se empezaron a construir nacimientos en casas, iglesias y lugares públicos. Hay quienes montan el nacimiento completo y dejan vacía la cuna en espera del Niño Jesús en Nochebuena. Otros lo instalan de a poco: colocan las figuras lejos del nacimiento y las van acercando día a día con los Reyes Magos que llegan en la Epifanía con regalos para el Niño Jesús.





## ESTA SEMANA EN CASA

### Lunes, 11 de diciembre

#### La segunda venida de Cristo

Las lecturas de hoy pintan un cuadro rebotante de esperanza en el que Cristo vuelve al fin de los tiempos, es decir, su parusía. En ese momento la enfermedad, las discapacidades, la sequía, el hambre, el pecado, el conflicto y cualquier fuente de discordia serán erradicados y se revelará la gloria plena del Señor. Reflexione las lecturas de hoy que refulgen con la promesa de que Dios vendrá a salvarnos. *Lecturas del día: Isaías 35:1-10; Salmo 85: 9-10, 11-12, 13-14; Lucas 5:17-26.*

### Martes, 12 de diciembre

#### Nuestra Señora de Guadalupe

Hoy celebramos las apariciones de la Virgen María a Juan Diego en el Tepeyac, en la actual Ciudad de México, el año 1531. De rasgos de indígena mesoamericana, María trajo esperanza a los pueblos nativos oprimidos que a su vez la nombraron Nuestra Señora de Guadalupe. La fiesta de Nuestra Señora de Guadalupe se celebra por el mundo entero. Hoy venere a nuestra Patrona de las Américas así: coloque su imagen cerca de la corona de Adviento, prepare una comida especial, rece el Rosario, recuerde la historia milagrosa de su aparición y lo ocurrido después. *Lecturas del día: Isaías 11:1-10; Salmo 72:1-2, 7-8, 12-13, 17; Lucas 10:21-24. Zacarías 2:14-17 o Apocalipsis 11:19a; 12:1-6a, 10ab; Judit 13:18bcde, 19; Lucas 1:26-38 o Lucas 1:39-47.*

### Miércoles, 13 de diciembre

#### Santa Lucía

La Iglesia recuerda a santa Lucía, mártir del siglo iv cuyo nombre significa "luz" y es santa patrona de quienes padecen enfermedades de la vista. Muchas culturas celebran a santa Lucía. En Suecia, por ejemplo, a este día se le denomina *Luciadagen*. La hija mayor se viste de santa Lucía y saluda a la familia con un pan especial. Según la leyenda, santa Lucía repartía pan cuando había hambruna. Haga o compre dos

barras de pan y decórelas con velas. Coma una y regale la otra a su vecino. *Lecturas del día: Isaías 40:25-31; Salmo 103:1-2, 3-4, 8, 10; Mateo 11:28-30.*

### Jueves, 14 de diciembre

#### San Juan de la Cruz

La Iglesia conmemora hoy a este gran santo de la España del siglo xvi: san Juan de la Cruz, cuyos escritos espirituales siguen inspirando. La persecución y la prisión desataron su don poético. Su día se ubica en Adviento ya que sus escritos enfatizan a Cristo cual luz que penetra las tinieblas ("Noche oscura del alma"). Encienda una vela para tener presente que Cristo, nuestra luz, ilumina nuestros corazones especialmente en el sufrimiento. *Lecturas del día: Isaías 41:13-20; Salmo 145:1, 9, 10-11, 12-13ab; Mateo 11:11-15.*

### Viernes, 15 de diciembre

#### Seguir al Señor

La respuesta al salmo responsorial de hoy proclama, "Dichoso el que sigue al Señor" Cada Adviento, es común que los católicos celebren el sacramento de la reconciliación a manera de prepararse espiritualmente para la Navidad. Se requiere ayuda para no caer en la tentación del pecado y poder caminar en santidad. No demore. Busque la reconciliación este Adviento y siga con renovado entusiasmo a Jesús. *Lecturas del día: Isaías 48:17-19; Salmo 1:1-2, 3, 4, 6; Mateo 11:16-19.*

### Sábado, 16 de diciembre

#### Las Posadas

Las tradicionales *Posadas* son nueve días de Adviento que celebran la hospitalidad cristiana a partir del 16 de diciembre hasta el 24 de diciembre. Las Posadas simbolizan lo difícil que fue para María y José hallar dónde alojarse. Si bien hay cualquier cantidad de formas creativas de festejar las Posadas, el punto de estas es recordar que al recibir al pobre y al necesitado recibimos también a Jesús. *Lecturas del día: Sirácide 48:1-4, 9-11; Salmo 80: 2ac, 3b, 15-16, 18-19; Mateo 17:9a, 10-13.*



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## ST. ELIZABETH ANN SETON PARISH SCHEDULE OF SERVICES

<b>MASSES, ADORATION</b>	See pages 1, 7 and 14
<b>CONFESSION</b>	Available on Tuesdays by appointment only. Please call parish office cell phone or email.
<b>INFANT BAPTISM (newborn to 6 y/o)</b>	Appt. with pastor 3 months before intended date. Emergency baptism (for recipient in danger of death: parent/s call pastor asap [805] 235-8803).
<b>7 y/o &amp; above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION</b>	Email Heather or call office cell 1(805)235-8803
<b>KIDS' FIRST HOLY COMMUNION</b>	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
<b>TEENS' CONFIRMATION</b>	Catechism 2023-2024 REGISTRATION CLOSED Permission needed for sign-up, late fees apply Questions, please contact Heather.
<b>QUINCEAÑERA</b>	6 months before, call parish office 1 (805) 235-8803, to set appointment for interview & requirements: attend Monterey Diocese Quinceañera Class; at least enrolled in our Confirmation Program.
<b>PRESENTACIÓN</b>	Contact 1(805) 235-8803
<b>WEDDING</b>	Set an appointment with pastor 6 months before intended date.
<b>ANNULMENT</b>	Call parish for appointment with pastor.
<b>ANOINTING OF THE SICK</b>	Contact 1(805) 235-8803. First Fridays after English & Spanish Masses
<b>LAST RITES</b>	24/7 Contact asap 1(805) 235-8803.
<b>FUNERAL</b>	Contact 1(805) 235-8803.
<b>BLESSING of NEW VEHICLE, RELIGIOUS ITEMS</b>	Contact 1(805) 235-8803.
<b>BLESSING of NEW HOUSE, NEW SHOP</b>	Contact 1(805) 235-8803.
<b>VISIT CHURCH for PERSONAL PRAYER &amp; ADORATION</b>	New Adoration Chapel now open for morning & afternoon for personal quiet prayer & adoration. Read schedule page 7
<b>SPIRITUAL COUNSELING</b>	Contact 1(805) 235-8803.
<b>MINOR EXORCISM (Deliverance Prayer) NOT solemn exorcism</b>	Contact 1(805) 235-8803.

## 9/10 DEC—2ND COLLECTION RELIGIOUS RETIREMENT

### The Need

Across the United States, hundreds of religious communities lack financial resources sufficient to meet the retirement and health-care needs of aging members.

### Lack of Funds

Many elder religious worked for years for small stipends, leaving a large gap in retirement savings. At the same time, fewer religious are able to serve in compensated ministry.

### Rising Costs

Like many Americans, religious communities face the monumental challenge of funding eldercare.

### Changing Demographics

Today, retired religious outnumber wage-earners by nearly three to one.

For more information, please visit [National Religious Retirement Collection Continues Vital Support for Religious Orders | USCCB](https://www.nationalreligiousretirementcollection.org) or [retiredreligious.org](https://retiredreligious.org)



### CANCELLED: DEC 11TH SEAS MOVIE DAY

Our afternoon movie day this month has been cancelled. Thank you to all who have attended in the past months! Movies shown are from FORMED.org. We hope you will continue to watch during this Advent season at home.

### PRAYER OF POPE FRANCIS TO MARY, HEALTH OF THE SICK

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick.

At the foot of the Cross you participated in Jesus' pain with steadfast faith.

You, Salvation of all, know what we need.

We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us:

He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.  
We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.  
Amen.



## PLEASE REMEMBER ST. ELIZABETH'S IN YOUR WILL

A great way to help our parish become financially stable is to remember your parish church in your Will or Trust. To make sure the entire amount (100%) will go to St. Elizabeth's, please word the bequest like this:

**"I leave a bequest of \$ \_\_\_\_\_ to ST. ELIZABETH ANN SETON CATHOLIC CHURCH at 2050 Palisades Avenue, Los Osos, CA 93402."**

If you wish to privately discuss this matter with Fr. Joey, please call parish cell 805-235-8803 to set-up an appointment, or email him at [frjoeyseasparishlo@gmail.com](mailto:frjoeyseasparishlo@gmail.com).

Thank you for considering SEAS for your final distribution.

## NEED ASSISTANCE IN YOUR ADVANCE HEALTH CARE DIRECTIVE, FUTURE CATHOLIC FUNERAL & ESTATE PLANNING? Fr. Joey can help you.

For confidential discussion, please email him at [frjoeyseasparishlo@gmail.com](mailto:frjoeyseasparishlo@gmail.com) or leave message at (805) 235-8803

### 2/3 DEC COLLECTION

Sunday Collection	\$ 1, 437. 00
Parish Operations	\$ 505. 00
Building Fund	\$ 350. 00
Hospitality	\$ 57. 00
St. Joseph's Fund	\$ 200. 00
People's Kitchen	\$ 30. 00
Mass Intentions	\$ 90. 00
Quinceañera	\$ 210. 00
Catechism	\$ 100. 00
Baptism	\$ 50. 00
Certificate Request	\$ 10. 00
<b>TOTAL (from above)</b>	<b>\$ 3, 124. 00</b>
<b>Restorative Partners (not ours)</b>	<b>\$ 757. 00</b>

### A.M.A. UPDATE THIS WEEK: 12/5/2023\*

Collected: \$ 15, 725 (given only)

Total Promised: \$15, 825 (given & pledges)

If you have pledge to contribute, please make sure to fulfill your pledges. Thank you!

\* Last update from the Diocese of Monterey

## MYPARISHAPP

Catholic Life Every Day  
— with the St. Elizabeth App —

Messages  
Easily connect all week

Calendar  
Events, Locations, RSVP

Readings  
Daily Readings from USCCB

Prayers  
Set Reminders, Send Requests

Bulletin  
Convenient mobile access

And Much More!

Download our app today!  
Available for Apple and Android devices

Text App to phone number 88202, or visit [myparishapp.com](http://myparishapp.com) to download

### ADORATION CHAPEL SCHEDULE

MONDAY TO THURSDAY	OPEN after the 9 am Mass Until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm
	OPEN after the 9 am Mass until 11 am.	CLOSED 11 am to 4 pm	OPEN 4 pm to 5 pm CLOSED 5 pm to 6 pm OPEN 6 pm to 7:30 pm for Spanish Liturgies
SATURDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil 5 pm to 6 pm
SUNDAY		CLOSED DURING MORNING AND MASS	OPEN 1 hour after 4pm Sat. Vigil, after 9am Mass, after 11:30 Mass 4 pm to 5 pm

Do you like to spend a quiet time with Jesus, adoring Him in the Most Blessed Sacrament, outside our scheduled open hours? Please call (805) 441-5428 at least a day ahead. We'll be delighted to open the chapel for you.

*¿Te gusta pasar un momento de tranquilidad con Jesús, adorándolo en el Santísimo Sacramento, fuera de nuestro horario de atención? Llame al (805) 441-5428 con un día de anticipación. Estaremos encantados de abrir la capilla para ti.*



eucharisticrevival.org



es.eucharisticrevival.org

Lord Jesus Christ,  
you give us your flesh and blood for the life of the world, and you desire that all people come to the Supper of the Sacrifice of the Lamb. Renew in your Church the truth, beauty, and goodness contained in the Most Blessed Eucharist.

Jesus living in the Eucharist, come and live in me.  
Jesus healing in the Eucharist, come and heal me.  
Jesus sacrificing yourself in the Eucharist, come and suffer in me.  
Jesus rising in the Eucharist, come and rise to new life in me. Jesus loving in the Eucharist, come and love in me.

Lord Jesus Christ, through the paschal mystery of your death and resurrection made present in every Holy Mass, pour out your healing love on your Church and on our world. Grant that as we lift you up during this time of Eucharistic Revival, your Holy Spirit may draw all people to join us at this Banquet of Life. You live and reign with the Father and the Holy Spirit, God forever and ever.

**Our Lady of Guadalupe, Mother of the Eucharist, Pray for us.**

Señor Jesucristo,  
nos das tu carne y tu sangre para la vida del mundo, y deseas que todos los hombres vengan a la Cena del Sacrificio del Cordero. Renueva en tu Iglesia la verdad, la belleza y la bondad contenidas en la Santísima Eucaristía.

Jesús que vives en la Eucaristía, ven y vive en mí.  
Jesús, que sanas en la Eucaristía, ven y sáname.  
Jesús, que te sacrificas en la Eucaristía, ven y sufres en mí. Jesús, resucitado en la Eucaristía, ven y resucita a una nueva vida en mí.  
Jesús, amando en la Eucaristía, ven y ama en mí.

Señor Jesucristo, por el misterio pascual de tu muerte y resurrección, hecho presente en cada Santa Misa, derrama tu amor sanador sobre tu Iglesia y sobre nuestro mundo. Concédenos que, mientras te elevamos durante este tiempo de Avivamiento Eucarístico, tu Espíritu Santo atraiga a todas las personas a unirse a nosotros en este Banquete de la Vida. Tú vives y reinas con el Padre y el Espíritu Santo, Dios por los siglos de los siglos.

**Nuestra Señora de Guadalupe, Madre de la Eucaristía, ruega por nosotros.**





Advent is an opportunity to reflect on time. We all think of time and have our eye on the time of our cell phones or other digital devices because of appointments, or try to fit more time into our day for things. What about time as a conduit to something greater?

Advent is a time for reflection and penance. It is a time to consider our own mortality. Everyone will face death. In the beginning of the Gospel of Mark, which is read during the Liturgical Year B, Mark begins his Gospel with this: *“The beginning of the gospel of Jesus Christ the Son of God.”* All things begin with Christ. We know that when we die, at our funeral Mass when we are clothed in the white pall, the symbol of that white garment we wear at the throne of God we will stand before Christ. He is our beginning and our end, the Alpha and the Omega.

How do you want to approach the Lord Jesus Christ? Are you prepared? One may ask, ‘How can I prepare for death?’ An internet search may bring you to websites speaking about the dignity of death, end of life options, and information on the End of Life Option Acts in California, Colorado, Hawai’i, Maine, Montana, Oregon, Vermont, Washington, and Washington D.C.

The End of Life Option Acts allow physicians to prescribe an aid-in-dying drug for individuals who qualify under the Act. This is euthanasia. The School of Medicine at the University of Missouri, [medicine.missouri.edu](http://medicine.missouri.edu), indicates that there are 9 types of euthanasia medically accepted in the United States: 1) Active euthanasia, 2) Passive euthanasia, 3) Voluntary euthanasia, 4) Involuntary euthanasia, 5) Self-administered euthanasia, 6) Other-administered euthanasia, 7) Assisted, 8) Mercy Killing, 9) Physician-assisted suicide. The major reason given for the End of Life Act is to prevent suffering. These Act allows for more than one or combination drugs that may be used as an aid-in-dying medication. Also prescribed are medications to reduce the feeling of nausea, vomiting, and pain from the aid-in-dying medications.

Often doctors to calm anxieties will reassure their patients and families that the treatments are for a dignity in death and may say that it is not suicide or assisted suicide.

Euthanasia is not natural death. The Catholic Church in its entire history has always defended human life from conception until natural death. The Catholic Church teaches, *“Intentional euthanasia, whatever its forms or motives, is murder. It is gravely contrary to the dignity of the human person and to the respect due to the living God, his Creator.”* (CCC 2324)

There are concerns by the United Nations that assisted death may be feeding into eugenics as reported in a press release on 28 Feb. 2020, *New eugenics: UN disability expert warns against ‘ableism’ in medical practice*. Eugenics is population control of groups of people by race, gender, disability and age. The UN states, *“If assisted dying is made available for persons with health conditions or impairments, but who are not terminally ill, a social assumption could be made that it is better to be dead than to live with a disability.”* The sick, the elderly, and those with developmental conditions are at risk. A prescient example of how easily this could be implemented is Chie Hayakawa’s film, *“Plan 75,”* wherein a government pushes to euthanize the elderly.

Regarding aid-in-dying euthanasia, Terry McDermot in his article in [CatholicInsight.com](http://CatholicInsight.com) from Feb. 2023 entitled, *MAiD and Salvic Suffering*, shared his Catholic response when asked if someone who had used aid-in-dying drugs were in heaven: *“I don’t know. Although her death went against the Commandments, I believe in God’s mercy...only God can judge what happens here. You need to pray for her to the mercy of God.”* McDermott also reminds us that there are graces that come from suffering.

Christ gives us the Sacraments of Healing: Confession and Anointing of the Sick. God is with us in our suffering. Our entire lives we journey to the perfection God calls us to through our trials, joys, suffering, and natural death. For love of His beloved, we are given love and mercy. Do we use our suffering to journey closer to Him? Do we trust that He will bring something beautiful out of our suffering?

We discuss these important things with loved ones and friends and give witness to life as faithful people who are loved by God. ‘cuz we love, we give.



The Eucharist is Jesus's body and we are able to consume it at and after First Communion. It is a blessing because Jesus died for us . He sacrificed his body for us and we are able to consume his body.

~ Edid Gijon

It is a blessing and important because we are receiving a part of Jesus.

~Elizabeth Cañas

The Eucharist means the body of God and that he becomes a part of us each time we consume it.

~Yair Garcia Mora



## PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul.

Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart.

I embrace you as if you were already there And unite myself wholly to you.

Never permit me to be separated from you. Amen.

*Jesús mío, creo que estás realmente presente en el Santísimo Sacramento,*

*te amo sobre toda las cosas, y te deseo en el interior de mi alma.*

*Ya que en este momento no puedo recibirte sacramentalmente, ven al menos espiritualmente a mi corazón; estando dentro de mí, yo te abrazo y me uno todo a Ti.*

*No permitas nunca que me separe de Ti. Amen.*

## PRAYER AFTER COMMUNION: ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O Good Jesus, hear me. Within your wounds hide me. Separated from you, let me never be. From the evil one, protect me. At the hour of my death, call me. And close to you bid me; That with your Saints, I may be, praising you For ever and ever. Amen.

*Alma de Cristo, santifícame.*

*Cuerpo de Cristo, sálvame.*

*Sangre de Cristo, embriágame.*

*Agua del costado de Cristo, lávame.*

*Pasión de Cristo, confórtame.*

*¡Oh, buen Jesús!, óyeme.*

*Dentro de tus llagas, escóndeme.*

*No permitas que me aparte de Ti.*

*Del maligno enemigo, defiéndeme*

*En la hora de mi muerte, llámame.*

*Y mándame ir a Ti. Para que con tus santos te alabe.*

*Por los siglos de los siglos. Amén.*

## LET US PRAY FOR THE FOLLOWING / OREMOS POR

* Timothy Ketcherside	* Carolyn Lemos	* Brian Pedigo & family	* The Kunemoto Family	* Karleen Quintana
* John LeNoue	* Robert Green Sr.	* Shawn Clarke	* Jose Leyva	* Kara Stewart
* Peter Hewitt	* Susi Reich	* Regina Helm	* Daniel Gallardo	* Sherry Mlnarik
* Fely Platou	* Elisa Fajardo	* Guido Palermo	* Clare Rankin	* Phil Radford
* Mary Cavagnaro	* Irene Castaneda	* Delores Doyle	* Amelia Osorio	* Tara Arnold
* Bonifacio Garcia	* Mary de Angelo	* Russell Wells	* Cerelina Natividad	* Laurie Peterson
* Michael Culbertson	* Jessica Ketcherside	* John Miller	* Jacque Murray	* Tooker & Sutcliffe Families
* Steven Greenville	* Fr. Derek Hughes	* Barbara Pinedo	* James Patrick Little	* Richard Tucker
* Rafael & Margarita Garcia	* Dolores R. Buena	* Pancho Pinedo	* Margaret 'Peg' Mirolla	* Tanya Cody
* Frances Meehan	* Rosemarie Greenville	* Ann Harris	* Judy Crawford-Murillo	* Robin Braly
* Emily Sumner	* Aaron Kondziela	* Brian Hampton	* Norma Landry	* Cathy Anderson
* David Wright	* Donna Nichols	* Madeline Bozena	* Lavinia Trapani	* Barbara Stevens
* Aurea Cruz	* Colleen Clark	* Meekayla Bejarano	* Dana Warren	* Jack Hofstra
* Nathan Berry	* Leonora Eublera	* Freddie Fernandez	* Brian Kautz	* Avila Rose Helm
* Robert Ruiz	* Daniel Quintana	* Albert Calizo	* Mia Bacarella	* Jodi Tooker
* Sylvia Radford	* Mark Woehrl	* Ann Farrelly	* Ralph Iliff	* Ben & Ethan Sutcliffe
* Eleanor Brown	* The Rivers Family	* Lori Manfredi	* Jaxson Rivera	* Harvey and Jennifer Smith
* Sarah & Josh Matthews	* Daniel Nunez	* Lois Thompson	* Karen Pedigo	* Rose Spaulding
* Michael Vella	* Nola, Nick, Louis, Dolores, Estrella, Jaelynn Soto	* Diane Wright	* The Kautz Family	* Kathy Lamond
* Lila Martinez		* The Wright Family	* The Munds Family	* Ray Tooker

**ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM. MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.**

†Helen Penwell	†Gullermo dela Cruz	†Melecia Garcia	†Mary Friedman	†Cecilia Deines	†Loren Ketcherside	†William B. Pedigo, III
†Charles Penwell	†Serafin Sepulveda	†Felicitas Castillo	†Shirley Rustria	†Doris Stanley	†Toshi Meehan	†Hayden Sutcliffe
†Harold Platou	†Hermilia Arguello	†Antonio Medrano	†Gerry Weltman	†Aric Clarke	†Ruby Sohler	†Emilio Erice
†Larry Mischel	†Anatalia Ortiz	Tambo	†Evelyn Pellaton	†Clifford Newgard	†Gabriel Caliboso	†Sidney Dunton
†Dwight Mobley	†ULolita dela Cruz	†William (Bill) Kemble	†Chuck Ice	†Regina Newgard	†Ernestine Beevers	†Salomon Brito
†Gertrude Stimson	†Mason & Simon Brito	†Diana Nishiura	†Mary Jo Semonsen	†Gregory Newgard	†Harold Wyatt	†Eugen Simánek
†John D. Walsh	†Pat Wright	†Grace Tevis	†Kevin Lynch	†Marciano Ingan	†Giovanni G. Santos	†Jacque Lohmeier
†Elizabeth Martinez	†Joseph Cavagnaro	†Jerica Alaine Harris	†John Greenville	†Candido D. Buena Jr.	†Lita Aguilar	†Mary Fraga
†Ofelia Labra	†Manuel John Reis	†Paul Landry	†Norman Charette	†Jaime Manuel	†Loren Hamlin	†Domelita Laurencio
†Severino Repollo	†Lawrence Uthe	†Casamira Asuncion	†John de Angelo	†Medallana Patague	†Toshi Meehan	†Narciso Gallinato Sr.
†Justo Yasay	†Margaret Uthe	†Carol Ann Burns	†Pat Klencik	†Margaret Lucero	†Brigida Eublera	†Angelita Gallinato
†Joe Greene	†Joe Fraga	†Andy Boy de la Cruz, Jr.	†Beverly Jean Rocha	†Tiburcio Castillo	†Roberta Ozanich	†Wenceslao Garcia, Sr.
†Cristina Patterson	†Msgr Joseph Stieger	†Fr. Harry Freiermuth	†Adelaida Gabatin	†Martin Hernandez	†Mario Rodriguez	†Melecia Garcia
†Filippo Mazzulla	†Fr. Ken Brown	†Fr. Michael Bell	†Guadalupe Haugh	†Edwin Quintana	†Mildred Quinn	†Kenneth Duke Pace
†Elena Aurelio	†Fr. Michael Bell	†Lyn Ketcherside	†Julia Keefe	†Alfred Castaneda	†Margherita 'Rita' Davis	†Rufina Garcia
†Homero Paredes	†Lyn Ketcherside	†Ismael Ibat Tomboc	†Bishop Richard Garcia	†Jose Guadalupe Toral	†Robert Cramer	†Gorgonio Garcia
†Fermina Manuel	†Robert Beevers	†Maria Carmen Zaragoza	†William K. Lander	†Liliana Isabell Clark	†Fr. Larry Schanberger	†Pete Carganillo
†Deacon Jim Cooper	†Arcadio Tambo	†Ruth Casper	†Kathleen Patricia Crawford	†Rodney Maciel	†Susan Tuttle	†Concordia Sanchez
†Emma Nieman	†Cleta Tambo	†Fr. Ray Roh	†Joseph Carlson	†Candido Orlino Aurelio, Sr.	†Dorsey Dunton	†Adelina Pascua
†Rodrigo Martinez	†Dionisio Acain	†Joyce O'Brien	†Martin Basti	†Hugo Conti	†June Vivianne	
†Reyna Gomez	†Aurelia Acain	†Mariano Rustria	†Manuel Ayala Arroyo	†Sheila	†Hoyce Meehan	
†Lourdes Lepisto	†Dick O'Melveny	†Robert Townsend	†Shirley Matthews	†Pouraghabagher	†Jere Bresnan	
†James Emely	†Jim Stewart	†Sherman Lemos	†David Bresnan	†Claudette Steenberg	†Jane Jaeger	
†Simonne Townsend	†Jaime Repollo	†Otilia Cruz	†Lidia Caloca Green	†Frank Wasley	†Laurie Borello	
†Fernando Marcos	†Paulina Y. Andres	†Wenceslao Garcia	†Myrna Oliveros	†Nenet Suyat	†Charlie Menendez	
†Cecilia Marcos	†Gabriel Osorio	†Erich Reich	†Mina Cantorna	†Fr. Mark Stetz	†Darlene Krouse	
†William Schanberger	†Dennis A. O'Brien	†Michael Brito	†Adela Patague	†Helen Maciel	†Fr. Mark Stetz	
†Umartha Smith	†Venustiana Rodriguez	†Venustiana Rodriguez	†Remy Lejeune	†Elvira Ceballos	†Joseph O'Brien	
†Eusebio Galo	†Melinda Rose	†Nicky Miller	†General Mason	†Kenneth Duke Pace	†Janice Helm	
†Julia Ortiz	†Mary Prendergast			†Jeanette Thomsen	†Dee Mace	

## NSTRA. SÑRA. DE GUADALUPE NOVENA

Our Lady of Guadalupe Rosary Novena in Spanish are at 6:00pm each day. These following are the daily hosts.

### Diciembre / December (6:00pm)

- 3 Domingo: Mariluz, Chole, Mari Bory
- 4 Lunes: Mago
- 5 Martes: Amelia y Juan
- 6 Miércoles: Coro (choir)
- 7 Jueves: Adela C. Barboza
- 8 Viernes: Estela y Lourdes
- 7:00pm** Santa Misa Inmaculada Concepcion
- 9 Sábado: Guadalupanas
- 10 Domingo: Tulis Hernandis
- 11 Lunes: Daniela Maravilla; Iridali
- 12 Martes: Víctor Gijon; Manda

### NOTA:

- 1) Favor de traer sus propias rosas para la ofrenda floral a la Virgen durante el rezo del Santo Rosario.  
*Please bring your own roses for the floral offering to the Virgin during the prayer of the Holy Rosary.*
- 2) El grupo Guadalupanas necesita asegurarse de limpiar los espacios utilizados y ordenar los baños.  
*The Guadalupanas group needs to make sure to clean the spaces used and tidy the bathrooms.*

## NSTRA. SÑRA. DE GUADALUPE FIESTA

12-12-23 Mañanita 6:00 am  
Procesión y Rosario at parking lot 5:15 pm  
Santa Misa 6:00 pm

### 4TH SUNDAY OF ADVENT MASS SCHEDULE

12-23-2023 Vigil Mass 4:00pm

12-24-2023 Sunday English Mass 9:00am  
Misa in Español 11:30am

### CHRISTMAS MASS SCHEDULE

12-24-23 8:00 pm Christmas "Midnight" Mass

12-25-23 9:00 am Christmas Day English Mass  
11:30 am Christmas Day Misa en Español

### JANUARY 2024 MASS SCHEDULE

New Year's Day is the Solemnity of Mary, the Holy Mother of God. In 2024, this Solemnity is not a holy day of obligation.

1-1-2024, Monday  
9:00am—English Mass  
11:30am—Spanish Mass

## SIMBANG GABI 2023 SCHEDULE

(Nine evening Masses Before Christmas in honor of Our Blessed Mother Mary)

COUNTER	DATE	DAY	TIME	TIME MASS READING	CHURCH
1st Evening	Dec 15	Friday	5:00pm	Readings/Prayers of Saturday 12-16	SEAS
2nd Evening	Dec 16	Saturday	4:00pm	Readings/Prayers of Sunday 12-17	SEAS
3rd Evening	Dec 17	Sunday	5:00pm	Readings/Prayers of Monday 12-18	SEAS
4th Evening	Dec 18	Monday	5:00pm	Readings/Prayers of Tuesday 12-19	SEAS
5th Evening	Dec 19	Tuesday	5:00pm	Readings/Prayers of Wednesday 12-20	SEAS
6th Evening	Dec 20	Wednesday	5:00pm	Readings/Prayers of Thursday 12-21	Madonna del Sasso, 320 E Laurel Dr., Salinas
7th Evening	Dec 21	Thursday	5:00pm	Readings/Prayers of Friday 12-22	SEAS
8th Evening	Dec 22	Friday	5:00pm	Readings/Prayers of Saturday morning 12-23	SEAS
9th Evening	Dec 23	Saturday	4:00pm	Readings/Prayers of Sunday 12-24	SEAS

\*n.b.: Sponsors serve as lector, psalmist, reader of Prayer of the Faithful, offer gifts of bread and wine.

\*\*More information will be forthcoming as our Filipino community gathers and plans with Fr. Joey for these Masses.



# SEASLOBSERVER

## RESTORATIVE PARTNERS WEEKEND



This past weekend Sister Theresa Harpin and her friend priests, Fr. Daniel Manger, OSB, Cam, and Fr. Russ Brown came to celebrate Masses with us and to share about Restorative Partners, which helps to re-establish men and women into the community after time in prison through a facilitated mentoring program, job opportunities, and temporary housing.



Restorative Partners has job opportunities for those they help through their Bridge Café located in downtown SLO. Sister Theresa was also mentioning that some of those that Restor-

ative Partners is working with are attending culinary school and that the Bridge Café is expanding its hours and starting a catering Branch. We are all welcome at the Bridge Café, she said.

For more Bridge Café info:

Restorative Partners info:

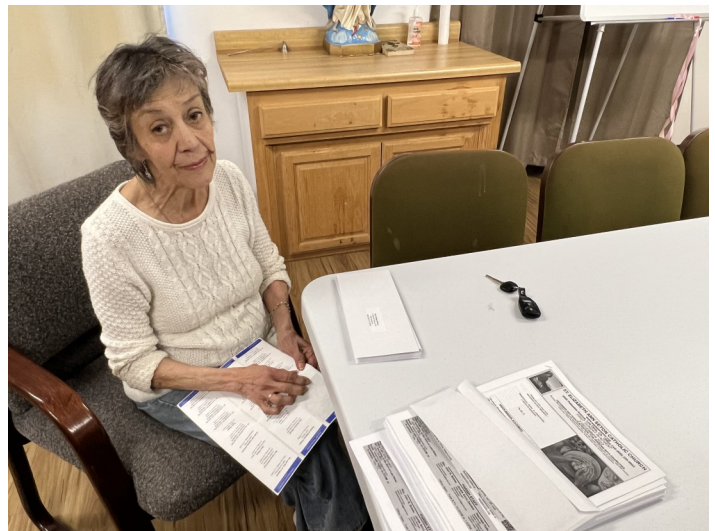
### CONTRACTOR VISIT

Our roofing contractor, arnoldBUILDERS was on site this week looking at the roof and ceiling to help formulate plans for the future.



### SAYING HELLO

Parishioner, Edna Hjerrild, came to the office this last Friday to offer encouragement in case staff were feeling pressure with Christmas looming. We are good. The other question that we had this week is, "Is Fr. Joey okay? He wasn't at Mass last weekend. He is well. Sr. Theresa brought her own priests for last weekend's Masses, which gave Fr. Joey a break. Thank you all for your love and support. It is appreciated.



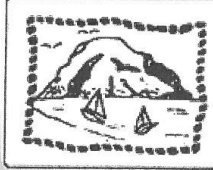
# SCHEDULE OF MASSES, READINGS & INTENTIONS

DATE	TIME	INTENTIONS	READINGS YEAR A
<b>Vigil of Second Sunday of Advent</b> 9 December 2023	4:00 pm English Sunday Mass	4:00pm †Betty Godinho (1of5); †Fr Dennis Batacandolo, CSS, †Fr. Leonil Edrozo, CSS, †Fr Michael La Guardia, SDB; †Souls in Purgatory	Is 40:1-5, 9-11 Ps 85:9-10-11-12, 13-14 2 Pt 3:8-14 Mk 1:1-8
<b>Second Sunday of Advent</b> 10 December 2023	9:00 am English Mass 11:30am Spanish Mass	9:00am †Fr Dennis Batacandolo, CSS, †Fr. Leonil Edrozo, CSS, †Fr Michael La Guardia, SDB; †Souls in Purgatory  11:30am †Maria Estela Echevarria Guerrer(4of8) †Rosa Velasquez	Is 40:1-5, 9-11 Ps 85:9-10-11-12, 13-14 2 Pt 3:8-14 Mk 1:1-8
<b>Monday of the Second Week of Advent</b> 11 December 2023	9:00 am English Mass	9:00am	Is 35:1-10 Ps 85:9ab and 10, 11-12, 13-14 Lk 5:17-26
<b>Tuesday of the Second Week of Advent</b> 12 December 2023	<i>Our Lady of Guadalupe</i> 6:00am Mañanita 9:00 am English Mass 5:15 pm Procepción y Rosario 6:00pm Spanish Mass	9:00am †Francois & †Genevieve Biscay	Zec 2:14-17 or Rv 11:19a; 12:1-6a, 10ab (Ps) Jdt 13:18BCDE, 19 Lk 1:26-38 or Lk 1:39-47
<b>Wednesday of the Second Week of Advent</b> 13 December 2023	<i>Saint Lucy, Virgin and Martyr</i> 9:00 am English Mass  9:45 am Eng. Divine Mercy & Adoration	9:00am †Alice Pedigo; †Betty Godinho (2of5)	Is 40:25-31 Ps 103:1-2, 3-4, 8 and 10 Mt 11:28-30
<b>Thursday of the Second Week of Advent</b> 14 December 2023	<i>Saint John of the Cross, Priest and Doctor of the Church</i> 9:00 am English Mass	9:00am †Laurie Borello	Is 41:13-20 Ps 145:1 and 9, 10-11, 12- 13ab Mt 11:11-15
<b>Friday of the Second Week of Advent</b> 15 December 2023	9:00 am English Mass 5:00pm Simbang Gabi #1  6:00 pm Spanish Divina Misericordia, Adoration y Bendición 7:00 pm Spanish Mass	9:00am †Mary Cahill  7:00pm	Is 48:17-19 Ps 1:1-2, 3, 4 and 6 Mt 11:16-19
<b>Vigil of Third Sunday of Advent</b> 16 December 2023	4:00 pm English Sunday Mass Simbang Gabi #2	4:00pm †Betty Godinho (3of5)	Is 61:1-2a, 10-11 (Ps) Lk 1:46-48, 49-50, 53- 54 1 Thes 5:16-24 Jn 1:6-8, 19-28
<b>Third Sunday of Advent</b> 17 December 2023	9:00 am English Mass 11:30am Spanish Mass  5:00pm Simbang Gabi #3 (NOT a 3rd Sunday of Advent Mass)	9:00am  11:30am †Maria Estela Echevarria Guerrer(5of8)	Is 61:1-2a, 10-11 (Ps) Lk 1:46-48, 49-50, 53- 54 1 Thes 5:16-24 Jn 1:6-8, 19-28



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