

# ST. ELIZABETH ANN SETON CATHOLIC CHURCH

www.seasparishlo.org 2050 Palisades Avenue, Los Osos, CA Office Cell (805) 235-8803

19TH SUNDAY IN ORDINARY TIME 8 AUGUST 2021

AUGUST 2021 POPE'S INTENTION: THE CHURCH Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in light of the Gospel.

"...An angel touched him and ordered him to get up and eat... He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God..."

"...Un ángel del Señor llegó a despertarlo y le dijo: 'Levántate y come'... Se levantó Elías. Comió y bebió. Y con la fuerza de aquel alimento, caminó cuarenta días y cuarenta noches hasta el Horeb, el monte de Dios."

1 Kgs 19: 5, 8



## WELCOME! BIENVENIDOS! MABUHAY!

### Weekend Masses

Saturday: 4:00 p.m. (ENGLISH)  
Sunday: 9:00 a.m. (ENGLISH)  
11:30 a.m. (SPANISH)

### Weekday Masses / La Misa Enteré Semana

9:00 a.m. Monday through Friday (ENGLISH)  
6:00 p.m. Viernes (ESPAÑOL)  
9:00 a.m. 1st Saturday Mass (ENGLISH)

### Adoration / Adoración

9:45 a.m. Wednesday (ENGLISH)  
Divine Mercy, Adoration, Benediction  
6:30 p.m. Viernes (ESPAÑOL)  
y La Coronilla de la Divina Misericordia

### Sacrament of Reconciliation / Reconciliación

Tuesdays by appointment only/Los Martes solo con cita previa

### Anointing of the Sick /

### Unción de los Enfermos

9:00 a.m. (ENGLISH) First Friday  
6:30 p.m. (ESPAÑOL) Primer Viernes

Parish Services see page 2

### OFFICE INFO:

Tel.: (805) 528-5319  
Fax: (805) 528-8893  
English Cell: (805) 235-8803  
Spanish Cell: (805) 441-5428  
Email: seaschurchlo@gmail.com  
Open: Physically closed, virtually open  
24/7 Anointing of the Sick or Last Rites: (805) 235-8803  
Appointment with Pastor on ZOOM: Tues., Fri.

### PARISH STAFF (During COVID Shutdown)

**REV. JOEY R. BUENA**  
Pastor  
Music Coordinator  
frjoeyseasparishlo@gmail.com

**JAVIER SOTO OSORIO**  
Office Manager & Coordinator  
Spanish Faith Formation, RCIA

**HEATHER HURLEY**  
Receptionist & Coordinator for  
English Faith Formation, RCIA

**CRISTINA CURZI**  
Interim Bookkeeper

Our office is  
physically  
closed,  
but virtually  
open!

**Virtual  
Office Hours:**  
**Tues**  
**10:00-1:00**  
**&**  
**Fri**  
**10:00-1:00**



### PRAYER OF SAINT ELIZABETH ANN SETON

O Father, the first rule of our dear Savior's life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

### ORACIÓN DE SANTA ELIZABETH ANN SETON

Oh Padre, la primera regla de la vida de nuestro querido Salvador fue hacer tu voluntad. Dejar que tu Voluntad en el momento presente sea la primera regla de nuestra vida cotidiana y nuestro trabajo, sin ninguna otra voluntad sino hacer tu voluntad plena y completa. Ayúdanos a seguir con fidelidad, para que haciendo lo que deseamos seamos más agradables a Ti. Amén.

### VISION-MISSION STATEMENT

We are an **all-welcoming Christ-centered** community celebrating our deeply rooted **Catholic traditions**, respectful & appreciative of our **multicultural diversity**, journeying together to share **family values** and **commitment to service**.

### DECLARACIÓN DE NUESTRA VISIÓN y MISIÓN

Somos una comunidad **totalmente acogedora y centrada en Cristo** que celebrando nuestras **tradiciones Católicas** profundamente arraigadas, respetamos y apreciamos **nuestra diversidad multicultural**, caminamos juntos para compartir los **valores de la familia y el compromiso al servicio**.

## ST. ELIZABETH ANN SETON PARISH SCHEDULE OF SERVICES

<b>MASSES, ADORATION</b>	See pages 1 & 5
<b>CONFESSION</b>	Available on Tuesdays by appointment only. Please call parish office cell phone or email.
<b>INFANT BAPTISM (newborn to 6 y/o)</b>	ZOOM visit with pastor 3 months before intended date. Emergency baptism (for recipient in danger of death: parent/s call pastor asap [805] 235-8803).
<b>7 y/o &amp; above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION</b>	(Eng.) Email Heather (Sp) Call Javier at Office Cell phone For English & Spanish Adult Catechesis, please contact Heather or Javier at parish cell office.
<b>KIDS' FIRST HOLY COMMUNION</b>	Catechism 2020-2021 TBD (A two-year program, starts Gr. 1.) First Holy Communion on 2nd year, usually on Feast of Corpus Christi.
<b>TEENS' CONFIRMATION</b>	Catechism 2020-2021 TBD (A two-year program, starts Gr. 9.) Confirmation on 2nd year, on or after Solemnity of Pentecost.
<b>QUINCEAÑERA</b>	ZOOM visit with pastor 6 months before intended date; Must be enrolled in Confirmation Program; Attend Quinceañera Class.
<b>PRESENTACIÓN</b>	Contact 1(805) 441-5428.
<b>WEDDING</b>	ZOOM visit with pastor 6 months before intended date.
<b>ANNULMENT</b>	Call parish for ZOOM appointment with pastor.
<b>ANOINTING OF THE SICK</b>	Contact 1(805) 235-8803.
<b>LAST RITES</b>	24/7 Contact asap 1(805) 235-8803.
<b>FUNERAL</b>	Contact 1(805) 235-8803.
<b>BLESSING of NEW VEHICLE, RELIGIOUS ITEMS</b>	Contact 1(805) 235-8803.
<b>BLESSING of NEW HOUSE, NEW SHOP</b>	Contact 1(805) 235-8803.
<b>VISIT CHURCH for PERSONAL PRAYER &amp; ADORATION</b>	Indoor visits are temporarily suspended due to COVID-19; Attend outdoor adoration Wed 9:30 am & 5:30 pm.
<b>SPIRITUAL COUNSELING</b>	Contact 1(805) 235-8803.
<b>MINOR EXORCISM (Deliverance Prayer) NOT solemn exorcism</b>	Contact 1(805) 235-8803.

## 8th AUG—BOFCA BBQ

The Bay-Osos Filipino Community Association (BOFCA) is having a chicken BBQ at Ralph's on 8th August from 11:00 am until 2:00pm.

## BLESSING OF NEW LITURGICAL ITEMS

Thank you to those who gave in the past for a new book of the Gospels. With money budgeted for it, we were blessed with a great sale on liturgical items and were able to order the Gospel Book as well as other needed vestments to begin to replace well used ones. They were blessed on Friday and began to be used that day.



## PRAYER OF POPE FRANCIS TO MARY, HEALTH OF THE SICK

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick.  
At the foot of the Cross you participated in Jesus' pain with steadfast faith.

You, Salvation of all, know what we need.  
We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love,  
to conform ourselves to the Father's will  
and to do what Jesus tells us:  
He who took our sufferings upon Himself,  
and bore our sorrows to bring us,  
through the Cross, to the joy of the Resurrection.  
Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

## PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul.

Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart.

I embrace you as if you were already there And unite myself wholly to you.

Never permit me to be separated from you. Amen.

*Jesús mío, creo que estás realmente presente en el Santísimo Sacramento,*

*te amo sobre toda las cosas, y te deseo en el interior de mi alma.*

*Ya que en este momento no puedo recibirte sacramentalmente, ven al menos espiritualmente a mi corazón; estando dentro de mí, yo te abrazo y me uno todo a Ti.*

*No permitas nunca que me separe de Ti. Amen.*

## PRAYER FOR AFTER COMMUNION: ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me. Within your wounds hide me.  
Separated from you, let me never be.  
From the evil one, protect me.  
At the hour of my death, call me.  
And close to you bid me;  
That with your Saints, I may be, praising you  
For ever and ever. Amen.

*Alma de Cristo, santifícame.  
Cuerpo de Cristo, sálvame.  
Sangre de Cristo, embriágame.  
Agua del costado de Cristo, lávame.  
Pasión de Cristo, confortame.  
¡Oh, buen Jesús!, óyeme.  
Dentro de tus llagas, escóndeme.  
No permitas que me aparte de Ti.  
Del maligno enemigo, defiéndeme  
En la hora de mi muerte, llámame.  
Y mándame ir a Ti. Para que con tus santos te alabe.  
Por los siglos de los siglos. Amén.*

## LET US PRAY FOR THE FOLLOWING / OREMOS POR

* Timothy Ketcherside	* Sarah & Josh Matthews	* Maggie Quinn	* Pancho Pinedo	* Clare Rankin
* John LeNoue	* Michael Vella	* Donna Nichols	* Ann Harris	* Amelia Osorio
* Peter Hewitt	* Lila Martinez	* Colleen Clark	* Brian Hampton	* Celerina Natividad
* Jere Bresnan	* Darleen Krouse	* Leonora Eublera	* Madeline Bozena	* Jacque Murray
* Fely Platou	* Carolyn Lemos	* Daniel Quintana	* Meekayla Bejarano	* James Patrick Little
* Mary Cavagnaro	* Toshi Meehan	* Mark Woehrl	* Dee Mace	* Peg Mirolla
* Bonifacio Garcia	* Robert Green Sr.	* The Rivers Family	* Freddie Fernandez	* William B. Pedigo, III
* Michael Culbertson	* Susi Reich	* Daniel Nunez	* Albert Calizo	* Janice Helm
* Steven Greenville	* Sidney Dunton	* Nola, Nick, Louis, Dolores, Estrella, Jaelynn Soto	* Ann Farrelly	* Judy Crawford-Murillo
* Rafael & Margarita Garcia	* Elisa Fajardo	* Brian Pedigo & family	* Lori Manfredi	* Norma Landry
* Frances Meehan	* Irene Castaneda	* Shawn Clarke	* Lois Thompson	* Lavinia Trapani
* Emily Sumner	* Mary de Angelo	* Regina Helm	* Diane Wright	* Joyce Martinez
* David Wright	* Jessica Ketcherside	* Guido Palermo	* The Wright Family	* Daniel Duclos
* Aurea Cruz	* Fr. Derek Hughes	* Delores Doyle	* The Kunemoto Family	* Albert Calizo
* Nathan Berry	* Joe O'Brien	* Russell Wells	* Jose Leyva	* Dana Warren
* Robert Ruiz	* Dolores R. Buena	* Jacque Lohmeier	* Daniel Gallardo	* Brian Kautz
* Sylvia Radford	* Rosemarie Greenville	* John Miller	* Jane Jaeger	* Mia Bacarella
* Eleanor Brown	* Aaron Kondziela	* Barbara Pinedo	* Eugen Šimánek	* Ralph Iliff

## ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM. MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.

†Helen Penwell	†Melinda Rose	†Michael Brito	†Mike Wright	†Lydia Caloca Green	†Claudette Steenberg
†Charles Penwell	†Julia Ortiz	†Venustiana Rodriguez	†Fr. Lawrence Betrozoff	†Myrna Oliveros	†Frank Wasley
†Harold Platou	†Guillermo dela Cruz	†Selestino Salgado	†Nicky Miller	†Mina Cantorna	†Nenet Suyat
†Larry Mischel	†Serafin Sepúlveda	†Mary Prendergast	†General Mason	†Adela Patague	†Cindy Castillo
†Dwight Mobley	†Hermila Arguello	†Melécia Garcia	†Mary Friedman	†Remy Lejeune	†Helen Maciel
†Gertrude Stimson	†Anatalia Ortiz	†Felicitas Castillo	†Shirley Rustria	†Anthony Sperlazzo	†Elvira Ceballos
†John D. Walsh	†ULolita dela Cruz	†Antonio Medrano	†Gerry Weltman	†Cecilia Deines	†Kenneth Duke Pace
†Elizabeth Martinez	†Mason & Simon Brito	†Tambo	†Evelyn Pellaton	†Doris Stanley	†Jeanette Thomsen
†Ofelia Labra	†Pat Wright	†William (Bill) Kemble	†Chuck Ice	†Aric Clarke	†Loren Ketcherside
†Severino Repollo	†Joseph Cavagnaro	†Diana Nishiura	†Mary Jo Semonsen	†Clifford Newgard	†Ruby Sohler
†Justo Yasay	†Manuel John Reis	†Grace Tevis	†Kevin Lynch	†Regina Newgard	†Gabriel Caliboso
†Joe Greene	†Lawrence Uthe	†Jerica Elaine Harris	†John Greenville	†Gregory Newgard	†Ernestine Beevers
†Cristina Patterson	†Margaret Uthe	†Paul Landry	†Norman Charette	†Marciano Ingan	†Harold Wyatt
†Filippo Mazzulla	†Joe Fraga	†Casamira Asuncion	†John de Angelo	†Candido D. Buena Jr.	†Giovanni G. Santos
†Elena Aurelio	†Msgr Joseph Stieger	†Carol Ann Burns	†Pat Klenc	†Jaime Manuel	†Lita Aguilar
†Homero Paredes	†Fr. Ken Brown	†Andy Boy de la Cruz, Jr.	†Beverly Jean Rocha	†Medallana Patague	†Loren Hamlin
†Fermína Manuel	†Fr. Michael Bell	†Fr. Harry Freiermuth	†Adelaída Gabatin	†Margaret Lucero	†Toshi Meehan
†Deacon Jim Cooper	†Lyn Ketcherside	†Crescenciana Gaila	†Guadalupe Haugh	†Tiburcio Castillo	†Brigida Eublera
†Emma Nieman	†Robert Beevers	†Ismael Ibat Tomboc	†Julia Keefe	†Martin Hernandez	†Roberta Ozanich
†Rodrigo Martinez	†Arcadio Tambo	†Maria Carmen Zaragoza	†Bishop Richard Garcia	†Edwin Quintana	†Mario Rodriguez
†Reyna Gomez	†Cleta Tambo	†Ruth Casper	†William K. Lander	†Alfred Castaneda	†Mildred Quinn
†Lourdes Lepisto	†Donisio Acain	†Fr. Ray Roh	†Kathleen Patricia Crawford	†Jose Guadalupe Toral	†Margherita 'Rita' Davis
†James Emely	†Aurelia Acain	†Joyce O'Brien	†Joseph Carlson	†Liliana Isabell Clark	†Robert Cramer
†Simonne Townsend	†Dick O'Melveny	†Mariano Rustria	†Martin Basti	†Rodney Maciel	†Fr. Larry Schanberger
†Fernando Marcos	†Jim Stewart	†Robert Townsend	†Manuel Ayala Arroyo	†Candido Orlino Aurelio, Sr.	†Susan Tuttle
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†William Schanberger	†Paulina Y. Andres	†Otilia Cruz	†David Bresnan	†Sheila Pouraghabagher	†June Vivianne
†UMartha Smith	†Gabriel Osorio	†Wenceslao Garcia			
†Eusebio Galo	†Dennis A. O'Brien	†Erich Reich			

## ADORATION CHAPEL UPDATE

On Monday of this week the sides for the ramp (to be filled in later) and curb were fashioned out of cement. Painted with a first coat mid-week, the interior was prepped for protection from the robotic floor polisher which was used Friday for the 1st round of smoothing and polishing the floor. The forms for the cement area in front of the main door and await cement pouring soon. The dirt in the cement frame for the ramp was levelled and tamped down as was other surrounding dirt in preparation for cement to be poured.



## MASS REMINDERS

- 1) The dispensation from the obligation to attend Mass on Sundays and holy days of obligation issued on March 12, 2020, is still in effect until further notice. Please expect that that the dispensation may end this summer.
- 2) Parishioners who feel sick in any way, those with a fever or cough, and those who live with a person found to be positive for COVID-19, should be urged to refrain from public gatherings, including liturgical celebrations, until a doctor determines it is safe for them to do so.
- 3) Even with the return to Mass, we know that many of our parishioners will continue to join with us virtually through continued Mass on our parish website, and Facebook, and YouTube channel.
- 5) S.E.A.S. parish bulletin will continue to be emailed to parishioners whose email we have. (To add your name, send an email to the office email.) The Bulletin is also published on our website and MyParishApp.

## PLEASE REMEMBER ST. ELIZABETH'S IN YOUR WILL

A great way to **help our parish become financially stable** is to remember your parish church in your **Will or Trust**. To make sure the entire amount (100%) will go to St. Elizabeth's, please word the bequest like this:

**"I leave a bequest of \$ \_\_\_\_\_ to ST. ELIZABETH ANN SETON CATHOLIC CHURCH at 2050 Pali-sades Avenue, Los Osos, CA 93402."**

If you wish to privately discuss this matter with Fr. Joey, please call parish cell 805-235-8803 to set-up an appointment, or email him at [frjoeyseasparishlo@gmail.com](mailto:frjoeyseasparishlo@gmail.com).

Thank you for considering SEAS for your final distribution.

## NEED ASSISTANCE IN YOUR ADVANCE HEALTH CARE DIRECTIVE, FUTURE CATHOLIC FUNERAL & ESTATE PLANNING?

Fr. Joey can help you.

For confidential discussion, please email him at [frjoeyseasparishlo@gmail.com](mailto:frjoeyseasparishlo@gmail.com) or leave message at (805) 235-8803

## ADORATION CHAPEL Q & A SERIES #15

**Q: What are the benefits of Eucharistic Adoration?**

**A:** There are many benefits. St. Lawrence Catholic Church offers some benefits of Eucharistic Adoration ([www.saintlawrencechurch.org](http://www.saintlawrencechurch.org))

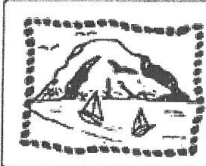
- 1) A Holy Hour of Eucharistic Adoration is a sharing in the work of Redemption. (Venerable Archbishop Fulton Sheen)
- 2) The faithful are to hold the Eucharist in highest honor... worshipping it with supreme adoration. (Code of Canon Law – #898)
- 3) During our Holy Hour our souls are fed in two faculties of the spirit – the Mind and the Will. In the Mind we need light; in the Will we need strength. (Fr. John Hardon)
- 4) You must propagate veneration of the Most Blessed Sacrament with all your might, for the devotion to the Holy Eucharist is the queen of all devotions. (Pope Benedict XV)
- 5) Our Lord is hidden there in the Blessed Sacrament, waiting for us to come and visit Him, and make our requests to Him. (St. John Vianney)

# SCHEDULE OF MASSES, READINGS & INTENTIONS

DATE	TIME	INTENTIONS	READINGS YEAR A
<b>VIGIL NINETEENTH SUNDAY IN ORDINARY TIME</b> 7 August 2021	9:00 am 1st Sat. Eng. Mass & Rosary 10:00am Baptism of Gael Ortega 4:00 pm INDOOR English Sunday Mass  (live-streamed Sat. 4 pm, Sun. 9 am & 11:30 am)	9:00am Regino & Angelita Manuel Family (6 of 20); Rochelle Erice Castillo (8of9); †Elena & †Orlino Aurelio, Sr. (1of5)  4:00pm Sean & Heather Hurley	Dt 6:4-13 Ps 18: 2-4, 47, 51 Mt 17:14-20 1 Kgs 19:4-8 Ps 34: 2-9 Eph 4:30—5:2 Jn 6:41-51
<b>NINETEENTH SUNDAY IN ORDINARY TIME</b> 8 August 2021	9:00 am INDOOR English Sunday Mass  11:30 pm INDOOR Spanish Sunday Mass  (live-streamed Sat. 4 pm, Sun. 9 am & 11:30 am)	9:00am Tambo & Tagalicud Families; Rochelle Erice Castillo (9of9) ; Shawn Clarke, Gina Clarke/Helm, Avila Rose Helm, Keith Helm 11:30am	1 Kgs 19:4-8 Ps 34: 2-9 Eph 4:30—5:2 Jn 6:41-51
<b>Monday 19th Week in Ordinary Time</b> 10 August 2021	9:00 am English Mass	9:00am †Dorsey Dunton (1of 10); †Elena & †Orlino Aurelio, Sr. (2of5)	Dt 10:12-22 Ps 147: 12-15, 19-20 Mt 17:22-27
<b>Tuesday 19th Week in Ordinary Time</b> 11 August 2021	<i>Saint Lawrence, Deacon and Martyr</i> 9:00 am English Mass	9:00am †Dorsey Dunton (2of 10);	2 Cor 9:6-10 Ps 112: 1-2, 5-9 Jn 12:24-26
<b>Wednesday 19th Week in Ordinary Time</b> 12 August 2021	<i>Saint Clare, Virgin</i> 9:00 am English Mass 9:45 am Eng. Divine Mercy, Adoration, and Benediction (SEAS 9:00am Wednesday Masses and 'Holy Hour' are livestreamed and available on our Parish Website)	9:00am Regino & Angelita Manuel Family (7 of 20); †Elena & †Orlino Aurelio, Sr. (3of5)	Dt 34:1-12 Ps 66:1-3a, 5, 8, 16-17 Mt 18:15-20
<b>Thursday 19th Week in Ordinary Time</b> 13 August 2021	9:00 am English Mass	9:00am †Dorsey Dunton (3of 10);	Jos 3:7-10a, 11, 13-17 Ps 114: 1-6 Mt 18:21—19:1
<b>Friday 19th Week in Ordinary Time</b> 14 August 2021	9:00 am English Mass (SEAS 9:00am Friday Masses are livestreamed and available on our Parish Website) 6:00 pm Spanish Mass 6:30 pm Sp. Divine Mercy, Adoration, and Benediction	9:00am †Dorsey Dunton (4of 10)  6:00pm Regino & Angelita Manuel Family (8of 20)	Jos 24:1-13 Ps 136: 1-3, 16-18, 21-22, 24 Mt 19:3-12
<b>VIGIL THE ASSUMPTION OF THE BLESSED VIRGIN MARY</b> 15 August 2021	4:00 pm INDOOR English Sunday Mass	4:00pm Ginny Golden; †Elena & †Orlino Aurelio, Sr. (4of5)	Rv 11:19a; 12:1-6a, 10ab Ps 45: 10-12, 16 1 Cor 15:20-27 Lk 1:39-56
<b>THE ASSUMPTION OF THE BLESSED VIRGIN MARY</b> 16 August 2021	9:00 am INDOOR English Sunday Mass  11:30 pm INDOOR Spanish Sunday Mass	9:00am †Clifford Newgard, †Regina Newgard, †Greg Newgard, †Aric Patrick Newgard; Regino & Angelita Manuel Family (9of 20);  11:30am	Rv 11:19a; 12:1-6a, 10ab Ps 45: 10-12, 16 1 Cor 15:20-27 Lk 1:39-56

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continued support of  
our parish!

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