

ST. ELIZABETH ANN SETON CATHOLIC CHURCH

2050 Palisades Avenue, Los Osos, CA 93402

www.seasparishlo.org

SECOND SUNDAY OF LENT 3-8-2020

MARCH 2020 Pope's Intention: CATHOLICS IN CHINA

That the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

WELCOME! BIENVENIDOS!

Weekend Masses

Saturday: 5:30 p.m. (ENGLISH)

Sunday: 9:00 a.m. (ENGLISH)

1:00 p.m. (SPANISH)

Weekday Masses / La Misa Enteré Semana

8:30 a.m. Tuesday, Wednesday, Friday (ENGLISH)

5:45 p.m. Misa todos los Viernes (SPANISH)

8:30 a.m. 1st Saturday Mass (ENGLISH)

Communion Services

8:30 a.m. Monday, Thursday (ENGLISH)

Adoration / Adoración

9:00 a.m. Wednesday (ENGLISH)

Divine Mercy, Adoration, Benediction

5:15 p.m. cada Viernes (SPANISH)

y La Coronilla de la Divina Misericordia

Sacrament of Reconciliation / Reconciliación

4:30 p.m. Every Saturday / Cada Sábado or by appointments

1st Fri. Anointing of the Sick / Unción de los Enfermos

9:00 a.m. (ENGLISH)

5:45 p.m. (SPANISH)

Parish Services see page 2

OFFICE INFO:

Tel.: (805) 528-5319

Fax.: (805) 528-8893

Cell.: (805) 235-8803

Email: seaschurchlo@gmail.com

Open: Tues. & Fri. 9 a.m.—1:00 p.m.

24/7 Anointing of the Sick

or Last Rites:

Appointment with Pastor: (805) 235-8803 Mon., Tues., Wed., Fri.



SCAN QR CODE
with SMARTPHONE APP for
MOBILE DONATION



“And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them...conversing with him. a bright cloud cast a shadow over them, then from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.”

“Abí se transfiguró en su presencia: su rostro se puso resplandeciente como el sol y sus vestiduras se volvieron blancas como la nieve. De pronto aparecieron ante ellos Moisés y Elías, conversando con Jesús... Cuando aún estaba hablando, una nube luminosa los cubrió y de ella salió una voz que decía: “Este es mi Hijo muy amado, en quien tengo puestas mis complacencias; escúchenlo.

Mt 17: 2-3, 5

PRAYER OF SAINT ELIZABETH ANN SETON

O Father, the first rule of our dear Savior's life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

ORACIÓN DE SANTA ELIZABETH ANN SETON

Oh Padre, la primera regla de la vida de nuestro querido Salvador fue hacer tu voluntad. Dejar que tu Voluntad en el momento presente sea la primera regla de nuestra vida cotidiana y nuestro trabajo, sin ninguna otra voluntad sino hacer tu voluntad plena y completa. Ayúdanos a seguir con fidelidad, para que haciendo lo que deseas seamos más agradables a Ti. Amén.

VISION-MISSION STATEMENT

We are an **all-welcoming Christ-centered** community celebrating our deeply rooted **Catholic traditions**, respectful & appreciative of our **multicultural diversity**, journeying together to share **family values** and **commitment to service**.

DECLARACIÓN DE NUESTRA VISION y MISIÓN

Somos una comunidad **totalmente acogedora y centrada en Cristo** que celebrando nuestras **tradiciones Católicas** profundamente arraigadas, respetamos y apreciamos nuestra **diversidad multicultural**, caminamos juntos para compartir los **valores de la familia y el compromiso al servicio**.

PARISH STAFF

REV. JOEY R. BUENA

Pastor

frjoeyseasparishlo@gmail.com

JAVIER SOTO OSORIO

Office Manager & Coordinator

Spanish Faith Formation, RCIA

javi.s.seaschurchlo@gmail.com

SUSAN TUTTLE

Music Coordinator

seaschurchlo@gmail.com

HEATHER HURLEY

Receptionist & Coordinator for

English Faith Formation, RCIA

heatherh.seas.7@gmail.com

CRISTINA CURZI

Interim Bookkeeper

WEEKEND READINGS (YR A)

WORD & EUCHARIST PGS: 176-178

NICENE CREED PGS: 26-28

ST. ELIZABETH ANN SETON PARISH SCHEDULE OF SERVICES

MASSES, ADORATION	See pages 1 & 4
CONFESSION	Every Saturday, 4:30 pm to 5:00 pm. Or call parish office for appointment.
INFANT BAPTISM (newborn to 6 y/o)	Visit pastor 3 months before intended date. Emergency baptism (for recipient in danger of death: parent/s call pastor asap [805] 235-8803).
7 y/o & above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION	(English) Call Heather at office for appointment. (Spanish) Call Javier at office for appointment. For English & Spanish Adult Catechesis, please contact Heather or Javier at parish office.
KIDS' FIRST HOLY COMMUNION	Enrollment on June & July only. Fees increase after. Classes begin October. (A two-year program, starts Gr. 1.) First Holy Communion on 2nd year, Feast of Corpus Christi.
TEENS' CONFIRMATION	Enrollment on June & July only. Fees increase after. Classes begin October. (A two-year program, starts Gr. 9.) Confirmation on 2nd year, on or after Solemnity of Pentecost.
QUINCEAÑERA	Visit pastor 6 months before intended date; Must be enrolled in Confirmation Program; Attend Quinceañera Class.
PRESENTACIÓN	Every 7 pm Spanish Friday Mass, or by appointment
WEDDING	Visit pastor 6 months before intended date;
ANNULMENT	Call parish for appointment with pastor.
ANointing OF THE SICK	Every First Friday after Mass; days before surgery, when seriously ill, contact 1(805) 235-8803.
LAST RITES	24/7 Contact asap 1(805) 235-8803.
FUNERAL	Call parish office asap.
BLESSING OF NEW VEHICLE, RELIGIOUS ITEMS	Inform priest presider after Weekday & Sunday Masses
BLESSING OF NEW HOUSE, NEW SHOP	Call parish office for appointment
VISIT CHURCH for PERSONAL PRAYER & ADORATION	Immediately after the 8:30 am weekday liturgies; Or drop by parish office every Tuesday & Friday, from 9:00 am to 1:00 pm so that staff can open the church for you.
SPIRITUAL COUNSELING	Call parish office for appointment
MINOR EXORCISM (Deliverance Prayer) NOT solemn exorcism	Call parish office for appointment

FRIDAYS DURING LENT

8:30am English Mass

SPANISH FRIDAY LITURGIES (Lent only):
5:15 pm Exposition of the Blessed Sacrament, Divine Mercy, Adoration, Benediction; **5:45-6:15 pm** Spanish Mass

6:30 Stations of the Cross
7:00 pm Soup Supper

The primary music ministers are the faithful who attend the Mass. Musicians & cantors serve the faithful so that all can actively participate. I encourage everyone, let us sing & praise God together! Fr. Joey

MUSIC FOR MARCH 7 & 8, 2020 ENGLISH MASSES

Please listen to Cantor's announcement for any changes

	SONG TITLE	SONG NUMBER
GATHERING SONG	O LOVE OF GOD	466
OFFERTORY	BREAD FOR THE WORLD	483
COMMUNION	IN THIS PLACE	467
MEDITATION (READINGS RELATED)	ENDLESS IS YOUR LOVE	658
SENDING FORTH	HERE I AM	604

ENGLISH LENTEN TALK & CONFESSIONS

WHEN: March 12, Thursday, 6:30 pm
ALL CONFIRMATION STUDENTS ARE REQUIRED TO ATTEND.
ALL ARE WELCOME!

SPANISH LENTEN TALK & CONFESSIONS

WHEN: March 19, Thursday, 6:30 pm
ALL CONFIRMATION STUDENTS ARE REQUIRED TO ATTEND.
ALL ARE WELCOME!

EASTER EGGS

We need your help! This year we have 2 Easter Egg hunts for the children this coming Easter.

Please bring your Easter eggs pre-filled with individually wrapped candy to the parish office by April 7th. Thank you for your generosity!

EASTER WHITE ORCHIDS

Due to increase in parishioner allergies to lilies we are going to use white orchids this Easter. How can you help?

Bring a white orchid in bloom to the church on Good Friday (April 10th) with the clearly printed name of your loved one attached.

Names of your loved ones will be listed in the bulletin. Thank you.

A PRAYER AMIDST THE VIRUS SCARE

God our Father, we come to You in our need to ask Your protection against the COVID-19 virus, that has claimed lives and has affected many. We pray for Your grace for the people tasked with studying the nature and cause of this virus and its disease and of stemming the tide of its transmission. Guide the hands and minds of medical experts that they may minister to the sick with competence and compassion, and of those governments and private agencies that must find cure and solution to this epidemic. We pray for those afflicted may they be restored to health soon. Grant us the grace to work for the good of all and to help those in need. Grant this through our Lord, Jesus Christ, your Son, Who lives and reigns with You, in the unity of the Holy Spirit, God, forever and ever. Amen.

Mary Help of all Christians, pray for us. St. Raphael the Archangel, pray for us. St. Rock, pray for us. St. Elizabeth Ann Seton, pray for us. Amen.

SAT. MARCH 14—PARISH PASTORAL COUNCIL MEETING

Parish Pastoral Council Meeting is Saturday, March 14, 2020. We will meet in the classrooms at 11:00AM. All parishioners are welcome.

SAT & SUN. MARCH 14/15— 2nd COLLECTION: CATHOLIC CHARITIES

The 2nd Collection on March 14th & 15th benefits Catholic Charities.

SUN. MARCH 15th ST. PATRICK THEMED HOSPITALITY

Hospitality is being hosted March 15th by the Knights of Columbus. However since St. Patrick's Day is Tuesday March 17th those of Irish-American descent are welcome to bring an Irish dish to share.

SUN. MARCH 22nd—ST. JOSEPH'S TABLE MEAL & FUNDRAISER

We need your help preparing Italian food & celebrating together. A sign-up list for food dishes is on the back tables of the church. You can also email or call Heather at the office. Heatherh.seas.7@gmail.com or (805) 528-5319.

Let's join together for our parish St. Joseph's Table with food, family, laughter, and love while contributing to our St. Joseph's Fund that helps those in need within our parish and local community. Thanks!

SUN. MARCH 29th—Int'l Festival Mtg. #1

The 1st Meeting for the International Festival will be Sunday March 29th at 10:30am in the Community Room. All are welcome.

STATIONS OF THE CROSS & LENTEN SUPPERS

Lent has always been a great opportunity to prepare for Easter through weekly Friday communal prayer of the Stations of the Cross followed by a shared meal. Times are forthcoming. More information on the Knights of Columbus' Fish Fry benefitting our parish of St. Elizabeth Ann Seton will be forthcoming.

7 pm FREE SOUP SUPPER / or LENT FUNDRAISER

DATE	ITEM	CONTACT
6 March 2020	Soups (Spanish)(Free)	Adriana Ramirez
13 March 2020	Soups (Filipino) (Free)	Josie Galo
20 March 2020	Fish Fry Parish Fundraiser	Knights of Columbus
27 March 2020	TBD	TBD
3 April 2020	TBD	TBD

GUADALUPANAS FORMATION CLASS with FR. JOEY

This class has been moved from Marzo 3 to **Marzo 10, Martes at 6:30 pm.** All Guadalupanas, please bring your homework for discussion.

MARCH 20—KNIGHTS OF COLUMBUS & FRIENDS—FISH FRY FOR S.E.A.S.

Knights of Columbus is hosting a fish fry to benefit our parish as part of the Lenten Suppers that coincide with the Stations of the Cross.

PRE-ORDER IS ENCOURAGED. DEADLINE MARCH 15TH.

Meals available increased to 100 plates! Tickets will be given.

You can buy tickets from **Tom Salmon and Javier Soto after Saturday & Sunday Masses**, or at the **SEAS office during office hours.** **\$10 a plate (fish, chips, and salad)**

For more information see Tom Salmon of the Knights of Columbus.

2020 AMA: GROW IN FAITH

Your generous gift to the 2020 Annual Ministry Appeal will help those in need and provide support and services to our brothers and in sisters in Christ, as we Grow in Faith within the diocese and our local parish.

Our goal this year is \$40,000.

\$11,500 of the money returned by the Diocese will go toward the repair and asphaltting of the parking lots as well as light sensors in the bathrooms.

THANK YOU VERY MUCH!

Annual Ministry Appeal: Grow in Faith Information reflective of Diocesan Report: 3 March 2020	
Donors through S.E.A.S.:	2
Amount Pledged	\$ 640.00
Total Amount Donated:	\$ 80.00
Amount Needed by Diocese:	\$8,500.00
Amount Returning to SEAS:	none yet

"CHEST OF HOPE" UPDATE

February Chest of Hope Donation Total: \$ 145.77

Thank you! Your returned Chest of Hope, benefitting local parish needs, may be found on the back table of the church. Our next collection dates are March 28 & 29.

FEB 26 ASH WEDNESDAY DONATION REPORT

Thank you for your generous support of our parish. Below reflects last week's financial contributions.

Wednesday, 8:30 am English	\$ 192 .00
Wednesday, 8:30 am English Mass Red Env.	\$ 108 .00
Wednesday, 9:00 am Spanish Mass	\$ 85 .00
Wednesday, 1:00 pm Spanish Mass Red Env.	\$ 287 .00
Total Ash Wednesday Donation	\$ 672 .00

FEB 29 & MAR 1 WEEKEND DONATION REPORT

Thank you for your generous support of our parish. Below reflects last week's financial contributions.

ELECTRONIC GIVING is reported monthly, not weekly.

Thank you for your contributions. God bless you a hundredfold!

Saturday, 5:30 pm English	\$ 182 .00
Sunday, 9:00 am English Mass	\$ 856 .00
Sunday, 1:00 pm Spanish Mass	\$ 193 .00
Saturday, 5:30 pm English Mass Red Env.	\$ 175 .00
Sunday, 9:00 am English Mass Red Env.	\$ 192 .00
Sunday, 1:00 pm Spanish Mass Red Env.	\$ 80 .00
Chests of Hope (all masses)	\$ 145 .77

Total Weekend Donation \$ 1823 .77

SCHEDULE OF MASSES, READINGS & INTENTIONS

DATE	TIME	INTENTIONS	READINGS YEAR A
Saturday, Vigil Second Sunday of Lent 7 March 2020	8:30am First Saturday English Mass 4:30 to 5:00pm Confession 5:30 pm English Mass	8:30am: 5:30pm:	Gn 12:1-4a Ps 33: 4-5, 18-20, 22 2 Tm 1:8b-10 Mt 17:1-9
Second Sunday of Lent 8 March 2020	9:00 am English Mass 1:00pm Spanish Mass	9:00am: Rita Davis (1 of 2) 1:00 pm:	Gn 12:1-4a Ps 33: 4-5, 18-20, 22 2 Tm 1:8b-10 Mt 17:1-9
Monday 2nd Week of Lent 9 March 2020	8:30am Communion Service	8:30am: Communion Service	Dn 9:4b-10 Ps 79: 8-9, 11, 13 Lk 6:36-38
Tuesday 2nd Week of Lent 10 March 2020	8:30am English Mass 9:30am Funeral Mass †Richard Burns	8:30am: † Frank Wasley	Is 1:10, 16-20 Ps 50: 8-9, 16bc-17, 21, 23 Mt 23:1-12
Wednesday 2nd Week of Lent 11 March 2020	8:30am English Mass 9-10am Exposition of the Blessed Sacrament, English Divine Mercy, Adoration, Benediction 7pm Quinceañera Rehearsal	8:30am: Fely Platou	Jer 18:18-20 Ps 31: 5-6, 14-16 Mt 20:17-28
Thursday 2nd Week of Lent 12 March 2020	8:30am Communion Service 6:30pm English Lenten Reflection & Confessions	8:30am: Communion Service	Jer 17:5-10 Ps 1: 1-4, 6 Lk 16:19-31
Friday 2nd Week of Lent 13 March 2020	8:30am English Mass 5:15 pm Exposition of the Blessed Sacrament, Spanish Divine Mercy, Adoration, Benediction 5:45-6:15 pm Spanish Mass 6:30 pm Stations of the Cross 7:00 pm Soup Supper for All	8:30am: Bill Griffith 5:45pm:	Gn 37:3-4, 12-13a, 17b-28a Ps 105: 16-21 Mt 21:33-43, 45-46
Saturday, Vigil Third Sunday of Lent 14 March 2020	1pm Quinceañera Samantha Alfaro 4:30 to 5:00pm Confession 5:30 pm English Mass	5:30pm:	Ex 17:3-7. Ps 95: 1-2, 6-9 Rom 5:1-2, 5-8 Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42
Third Sunday of Lent 15 March 2020	9:00 am English Mass 1:00pm Spanish Mass	9:00am: Rita Davis (2 of 2) 1:00 pm:	Ex 17:3-7 Ps 95: 1-2, 6-9 Rom 5:1-2, 5-8 Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

LET US PRAY FOR THE FOLLOWING / OREMOS POR

* Timothy Ketcherside * John LeNoue * Peter Hewitt * Jere Bresnan * Fely Platou * Mary Cavagnaro * Bonifacio Garcia * Michael Culbertson * Steven Greenville * Rafael & Margarita Garcia * Frances Meehan * Emily Sumner * David Wright * Aurea Cruz * Nathan Berry	* Robert Ruiz * June Vivianne * Sylvia Radford * Eleanor Brown * Sarah & Josh Matthews * Michael Vella * Lila Martinez * Darleen Krouse * Carolyn Lemos * Toshi Meehan * Robert Green Sr. * Helen Maciel * Susi Reich * Sidney & Dorsey Dunton * Elisa Fajardo	* Irene Castaneda * Mary de Angelo * Jessica Ketcherside * Fr. Derek Hughes * Joe O'Brien * Dolores R. Buena * Rosemarie Greenville * Aaron Kondziola * Maggie Quinn * Donna Nichols * Colleen Clark * Leonora Eublera * Daniel Quintana * Mark Woehrle * The Rivers Family	* Daniel Nunez * Nola Nick Louis Dolores, Estrella, Jaelynn Solo * Brian Pedigo and family * Shawn Clarke * Regina Helm * Guido Palermo * Dolores Doyle * Russell Wells * Jacque Lohmeier * John Miller * Barbara Pinedo * Pancho Pinedo * Ann Harris * Ernestine Beevers * Loren Ketcherside	* Brian Hampton * Madeline Bozena * Meekayla Bejarano * Dee Mace * Freddie Fernandez * Albert Calizo * Margherita 'Rita' Davis * Loren Hamlin
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ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM. MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.

†Helen Penwell †Charles Penwell †Harold Platou †Larry Mischel †Dwight Mobley †Gertrude Stimson †John D. Walsh †Elizabeth Martinez †Ofelia Labra †Severino Repollo †Justo Yasay †Joe Greene †Cristina Patterson †Filippo Mazzulla †Elena Aurelio †Homero Paredes †Fermina Manuel †Deacon Jim Cooper †Emma Nieman †Rodrigo Martinez †Reyna Gomez †Lourdes Lepisto †James Engle †Simonne Townsend †Fernando Marcos	†Cecilia Marcos †William Schanberger †UMartha Smith †Eusebio Galo †Melinda Rose †Julia Ortiz †Guillermo dela Cruz †Serafin Sepulveda †Hermila Arguello †Anatalia Ortiz †Ulolita dela Cruz †Mason & Simon Brito †Pat Wright †Joseph Cavagnaro †Manuel John Reis. †Lawrence Uthe †Margaret Uthe †Joe Fraga †Msgr Joseph Stieger †Fr. Ken Brown †Fr. Michael Bell †Lyn Ketcherside †Robert Beevers †Arcadio Tambo †Cleta Tambo	†Dionisio Acain †Aurelia Acain †Dick O'Melveny †Jim Stewart †Jaime Repollo †Paulina Y. Andres †Gabriel Osorio †Dennis A. O'Brien †Michael Brito †Venustiana Rodriguez †Selestino Salgado †Mary Prendergast †Melicia Garcia †Felicitas Castillo †Antonio Medrano †Tambo †William (Bill) Kemble †Diana Nishura †Grace Tevis †Jerica Elaine Harris †Paul Landry †Casimira Asuncion †Carol Ann Burns †Andy Boy de la Cruz, Jr. †Fr. Harry Freiermuth	†Crescenciana Gaila †Ismael Ibat Tomboc †Maria Carmen Zaragoza †Bub Casper †Fr. Ray Roh †Manano Rustria †Robert Townsend †Sherman Lemos †Ottilia Cruz †Wenceslao Garcia †Erich Reich †Mike Wright †Fr. Lawrence Betzoff †Nicky Miller †General Mason †Mary Friedman †Shirley Rustria †Gerry Wellman †Evelyn Pellaton †Chuck Ice †Mary Jo Semonsen †Kevin Lynch †John Greenville †Norman Charette	†John de Angelo †Pat Klenck †Beverly Jean Rocha †Adelaida Gabatin †Guadalupe Haugh †Julia Keesee †Bishop Richard Garcia †William K. Lander †Kathleen Patricia Crawford †Joseph Carlson †Martin Basti †Manuel Ayala Arroyo †Shirley Matthews †David Bresnan †Lydia Caloca Green †Myrna Oliveros †Mina Cantorna †Adela Patague †Remy Lejeune †Anthony Sperlazzo †Cecilia Delnes †Doris Stanley †Aric Clarke	†Clifford Newgard †Regina Newgard †Gregory Newgard †Marciano Ingan †Candido D. Buena Jr. †Jaime Manuel †Medalliana Patague †Margaret Lucero †Juberto Castillo †Martin Hernandez †Edwin Quintana †Alfred Castaneda †Jose Guadalupe Toral †Liliana Isabel Clark †Rodney Maciel †Candido Ofilino Aurelio, Sr. †Hugo Conti †Shelia Pouraghaghagh †Claudette Steenberg †Frank Wasley †Nenet Suyat
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Diocese of Monterey

Office of the Bishop

bishop@dioceseofmonterey.org
(831) 373-4345

March 5, 2020

Dear brothers and sisters in Christ,

All of us are very aware of the present crisis and concern for the COVID-19 virus which is now present here in the United States. In order to care for ourselves and one another, I am asking that the temporary liturgical changes be implemented immediately until further notice:

- Suspend holding hands during the Lord's prayer
- Suspend the shaking of hands at the Sign of Peace
- Suspend the use of the Chalice for the distribution of the Precious Blood
- Everyone is strongly encouraged to receive Holy Communion in the hand, as opposed to receiving on the tongue

Please remember that the Faithful who are sick or are experiencing symptoms of sickness are not obliged to attend Mass, and out of charity they ought not to attend (CCC 2181).

Lastly, let us keep in our prayers all who have already been impacted by the Coronavirus, especially those who have lost their life. Likewise, we pray for all medical professionals who are and will be dealing with anyone suffering from this illness. May St. Junipero Serra and Our Lady of Bethlehem intercede for us during this time.

In Christ,

+Most Reverend Daniel E. Garcia
Bishop of Monterey



Diocese of Monterey

Office of the Bishop

bishop@dioceseofmonterey.org
(831) 373-4345

Marzo 5, 2020

Estimados hermanos y hermanas en Cristo:

Todos estamos muy conscientes de la crisis actual y la preocupación por el virus COVID-19 que ahora está presente aquí en los Estados Unidos. Con el objetivo de cuidarnos tanto a nosotros mismos, así como a las demás personas, he solicitado que los siguientes cambios litúrgicos temporales se implementen de inmediato hasta nuevo aviso:

- Suspender tomarse de la mano durante la oración del Padre Nuestro.
- Suspender el saludarse de manos en el Signo o Saludo de Paz.
- Suspender el uso del cáliz para la distribución de la Preciosa Sangre.
- Se alienta a todos a recibir la Sagrada Comunión en la mano, en lugar de recibirla en la lengua.

425 Church Street • Monterey, Cali

Por favor recuerden que los fieles que están enfermos o experimentan síntomas de enfermedad no están obligados a asistir a Misa, y por caridad no lo deben de hacer (CIC 2181).

Por último, mantengamos en nuestras oraciones a todos los que ya han sido afectados por el Coronavirus, especialmente aquellos que han perdido la vida. Del mismo modo, recemos por todos los profesionales médicos que están y estarán atendiendo personas que padecen de esta enfermedad. Que San Junípero Serra y Nuestra Señora de Belén intercedan por nosotros durante este tiempo.

En Cristo,

+ Reverendísimo Daniel E. García
Obispo de Monterey

The Second Sunday of Lent



Getty Images

Questions and Answers about Lent

Why do we say that there are forty days of Lent? When you count all the days from Ash Wednesday through Holy Saturday, there are 46.

It might be more accurate to say that there is the "forty day fast within Lent." Historically, Lent has varied from a week to three weeks to the present configuration of 46 days. The forty day fast, however, has been more stable. The Sundays of Lent are certainly part of the Time of Lent, but they are not prescribed days of fast and abstinence.

So does that mean that when we give something up for Lent, such as candy, we can have it on Sundays?

Apart from the prescribed days of fast and abstinence on Ash Wednesday and Good Friday, and the days of abstinence every Friday of Lent, Catholics have traditionally chosen additional penitential practices for the whole Time of Lent. These practices are disciplinary in nature and often more effective if they are continuous, i.e., kept on Sundays as well. That being said, such practices are not regulated by the Church, but by individual conscience.

I understand that Catholics ages 18 to 59 should fast on Ash Wednesday and on Good Friday, but what exactly are the rules for these fasts?

Fasting on these days means we can have only one full, meatless meal. Some food can be taken at the other regular meal times if necessary, but combined they should be less than a full meal. Liquids are allowed at any time, but no solid food should be consumed between meals.

Are there exemptions other than for age from the requirement to fast on Ash Wednesday and Good Friday?

Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.

This information first appeared on USCCB.org

<http://www.usccb.org/prayer-and-worship/liturgical-year/len/questions-and-answers-about-lent.cfm>

On Friday, March 13th, we celebrate the seventh anniversary of Pope Francis' election!

Let us pray for the Holy Father:

O God, shepherd and ruler of all the faithful,
look favorably on your servant Francis,
whom you have set at the head of your
Church as her shepherd;

Grant, we pray, that by word and example
he may be of service to those over whom
he presides

so that, together with the flock entrusted
to his care,

he may come to everlasting life.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the
unity of the Holy Spirit, one God,
for ever and ever.

Amen.



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#4

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PARISH OFFICE.**