ST. ELIZABETH ANN SETON CATHOLIC CHURCH
2050 Palisades Avenue, Los Osos, CA 93402
www.seasparishlo.org
FIFTH SUNDAY OF LENT 3-29-2020

MARCH 2020 Pope’s Intention: CATHOLICS IN CHINA
That the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

WELCOME! BIENVENIDOS!
Weekend Masses
Saturday: 5:30 p.m. (ENGLISH)
Sunday: 9:00 a.m. (ENGLISH)
1:00 p.m. (SPANISH)

Weekday Masses / La Misa Enteré Semana
8:30 a.m. Tuesday, Wednesday, Friday (ENGLISH)
5:45 p.m. Misa todos los Viernes (SPANISH)
8:30 a.m. 1st Saturday Mass (ENGLISH)

Communion Services
8:30 a.m. Monday, Thursday (ENGLISH)

Adoration / Adoración
9:00 a.m. Wednesday (ENGLISH)
Divine Mercy, Adoration, Benediction
5:15 p.m. cada Viernes (SPANISH)
y La Coronilla de la Divina Misericordia

Sacrament of Reconciliation / Reconciliación
4:30 p.m. Every Saturday / Cada Sábado or by appointments

1st Fri. Anointing of the Sick / Unción de los Enfermos
9:00 a.m. (ENGLISH)
5:45 p.m. (SPANISH)

Parish Services see page 2

OFFICE INFO:
Tel.: (805) 528-5319
Fax.: (805) 528-8803
Cell.: (805) 235-8803
Email: seaschurchlo@gmail.com
Open: Physically closed, virtually open

24/7 Anointing of the Sick or Last Rites: (805) 235-8803
Appointment with Pastor: Mon., Tues., Wed., Fri.

PRAYER OF SAINT ELIZABETH ANN SETON
O Father, the first rule of our dear Savior’s life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

ORACIÓN DE SANTA ELIZABETH ANN SETON
Oh Padre, la primera regla de la vida de nuestro querido Salvador fue hacer tu voluntad. Dejar que tu Voluntad en el momento presente sea la primera regla de nuestra vida colindiana y nuestro trabajo, sin ninguna otra voluntad sino hacer tu voluntad plena y completa. Ayúdanos a seguir con fidelidad, para que haciendo lo que deseas seanamos más agradables a Ti. Amén.

VISION-MISSION STATEMENT
We are an all-welcoming Christ-centered community celebrating our deeply rooted Catholic traditions, respectful & appreciative of our multicultural diversity, journeying together to share family values and commitment to service.

DECLARACIÓN DE NUESTRA VISION y MISIÓN
Somos una comunidad totalmente acogedora y centrada en Cristo que celebrando nuestras tradiciones Católicas profundamente arraigadas, respetamos y apreciamos nuestra diversidad multicultural, caminamos juntos para compartir los valores de la familia y el compromiso al servicio.

PARISH STAFF
REV. JOEY R. BUENA
Pastor
fjoeyseasparishlo@gmail.com

JAVIER SOTO OSORIO
Office Manager & Coordinator
Spanish Faith Formation, RCIA
javi.s.seaschurchlo@gmail.com

SUSAN TUTTLE
Music Coordinator
seaschurchlo@gmail.com

HEATHER HURLEY
Receptionist & Coordinator for English Faith Formation, RCIA
heatherh.seas.7@gmail.com

CRISTINA CURZI
Interim Bookkeeper

“Jesus told her,
“I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die.”

Jn 25: 25-26
God our Father, we come to You in our need to ask Your protection against the covid-19 virus, that has claimed lives and has affected many. We pray for Your grace for the people tasked with studying the nature and cause of this virus and its disease and of stemming the tide of its transmission. Guide the hands and minds of medical experts that they may minister to the sick with competence and compassion, and of those governments and private agencies that must find cure and solution to this epidemic. We pray for those afflicted may they be restored to health soon. Grant us the grace to work for the good of all and to help those in need. Grant this through our Lord, Jesus Christ, your Son, Who lives and reigns with You, in the unity of the Holy Spirit, God, forever and ever. Amen. Mary Help of all Christians, pray for us. St. Raphael the Archangel, pray for us. St. Rock, pray for us. St. Elizabeth Ann Seton, pray for us. Amen.

ST. ELIZABETH ANN SETON PARISH SCHEDULE OF SERVICES

<table>
<thead>
<tr>
<th>SERVİCE</th>
<th>SEE PAGES 1 &amp; 4</th>
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</thead>
<tbody>
<tr>
<td>MASSES, ADORATION</td>
<td>Every Saturday, 4:30 pm to 5:00 pm. Or call parish office for appointment.</td>
</tr>
<tr>
<td>CONFESION</td>
<td>Visit pastor 3 months before intended date. Emergency baptism (for recipient in danger of death: parent(s) call pastor asap (805) 235-8803).</td>
</tr>
<tr>
<td>INFANT BAPTISM (newborn to 6 y/o)</td>
<td>(English) Call Heather at office for appointment. (Spanish) Call Javier at office for appointment. For English &amp; Spanish Adult Catechesis, please contact Heather or Javier at parish office.</td>
</tr>
<tr>
<td>7 y/o &amp; above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION</td>
<td>Enrollment on June &amp; July only. Fees increase after. Classes begin October. (A two-year program, starts Gr. 1.) First Holy Communion on 2nd year, Feast of Corpus Christi.</td>
</tr>
<tr>
<td>KIDS’ FIRST HOLY COMMUNION</td>
<td>Enrollment on June &amp; July only. Fees increase after. Classes begin October. (A two-year program, starts Gr. 9.) Confirmation on 2nd year, on or after Solemnity of Pentecost.</td>
</tr>
<tr>
<td>TEENS’ CONFIRMATION</td>
<td>Visit pastor 6 months before intended date; Must be enrolled in Confirmation Program. Attend Quinceañera Class.</td>
</tr>
<tr>
<td>QUINCEÀNERA</td>
<td>Every 7 pm Spanish Friday Mass, or by appointment</td>
</tr>
<tr>
<td>PRESENTACIÓN</td>
<td>Visit pastor 6 months before intended date;</td>
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<tr>
<td>WEDDING</td>
<td>Call parish for appointment with pastor.</td>
</tr>
<tr>
<td>ANNUNCIATION</td>
<td>Every First Friday after Mass; days before surgery, when seriously ill, contact (805) 235-8803.</td>
</tr>
<tr>
<td>ANOINTING OF THE SICK</td>
<td>24/7 Contact asap (805) 235-8803.</td>
</tr>
<tr>
<td>LAST RITES</td>
<td>Call parish office asap.</td>
</tr>
<tr>
<td>FUNERAL</td>
<td>Inform priest presider after Weekday &amp; Sunday Masses</td>
</tr>
<tr>
<td>BLESSING of NEW VEHICLE, RELIGIOUS ITEMS</td>
<td>Call parish office for appointment</td>
</tr>
<tr>
<td>BLESSING of NEW HOUSE, NEW SHOP</td>
<td>Immediately after the 8:30 am weekday liturgies; Or drop by parish office every Tuesday &amp; Friday, from 9:00 am to 1:00 pm so that staff can open the church.</td>
</tr>
<tr>
<td>VISIT CHURCH for PERSONAL PRAYER &amp; ADORATION</td>
<td>Call parish office for appointment</td>
</tr>
<tr>
<td>SPIRITUAL COUNSELING</td>
<td>Call parish office for appointment</td>
</tr>
<tr>
<td>MINOR EXORCISM (Deliverance Prayer)</td>
<td>Call parish office for appointment</td>
</tr>
<tr>
<td>NOT solemn exorcism</td>
<td></td>
</tr>
</tbody>
</table>

A PRAYER AMIDST THE VIRUS SCARE

In need of a priest for last rites, or need to contact the office

It is best to contact the office staff via email: seaschurchlo@gmail.com, or the office cell phone: 805-235-8803. The office is physically closed.

MANY THANKS TO THE HAUSSEr FAMILY

Our deep appreciation to Clara, Gabriel, Leopold, Julia, Wendelin, and Christof Hausser who, coming from Germany, have spent their last 6 months in the USA with our parish community bringing the beautiful joy of their musical talents to our Saturday evening, Sunday morning, and Christmas liturgies. May God bless you and keep you safe. We look forward to your return in the future! Thank you again!

MANY THANKS

Our parish relies upon all its parishioners who give their time, labor, ideas, and financial support for so many projects and planning for the parish. Perhaps it is through financial giving, prayers, manual labor like the stairs leading to the parish prayer garden, the statue of Mary and its upkeep near the office, help with the liturgies, our many catechists, those who support our faith formation program, our Parish Council, Parish Finance Council, Liturgy Committee, our Fundraising Committees, our Guadalupana Society, our International Festival Committee, and many more ministries at our parish, it is within you and your charity freely given to our parish that bears witness to the Holy Spirit at work within the Church and our parish in Christ's name.

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PARISH MOVIE NIGHT ON FORMED.ORG

During this time when we are apart, we are hosting a regular movie for each week so that we can be connected as a parish with a shared communal experience besides the online masses. It will give us something more to talk about and enrich us at the same time.

Our movie for this week is a 50 minute documentary at FORMED.org: Soldiers of the Pope, the Story of the Swiss Guard

FORMED.org is free as our parish has a subscription. Once registered, find the ‘Movie’ tab which opens into a drop-down box. Click on movie tonight, then scroll down until you find this week’s movie. Click on it.

IN REMEMBRANCE OF NENET SUYAT

From Fr. Joey on MyParishApp on March 20th, 2020:

This is regarding the funeral of longtime parishioner Manang Nenet Suyat. We, the whole parish and the Filipino community love her so much!

It is unfortunate that her funeral liturgy tomorrow (March 21) is now under the “Stay At Home” order of the whole state.

Graveside Service (not a Mass, but a “Final Commendation with Rite of Committal”) is scheduled at Los Osos Memorial Park at 10 am. With sadness, I am the only one permitted to be present at the cemetery plot and do the Graveside Service. The very limited number of immediate family members allowed are asked to kindly stay in their vehicles. According to mortuary administration, passengers of one parked vehicle, will take turns, one vehicle at a time, to approach Manang Nenet’s plot after the Graveside Service to give their last respects.

My friends and family of Manang Nenet, I am one with you in your great pain. Though I will be physically alone blessing Manang Nenet, I represent all of you, with your tears and your great love. With this, I may be physically one, but in spirit, the whole parish community, friends, relatives and family members are with me.

ACTS OF SPIRITUAL COMMUNION

It has long been a Catholic understanding that when circumstances prevent one from receiving Holy Communion, it is possible to make an Act of Spiritual Communion which is a source of grace. Spiritual Communion means uniting one’s self in prayer with Christ’s sacrifice and worshipping him in his Body and Blood.

The most common reason for making an Act of Spiritual Communion is when a person cannot attend Mass. Acts of Spiritual Communion increase our desire to receive sacramental Communion and help us avoid the sins that would make us unable to receive Holy Communion worthily.

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things and I desire to receive you in my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you.

Never permit me to be separated from you. Amen.

Jesús mío, creo que estás realmente presente en el Santísimo Sacramento, te amo sobre todas las cosas, y te deseo en el interior de mi alma. Ya que en este momento no puedo recibirte sacramentalmente, ven al menos espiritualmente a mi corazón; estando dentro de mí, yo te abrazo y me uno todo a Ti. No permitas nunca que me separe de Ti. Amen.

PRAYER FOR AFTER COMMUNION: ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O Good Jesus, hear me. Within your wounds hide me. Permit me not to be separated from you. From the wicked one, defend me. At the hour of my death, call me and bid me close so that with your that with your angels and saints I may praise you for ever and ever. Amen.


WAYS TO GIVE TO S.E.A.S. AMIDST THE VIRUS

1) Drop your donation into the mailbox at the front of the Church. It is secure. Please label it with your name, and if it is a red envelope donation, please mark it as such. Thanks!

2) From the parish website under the tab labeled ‘Ministries’, click on ‘Stewardship’ in the drop-down box, then click ‘electronic donation’ and choose the words: Secured Online Donations

3) Scan the QR code on the front page of the bulletin with your cell phone or Tablet.

4) Send a check in the mail to S.E.A.S. at 2040 Palisades Ave., Los Osos. Thank you for your continued support of our parish! May God bless you!

2020 AMA: GROW IN FAITH

Note: There will be no Diocesan report next week, so the next scheduled update for AMA will be in the April 12th bulletin.

Your generous gift to the 2020 Annual Ministry Appeal will help those in need and provide support and services to our brothers and sisters in Christ, as we Grow in Faith within the diocese and our local parish.

Our goal this year is $40,000.

$11,500 of the money returned by the Diocese will go toward the repair and asphalt of the parking lots as well as light sensors in the bathrooms.

THANK YOU VERY MUCH!

Annual Ministry Appeal: Grow in Faith
Information reflective of Diocesan Report: 16 March 2020

<table>
<thead>
<tr>
<th>Donors through S.E.A.S.</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Pledged</td>
<td>$ 4,5200.00</td>
</tr>
<tr>
<td>Total Amount Donated</td>
<td>$ 1,790.00</td>
</tr>
<tr>
<td>Amount Needed by Diocese</td>
<td>$ 8,500.00</td>
</tr>
<tr>
<td>Amount Returning to SEAS</td>
<td>none yet</td>
</tr>
</tbody>
</table>

HOW TO GIVE TO AMA DURING THE PANDEMIC

1) Use the envelope from the Diocese that came in the mail and return it to the Diocese through the mail with check or pledge.

2) From the parish website under the tab labeled ‘Ministries’, click on ‘Stewardship’ in the drop-down box, then click ‘AMA—Annual Ministries Appeal.’ It will take you to the Diocesan website.

3) Send a check in the mail to AMA-Diocese of Monterey, 425 Church Street, Monterey, CA 93942. Please include that your parish is St. Elizabeth Ann Seton in Los Osos. Thanks!

MAR 16-22, 2020 DONATION REPORT

Thank you for your generous support of our parish. Below reflects last week’s financial contributions.

ELECTRONIC GIVING is reported monthly, not weekly.

| Regular Donations (March 16 to 22, 2020) | .00 |
| Red Envelopes (March 16 to 22, 2020) | .00 |
| VANCO Electronic Donations March 2020 | .00 |
| 2nd Collection: Catholic Relief Services | .00 |
| Total Week Donations | $ .00 |

Thank you for your contributions. God bless you a hundredfold!
<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>INTENTIONS</th>
<th>READINGS YEAR A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday, Vigil&lt;br&gt; Fifth Sunday of Lent&lt;br&gt; 28 March 2020</td>
<td>4:30 to 5:00pm Confession Canceled&lt;br&gt; 5:30 pm English Mass Canceled</td>
<td>5:30pm:</td>
<td>Ez 37:12-14&lt;br&gt; Ps 130: 1-8&lt;br&gt; Rom 8:8-11&lt;br&gt; Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45</td>
</tr>
<tr>
<td>Fifth Sunday of Lent&lt;br&gt; 29 March 2020</td>
<td>9:00 am English Mass Canceled&lt;br&gt; 1:00pm Spanish Mass Canceled</td>
<td>9:00am: ☦ Joseph Carlson&lt;br&gt; (2 of 2)</td>
<td>Ez 37:12-14&lt;br&gt; Ps 130: 1-8&lt;br&gt; Rom 8:8-11&lt;br&gt; Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45</td>
</tr>
<tr>
<td>Tuesday&lt;br&gt; 4th Week of Lent&lt;br&gt; 31 March 2020</td>
<td>8:30am English Mass Canceled</td>
<td>8:30am:</td>
<td>Nm 21:4-9&lt;br&gt; Ps 102: 2-3, 16-21&lt;br&gt; Jn 8:21-30</td>
</tr>
<tr>
<td>Wednesday&lt;br&gt; 4th Week of Lent&lt;br&gt; 1 April 2020</td>
<td>8:30am English Mass Canceled&lt;br&gt; 9-10am Exposition of the Blessed Sacrament, English Divine Mercy, Adoration, Benediction</td>
<td>8:30am:</td>
<td>Dn 3:14-20, 91-92, 95&lt;br&gt; (Ps) Dn 3: 52-56&lt;br&gt; Jn 8:31-42</td>
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<tr>
<td>Thursday&lt;br&gt; 4th Week of Lent&lt;br&gt; 2 April 2020</td>
<td>8:30am Communion Service Canceled</td>
<td>8:30am:</td>
<td>Gz 17:3-9&lt;br&gt; Ps 105: 4-9&lt;br&gt; Jn 8:51-59</td>
</tr>
<tr>
<td>Friday&lt;br&gt; 4th Week of Lent&lt;br&gt; 3 April 2020</td>
<td>8:30am English Mass Canceled&lt;br&gt; 5:15 pm Exposition of the Blessed Sacrament, Spanish Divine Mercy, Adoration, Benediction</td>
<td>8:30am:</td>
<td>Jer 20:10-13&lt;br&gt; Ps 18: 2-7&lt;br&gt; Jn 10:31-42</td>
</tr>
<tr>
<td>Saturday, Vigil&lt;br&gt; Palm Sunday&lt;br&gt; 4 April 2020</td>
<td>8:30am: 1st Saturday English Mass Canceled with Rosary&lt;br&gt; 4:30 to 5:00pm Confession Canceled&lt;br&gt; 5:30 pm English Mass Canceled</td>
<td>8:30am:</td>
<td>Ez 37:21-28&lt;br&gt; (Ps) Jer 31:10-13&lt;br&gt; Jn 11:45-56&lt;br&gt; Mt 21:1-11 (procession)&lt;br&gt; Is 50:4-7&lt;br&gt; Ps 22: 8-9, 17-18, 19-20, 23-24&lt;br&gt; Phil 2:6-11&lt;br&gt; Mt 26:14—27:66 or 27:11-54</td>
</tr>
<tr>
<td>Palm Sunday&lt;br&gt; 5 April 2020</td>
<td>9:00 am English Mass Canceled&lt;br&gt; 1:00pm Spanish Mass Canceled</td>
<td>9:00am:</td>
<td>Mt 21:11-11&lt;br&gt; Is 50:4-7&lt;br&gt; Ps 22: 8-9, 17-18, 19-20, 23-24&lt;br&gt; Phil 2:6-11&lt;br&gt; Mt 26:14—27:66 or 27:11-54</td>
</tr>
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</table>

LET US PRAY FOR THE FOLLOWING / OREMOS POR

Fifth Sunday of Lent<br> 28 March 2020

Saturday, Vigil<br> Fifth Sunday of Lent<br> 28 March 2020

Spanish Divine Mercy, Adoration, Benediction

5:30am Communion Service Canceled

5:30pm English Mass Canceled

5:30pm:


PAGE 4
FREE WASHING MACHINE

- Replace your old washing machine with a new one;
- No cost to you, no publicity;
- Includes installation;
- Parishioner-funded through a water conservation program;
- Intended to replace older water-inefficient machines;
- Must be in the Los Osos water conservation area;
- Call Pete for information at (805) 528-8238.

PLACE YOUR ADS or GREETINGS IN OUR BULLETIN!
CONTACT S.E.A.S. PARISH OFFICE.