WELCOME! BIENVENIDOS!

Weekend Masses
Saturday: 5:30 p.m. (ENGLISH)
Sunday: 9:00 a.m. (ENGLISH)
1:00 p.m. (SPANISH)

Weekday Masses / La Misa Enteré Semana
8:30 a.m. Tuesday, Wednesday, Friday (ENGLISH)
5:45 p.m. Misa todos los Viernes (SPANISH)
8:30 a.m. 1st Saturday Mass (ENGLISH)

Communion Services
8:30 a.m. Monday, Thursday (ENGLISH)

Adoration / Adoración
9:00 a.m. Wednesday (ENGLISH)
Divine Mercy, Adoration, Benediction
5:15 p.m. cada Viernes (SPANISH)
y La Coronilla de la Divina Misericordia

Sacrament of Reconciliation / Reconciliación
4:30 p.m. Every Saturday / Cada Sábado or by appointments

1st Fri. Anointing of the Sick / Unción de los Enfermos
9:00 a.m. (ENGLISH)
5:45 p.m. (SPANISH)

Parish Services see page 2

OFFICE INFO:
Tel.: (805) 528-5319
Fax.: (805) 528-8803
Cell.: (805) 235-8803
Email: seaschurchlo@gmail.com
Open: Tues. & Fri. 9 a.m.—1:00 p.m.
24/7 Anointing of the Sick
or Last Rites: (805) 235-8803
Appointment with Pastor: Mon., Tues., Wed., Fri.

PRAYER OF SAINT ELIZABETH ANN SETON
O Father, the first rule of our dear Savior’s life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

VISION-MISSION STATEMENT
We are an all-welcoming Christ-centered community celebrating our deeply rooted Catholic traditions, respectful & appreciative of our multicultural diversity, journeying together to share family values and commitment to service.

DECLARACIÓN DE NUESTRA VISION y MISIÓN
Somos una comunidad totalmente acogedora y centrada en Cristo que celebrando nuestras tradiciones Católicas profundamente arraigadas, respetamos y apreciamos nuestra diversidad multicultural, caminamos juntos para compartir los valores de la familia y el compromiso al servicio.

REVEREND JOEY R. BUENA
Pastor
frjoeyesparishlo@gmail.com

JAVIER SOTO OSORIO
Office Manager & Coordinator
Spanish Faith Formation, RCIA
javi.s.seaschurchlo@gmail.com

SUSAN TUTTLE
Music Coordinator
seaschurchlo@gmail.com

HEATHER HURLEY
Receptionist & Coordinator for English Faith Formation, RCIA
heatherh.seas.7@gmail.com

CRISTINA CURZI
Interim Bookkeeper
ST. ELIZABETH ANN SETON PARISH
SCHEDULE OF SERVICES

MASSES, ADORATION
See pages 1 & 4

CONFESSIO
Every Saturday, 4:30 pm to 5:00 pm. Or call parish office for appointment.

INFANT BAPTISM

7 y/o & above, ADULT BAPTISM, FIRST HOLY COMMUNION, CONFIRMATION
(English) Call Heather at office for appointment. (Spanish) Call Javier at office for appointment.
For English & Spanish Adult Catechesis, please contact Heather or Javier at parish office.

KIDS’ FIRST HOLY COMMUNION
Enrollment on June & July only. Fees increase after. (A two-year program, starts Gr. 1.) First Holy Communion on 2nd year, Feast of Corpus Christi.

TEENS’ CONFIRMATION
Enrollment on June & July only. Fees increase after. Classes begin October. (A two-year program, starts Gr. 9.) Confirmation on 2nd year, on or after Solemnity of Pentecost.

QUINCEÑERA
Visit pastor 6 months before intended date; Must be enrolled in Confirmation Program; Attend Quinceañera Class.

PRESENTACIÓN
Every 7 pm Spanish Friday Mass, or by appointment

WEDDING
Visit pastor 6 months before intended date;

ANNULEMENT
Call parish for appointment with pastor.

ANOINTING OF THE SICK
Every First Friday after Mass; days before surgery, when seriously ill, contact (805) 235-8803.

LAST RITES
24/7 Contact asap 1(805) 235-8803.

FUNERAL
Call parish office asap.

BLESSING of NEW VEHICLE, RELIGIOUS ITEMS
Inform priest presider after Weekday & Sunday Masses

BLESSING of NEW HOUSE, NEW SHOP
Call parish office for appointment

VISIT CHURCH for PERSONAL PRAYER & ADORATION
Immediately after the 8:30 am weekday liturgies; Or drop by parish office every Tuesday & Friday, from 9:00 am to 1:00 pm so that staff can open the church for you.

SPRITUAL COUNSELING
Call parish office for appointment

MINOR EXORCISM (Deliverance Prayer) NOT solemn exorcism
Call parish office for appointment

IN NEED OF A PRIEST FOR LAST RITES, OR NEED TO CONTACT THE OFFICE
It is best to contact the office staff via email, see front cover of bulletin, or the office cell phone: 805-235-8803. The office is closed. Thanks!

EASTER WHITE ORCHIDS
Due to increase in parishioner allergies to lilies we are going to use white orchids this Easter. How can you help? Bring a white orchid in bloom to the church on Easter with the clearly printed name of your loved one attached.
Names of your loved ones will be listed in the bulletin. Thank you.

The primary music ministers are the faithful who attend the Mass. Musicians & cantors serve the faithful so that all can actively participate. I encourage everyone, let us sing & praise God together! Fr. Joey

MUSIC FOR MARCH 21 & 22, 2020
ENGLISH MASSES
Please listen to Cantor’s announcement for any changes

<table>
<thead>
<tr>
<th>SONG TITLE</th>
<th>SONG NUMBER</th>
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</thead>
<tbody>
<tr>
<td>HOSEA</td>
<td>411</td>
</tr>
<tr>
<td>O SACRED HEAD</td>
<td>297</td>
</tr>
<tr>
<td>BEHOLD THE LAMB</td>
<td>492</td>
</tr>
<tr>
<td>ABBA! FATHER</td>
<td>716</td>
</tr>
<tr>
<td>WE SHALL OVERCOME</td>
<td>527</td>
</tr>
</tbody>
</table>

MANY THANKS TO FRANCISCO ORTIZ
We extend our appreciation to Don Francisco Ortiz for his many years of service within our SEAS community as a musician at the Spanish Mass as he prepares to relocate out of the area. Thank you, Don Francisco!

PARISH MOVIE NIGHT ON FORMED.ORG
During this time when we are apart, we are hosting a regular movie for each week so that we are connected as a parish with a shared communal experience besides the online masses. It will give us something more to talk about and enrich us at the same time.

In honor of St. Joseph whose feast day is March 19, our parish movie for this week is Joseph of Nazareth: the Man Closest to Christ.
FORMED.org is free as our parish has a subscription. Once registered, find the ‘Movie’ tab which opens into a drop-down box. Click on ‘movie night’, then scroll down until you find this week’s movie. Click on it.

A PRAYER AMIDST THE VIRUS SCARE
God our Father, we come to You in our need to ask Your protection against the covid-19 virus, that has claimed lives and has affected many. We pray for Your grace for the people tasked with studying the nature and cause of this virus and its disease and of stemming the tide of its transmission. Guide the hands and minds of medical experts that they may minister to the sick with competence and compassion, and of those governments and private agencies that must find cure and solution to this epidemic. We pray for those afflicted may they be restored to health soon. Grant us the grace to work for the good of all and to help those in need. Grant this through our Lord, Jesus Christ, your Son, Who lives and reigns with You, in the unity of the Holy Spirit, God, forever and ever. Amen.

It has long been a Catholic understanding that when circumstances prevent one from receiving Holy Communion, it is possible to make an Act of Spiritual Communion which is a source of grace. Spiritual Communion means uniting one’s self in prayer with Christ’s sacrifice and worshipping him in His Body and Blood.

The most common reason for making an Act of Spiritual Communion is when a person cannot attend Mass. Acts of Spiritual Communion increase our desire to receive sacramental Communion and help us avoid the sins that would make us unable to receive Holy Communion worthily.

**PRAYER FOR SPIRITUAL COMMUNION**

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

**PRAYER FOR AFTER COMMUNION: ANIMA CHRISTI**

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O Good Jesus, hear me. Within your wounds hide me. Permit me not to be separated from you. From the wicked foe, defend me. At the hour of my death, call me and bid me come to you. That with your saints I may praise you. For ever and ever. Amen.

**WAYS TO GIVE TO S.E.A.S. AMIDST THE VIRUS**

1) Drop your donation into the mailbox at the front of the Church. It is secure. Please label it with your name, and if it is a red envelope donation, please mark it as such. Thanks!

2) From the parish website under the tab labeled ‘Ministries’, click on ‘Stewardship’ in the drop-down box, then click ‘electronic donation’ and click on the blue words: Secured Online Donations.

3) Scan the QR code on the front page of the bulletin with your cell phone or Tablet.

4) Send a check in the mail to S.E.A.S. at 2040 Palisades Ave., Los Osos. Thank you for your continued support of our parish! May God bless you!

**2020 AMA: GROW IN FAITH**

Your generous gift to the 2020 Annual Ministry Appeal will help those in need and provide support and services to our brothers and sisters in Christ, as we Grow in Faith within the diocese and our local parish.

Our goal this year is $40,000.

$11,500 of the money returned by the Diocese will go toward the repair and asphalting of the parking lots as well as light sensors in the bathrooms.

**THANK YOU VERY MUCH!**

**Information reflective of Diocesan Report: 16 March 2020**

<table>
<thead>
<tr>
<th>Donors through S.E.A.S.:</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Pledged</td>
<td>$ 4,200.00</td>
</tr>
<tr>
<td>Total Amount Donated</td>
<td>$ 1,080.00</td>
</tr>
<tr>
<td>Amount Needed by Diocese</td>
<td>$ 8,500.00</td>
</tr>
<tr>
<td>Amount Returning to SEAS:</td>
<td>none yet</td>
</tr>
</tbody>
</table>

**HOW TO GIVE TO AMA DURING THE PANDEMIC**

1) Use the envelope from the Diocese that came in the mail and return it to the Diocese through the mail with check or pledge.

2) From the parish website under the tab labeled ‘Ministries’, click on ‘Stewardship’ in the drop-down box, then click ‘AMA—Annual Ministries Appeal’. It will take you to the Diocesan website.

3) Send a check in the mail to AMA-Diocese of Monterey, 425 Church Street, Monterey, CA 93942. Please include that your parish is St. Elizabeth Ann Seton in Los Osos. Thanks!

**MAR 14 & 15 WEEKEND DONATION REPORT**

Thank you for your generous support of our parish. Below reflects last week’s financial contributions.

**ELECTRONIC GIVING** is reported monthly, not weekly.

Thank you for your contributions. God bless you a hundredfold!

**S.E.A.S. CATECHISM**

Our parish Faith Formation Coordinators, Javier Soto and Heather Hurley will be contacting families according to classes to provide syllabi, assignments and activities, to field questions, and to support our parish families as they echo the Faith in new ways with their children.

Parents, please make sure that we have your email addresses. Thanks!

Our parish is committed to ensuring all children, youth and adults at our parish are prepared for their Sacraments even though we will not be able to meet at church for the coming weeks.

Please keep our learners, their families and our catechists in your prayers especially as some of our adult learners prepare for Confirmations this April, and our youth and children prepare for their Confirmations and 1st Communions this June.
## SCHEDULE OF MASSES, READINGS & INTENTIONS

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>INTENTIONS</th>
<th>READINGS YEAR A</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Saturday, Vigil</strong></td>
<td><strong>Fourth Sunday of Lent</strong></td>
<td>21 March 2020</td>
<td>9:00 am <strong>Funeral Mass of Neten Suyat</strong></td>
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<tr>
<td></td>
<td></td>
<td>4:30 to 5:00pm <strong>Confession Cancelled</strong></td>
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<tr>
<td></td>
<td></td>
<td>5:30 pm <strong>English Mass Cancelled</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Fourth Sunday of Lent</strong></td>
<td></td>
<td>9:00 am <strong>English Mass Cancelled</strong></td>
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<tr>
<td></td>
<td></td>
<td>1:00pm <strong>Spanish Mass Cancelled</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Monday</strong></td>
<td></td>
<td>8:30am <strong>Communion Service Cancelled</strong></td>
<td></td>
</tr>
<tr>
<td><strong>4th Week of Lent</strong></td>
<td></td>
<td>23 March 2020</td>
<td><strong>THE ANNUNCIATION OF THE LORD</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>8:30 am <strong>English Mass Cancelled</strong></td>
<td><strong>9-10am Exposition of the Blessed Sacrament</strong></td>
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<tr>
<td></td>
<td></td>
<td>5:15 pm <strong>Exposition of the Blessed Sacrament</strong>, <strong>RGLISH DIVINE MERCY, ADORATION, BENEDICTION</strong></td>
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<tr>
<td><strong>Wednesday</strong></td>
<td></td>
<td>8:30 am <strong>English Mass Cancelled</strong></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>8:00 am <strong>Exposition of the Blessed Sacrament</strong>, <strong>English Divine Mercy, Adoration, Benediction</strong></td>
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<tr>
<td></td>
<td></td>
<td>9:00 am <strong>Lisa Villa</strong></td>
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<td><strong>Thursday</strong></td>
<td></td>
<td>8:30 am <strong>Communion Service Cancelled</strong></td>
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<tr>
<td><strong>4th Week of Lent</strong></td>
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<td>25 March 2020</td>
<td>**5:15pm <strong>Spanish Mass</strong></td>
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<td></td>
<td></td>
<td>8:30 am <strong>English Mass Cancelled</strong></td>
<td>**5:45pm: <strong>Spanish Mass</strong></td>
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<tr>
<td><strong>Friday</strong></td>
<td></td>
<td>9:00 am <strong>English Mass Cancelled</strong></td>
<td>**5:45pm: <strong>Spanish Mass</strong></td>
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<tr>
<td><strong>4th Week of Lent</strong></td>
<td></td>
<td>27 March 2020</td>
<td>**9:00 am: **Joseph Carlson (2 of 2)</td>
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<td></td>
<td></td>
<td>4:30 to 5:00pm <strong>Confession Cancelled</strong></td>
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<td>**5:30pm: <strong>Spanish Mass</strong></td>
</tr>
<tr>
<td><strong>Saturday, Vigil</strong></td>
<td></td>
<td>28 March 2020</td>
<td>**9:00 am: **Joseph Carlson (2 of 2)</td>
</tr>
<tr>
<td><strong>Fifth Sunday of Lent</strong></td>
<td></td>
<td>29 March 2020</td>
<td>**9:00 am: <strong>Spanish Mass Cancelled</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1:00pm <strong>Spanish Mass Cancelled</strong></td>
<td></td>
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</tbody>
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## LET US PRAY FOR THE FOLLOWING / OREMOS POR

- Tim Ketcherside
- John LeNoe
- Peter Hewitt
- Jere Bresnan
- Fely Pineda
- Mary Cavagnaro
- Bonifacio Garcia
- Michael Cuberston
- Steven Greenville
- Rafael & Margarita Garcia
- Frances Meekin
- Emily Sumner
- David Wright
- Aurea Cruz
- Nathan Berry
- Robert Ruiz
- June Vivianne
- Sylvia Radford
- Frances Meekin
- Emily Sumner
- Alex Smith
- Gilly Nichols
- Colleen Clark
- Leona Devulter
- Daniel Quintana
- Mark Woehrle
- The Rivers Family
- Irene Castaneda
- Mary de Angelo
- Jessica Ketcherside
- Fr. Derek Hughes
- Joe O'Brien
- Delores R. Buena
- Rosemarie Greeneville
- Jerry Benitez
- Magie Quinn
- Doli Nichols
- Colleen Clark
- Leona Devulter
- Daniel Quintana
- Mark Woehrle
- The Rivers Family
- Daniel Nunez
- Bbl, Nick, Louis, Dolores, Effie, Jeannine, Dolores
- Brian Pedigo and family
- Shain Carlson
- Regina Heim
- Guido Palermo
- Dolores Doyle
- Russell Wells
- Shain Carlson
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- Bbl, Nick, Louis, Dolores, Effie, Jeannine, Dolores
- Brian Pedigo and family
- Shai

## ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM.

**MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.**
FREE WASHING MACHINE

- Replace your old washing machine with a new one;
- No cost to you, no publicity;
- Includes installation;
- Parishioner-funded through a water conservation program;
- Intended to replace older water-inefficient machines;
- Must be in the Los Osos water conservation area;
- Call Pete for information at (805) 528-8238.

PLACE YOUR ADS or GREETINGS IN OUR BULLETIN!
CONTACT S.E.A.S. PARISH OFFICE.