ST. ELIZABETH ANN SETON CATHOLIC CHURCH
2050 Palisades Avenue, Los Osos, CA 93402
www.seasparishlo.org
THIRD SUNDAY OF LENT 3-15-2020

MARCH 2020 Pope’s Intention: CATHOLICS IN CHINA
That the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

WELCOME! BIENVENIDOS!

Weekend Masses
Saturday: 5:30 p.m. (ENGLISH)
Sunday: 9:00 a.m. (ENGLISH)
1:00 p.m. (SPANISH)

Weekday Masses / La Misa Enteré Semana
8:30 a.m. Tuesday, Wednesday, Friday (ENGLISH)
5:45 p.m. Misa todos los Viernes (SPANISH)
8:30 a.m. 1st Saturday Mass (ENGLISH)

Communion Services
8:30 a.m. Monday, Thursday (ENGLISH)

Adoration / Adoración
9:00 a.m. Wednesday (ENGLISH)
Divine Mercy, Adoration, Benediction
5:15 p.m. cada Viernes (SPANISH)
y La Coronilla de la Divina Misericordia

Sacrament of Reconciliation / Reconciliación
4:30 p.m. Every Saturday / Cada Sábado or by appointments

1st Fri. Anointing of the Sick / Unción de los Enfermos
9:00 a.m. (ENGLISH)
5:45 p.m. (SPANISH)

Parish Services see page 2

OFFICE INFO:
Tel.: (805) 528-5319
Fax.: (805) 528-8893
Cell.: (805) 235-8803
Email: seaschurchlo@gmail.com
Open: Tues. & Fri. 9 a.m.—1:00 p.m.

24/7 Anointing of the Sick or Last Rites: (805) 235-8803
Appointment with Pastor: Mon., Tues., Wed., Fri.

“Jesus answered and said to her, “If you knew the gift of God and who is saying to you, ‘Give me a drink,’ you would have asked him and he would have given you living water”… “Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.”

Jn 4: 10, 13-14

PRAYER OF SAINT ELIZABETH ANN SETON
O Father, the first rule of our dear Savior’s life was to do Your Will. Let His Will of the present moment be the first rule of our daily life & work, with no other desire but for its most full and complete accomplishment. Help us to follow it faithfully, so that doing what You wish we will be pleasing to You. Amen.

VISION-MISSION STATEMENT
We are an all-welcoming Christ-centered community celebrating our deeply rooted Catholic traditions, respectful & appreciative of our multicultural diversity, journeying together to share family values and commitment to service.

DECLARACIÓN DE NUESTRA VISION y MISIÓN
Somos una comunidad totalmente acogedora y centrada en Cristo que celebra nuestras tradiciones Católicas profundamente arraigadas, respetamos y apreciamos nuestra diversidad multicultural, caminamos juntos para compartir los valores de la familia y el compromiso al servicio.

PARISH STAFF

Rev. Joey R. Buena
Pastor
frjoeyseasparishlo@gmail.com

Javier Soto Osorio
Office Manager & Coordinator
Spanish Faith Formation, RCIA
javi.s.seaschurchlo@gmail.com

Susan Tuttle
Music Coordinator
seaschurchlo@gmail.com

Heather Hurley
Receptionist & Coordinator for English Faith Formation, RCIA
heatherh.seas.7@gmail.com

Cristina Curzi
Interim Bookkeeper
The primary music ministers are the faithful who attend the Mass. Musicians & cantors serve the faithful so that all can actively participate, I encourage everyone, let us sing & praise God together! Fr. Joey

MUSIC FOR MARCH 7 & 8, 2020
ENGLISH MASSES
Please listen to Cantor’s announcement for any changes

<table>
<thead>
<tr>
<th>SONG TITLE</th>
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<tr>
<td>GATHERING</td>
<td>GATHER US IN</td>
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<td>OFFERTORY</td>
<td>IN THE BREAKING OF THE BREAD</td>
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<td>COMMUNION</td>
<td>SPIRIT AND GRACE</td>
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<td>MEDITATION (READINGS RELATED)</td>
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<td>SENDING FORTH</td>
<td>IRISH BLESSING</td>
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SAT & SUN. MARCH 14/15
2nd COLLECTION: CATHOLIC CHARITIES

The 2nd Collection on March 14 & 15th benefits Catholic Charities.

SPANISH LENTEN TALK & CONFESSIONS ARE CANCELED.

SAT & SUN. MARCH 21/22
2nd COLLECTION: CATHOLIC RELIEF SERVICES

The 2nd Collection on March 21 & 22 benefits Catholic Relief Services.

EASTER EGGS

We need your help! This year we have 2 Easter Egg hunts for the children this coming Easter. Please bring your Easter eggs pre-filled with individually wrapped candy to the parish office by April 7th. Thank you for your generosity!

EASTER WHITE ORCHIDS

Due to increase in parishioner allergies to lilies we are going to use white orchids this Easter. How can you help? Bring a white orchid in bloom to the church on Good Friday (April 10th) with the clearly printed name of your loved one attached.

A PRAYER AMIDST THE VIRUS SCARE

God our Father, we come to You in our need to ask Your protection against the covid-19 virus, that has claimed lives and has affected many.

We pray for Your grace for the people tasked with studying the nature and cause of this virus and its disease and of stemming the tide of its transmission. Guide the hands and minds of medical experts that they may minister to the sick with competence and compassion, and of those governments and private agencies that must find cure and solution to this epidemic. We pray for those afflicted may they be restored to health soon. Grant us the grace to work for the good of all and to help those in need.

Grant this through our Lord, Jesus Christ, your Son, Who lives and reigns with You, in the unity of the Holy Spirit, God, forever and ever. Amen.

ACTS OF SPIRITUAL COMMUNION

It has long been a Catholic understanding that when circumstances prevent one from receiving Holy Communion, it is possible to make an Act of Spiritual Communion which is a source of grace. Spiritual Communion means uniting one’s self in prayer with Christ’s sacrifice and worshipping him in his Body and Blood.

The most common reason for making an Act of Spiritual Communion is when a person cannot attend Mass. Acts of Spiritual Communion increase our desire to receive sacramental Communion and help us avoid the sins that would make us unable to receive Holy Communion worthily.

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things and I desire to receive you in my soul. Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart. I embrace you as if you were already there And unite myself wholly to you. Never permit me to be separated from you. Amen.

Jesús mío, creo que estás realmente presente en el Santísimo Sacramento, te amo sobre todas las cosas, y te deseo en el interior de mi alma. Y que en este momento no puedo recibirte sacramentalmente, ven al menos espiritualmente a mi corazón; estando dentro de mí, yo te abrazo y me uno todo a Ti. No permitas nunca que me separe de Ti. Amen.

PRAYER FOR AFTER COMMUNION: ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O Good Jesus, hear me. Within your wounds hide me. Permit me not to be separated from you. From the wicked foe, defend me. At the hour of my death, call me and bid me come to you That with your saints I may praise you For ever and ever. Amen.


S.E.A.S. CATECHISM

Our parish Faith Formation Coordinators, Javier Soto and Heather Hurley will be contacting families according to classes to provide syllabi, assignments and activities, to ﬁeld questions, and to support our parish families as they echo the Faith in new ways with their children.

Parents, please make sure that we have your email addresses. Thanks!

Our parish is committed to ensuring all children, youth and adults at our parish are prepared for their Sacraments even though we will not be able to meet at church for the coming weeks.

Please keep our learners, their families and our catechists in your prayers especially as some of our adult learners prepare for Conﬁrmations this April, and our youth and children prepare for their Conﬁrmations and 1st Communions this June.

WORLDWIDE MARRIAGE ENCOUNTER

Worldwide Marriage Encounter (WWME) is canceling their April retreats. However there is still time to nominate a couple or couples from our parish for the Longest Married Couple Project sponsored by WWME. Nominations are made by families & friends by submitting names to www.wwme.org by May 14, 2020.

CAPSLO: EARLY EDUCATION & CHILD CARE PROGRAM

CAPSLO Inscripción en Los Osos—Open Enrollment in Los Osos 03-25-2020 5:00 pm-7:00 pm Sunnyside Early Education & Child Care Center 880 Manzanita, Los Osos Preguntas? Questions? 1-888-315-6741 childcare@capslo.org

2020 AMA: GROW IN FAITH

Your generous gift to the 2020 Annual Ministry Appeal will help those in need and provide support and services to our brothers and in sisters in Christ, as we Grow in Faith within the diocese and our local parish.

Our goal this year is $40,000.

$11, 500 of the money returned by the Diocese will go toward the repair and asphalt of the parking lots as well as light sensors in the bathrooms.

THANK YOU VERY MUCH!


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<th>Donors through S.E.A.S.:</th>
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<tr>
<td>Amount Pledged</td>
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<td>Amount Needed by Diocese:</td>
<td>$8,500.00</td>
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<td>Amount Returning to SEAS:</td>
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ST. JOSEPH TABLE MEAL & FUNDRAISER ARE CANCELED.

Our St. Joseph’s Table is canceled for preventative health measures. If you wish to donate for the St. Joseph’s fund, you can give via check and write on the memo line “St. Joseph’s Fund.” Cash donations also welcome. Form is available in an envelope labeled “St. Joseph’s Fund.” Donations can be dropped into the collection basket or sent to the office. The St. Joseph’s Fund helps the poorest in our community with food gift cards, occasional help with a utility bill or partial rent payment, etc.

STATIONS OF THE CROSS & LENTEN SUPPERS ARE CANCELED.

Stations of the Cross and Soup Suppers are ended for the remainder of Lent.

ELECTRONIC GIVING

In the coming weeks please consider electronic giving to help the continued economic stability of our parish as we prepare to embrace the effects of the virus outbreak in our area. Forms are available on the back of the church bulletin. One-time donations are also available through our parish website, just click on “Ministries” and then “Stewardship.” (See link below.)
https://www.seasparishlo.org/electronic-giving.html

MAR 7 & 8 WEEKEND DONATION REPORT

Thank you for your generous support of our parish. Below reflects last week’s ﬁnancial contributions.

Thank you for your contributions. God bless you a hundredfold!

Electronic Giving is reported monthly, not weekly.

Saturday, 5:30 pm English $184.00
Sunday, 9:00 am English Mass $366.00
Sunday, 1:00 pm Spanish Mass $290.00
Saturday, 5:30 pm English Mass Red Env. $390.00
Sunday, 9:00 am English Mass Red Env. $419.00
Sunday, 1:00 pm Spanish Mass Red Env. $60.00

Total Weekend Donation $1,709.00

PAGE 3
14th March 2020
RE: Pastor’s Message 11 am

My Dear Brothers and Sisters in Christ,

"Do not be not afraid." (Mk. 5:36)
"Our help is in the name of the Lord who made heaven and earth." (Ps. 124:8)

Be well informed, follow health guidelines, and above all, pray.

Obtain your news only from correct sources.
Links below:

Bishop Danny has this message for you at this time:
(1) Those who FEEL UNCOMFORTABLE or FEARFUL in attending Mass are NOT OBLIGATED to go to participate in Mass. I am dispensing them from the Sunday obligation.
(2) Those OVER 60 years of age, those with compromised immune system are NOT OBLIGATED to participate in Mass. I am dispensing them from the obligation.
(3) If possible, please practice social distancing at Mass by keeping a reasonable distance between parishioners during Mass.
(4) Receive the Body of Christ in the hand, NOT on the tongue.
(5) No hand holding during the Lord’s Prayer.
(6) No touching during the Kiss of Peace.

I will let you know asap his latest advisories.

For those who will stay at home. here are the links for you to watch Mass online:
ENGLISH MASS
(1) http://catholictv.org/masses
(2) https://www.ewtn.com/tv/shows/sunday-mass-live
TAGALOG MASS
(3) https://www.youtube.com/channel/UCVkd-aw3vIBH_g7WGFo1MUw
SPANISH MASS
(4) http://www.catholictv.org/masses/la-santa-misa
I encourage you to avail of this online opportunity to always connect with our Divine Mercy by adoring Him in the Most Blessed Sacrament. Here is the link: https://www.youtube.com/watch?v=m4A6RIOwC2E

With regard to some aspects of our Parish Life,
All soup suppers, hospitality meals after Sunday Mass, Fish Fry are suspended.

Catechism classes will be done at home with parents as catechists. Syllabus will be emailed to parents by our coordinators.

Our lines of communication are open through our:
(1) MyParishApp
(2) our parish website https://www.seasparishlo.org/
(3) parish cell phone (805) 235-8803
(4) emails
I am with you.

Be well informed, follow health guidelines, and above all pray.

Love & prayers,

Fr. Joey
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<thead>
<tr>
<th>SCHEDULE OF MASSES, READINGS &amp; INTENTIONS</th>
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<tbody>
<tr>
<td><strong>DATE</strong></td>
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<td><strong>TIME</strong></td>
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<td><strong>INTENTIONS</strong></td>
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<td>Third Sunday of Lent</td>
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<td>14 March 2020</td>
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<tr>
<td>Quinceañera Samantha Alfaro</td>
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<td>Confession</td>
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<td>French Mass</td>
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<td>Ex 17:3-7</td>
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<td>Ps 95: 1-2, 6-9</td>
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<td>Rom 5:1-2, 5-8</td>
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<td>Spanish Mass</td>
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<td>9:00:am: Rita Davis (2 of 2)</td>
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<td>2 Kgs 5:1-15</td>
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<td>Ps 42: 2-3</td>
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<td>42: 3-4</td>
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<td>Lk 4:24-30</td>
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<td>3rd Week of Lent</td>
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<td>Communion Service</td>
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<td>English Mass</td>
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<td>9:30am: Funeral Mass Térichard Burns</td>
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<td>Wednesday</td>
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<td>19 March 2020</td>
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<td>8:30 am: Saint Joseph, Spouse of the</td>
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<td>Blessed Virgin Mary</td>
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<td>8:30am: Communion Service</td>
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<td>Ex 5:15</td>
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<td>Pf 14:2-10</td>
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<td>Ps 81: 6c-11b, 14, 17</td>
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<td>Mk 12:28-34</td>
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**LET US PRAY FOR THE FOLLOWING / OREMUS POR**

- Timothy Ketcherside
- John LoNoe
- Peter Hewitt
- Jere LeBlanc
- Felly Plaut
- Mary Cavagnaro
- Bonifacio Garcia
- Michael Cubertson
- Steven Greenville
- Rafael & Maritza Garcia
- Frances Meehan
- Emily Sumner
- David Whiting
- Aurea Cruz
- Nathan Berry
- Robert Ruiz
- June Vivianne
- SYLVIA RADFORD
- ELEANOR BROWN
- FR. SARAH & JOSH MATTHEWS
- Michael Vella
- Lila Martinez
- Darleen Krouse
- Carolyn Lemos
- Toshi Meehan
- Robert Green Sr.
- Helen Maciel
- Simon Reich
- Sidney & Dorsey Dunton
- Elisa Fajardo
- Irene Castaneda
- Mary de Angelo
- Fr. Derek Hughes
- Fr. DOREL R. BUEN
- Rosemarie Greeneville
- AURELIA KOPP
- Maggie Quinn
- Dorothy Nichols
- Colleen Clark
- Leonora Eublera
- Daniel Quintana
- Mark Woehrle
- The Rivers Family
- Daniel Nunez
- Beto, Nick, Louis, Dolores, Eulalia, Jardiney
- Brian Pedigo and family
- Shawn Clarke
- Regina Heim
- Guldo Palermo
- Dolores Doyle
- Russell Wells
- Jacques Lohmeier
- John Miller
- Barbara Pinedo
- Pancho Pinedo
- Aimee Harris
- Ernestine Beever
- Loren Ketcherside
- Brian Hampton
- Madeline Bozner
- Wexlayo Bejarano
- Dee Mace
- Freddie Fernandez
- Albert Caielo
- Margherita Rita Davis
- Loren Hamlin
- Ann Farrelley

**ETERNAL REST GRANT UNTO THEM O LORD. LET YOUR PERPETUAL LIGHT SHINE UPON THEM MAY THE SOULS OF THE FAITHFULLY DEPARTED, THROUGH THE MERCY OF GOD, REST IN PEACE. AMEN.**
FREE WASHING MACHINE

- Replace your old washing machine with a new one;
- No cost to you, no publicity;
- Includes installation;
- Parishioner-funded through a water conservation program;
- Intended to replace older water-inefficient machines;
- Must be in the Los Osos water conservation area;
- Call Pete for information at (805) 528-8238.

PLACE YOUR ADS or GREETINGS IN OUR BULLETIN! CONTACT S.E.A.S. PARISH OFFICE.