

ST. ELIZABETH ANN SETON CATHOLIC CHURCH in LOS OSOS, CA

WEDNESDAY of the FIRST WEEK of LENT

Worship Aid for Holy Mass & Holy Hour (Song Sheets for home singing) 24<sup>th</sup> of February 2021

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GATHERING HYMN

THE GLORY OF THESE FORTY DAYS

ERHALT UNS, HERR



1. The glo - ry of these for - ty days We cel - e -
2. A - lone and fast - ing Mo - ses saw The lov - ing
3. So Dan - iel trained his mys - tic sight, De - liv - ered
4. Then grant that we like them be true, Con - sumed in
5. O Fa - ther, Son, and Spir - it blest, To you be



1. brate with songs of praise; For Christ, by whom all
2. God who gave the law; And to E - li - jah,
3. from the li - ons' might; And John, the Bride - groom's
4. fast and pray'r with you; Our spir - its strength - en
5. ev - 'ry pray'r ad - dressed; Who are in three - fold



1. things were made, Him - self has fast - ed and has prayed.
2. fast - ing, came The steeds and char - i - ots of flame.
3. friend, be - came The her - ald of Mes - si - ah's name.
4. with your grace, And give us joy to see your face.
5. Name a - dored, From age to age the on - ly Lord.

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Text: LM; *Clarum decus jejunii*; St. Gregory the Great, ca. 540–604; tr. fr. the *English Hymnal*, 1906;

Maurice F. Bell, 1862–1947, alt. Music: J. Klug's *Geistliche Lieder*, Wittenberg, 1543;

adapt. by Johann Sebastian Bach, 1685–1750, alt.

## **GREETING**

P: In the name of the Father, and of the Son, and of the Holy Spirit.

A: **Amen.**

P: The Grace of our Lord Jesus Christ,  
and the Love of God,  
and the Communion of the Holy Spirit  
be with you all!

A: **And with your spirit.**

## **PENITENTIAL RITE**

P: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the Sacred Mysteries. (*pause*)

1. Lord Jesus, You came to reconcile us to one another and to the Father:

**Lord, have mercy.**

2. Lord Jesus, You heal the wounds of sin and division:

**Christ, have mercy.**

3. Lord Jesus, You intercede for us with Your Father:

**Lord, have mercy.**

P: May Almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

A: **Amen.**

## **COLLECT**

## **LITURGY OF THE WORD**

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### **Reading I**

**Jon 3:1-10**

### **A READING FROM THE BOOK OF JONAH**

The word of the LORD came to Jonah a second time:

“Set out for the great city of Nineveh,  
and announce to it the message that I will tell you.”

So Jonah made ready and went to Nineveh,  
according to the LORD’s bidding.

Now Nineveh was an enormously large city;  
it took three days to go through it.

Jonah began his journey through the city,  
and had gone but a single day’s walk announcing,  
“Forty days more and Nineveh shall be destroyed,”  
when the people of Nineveh believed God;  
they proclaimed a fast  
and all of them, great and small, put on sackcloth.

When the news reached the king of Nineveh,  
he rose from his throne, laid aside his robe,  
covered himself with sackcloth, and sat in the ashes.

Then he had this proclaimed throughout Nineveh,  
by decree of the king and his nobles:

“Neither man nor beast, neither cattle nor sheep,  
shall taste anything;

they shall not eat, nor shall they drink water.

Man and beast shall be covered with sackcloth and call loudly to God;

every man shall turn from his evil way  
and from the violence he has in hand.

Who knows, God may relent and forgive, and withhold his blazing wrath,  
so that we shall not perish.”

When God saw by their actions how they turned from their evil way,  
he repented of the evil that he had threatened to do to them;  
he did not carry it out.

**THE WORD OF THE LORD.**

Thanks be to God

## Responsorial Psalm

51:3-4, 12-13, 18-19

**R. (19b) A heart contrite and humbled, O God, you will not spurn.**

Have mercy on me, O God, in your goodness;

in the greatness of your compassion wipe out my offense.

Thoroughly wash me from my guilt

and of my sin cleanse me.

**R. A heart contrite and humbled, O God, you will not spurn.**

A clean heart create for me, O God,

and a steadfast spirit renew within me.

Cast me not out from your presence,

and your Holy Spirit take not from me.

**R. A heart contrite and humbled, O God, you will not spurn.**

For you are not pleased with sacrifices;

should I offer a burnt offering, you would not accept it.

My sacrifice, O God, is a contrite spirit;

a heart contrite and humbled, O God, you will not spurn.

**R. A heart contrite and humbled, O God, you will not spurn.**

## Verse before the Gospel

JI 2:12-13

**PRAISE TO YOU, LORD JESUS CHRIST, KING OF ENDLESS GLORY.**

Even now, says the LORD,  
return to me with your whole heart  
for I am gracious and merciful.

**PRAISE TO YOU, LORD JESUS CHRIST, KING OF ENDLESS GLORY.**

## Gospel

Lk 11:29-32

P: The Lord be with you.

A: **And with your spirit.**

P: A Reading from the Holy Gospel According to Luke.

A: **Glory, to You, O Lord.**

While still more people gathered in the crowd, Jesus said to them,  
“This generation is an evil generation;  
it seeks a sign, but no sign will be given it,  
except the sign of Jonah.

Just as Jonah became a sign to the Ninevites,  
so will the Son of Man be to this generation.

At the judgment

the queen of the south will rise with the men of this generation  
and she will condemn them,

because she came from the ends of the earth  
to hear the wisdom of Solomon,

and there is something greater than Solomon here.

At the judgment the men of Nineveh will arise with this generation  
and condemn it,

because at the preaching of Jonah they repented,  
and there is something greater than Jonah here.”

P: The Gospel of the Lord

A: **Praise to you, Lord Jesus**

## HOMILY

## PRAYER OF THE FAITHFUL

# LITURGY OF THE EUCHARIST

## GRACIOUS GOD

Jesse Manibusan

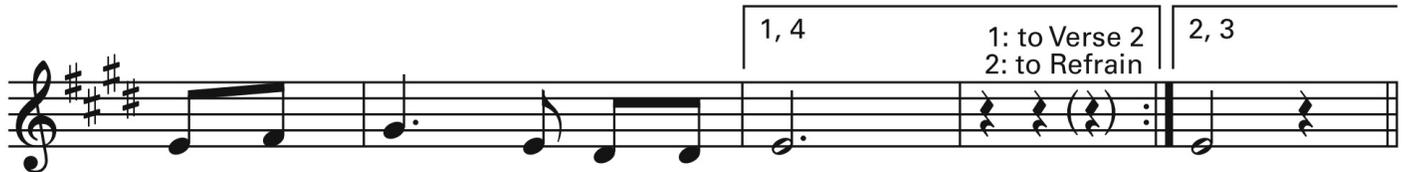


Verses

1. Lead us, Lord, in - to the des - ert; lead us through the
2. In this time of sa - cred strug - gle, in this time of
3. Lord, we hun - ger for your pres - ence; Lord, we're thirst - ing
4. Teach us, Lord: who is our neigh - bor? Is it friend, or



1. wil - der - ness. Through this jour - ney we will fol - low,
2. sac - ri - fice, we re - joice, for we re - mem - ber
3. for your grace. When con - sum - ing all but you, Lord,
4. en - e - my? When we wel - come or con - demn them,



1. for we long to see your face.
2. that you lead us in - to life.
3. all we gain is emp - ti - ness.
4. it is you, O let us see.



Gra - cious God, mer - cy is your name. Re - deem -  
Gra - cious God, we bless your ho - ly name. Re - ceiv -



ing Love, you give your life a-way.  
ing love, we give our lives a-way.

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P: Pray, sisters and brothers that my sacrifice and yours may be acceptable to God, the Almighty Father.

All: **May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.**

## **PRAYER OVER THE OFFERING**

### **PREFACE**

P: The Lord be with you.

A: **And with your spirit.**

P: Lift up your hearts.

A: **We lift them up to the Lord.**

P: Let us give thanks to the Lord our God.

A: **It is right and just.**

P: It is truly right and just,  
our duty and our salvation,  
always and everywhere  
to give You thanks,  
Lord, holy Father, almighty and eternal God...

### **HOLY, HOLY, HOLY**

Holy, holy, holy Lord God of hosts.

Heaven and earth are full of Your glory.

Hosanna in the highest!

Blessed is he who comes in the name of the Lord!

Hosanna in the highest!

### **MYSTERY OF FAITH**

We proclaim Your Death, O Lord,

and profess Your Resurrection until You come again.

### **LAMB OF GOD**

Lamb of God, You take away the sins of the world, have mercy on us. (2x)

Lamb of God, You take away the sins of the world, grant us peace.

## PRAYER OF SPIRITUAL COMMUNION by ST. ALPHONSUS LIGUORI

### ALL AT HOME:

#### ENGLISH

My Jesus,  
I believe  
that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
& unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.

#### SPANISH

Jesús mío,  
creo que estás realmente presente en el Santísimo Sacramento,  
te amo sobre toda las cosas,  
y te deseo en el interior de mi alma.  
Ya que en este momento no puedo recibirte sacramentalmente,  
ven al menos espiritualmente a mi corazón;  
estando dentro de mí,  
yo te abrazo y me uno todo a Ti.  
No permitas nunca que me separe de Ti.  
Amen.

# COMMUNION HYMN

## ON EAGLE'S WINGS

Michael Joncas

Verse 1



1. You who dwell in the shel-ter of the Lord, who a - bide in his



1. shad-ow for life, say to the Lord: "My ref-uge, my rock in whom I trust!"

to Refrain

Refrain



And he will raise you up on ea - gle's wings, bear you on the



breath of dawn, make you to shine like the



sun, and hold you in the palm of his hand.

to Verses (last time to Coda) ⊕

⊕ Coda



And hold you, hold you in the palm of his hand.

Verse 2



2. The snare of the fowl-er will nev-er cap-ture you, and fam-ine will bring



2. you no fear: un-der his wings your ref-uge, his faith-ful-ness your shield.

to Refrain

Verse 3



3. You need not fear the ter-ror of the night, nor the ar-row that flies by



3. day; though thou-sands fall a - bout you, near you it shall not come.

to Refrain

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## ON EAGLE'S WINGS (CONT. 2)

Verse 4

4. For to his an-gels he's giv-en a com-mand to  
4. guard you in all of your ways; up - on their hands they will  
4. bear you up, lest you dash your foot a-gainst a stone. to Refrain

The image shows three staves of musical notation in G major (one sharp). The first staff begins with a treble clef and a key signature of one sharp (F#). It contains a triplet of eighth notes (G4, A4, B4) followed by a quarter note (C5), a quarter note (B4), and a quarter note (A4). The second staff continues with a quarter note (G4), a quarter note (F#4), a quarter note (E4), a quarter note (D4), a quarter note (C4), a quarter note (B3), a quarter note (A3), and a quarter note (G3). The third staff continues with a quarter note (F#3), a quarter note (E3), a quarter note (D3), a quarter note (C3), a quarter note (B2), a quarter note (A2), a quarter note (G2), and a quarter note (F#2). The piece ends with a fermata over the final note, followed by the text 'to Refrain'.

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### PRAYER AFTER COMMUNION

#### CONCLUDING RITES

P: The Lord be with you.

A: **And with your spirit.**

#### PRAYER OVER THE PEOPLE

P: Bow down for the blessing.

May bountiful blessing, O Lord, we pray,  
come down upon Your people,  
that hope may grow in tribulation  
virtue be strengthened in temptation,  
and eternal redemption be assured.  
Through Christ our Lord.

A: **Amen. .**

#### DISMISSAL

P: Go forth, the Mass is ended.

A: **Thanks be to God.**

## **PRAYER TO SAINT MICHAEL THE ARCHANGEL**

St. Michael the Archangel, defend us in battle.

Be our defense against the wickedness and snares of the devil.

May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell satan, and all the other evil spirits, who prowl about the world seeking the ruin of souls. Amen.

## **INVOCATIONS**

Holy Mary, Health of the Sick,

pray for us.

St. Elizabeth Ann Seton,

pray for us.

St. Michael the Archangel,

pray for us.

Eternal rest grant unto all Your faithful departed servants O Lord,

Let your perpetual light shine upon them,

May they rest in peace.

Amen.

*(sign of the cross)*

# SENDING FORTH

## LEAD ME, LORD

John D. Becker

Verses

1. Bless - ed are the poor in spir - it, long - ing for their
2. Bless - ed are the mer - ci - ful, for mer - cy shall be
3. Blest are they who through their life - times sow the seeds of

1. Lord, for God's com - ing king - dom shall be theirs.
2. theirs, and the pure in heart shall see their God.
3. peace, all will call them chil - dren of the Lord.

1. Bless - ed are the sor - row - ing, for they shall be con -
2. Blest are they whose hun - ger on - ly ho - li - ness can
3. Blest are you, though per - se - cu - ted in your ho - ly

1. soled, and the meek shall come to rule the world.
2. fill, for I say they shall be sat - is - fied.
3. life, for in heav - en, great is your re - ward.

Refrain

Lead me, Lord, lead me, Lord, by the light of truth to

seek and to find the nar - row way. Be my way;

be my truth; be my life, my Lord, and lead me, Lord, to -

day. day. And lead me, Lord, to - day.

Text: Matthew 5:3-12; 7:7, 13; John 14:6. Text and music © 1987, John D. Becker.  
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## PART 2: HOLY HOUR, DIVINE MERCY, BENEDICTION

### O SAVING VICTIM/O SALUTARIS HOSTIA

DUGUET



1. O sav - ing Vic - tim, o - pen wide The gate of  
2. To your great name be end - less praise, Im - mor - tal  
1. O sa - lu - tá - ris Hó - sti - a, Quae cae - lí  
2. U - ni tri - nó - que Dó - mi - no Sit sem - pi -



1. heav'n to us be - low, Our foes press on from  
2. God - head, One in Three; Grant us, for end - less  
1. pan - dis ó - sti - um: Bel - la pre - munt ho -  
2. tér - na gló - ri - a, Qui ví - tam sí - ne



1. ev - 'ry side; Your aid sup - ply, your strength be - stow.  
2. length of days, In our true na - tive land to be.  
1. stí - lí - a, Da ro - bur fer au - xí - lí - um.  
2. tér - mi - no No - bis do - net in pá - tri - a.

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Text: LM; *O Salutaris*; St. Thomas Aquinas, 1227–1274; tr. by Edward Caswall, 1814–1878, alt.  
Music: attr. to Abbé Dieudonne Duguet, 1794–1849.

### ADORATION ANTIPHON

Oh Sacrament Most Holy, Oh Sacrament Divine,  
All Praise and all Thanksgiving be every moment Thine.

We believe in Jesus in the Most Holy Sacrament of the Altar (R.)  
We place our hope in Jesus in the Most Holy Sacrament of the Altar (R.)  
We love Jesus in the Most Holy Sacrament of the Altar (R.)

### PRAYER OF ADORATION I

Lord Jesus Christ,  
I adore You for what You are, my Savior.  
I adore You for what You will, my sacrifice.  
I adore You for what You intend, my food.

Truly God, truly Man, You are present,  
risen and glorious beneath this veil of Bread.  
I adore You in Your humility,  
eternal Son of the Father,  
involved in our world,  
enfleshed in our time,  
under this simple form of Bread,  
Lord Jesus Christ, I adore You.

### **ANGEL OF PEACE PRAYER AT FATIMA**

My God, I believe, I adore, I hope and I love You!  
I ask pardon of You for those  
who do not believe, do not adore, do not hope and do not love You. (3X)

### **CHAPLET OF THE DIVINE MERCY**

<https://www.thedivinemercy.org/message/devotions/pray-the-chaplet>

## **1. Make the Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## **2. Optional Opening Prayers**

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

(Repeat three times)

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You!

## **3. Our Father**

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.

## **4. Hail Mary**

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

## **5. The Apostles' Creed**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## **6. The Eternal Father**

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

## **7. On the 10 Small Beads of Each Decade**

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

## **8. Repeat for the remaining decades**

Saying the "Eternal Father" (6) on the "Our Father" bead and then 10 "For the sake of His sorrowful Passion" (7) on the following "Hail Mary" beads.

## **9. Conclude with Holy God (Repeat three times)**

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

## **10. Optional Closing Prayers**

Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

Jesus, King of Mercy. I trust in You.

## **PERSONAL ADORATION**

# HYMN

## BENEDICTION: TANTUM ERGO

*Sing of Glory*

ST. THOMAS (TANTUM ERGO)



1. Tan - tum er - go Sac - ra - mén - tum Ve - ne - ré - mur  
2. Ge - ni - tó - ri, Ge - ni - tó - que Laus et ju - bi -  
1. *Ho - ly sac - ra - ment, most ho - ly, Let us bow on*  
2. *God Be - get - ter and Be - got - ten, Yours be praise and*



1. cér - nu - i: Et an - tí - quum do - cu - mén - tum  
2. lá - ti - o, Sa - lus, ho - nor, vir - tus quo - que  
1. *bend - ed knee: Vi - sions of the an - cient prom - ise*  
2. *maj - es - ty, Hon - or, glo - ry and sal - va - tion,*



1. No - vo ce - dat rí - tu - i: Prae - stet fi - des  
2. Sit et be - ne - dí - cti - o: Pro - ce - dén - ti  
1. *Now ful - filled in mys - te - ry. Faith de - clares what*  
2. *Bless - ing for e - ter - ni - ty, With the One pro -*



1. sup - ple - mén - tum Sén - su - um de - fé - ctu - i.  
2. ab u - tró - que Com - par sit lau - dá - ti - o.  
1. *none dare fath - om; Faith re - veals what none may see.*  
2. *ceed - ing al - ways, E - qual - ly in u - ni - ty.*

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Text: 87 87 87; Tantum ergo; St. Thomas Aquinas, 1227–1274; tr. by Harry Hagan, OSB, b. 1947,  
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P: You have given them Bread from heaven.

A: **Having within it all Sweetness.**

P: LET US PRAY.

Lord Jesus Christ,

You gave us the Eucharist

as the memorial of Your suffering and death.

May our worship of this Sacrament of Your Body & Blood

help us to experience the salvation You won for us

and the Peace of the Kingdom

where You live with the Father and the Holy Spirit,

one God, forever & ever. **Amen.**

## **BENEDICTION**

### **THE DIVINE PRAISES**

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His most Sacred Heart.

Blessed be His most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

# HOLY GOD, WE PRAISE THY NAME

GROSSER GOTT



1. Ho - ly God, we praise thy name; Lord of all, we  
2. Hark! the loud ce - les - tial hymn An - gel choirs a -  
3. Lo! the ap - os - tol - ic train Join, the sa - cred  
4. Ho - ly Fa - ther, Ho - ly Son, Ho - ly Spir - it,



1. bow be - fore thee! All on earth thy scep - tre claim,  
2. bove are rais - ing; Cher - u - bim and Ser - a - phim,  
3. Name to hal - low; Proph - ets swell the loud re - frain,  
4. Three we name thee; While in es - sence on - ly One,



1. All in heav'n a - bove a - dore thee; In - fi -  
2. In un - ceas - ing cho - rus prais - ing; Fill the  
3. And the white - robed mar - tyrs fol - low; And from  
4. Un - di - vid - ed God we claim thee; And a -



1. nite, thy vast do - main, Ev - er - last - ing  
2. heav'ns with sweet ac - cord: "Ho - ly, ho - ly,  
3. morn to set of sun, Through the Church the  
4. dor - ing, bend the knee, While we own the



1. is thy reign. In - fi - nite, thy vast do -  
2. ho - ly Lord!" Fill the heav'ns with sweet ac -  
3. song goes on. And from morn to set of  
4. mys - ter - y. And a - dor - ing, bend the



1. main, Ev - er - last - ing is thy reign.  
2. cord: "Ho - ly, ho - ly, ho - ly Lord!"  
3. sun, Through the Church the song goes on.  
4. knee, While we own the mys - ter - y.

Text: 78 78 77 with repeat; *Te Deum laudamus*; attr. to St. Nicetas, ca. 335–414;  
Grosser Gott, *wir loben dich*; tr. ascr. to Ignaz Franz, 1719–1790; tr. by Clarence A. Walworth, 1820–1900.  
Music: *Allgemeines Katholisches Gesangbuch*, Vienna, ca. 1774.

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