

ST. ELIZABETH ANN SETON CATHOLIC CHURCH in LOS OSOS, CA  
FRIDAY AFTER ASH WEDNESDAY

Worship Aid for Holy Mass, 19<sup>th</sup> of February 2021

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GATHERING HYMN

THE GLORY OF THESE FORTY DAYS

ERHALT UNS, HERR



1. The glo - ry of these for - ty days We cel - e -
2. A - lone and fast - ing Mo - ses saw The lov - ing
3. So Dan - iel trained his mys - tic sight, De - liv - ered
4. Then grant that we like them be true, Con - sumed in
5. O Fa - ther, Son, and Spir - it blest, To you be



1. brate with songs of praise; For Christ, by whom all
2. God who gave the law; And to E - li - jah,
3. from the li - ons' might; And John, the Bride - groom's
4. fast and pray'r with you; Our spir - its strength - en
5. ev - 'ry pray'r ad - dressed; Who are in three - fold



1. things were made, Him - self has fast - ed and has prayed.
2. fast - ing, came The steeds and char - i - ots of flame.
3. friend, be - came The her - ald of Mes - si - ah's name.
4. with your grace, And give us joy to see your face.
5. Name a - dored, From age to age the on - ly Lord.

Text: LM; *Clarum decus jejunii*; St. Gregory the Great, ca. 540–604; tr. fr. the *English Hymnal*, 1906;  
Maurice F. Bell, 1862–1947, alt. Music: J. Klug's *Geistliche Lieder*, Wittenberg, 1543;  
adapt. by Johann Sebastian Bach, 1685–1750, alt.

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## **GREETING**

P: In the name of the Father, and of the Son, and of the Holy Spirit.

A: **Amen.**

P: The Lord be with you!

A: **And with your spirit.**

## **PENITENTIAL RITE**

P: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the Sacred Mysteries. (*pause*)

1. Lord Jesus, You came to reconcile us to one another and to the Father:

**Lord, have mercy.**

2. Lord Jesus, You heal the wounds of sin and division:

**Christ, have mercy.**

3. Lord Jesus, You intercede for us with Your Father:

**Lord, have mercy.**

May Almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

P: **Amen.**

## **COLLECT**

## **LITURGY OF THE WORD**

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### **Reading I**

**Is 58:1-9a**

#### **A READING FROM THE BOOK OF THE PROPHET ISAIAH**

Thus says the Lord GOD:

Cry out full-throated and unsparingly,  
lift up your voice like a trumpet blast;

Tell my people their wickedness,  
and the house of Jacob their sins.

They seek me day after day,  
and desire to know my ways,

Like a nation that has done what is just  
and not abandoned the law of their God;

They ask me to declare what is due them,  
pleased to gain access to God.

“Why do we fast, and you do not see it?  
afflict ourselves, and you take no note of it?”

Lo, on your fast day you carry out your own pursuits,  
and drive all your laborers.

Yes, your fast ends in quarreling and fighting,  
striking with wicked claw.

Would that today you might fast  
so as to make your voice heard on high!

Is this the manner of fasting I wish,  
of keeping a day of penance:

That a man bow his head like a reed  
and lie in sackcloth and ashes?

Do you call this a fast,

a day acceptable to the LORD?  
This, rather, is the fasting that I wish:  
releasing those bound unjustly,  
untying the thongs of the yoke;  
Setting free the oppressed,  
breaking every yoke;  
Sharing your bread with the hungry,  
sheltering the oppressed and the homeless;  
Clothing the naked when you see them,  
and not turning your back on your own.  
Then your light shall break forth like the dawn,  
and your wound shall quickly be healed;  
Your vindication shall go before you,  
and the glory of the LORD shall be your rear guard.  
Then you shall call, and the LORD will answer,  
you shall cry for help, and he will say: Here I am!

**THE WORD OF THE LORD.**

## Responsorial Psalm

51:3-4, 5-6ab, 18-19

**R. (19b) A heart contrite and humbled, O God, you will not spurn.**

Have mercy on me, O God, in your goodness;

in the greatness of your compassion wipe out my offense.

Thoroughly wash me from my guilt

and of my sin cleanse me.

**R. A heart contrite and humbled, O God, you will not spurn.**

For I acknowledge my offense,

and my sin is before me always:

“Against you only have I sinned,

and done what is evil in your sight.”

**R. A heart contrite and humbled, O God, you will not spurn.**

For you are not pleased with sacrifices;

should I offer a burnt offering, you would not accept it.

My sacrifice, O God, is a contrite spirit;

a heart contrite and humbled, O God, you will not spurn.

**R. A heart contrite and humbled, O God, you will not spurn.**

## **Verse before the Gospel**

See Am 5:14

**GLORY TO YOU, WORD OF GOD, LORD JESUS CHRIST.**

Seek good and not evil so that you may live,  
and the Lord will be with you.

**GLORY TO YOU, WORD OF GOD, LORD JESUS CHRIST.**

## **Gospel**

Mt 9:14-15

The disciples of John approached Jesus and said,  
“Why do we and the Pharisees fast much,  
but your disciples do not fast?”

Jesus answered them, “Can the wedding guests mourn  
as long as the bridegroom is with them?

The days will come when the bridegroom is taken away from them,  
and then they will fast.”

## **HOMILY**

## **PRAYERS OF THE FAITHFUL**

# LITURGY OF THE EUCHARIST

## Hosea

### Verses



1. Come back to me with all your heart.  
Trees do bend, 'though straight and tall;  
2. The wil - der - ness will lead you  
In - teg - ri - ty and jus - tice,  
3. You shall sleep se - cure with peace;



Don't let fear keep us a - part.  
so must we to oth - ers' call. *(To refrain)*  
to your heart where I will speak.  
With ten - der - ness, you shall know. *(To refrain)*  
faith - ful - ness will be your joy. *(To refrain)*

### Refrain



Long have I wait-ed for your com - ing home to me and



liv - ing deep - ly our new life.

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Text: Hosea 6:1, 3:3, 2:16, 21; Joel 2:12; Weston Priory, Gregory Norbet, OSB, b.1940

Tune: Gregory Norbet, OSB, b.1940; arr. by Mary David Callahan, OSB, b.1923

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P: Pray, sisters and brothers that my sacrifice and yours may be acceptable to God, the Almighty Father.

All: **May the Lord accept the sacrifice at your hands for the praise and glory of His name.**

## **PRAYER OVER THE OFFERING**

### **PREFACE**

P: The Lord be with you.

A: **And with your spirit.**

P: Lift up your hearts.

A: **We lift them up to the Lord.**

P: Let us give thanks to the Lord our God.

A: **It is right and just.**

P: It is truly right and just,  
our duty and our salvation,  
always and everywhere  
to give You thanks,  
Lord, holy Father, almighty and eternal God...

### **HOLY, HOLY, HOLY**

Holy, holy, holy Lord God of hosts.

Heaven and earth are full of Your glory.

Hosanna in the highest!

Blessed is he who comes in the name of the Lord!

Hosanna in the highest!

### **MYSTERY OF FAITH**

We proclaim Your Death, O Lord,  
and profess Your Resurrection until You come again.

### **LAMB OF GOD**

Lamb of God, You take away the sins of the world, have mercy on us. (2x)

Lamb of God, You take away the sins of the world, grant us peace.

## PRAYER OF SPIRITUAL COMMUNION by ST. ALPHONSUS LIGUORI

ALL AT HOME:

### ENGLISH

My Jesus,  
I believe  
that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
& unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.

### SPANISH

Jesús mío,  
creo que estás realmente presente en el Santísimo Sacramento,  
te amo sobre toda las cosas,  
y te deseo en el interior de mi alma.  
Ya que en este momento no puedo recibirte sacramentalmente,  
ven al menos espiritualmente a mi corazón;  
estando dentro de mí,  
yo te abrazo y me uno todo a Ti.  
No permitas nunca que me separe de Ti.  
Amen.

**COMMUNION HYMN**

**PSALM 103: LOVING AND FORGIVING**

Scott Soper

Refrain

Lov-ing and for - giv - ing are you, O Lord; slow to an - ger,  
rich in kind - ness, lov - ing and for - giv - ing are you.

Verses

1. All my be - ing, bless the Lord, \_\_\_\_\_ bless the ho - ly  
2. God for - gives us all our sins, \_\_\_\_\_ heal - ing those who  
3. Good and gra - cious is the Lord, \_\_\_\_\_ slow to an - ger,  
4. As heav - en soars a - bove the earth, so great the love of

1. name of God. \_\_\_\_\_ All my be - ing, bless the Lord, re -  
2. live in pain, \_\_\_\_\_ sav - ing us from fi - nal death. God  
3. rich in love. \_\_\_\_\_ God re - mem - bers not our sins; for -  
4. God for us. As far as east is from the west, the

to Refrain

1. mem - b'ring the good - ness of God.  
2. fills us with good - ness and love.  
3. giv - ing and lov - ing is God.  
4. Lord takes our sins \_\_\_\_\_ from us.

Text: Based on Psalm 103:8, 1-2, 3-4, 8-10, 11-12. Text and music © 1992, OCP. All rights reserved.

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**PRAYER AFTER COMMUNION**  
**CONCLUDING RITES**  
**BLESSING**

P: The Lord be with you.

A: **And with your spirit.**

P: Bow down for the blessing.

For Your mighty deeds, O God of Mercy,  
may Your people offer endless thanks,  
and, by observing the age-old disciplines  
along their pilgrim journey,  
may they merit to come and behold You forever.  
Through Christ our Lord.

A: **Amen.**

May Almighty God bless you,  
the Father,  
and the Son, (+)  
and the Holy Spirit.

A: **Amen.**

**DISMISSAL**

P: The Mass is ended. Go in peace.

A: **Thanks be to God.**

**PRAYER TO SAINT MICHAEL THE ARCHANGEL**

St. Michael the Archangel, defend us in battle.

Be our defense against the wickedness and snares of the devil.

May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell satan, and all the other evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**INVOCATIONS**

Holy Mary, Health of the Sick,

**pray for us.**

St. Elizabeth Ann Seton,

**pray for us.**

St. Michael the Archangel,

**pray for us.**

Eternal rest grant unto all Your faithful departed servants O Lord,

**Let your perpetual light shine upon them,**

May they rest in peace.

**Amen.**

*(sign of the cross)*

**SENDING FORTH**

**SAVE YOUR PEOPLE**

Jim Farrell

Refrain

Save your peo-ple, O Lord. Show us the way to come

home. We have been wan-der-ing far from your love. Save your

Verses

peo-ple, O Lord.

- 1. One thing I ask, O
- 2. For you will hide me in the
- 3. Lis - ten, O Lord, to the
- 4. Thus will I bless you all the

- 1. Lord, this I seek: to dwell for - ev - er in your
- 2. shel - ter of your wings and from the ar - rows of my
- 3. sound of my call, for I ac - knowl - edge my of -
- 4. days of my life. Lift - ing my hands, I call your

- 1. house, that I may gaze on your love - li - ness
- 2. foes. You set me high on a moun - tain - top,
- 3. fense. Wash me and I shall be pur - i - fied.
- 4. name: "O Lord, re - mem - ber your in - her - i - tance.

to Refrain

- 1. all the days of my life.
- 2. saved me from my dis - tress.
- 3. I shall be whit - er than snow.
- 4. Save your peo - ple, O Lord!"