

**PRAYER OF
ST. ELIZABETH ANN
SETON**

O Father,
the first rule
of our dear Savior's life
was to do Your Will.

Let His Will
of the present moment
be the first rule
of our daily life & work,
with no other desire
but for its most full
and complete accomplishment.
Help us to follow it faithfully,
so that doing what You wish
we will be pleasing to You.
Amen.



**ORACIÓN DE
SANTA ELIZABETH
ANN SETON**

Oh Padre,
la primera regla
de la vida de nuestro querido
Salvador fue hacer tu voluntad.
Dejar que tu Voluntad
en el momento presente
sea la primera regla
de nuestra vida cotidiana y
nuestro trabajo,
sin ninguna otra voluntad
sino hacer tu voluntad plena y
completa.
Ayúdanos a seguir con fide-
lidad, para que haciendo lo que
deseas seamos más agradables
a Ti. Amén.

ST. ELIZABETH ANN SETON CATHOLIC CHURCH

www.seasparishlo.org

2050 Palisades Avenue, Los Osos, CA 93402

Tel. (805) 528-5319

Fax. (805) 528-8893

Anointing of the Sick/Last Rites (805) 752-1140

Email: seaschurchlo@yahoo.com

LIKE us on facebook

EIGHTH SUNDAY IN ORDINARY TIME 2-26-17

MISSION STATEMENT

We are a **Christ-centered** community
joined together in honor of our
deeply rooted **Catholic traditions**,
celebrated through **multicultural di-
versity**, a commitment to **family val-
ues** and **dedication to service**.

All are welcome.

Parish Office Hours:

Tues., Wed., Fri. 1-6 pm

SCAN QR CODE

with SMARTPHONE APP
for **MOBILE DONATION**



PARISH STAFF

Rev. Joey R. Buena
Pastor

frjoeyseasparishlo@gmail.com

Javier Soto Osorio
Office Manager
javiersoto65@gmail.com

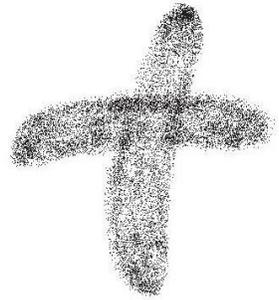
Susan Tuttle
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Heather Hurley
Volunteer Coordinator for
Rite of Christian Initiation
of Adults, Teens, & Children
HeatherH.SEAS.7@gmail.com

Seminarian Miguel Aguayo
Pastoral Intern (July 2016-June 2017)
jmaguayo@StJohnSem.edu

Celebrating Lent

PRAYER ON ASH WEDNESDAY



O Jesus, in honor of the forty days
you spent in the desert praying and fasting,
we begin this season of Lent.

During this holy time of sacrifice, prayer, and good works
may we prepare our hearts, our souls, our minds and bodies
for the greatest feast in the Church,
the feast of Your Resurrection.

May we follow in Your footsteps
as we journey with You to Jerusalem.
At each Mass that we participate in during this Lent,
may we be reminded of the Last Supper
and Your gift of Eucharist.

May we continue with You to Calvary,
accepting the crosses that are given to us each day.

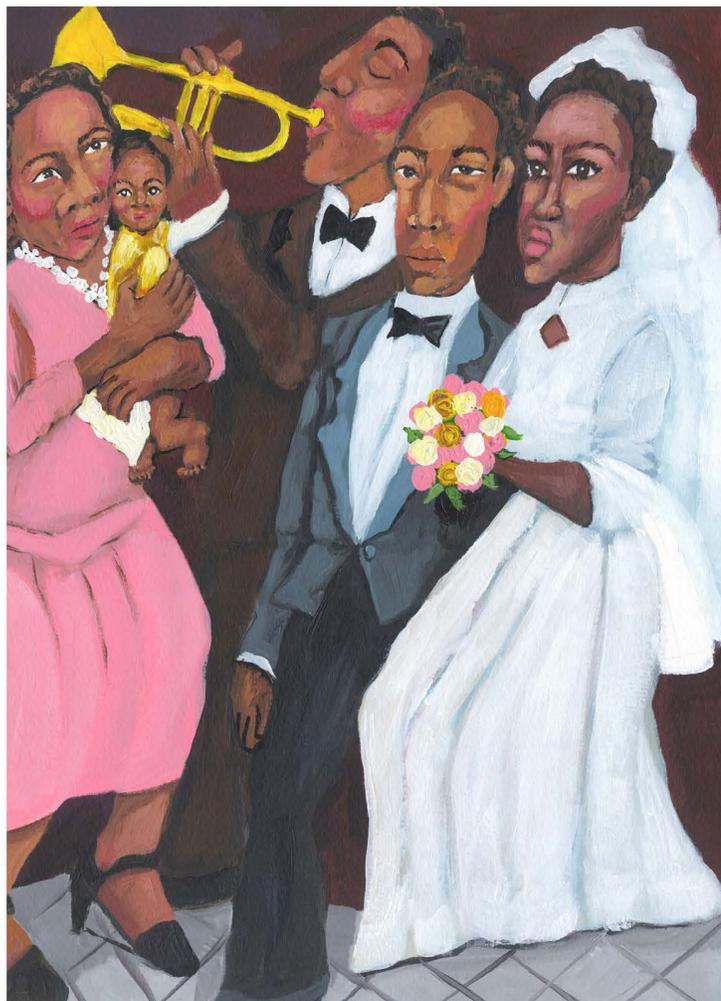
May we stay with Your Mother Mary
as she stands by Your Cross.

We ask You to forgive us our sins
and thank You for the sacrifice You have made for us.

Grant us, O God, the perseverance
to strive each day of this holy season of Lent
to become better Christians.

May our preparation for Easter
make us one with the Risen Christ on Easter
and every day of our lives. Amen.

ASH WEDNESDAY



Unbounded Mercy

Gracious and merciful Father,
we are assembled before you,
returning to you with humble hearts
as we enter this sacred season of Lent.
Accept our repentant spirits,
and spare us with your unbounded mercy;
Bless our offerings, those of joy and those
of sorrow;
for we know your blessings in our lives
and approach you with open hearts.
May the spirit of the People of God
proclaim a community of joyful praise,
assembled wisdom, and prayerful
proclamation
as we gather in your name,
and commend ourselves to you.
Through Christ our Lord. Amen.

Ash Wednesday, March 1, 2017

Do Not Look Gloomy



Today's Readings: Joel 2:12–18; Psalm 51:3–4, 5–6ab, 12–13, 14, 17; 2 Corinthians 5:20—6:2; Matthew 6:1–6, 16–18. Lent is a penitential season, but Jesus reminds us that none of our penitential practices call us to be gloomy. Rather, in our penitence, we are called to turn our lives around. If we practice giving alms, but seem to do so only to bring attention to ourselves, then our giving has little meaning. If we practice changing our lives, and do so with joy, then that practice will lead to more joy.

In today's Gospel, Jesus tells his disciples not to be like hypocrites, as he challenges their motivation. If we are true disciples of Jesus, then our baptismal call is our motivation. How are we Christ to others? In this solemn season of Lent, our motivation is not only to turn our lives around. We are

motivated also to return our lives to their baptismal character and approach the font renewed at Easter. Paul reminds us in the Second Reading not to receive the grace of God in vain. If we are disciples and ambassadors of Christ, then our Baptism has strengthened us to work on repairing our sinful ways. And what better time than now. Behold, now is a very acceptable time. Behold, now is the day of salvation.

As Lent begins, let us work on renewing our Baptism. This Ash Wednesday, let us proclaim with inner joy our lives grounded in Christ, united by the Spirit, and welcomed home by the Father. If we practice with eagerness, prayerfulness, and inner consistency, then our baptismal call and our baptismal nature will emerge, and Christ will be our face to the world.



THIS WEEK AT HOME

Monday, February 27

Prayer

The first of the three disciplines of Lent is prayer, and at the heart of prayer is one's relationship with God. Throughout Lent, focus on how you can improve your prayer life by taking time for daily prayer and shutting out distractions. Take note of how the Eucharist and communal prayer draw everyone into the sacramental life of the Church. Finally, settle into a rhythm of prayer, which can bring God deeper into the rhythm of your life. *Today's Readings: Sirach 17:20–24; Psalm 32:1–2, 5, 6, 7; Mark 10:17–27.*

Tuesday, February 28

Fasting

The practice of fasting allows our bodies to be healthier, and our minds less cluttered with distractions. Lent is the time to improve our relationship with ourselves—in our body, mind, and spirit. Lent invites us to declutter our lives and strengthen our resolve to be healthier, more mentally aware, and more focused on spiritual matters. *Today's Readings: Sirach 35:1–12; Psalm 50:5–6, 7–8, 14, 23; Mark 10:28–31.*

Ash Wednesday, March 1

Almsgiving

Often the discipline of almsgiving is perfunctory. Perhaps this is the Lent to be more intentional in how almsgiving, or finding ways to assist others in need, can improve our relationship with the world. The three disciplines of Lent, prayer, fasting, and almsgiving, challenge us to be stronger in our relationships with God, self, and others. During this season of Lent, we can resolve to fortify these relationships. *Today's Readings: Joel 2:12–18; Psalm 51:3–4, 5–6ab, 12–13, 14, 17; 2 Corinthians 5:20–6:2; Matthew 6:1–6, 16–18.*

Thursday, March 2

Take Up Your Cross

The appeal from Jesus to take up our cross daily is especially poignant the day after Ash Wednesday, because we are aware that Jesus would soon take up his Cross, along with the sins of the world. What is my cross? How can I take up that cross to save my life? This Lent, denial and the cross can be keys to a reexamination of our baptismal call. *Today's Readings: Deuteronomy 30:15–20; Psalm 1:1–2, 3, 4, 6; Luke 9:22–25.*

Friday, March 3

A Humble and Contrite Heart

Psalm 51 reminds us continually that a humble and contrite heart pleases God. From such a heart can come a worthy sacrifice. A heart that is both humble and contrite elicits God's compassion. It is also a heart which is cleansed because of the good works we have accomplished. Our good works, both corporal and spiritual, cleanse our hearts and light our path for healing. *Today's Readings: Isaiah 58:1–9a; Psalm 51:3–4, 5–6ab, 18–19; Matthew 9:14–15.*

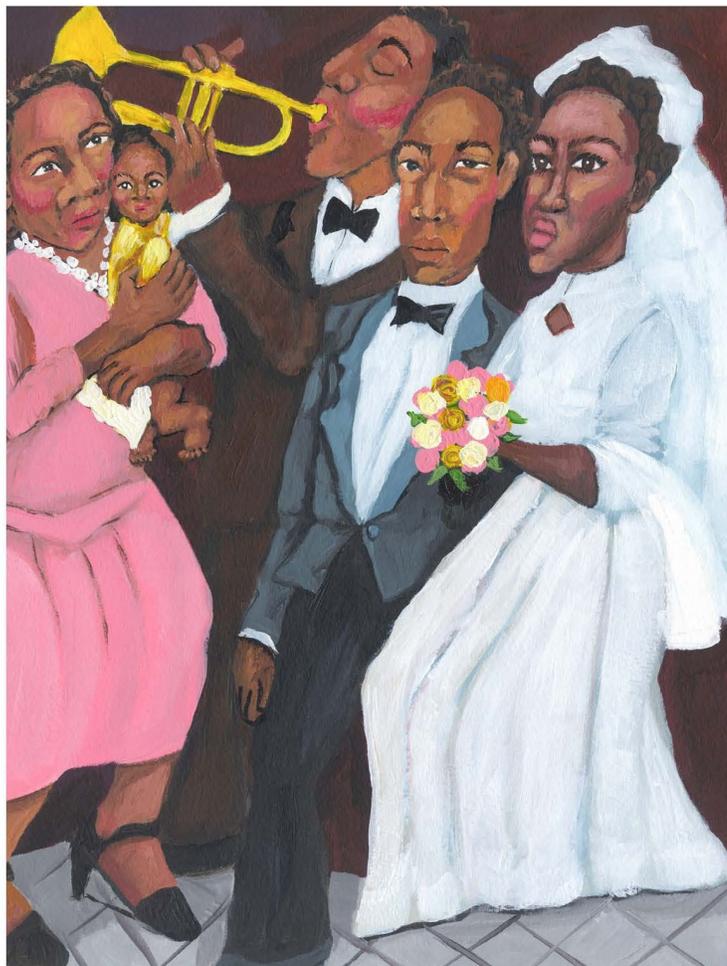
Saturday, March 4

Tax Collectors and Sinners

In today's Gospel we hear that Jesus came to call sinners, not the righteous. At the table of the Kingdom, we must belong with Levi, tax collectors, and all other sinners. The readings today challenge us to repair the breaches in our lives, and restore ruined households. In whatever ways we can, we work to repent, and then to repair and restore what our sin has destroyed. *Today's Readings: Isaiah 58:9b–14; Psalm 86:1–2, 3–4, 5–6; Luke 5:27–32.*



MIÉRCOLES DE CENIZA



Misericordia sin límites

Padre clemente y compasivo,
nos reunimos ante ti,
con corazón humilde,
para comenzar este tiempo sagrado
de Cuaresma.

Acepta nuestro espíritu arrepentido
y derrama sobre nosotros
tu misericordia ilimitada.

Bendice nuestras ofrendas,
las de la alegría y las de la tristeza;
pues reconocemos tu bendición
en nuestra vida

y que nos tienes en tu corazón.

Que el espíritu de ser pueblo de Dios
nos transforme en comunidad

de gozosa alabanza,
de sabiduría compartida,
y proclamación orante

al reunirnos en tu nombre,
para confiarnos en tus manos.

Por Jesucristo, nuestro Señor. Amén.

Miércoles de Ceniza, 1 de marzo de 2017

No pongan cara triste

Lecturas del día: Joel 2:12–18; Salmo 51:3–4, 5–6ab, 12–13, 14, 17; 2 Corintios 5:20–6:2; Mateo 6:1–6, 16–18. La Cuaresma es tiempo de penitencia, pero Jesús nos recuerda que ninguna de nuestras prácticas penitenciales invita a la tristeza. Todo lo contrario, en nuestras prácticas penitenciales, escuchamos la invitación a un cambio de vida. Si damos limosna, pero sólo para llamar la atención de los demás, nuestro donativo pierde significado. Si nos esforzamos en cambiar nuestra vida, y lo hacemos con alegría, esos esfuerzos nos producirán más alegría.

En el evangelio de hoy, Jesús motiva a sus discípulos a no ser como los hipócritas. Si queremos ser verdaderos discípulos de Jesús, nuestra vocación bautismal es nuestra principal motivación. ¿Cómo es que somos Cristo para los demás? Durante esta Cuaresma, nuestra motivación no con-

siste en lograr un cambio de vida, sino en devolver a nuestra vida su carácter bautismal y regenerarla en la fuente pascual. En la segunda lectura, Pablo nos advierte que no volvamos vana la gracia de Dios. Por ser discípulos de Cristo, embajadores suyos, nuestro bautismo nos fortalece para trabajar en transformar nuestros modos pecaminosos. Este es el tiempo propicio para transformarnos: ¡Ahora es el día de la salvación! (cf. 2 Cor 6:2).

Al comienzo de la Cuaresma, renovemos nuestro bautismo. Este Miércoles de Ceniza, proclamemos con gozo interno que nuestra vida está enraizada en Cristo, al que nos une el Espíritu, y en el que nos recibe el Padre. Si nos ejercitamos con fervor en la oración, nuestra vocación bautismal y nuestra naturaleza surgirán, y Cristo será nuestro rostro ante el mundo.

ANNOUNCEMENTS

ENGLISH LENTEN TALK & CONFESSION

Speaker: Fr. Joshua Clifton
Date: March 6, 2017; Monday
Time: 6:30 pm Lenten Talk; 7:15 pm Confessions
Where: parish church

ASH WEDNESDAY: MARCH 1, 2017

8:00 am English Mass with Imposition of Ashes
 8:45 am Exposition of Blessed Sacrament; English Divine Mercy
 9:30 am Benediction
 6:30 pm Exposition of Blessed Sacrament; Spanish Divine Mercy
 7:00 pm Spanish Mass with Imposition of Ashes

2ND COLLECTION HEADS UP

March 4 & 5, 2017: Latin America/Catholic Relief
 April 13 & 14, 2017: Holy Land

1st & 2nd Yr. CONFIRMANDEES

ALL Confirmation students need to attend the English Lenten Talk & Confession on **MARCH 6, MONDAY, 6:30 pm.**

JOIN "WHY CATHOLIC?"

INVITING ALL ADULT parishioners
THEME 1: PRAYER (12 sessions)

CONTACTS:

- (a) **Sheila P.:**
Sunday 10:30am group; 441-6159; sheilaangel91947@yahoo.com
- (b) **Amy B.:**
Monday 6:30pm group; 544-1069; amylovesjohn@hotmail.com
- (c) **Fely P.:** Thursday 9:30am group
- (d) **Javier for Men's Group:**
Sunday, 10:30am group; javiersoto65@gmail.com; 528-5319

SATURDAYS LENTEN FILM FESTIVAL AT ST. ELIZABETH ANN SETON PARISH HALL

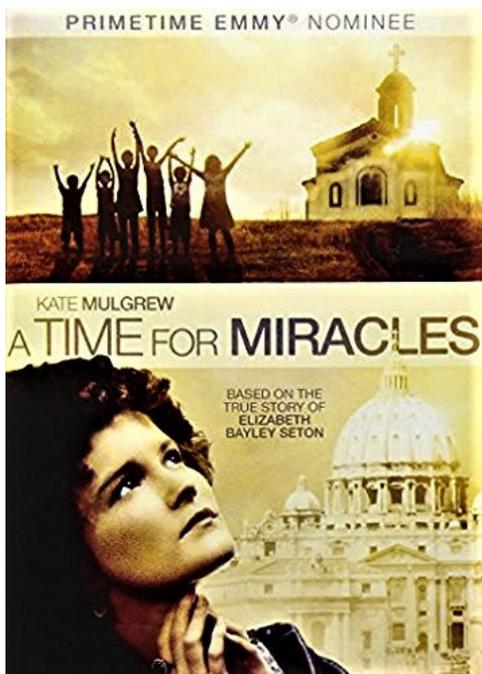
Come! Join us! Let us watch wholesome family films this Lenten Season at the church hall. Movie begins at exactly **7:00 pm, every Saturday, starting March 11.**

FIRST
SATURDAY
OF LENT
MOVIE

March 11, 2017
7:00 pm

Based on the true story of our patroness St. Elizabeth Ann Seton!

donations welcome



SPANISH LENTEN TALK & CONFESSION

Speaker: Fr. Francisco Montes
Date: March 14, 2017; Tuesday
Time: 7:00 pm Lenten Talk; 7:45 pm Confessions
Where: parish church

FRIDAY WAY OF THE CROSS & SOUP SUPPERS

| | |
|----------|----------------------------|
| March 3 | English-speaking community |
| March 10 | Filipino community |
| March 17 | Hispanic community |
| March 24 | English-speaking community |
| March 31 | Filipino community |
| March 7 | Hispanic community |

Reminders:
 1. Assigned community will bring soup only. No entrees, no desserts. We keep Lenten meal simple.
 2. Representatives from assigned community will help priest in reading prayer booklet.

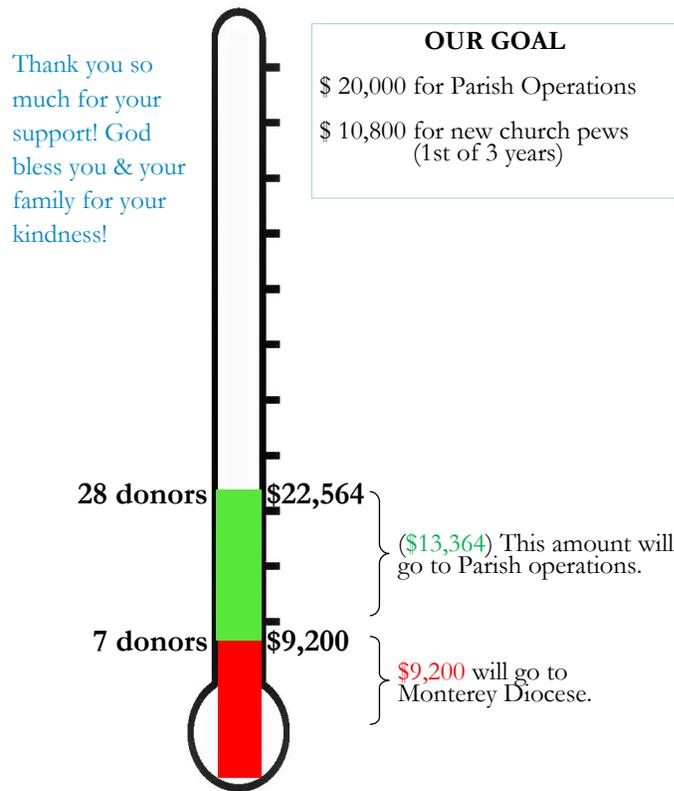
CONSIDER REMEMBERING YOUR PARISH IN YOUR WILL

A great way to honor the memory of your loved one and your parish is to remember St. Elizabeth Ann Seton in your will or trust. If you choose to do so, the way you word your bequest is important. To make sure the entire amount will go to St. Elizabeth's, please word the bequest like this:

"I leave a bequest of \$_____ to the 'Diocese of Monterey Parish & School Operating Corp for the benefit of St. Elizabeth Ann Seton Catholic Church, 2050 Palisades Avenue, Los Osos, CA 93402.'"

This will guarantee that the whole amount you designate **will come to our parish.** We thank you for considering adding St. Elizabeth's to your final distribution plans.

ANNUAL MINISTRIES APPEAL 2017 S.E.A.S. PARISH UPDATE



SCHEDULE OF MASSES, READINGS & INTENTIONS

| Date | Time | Intentions | Readings |
|---|---|---|---|
| Saturday Vigil 8th Sun. Ordinary Time 25 February 2017 | 4:30pm-5pm Confession 5:30pm English Mass | 5:30pm: Sandy Ybarra | Is 49:14-15; Ps 62:2-3,6-9; 1 Cor 4:1-5; Mt 6:24-34 |
| Sunday 8th Sunday in Ordinary Time 26 February 2017 | 9am English Mass 5pm Spanish Mass by Fr. Braulio | 9am: †Grace Tevis 5pm: †Mason & Simon Brito | Is 49:14-15; Ps 62:2-3,6-9; 1 Cor 4:1-5; Mt 6:24-34 |
| Monday 8th Week in Ordinary Time 27 February 2017 | 8am Communion Service by Sem. Miguel | 8am: Communion Service | Sir 17:20-24; Ps 32:1-2,5-7; Mk 10:17-27 |
| Tuesday 8th Week in Ordinary Time 28 February 2017 | 8am English Mass | 8am: †Serafin Sepúlveda | Sir 35:1-12; Ps 50:5-8,14,23; Mk 10:28-31 |
| Ash Wednesday 1st Day of Lent 1 March 2017 | Day of Fast & Abstinence 8am English Mass & Imposition of Ashes 8:30am English Divine Mercy 6:30pm Spanish Divine Mercy 7pm Spanish Mass & Imposition of Ashes 7:30pm Spanish Holy Rosary | 8am: †Gabriel Osorio 7pm: †Michael Brito | Jl 2:12-18; Ps 51:3-6b,12-14,17; 2 Cor 5:20-6:2; Mt 6:1-6,16-18 |
| Thursday after Ash Wed. 2 March 2017 | 8am Communion Service by Sem. Miguel | 8am: Communion Service | Dt 30:15-20; Ps 1:1-4,6; Lk 9:22-25 |
| Friday after Ash Wed. 3 March 2017 | First Friday, Day of Abstinence 8am English Mass & Anointing of the Sick | 8am: †Venustiana Rodriguez | Is 58:1-9a; Ps 51:3-6a,18-19; Mt 9:14-15 |
| Saturday after Ash Wed. Vigil 1st Sunday of Lent 4 March 2017 | 8am First Saturday English Mass & Holy Rosary 4:30pm-5pm Confession 5:30pm English Mass | 8am: †Ruth Casper 5:30pm: †Filomena Morretta | 8 am Is 58:9b-14; Ps 86:1-6; Lk 5:27-32 5:30 pm Gn 2:7-9;3:1-7; Ps 51:3-6,12-13,17; Rom 5:12-19 or 5:12,17-19; Mt 4:1-11 |
| 1st Sunday of Lent 5 March 2017 | 9am English Mass 5pm Spanish Mass by Fr. Joey | 9am: SEAS Parishioners 5pm: †Maria Carmen Zaragoza | Gn 2:7-9;3:1-7; Ps 51:3-6,12-13,17; Rom 5:12-19 or 5:12,17-19; Mt 4:1-11 |

LET US PRAY FOR THE SICK MEMBERS OF OUR PARISH COMMUNITY/OREMOS POR

- | | | | | |
|---|---|---|---|---|
| <ul style="list-style-type: none"> * Timothy Ketcherside * John LeNoue * Peter Hewitt * John Greenville * Jere Bresnan * Robert Townsend * Fely Platou | <ul style="list-style-type: none"> * Mary Cavagnaro * Bonifacio Garcia * Michael Culbertson * Steven Greenville * Rafael & Margarita Garcia * Doris Stanley * Francis Meehan | <ul style="list-style-type: none"> * Emily Sumner * David Wright * Aurea Cruz * William K. Lander * Nathan Berry * Robert Ruiz * June Grillo | <ul style="list-style-type: none"> * June Vivianne * Dave Bresnan * Sylvia Radford * Chuck Ice * Candido D. Buena Jr. * Eleanor Brown * Pat Klenck | <ul style="list-style-type: none"> * Julia Keefe * Sarah & Josh Matthews * Shirley Matthews * Michael Vella |
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ETERNAL REST GRANT UNTO THEM O LORD

- | | | | | |
|--|---|---|--|--|
| <ul style="list-style-type: none"> †Helen Penwell †Charles Penwell †Harold Platou †Larry Mischel †Dwight Mobley †Gertrude Stimson †John D. Walsh †Elizabeth Martínez †Ofelia Labra †Severino Repollo †Justo Yasay †Joe Greene †Cristina Patterson †Filippo Mazzulla †Elena Aurelio †Homero Paredes | <ul style="list-style-type: none"> †Fermina Manuel †Deacon Jim Cooper †Emma Nieman †Rodrigo Martinez †Reyna Gomez †Lourdes Lepisto †James Emely †Simonne Townsend †Fernando Marcos †Cecilia Marcos †William Schanberger †Martha Smith †Eusebio Galo †Melinda Rose †Julia Ortiz †Gullermmo dela Cruz | <ul style="list-style-type: none"> †Serafin Sepúlveda †Hermila Arguello †Anatalia Ortiz †Lolita dela Cruz †Mason & Simon Brito †Pat Wright †Joseph Cavagnaro †Manuel John Reis. †Lawrence Uthe †Margaret Uthe †Joe Fraga †Fr. Ken Brown †Fr. Michael Bell †Lyn Ketcherside †Robert Beevers †Arcadio Tambo | <ul style="list-style-type: none"> †Cleta Tambo †Dionisio Acain †Aurelia Acain †Dick O'Melveny †Jim Stewart †Jaime Repollo †Paulina Y. Andres †Dennis A. O'Brien †Michael Brito †Venustiana Rodriguez †Selestino Salgado †Mary Prendergast †Melecia Garcia †Felicitas Castillo †Antonio Medrano Tambo | <ul style="list-style-type: none"> †William (Bill) Kemble †Diana Nishiura †Grace Tevis †Jerica Alaine Harris †Paul Landry †Casamira Asuncion †Carol Ann Burns †Andy Boy de la Cruz, Jr. †Fr. Harry Freiermuth †Crescenciana Gaila †Ismael Ibat Tomboc †Maria Carmen Zaragoza †Ruth Casper †Fr. Ray Roh |
|--|---|---|--|--|